

# Postgraduate Certificate

## Borderline Personality Disorder



## Postgraduate Certificate Borderline Personality Disorder

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/borderline-personality-disorder](http://www.techtute.com/us/medicine/postgraduate-certificate/borderline-personality-disorder)

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# 01

# Introduction

Borderline Personality Disorder is a mental condition that usually appears during adolescence or early adulthood, however, there may also be cases in which it shows up during childhood. Suffering from this pathology can interfere negatively in the psychosocial development of patients, affecting their quality of life. An early diagnosis, however, can help to control the episodes, which is why the role of the medical specialist takes center stage. With this program, you will be able to keep up to date with the advances that have been made in the field of psychiatry applied to this disorder, updating your knowledge and perfecting your skills in the management of this type of clinical cases. All this through a 100% online degree, designed by experts in the sector and distributed in only 6 weeks.





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*A 100% online program that allows you to delve into the latest developments in Borderline Personality Disorder from wherever you want and with a fully customized schedule”*

If there is one thing that undoubtedly characterizes Borderline Personality Disorder it is instability and impulsivity. The patients who suffer from it, mostly young people, suffer from episodes of anger, depression and anxiety with disparate and disproportionate durations, from hours to days. This pattern of behavior severely affects their psychological and social development, interfering negatively with their relationships with other people. For this reason, and in order to prevent their situation from worsening, the intervention of a specialist in their diagnosis and subsequent treatment is necessary.

To do this, you must know in detail the characteristics of this mental illness and be up to date with the latest psychiatric developments that have been made, in order to be able to deal with this type of cases in the most effective and professional way possible. You will find all the material you need to update your knowledge in this Postgraduate Certificate in Borderline Personality Disorder, a program designed by experts in Psychiatry. The program is based on the latest scientific evidence and includes an exhaustive overview of the pathology: characteristics, diagnosis, etiopathogenesis, clinical manifestations, prognoses, pharmacological and psychotherapeutic treatments, etc.

In addition, the specialist will not have to worry about schedules or on-site classes, since all the content is 100% online and will be available in the Virtual Classroom 24 hours a day during the 6 weeks in which this program is developed. The program not only includes the latest and most complete syllabus of the sector, but also additional high quality material presented in different formats, so that you can contextualize the information and deepen in those aspects that are of greater interest, being able to get a fully customized performance from this Postgraduate Certificate.

This **Postgraduate Certificate in Borderline Personality Disorder** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Psychiatry
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*The Postgraduate Certificate begins with a review of the characteristics of the disorder, from its historical review to the borderline personality style”*

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*This program places special emphasis on the diagnostic criteria and on the differences and similarities that can occur between the two”*

*An innovative and dynamic opportunity to update your knowledge related to the etiopathogenesis of the disorder, from genetics to psychosocial aspects.*

*In the Virtual Classroom you will find real clinical cases, so that you can perfect your diagnostic skills based on the current recommendations of Psychiatry.*

The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise throughout the program. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.



# 02

# Objectives

TECH is aware that many medical professionals do not have enough time or would like to be able to keep up to date with the latest developments in their specialty. For this reason, it has developed this Postgraduate Certificate, with the aim that the graduate can update their knowledge on Borderline Personality Disorder through a program designed and adapted to their needs, both in terms of work and time.







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*You will have 6 weeks to enjoy the 150 hours of content that the team of experts has selected exclusively for this program”*



## General Objectives

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- Delve into the most novel aspects of Borderline Personality Disorder through an exhaustive knowledge from its origin to its treatment
- Provide specialists with the latest and most sophisticated educational tools to enable them to perfect their medical skills in the management of patients with this pathology



*You will delve into the different clinical manifestations of the disorder: its main characteristics, signs and behaviors. In order for you to have an up-to-date knowledge at the time of having to diagnose”*





## Specific Objectives

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- Delve into the pathogenesis of Borderline Personality Disorder
- Analyze the usual signs and behaviors in patients with this pathology
- Point out the criteria for hospitalization adapted
- Delve into the future lines of psychotherapy in this area

03

# Course Management

Having the support of a teaching team specialized in the area of Psychiatry will allow the graduate to obtain from this educational experience a broader and more up-to-date degree of knowledge, since, being active professionals, they are up to date with the latest developments in the specialty. Furthermore, this group is characterized by its human quality and commitment to the students, aspects that will undoubtedly be reflected in the syllabus and in the additional material selected for this Postgraduate Certificate.



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*You will have the guarantee of being able to solve any question you may have with Psychiatry professionals versed in the management of patients with different types of personality disorders”*

## Address



### Dr. Benito Ruiz, Adolfo

- ♦ Medical specialist in Psychiatry in the Toledo Hospital Complex
- ♦ FEA of Psychiatry, Toledo Hospital Complex
- ♦ FEA of Psychiatry at the Francisco Díaz Mental Health Center
- ♦ Chief researcher in several studies related to Psychiatry
- ♦ Author and co-author of dozens of scientific articles related to his specialty
- ♦ Author and coauthor of numerous book chapters
- ♦ Professor in Mental Health courses and in undergraduate studies
- ♦ Doctorate in Medicine, University of Alcala
- ♦ Master's Degree in Psychotherapy, Integrated Perspective from the University of Alcalá Henares
- ♦ Awards of the Foundation for Biomedical Research of the Príncipe Asturias University Hospital

## Professors

### Dr. Benavides Rivero, Evelyn Fernanda

- ♦ Specialist in Psychiatry
- ♦ Psychiatry Professor at the Toledo General University Complex
- ♦ Specialist physician at the Virgen de la Salud Hospital
- ♦ Aesthetic Physician in private practice
- ♦ Degree in Medicine from the University del Rosario
- ♦ Specialist in Aesthetic Medicine at the Distance University of Madrid.(UDIMA)



# 04

## Structure and Content

This program is composed of 150 hours of the best theoretical, practical and additional syllabus, which has been developed by the teaching team following TECH's strict quality guidelines. In addition, it is a versatile program, characterized by its flexible schedule and access, which can be done from any device with internet connection, whether pc, tablet or mobile. Finally, all the content will be available from the beginning of the course and can be downloaded for later consultation, even after the educational experience is over.





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*You will be able to connect to the Virtual Classroom with any device with internet connection, which will allow you to study this program from wherever you want”*

## Module 1. Borderline Personality Disorder

- 1.1. Features of Borderline Personality Disorder
  - 1.1.1. Historical Review
  - 1.1.2. Borderline Personality Style. Unstable
- 1.2. Borderline Personality Disorder: Diagnosis
  - 1.2.1. Diagnostic criteria, differences and similarities among criteria
  - 1.2.2. DSM-5- criteria ICD-11 criteria
- 1.3. Course and Epidemiology
- 1.4. Etiopathogenesis
  - 1.4.1. Genetics
  - 1.4.2. Neurobiology
  - 1.4.3. Psychosocial
- 1.5. Clinical Manifestations
  - 1.5.1. Main Features
  - 1.5.2. Signs and Behavior
- 1.6. Differential Diagnosis and Comorbidity
- 1.7. Evolution and Prognosis
- 1.8. Borderline Personality Variants
- 1.9. Medical Treatment
  - 1.9.1. Criteria for Hospitalization
- 1.10. Psychotherapeutic Objectives
  - 1.10.1. Factors of Communication
  - 1.10.2. Efficacy of Cognitive-Behavioral
  - 1.10.3. Future lines
  - 1.10.4. Conclusions





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*Enroll now and start an educational experience that will not only bring you up to date, but will also help you learn even more about Borderline Personality Disorder”*

05

# Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

*Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*





At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





#### Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts. The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



# 06 Certificate

The Postgraduate Certificate in Personality Disorders guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.



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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Borderline Personality Disorder** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Borderline Personality Disorders**

Official N° of hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.



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