

Master's Degree

Advanced Aesthetic Medicine





Master's Degree Advanced Aesthetic Medicine

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Global University
- » Accreditation: 60 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/master-degree/master-advanced-aesthetic-medicine

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01

Introduction

For many, appearance is a powerful weapon capable of opening doors in the social and professional environment. However, this concept, as well as what happens with beauty, has changed and nowadays people are looking to look healthy, beyond the canons stipulated by fashion. For this reason, Aesthetic Medicine has reinvented itself, implementing less and less invasive treatments for anti-aging, hair loss prevention, facial harmonization, etc. Thus, this program brings together all these developments and many more in 1,500 hours of multidisciplinary content 100% online, designed so that the specialist can be updated on the technologies and therapeutics used in an area increasingly in demand.



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Join the change and bet on a degree of the highest level in which you will find the most relevant and updated information to fight against aging through an innovative medical practice"

A recent study endorsed by prestigious international organizations such as SEME has revealed that 4 out of 10 people seek cosmetic medicine after the age of 26. Today's society, increasingly hyperconnected and exposed to the social world, needs to feel good and one of the keys to this is through beauty. However, this concept has been evolving in recent decades and nowadays what is demanded is naturalness and the promotion of a radiant appearance, but, above all, healthy. For this reason, techniques such as those related to anti-aging, the removal of blemishes, warts, scars or tattoos, or mesotherapy have come to occupy the number 1 in the ranking of the most demanded treatments.

And being aware that many professionals in the medical field do not have the necessary time to keep abreast of all the latest developments, TECH has launched this Master's Degree in Advanced Aesthetic Medicine, a program designed with the aim of collecting, in 1,500 hours of the best multidisciplinary content, all the latest developments in this clinical area. It is a degree that will allow the graduate to delve into the latest developments related to botulinum toxin or hyaluronic acid (techniques of use, conservation methods, recommendations, etc.). You will also work on the approach to intradermal body, facial and hair therapy, as well as biostimulation with platelet-rich plasma to promote the production of collagen, elastin and epidermal tissue. In addition, you will be able to perfect your skills in 360° facial harmonization and in the use of technologies related to *plexer* and *CoolSculpting*.

All this over 12 months of 100% online academic experience. And the convenient format of the degree will allow you to design your own academic calendar, without schedules or face-to-face classes. Likewise, you will have the support of a teaching team versed in different areas, which will be at your disposal to resolve any doubts that may arise through a state-of-the-art Virtual Campus. It is, therefore, a unique opportunity to work in a comprehensive way in a comprehensive update for the promotion of beauty through an aesthetic praxis of the highest level.

This **Master's Degree in Advanced Aesthetic Medicine** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Practical cases presented by experts in Aesthetic Medicine
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where self-assessment can be used to improve learning.
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



A degree that will bring you up to date on the relevant topics you need to master perfectly as an aesthetic physician (treatments, techniques, filler materials, etc.)"

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Would you like to get up to date on the hyaluronic acid filler strategies being used in the world's leading aesthetic centers? If the answer is yes, you have an opportunity before you"

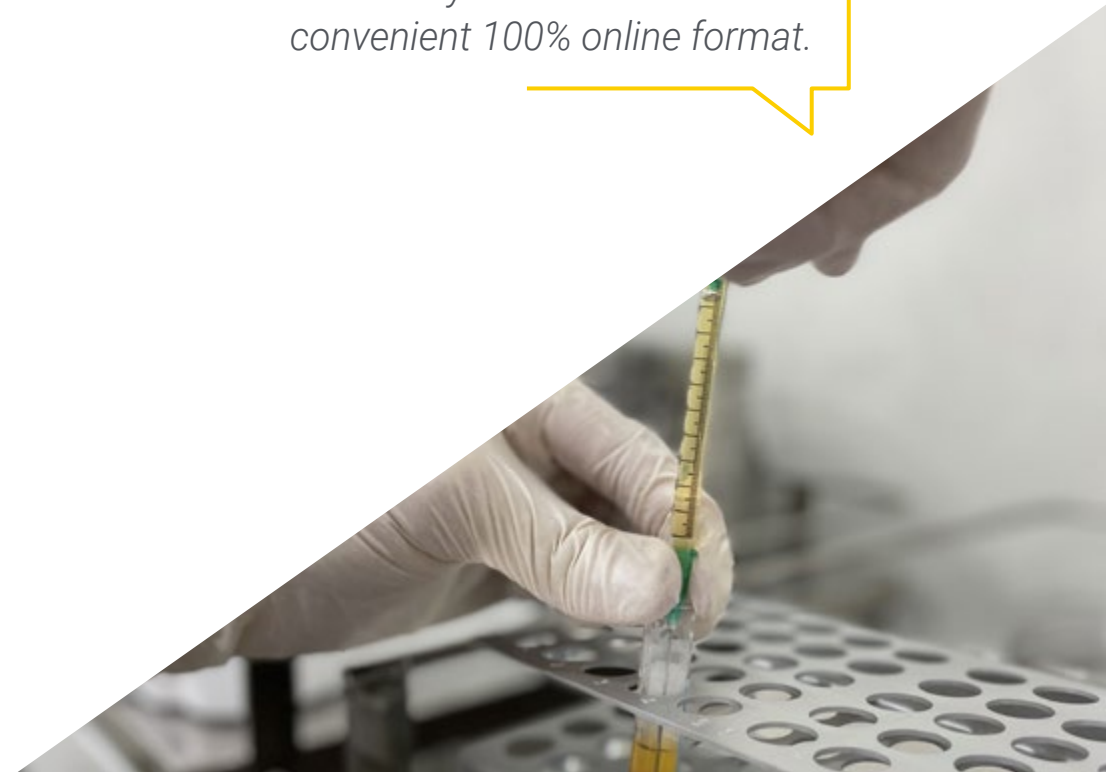
The program's teaching staff includes professionals from the field who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Botulinum toxin is one of the best allies of the aesthetic physician. Therefore, in this Master's Degree you will find the most relevant news regarding its use, recommendations, techniques, etc.

A Master's Degree with which you can delve into the advances of the tensor threads as collagen-inducing materials par excellence from wherever you want thanks to its convenient 100% online format.



02 Objectives

The increasing demand for the different services of Aesthetic Medicine, as well as the innovations that have been implemented in this practice in recent years are the 2 reasons why TECH Global University has considered necessary the development of this program. Therefore, the objective of this program is to gather in 1,500 hours of the best theoretical, practical and additional content, all the information that will allow graduates to catch up with the advances in surgical and non-invasive techniques, as well as the best filler materials for a safe and effective practice of beauty treatments.





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Did you know that this program includes a module to update you on the best strategies to master the situation if the results of the intervention are not as expected? So you will always be prepared"



General Objectives

- ♦ Update the professional's knowledge in order to be an Aesthetic Medicine expert on the best and newest treatments and to know how to apply them in an adequate and individualized way for each patient
- ♦ Establish the most innovative guidelines for an exquisite doctor-patient relationship
- ♦ Get updated on the most important advices regarding risk prevention, complications and emergency situations
- ♦ Learn about the latest developments in Aesthetic Medicine, its treatments and techniques in a way that is not purely theoretical, but through dynamic and practical material





Specific Objectives

Module 1. Aging and other relevant issues to consider in a practice as an aesthetic physician.

- ♦ Review in depth how Aesthetic Medicine began
- ♦ Update the physician's knowledge of easy anatomy and anatomical risk areas
- ♦ Update on methods of identifying a harmonious face
- ♦ Have updated dermatology basics (know skin layers, semiology of the face and characteristics of the skin with appropriate instruments)
- ♦ Know in a deep and updated way the main skin alterations (Acne, Rosacea, Hirsutism, Hyperhidrosis, Dyschromia)
- ♦ Delve into the most innovative protocols to act in emergency situations in the Aesthetic Medicine office: anaphylaxis, PCR, epileptic seizures etc.
- ♦ Know in depth the novelties related to anesthesia used in Aesthetic Medicine: topical, local etc.
- ♦ Delve into basic medical-legal aspects: medical history, data protection, permission for publications in social networks, liability insurance

Module 2. Advanced Techniques of Botulinum Toxin Injection

- ♦ Update the physician's knowledge in relation to Botulinum Toxin
- ♦ Update in the treatment of the upper third, that is to say, the most demanded treatment in the Aesthetic Medicine office: wrinkles
- ♦ Deepen in other advanced techniques: gummy smile correction and treatment of bruxism
- ♦ Keep in mind the most frequent adverse effects and know how to deal with them
- ♦ Be updated on the trade names of botulinum toxins type A.

- ♦ Learn how to reconstitute the toxin and how to preserve it based on current methods
- ♦ Know in depth the most innovative post-treatment recommendations to indicate them to each patient

Module 3. Hyaluronic Acid Filler Materials

- ♦ Update on the use of filler materials: delve into the concept and their use, know the types etc.
- ♦ Update the graduate's knowledge in the handling of hyaluronic acid
- ♦ Correctly identify, based on their types, the main indications and treatments (dark circles, lips, furrows and expression lines)

Module 4. Tightening threads and other collagen-inducing materials

- ♦ Get a thorough up-to-date on the types of collagen-stimulating products
- ♦ Be up-to-date on the mechanisms of action and their possible adverse effects
- ♦ Acquire an exhaustive and innovative knowledge of thread tightening (mechanism of action of thread tightening, indications; complications and their solutions)

Module 5. Body, facial and hair mesotherapy/intradermotherapy

- ♦ Know the applications of mesotherapy at facial, capillary and body level in the current Aesthetic Medicine
- ♦ Know in depth the most innovative mesotherapy techniques (manual and spray)
- ♦ Delve into their contraindications and side effects as a review

Module 6. Biostimulation with Platelet-Rich Plasma (PRP)

- ♦ Know the tremendous relevance of PRP and its various applications in Aesthetic Medicine today
- ♦ Elaborate a good plasma treatment, thus obtaining the best results based on the guidelines of current Aesthetic Medicine
- ♦ Know the most effective and innovative techniques for its application according to the physiological characteristics of the patient



Module 7. Aesthetic Medicine for the Body Obesity

- ♦ Have an up-to-date knowledge of body composition analysis and body semiology
- ♦ Update on eating disorders
- ♦ Delve, in depth, into the main types of diets
- ♦ Get updated on the importance of physical exercise (importance, adequate quantity, etc.).

Module 8. Laser

- ♦ Delve into laser technology, and the different types of lasers that currently exist, both ablative and non-ablative
- ♦ Delve in how to treat different types of lesions (vascular and pigmented lesions) based on the current criteria of Aesthetic Medicine
- ♦ Update in depigmentation of tattoos
- ♦ Update on the use of laser photoepilation

Module 9. Other High Technologies: Plexer, CoolSculpting, Ultrasound and Others

- ♦ Know what coolsculpting consists of and its current applications and indications
- ♦ Have an in-depth knowledge of the latest developments in the use of ultrasound in Aesthetic Medicine
- ♦ Have a brief and updated knowledge of other devices such as radiofrequency, cavitation, cryolipolysis, vacuum therapy, diathermy, carboxitherapy and hyperbaric chamber

Module 10. 360° Facial Harmonization: a Global Vision

- ♦ Update the physician's knowledge of the 360° method in Aesthetic Medicine
- ♦ Treat the pathology of young skin (acne) based on the most innovative treatments
- ♦ Be updated on rejuvenation techniques: upper 1/3, eye, oral and perioral area
- ♦ Know in depth how to approach the treatment of the "double chin" in a new way
- ♦ Know how to approach neck, neckline and hand rejuvenation with the new techniques of Aesthetic Medicine
- ♦ Know how to perform a non-surgical facelift, foxy eyes and facial skin booster following the latest advances in clinical aesthetics



A degree with which you will work in the updating of pre and post surgical treatments to achieve the best results and meet the needs of your patients based on advances in Aesthetic Medicine"

03

Skills

TECH Global University is aware that medical professionals, whatever their area of specialization, have the necessary knowledge to deal with any case that may arise. However, the aim of launching this type of program is to provide them with the necessary materials to perfect their skills in offering a clinical service of the highest level focused on the latest advances in science. And for this, the graduate will have numerous practical cases based on real situations, in which they will be able to simulate the most advanced strategies of current Aesthetic Medicine.



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Would you like to improve your skills in the use of ultrasound? In this Master's Degree you will find a catalog of recommendations based on the different physiologies of patients"



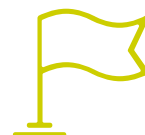
General Skills

- ♦ Practice Aesthetic Medicine safely and with full confidence through a comprehensive review of the latest developments related to the use of the most effective treatments, the most innovative techniques or the most durable and effective materials
- ♦ Achieve a doctor-patient relationship of the highest level through the standards set, above all, by private medicine
- ♦ Carry out the medical practice in a faster way, but with the same certainty and safety, thanks to the management of the most innovative knowledge on Advanced Aesthetic Medicine
- ♦ Face and manage situations in which the result is not as expected due to different circumstances that may arise both in the office and in the operating room



If among your objectives is to work on mastering the latest developments in the application of local and/or regional anesthesia for aesthetic treatments, this program is perfect for you"





Specific Skills

- ♦ Perfect their skills in patient management of suspected vascular occlusion (hyaluronidase)
- ♦ Master toxin infiltration for axillary and palmar hyperhidrosis
- ♦ Refine clinical skills in the performance of mandibular marking
- ♦ Manage the complications of mesotherapy and know the current post-treatment care
- ♦ Perfectly manage the latest pharmacological treatments and current surgical techniques for obesity
- ♦ Apply rigorously, and following the safety and quality standards of Aesthetic Medicine, the laser as a tool for the treatment of acne, scars and stretch marks
- ♦ Treat aging skin (lentigines and melasma) based on the latest developments in Aesthetic Medicine
- ♦ Perform a facial masculinization using the most sophisticated and modern clinical equipment

04

Course Management

Among TECH Global University's priorities is always the formation of the best faculty, as it considers that they are a clear reflection of the quality of the program. And as this program has been designed for an update of the highest level, the teaching staff could not be less. Therefore, the graduate who enrolls in it will have the support of a group of professionals versed in the area of Advanced Aesthetic Medicine with many years of experience in the effective and rigorous management of thousands of cases for the promotion of health and beauty.



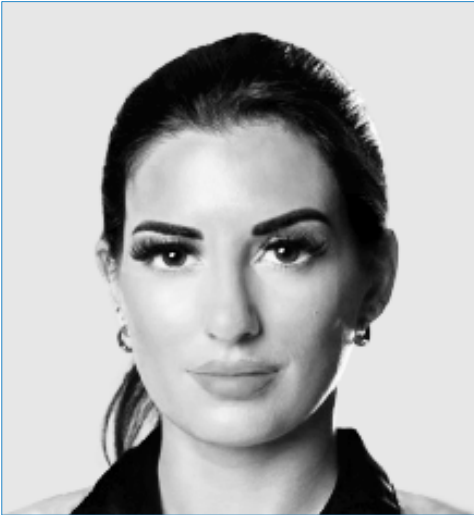
A close-up photograph of a hand holding a white plastic container, likely a syringe or vial, with a white cap. The container has a silver band around its middle with the word "ANESTHESIA" printed in black capital letters. The background is blurred, showing a person in a blue lab coat.

ANESTHESIA

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A teaching team versed in Advanced Aesthetic Medicine has worked rigorously in the exclusive conformation of the content for this program that TECH Global University now makes available to you"

Management



Dr. Ruiz Allende, Alba María

- ♦ Medical Director of Aesthetic Medicine of the Clínica Londres Group
- ♦ Director of the Department of Aesthetic Medicine in the IMEMA Clinic
- ♦ Aesthetic medicine workshops trainer
- ♦ University professor at the CEU and UCAM
- ♦ Professor of MIR preparation at CTO
- ♦ Clinical researcher and editor of the magazine Emergency Live
- ♦ Residency in the specialty of Family, Community and Emergency Medicine at the Hospital Clínico San Carlos
- ♦ Master in Aesthetic Medicine and Nutrition at the Catholic University San Antonio of Murcia
- ♦ Master's Degree in Business Management from the Catholic University San Antonio of Murcia
- ♦ Master's Degree in Clinical Bioethics from UIMP

Professors

Dr. San Basilio Berenguer, María del Carmen

- ♦ Specialist in Pediatric Surgery
- ♦ External Rotation in Plastic Surgery at the Great Ormond Street Hospital
- ♦ External Rotation in Plastic Surgery at the General Universitario Gregorio Marañón Hospital
- ♦ Member of the COVID-19 pandemic support group at the University Hospital La Paz
- ♦ Speaker: National Congress of the Spanish Society of Vascular Anomalies and Congress of the European Society of Pediatric Surgery

Dr. Maan Di Campli, Claudia Marina

- ♦ Aesthetic Doctor
- ♦ Medical Surgeon by the University De Oriente Núcleo Anzoátegui
- ♦ Member of the Illustrious Official College of Physicians of Madrid. (ICOMEM)
- ♦ Professional Degree in Aesthetic, Facial and Body Medicine from the University of Carabobo
- ♦ Master's Degree in Aesthetic, Regenerative and Anti-Aging Medicine from the Complutense University of Madrid
- ♦ Member of the Aesthetic Medicine Association of Madrid (AMAM)

Dr. Sirgo Martínez, Ana

- ♦ Dermatology Specialist at the Clinical Hospital San Carlos. Madrid
- ♦ Practice Teaching collaborator at La UCM
- ♦ Aspiring member of the Spanish Academy of Dermatology
- ♦ Speaker at AEDV 2022 with a poster focused on Neonatal Pediatric Dermatology.
- ♦ Degree in Medicine and Surgery from the University of Oviedo

Ms. Plaza Narvaiza, Mónica

- ♦ Dietitian Specializing in Clinical and Oncological Nutrition
- ♦ Degree in Human Nutrition and Dietetics from the University of Navarra
- ♦ Master in Health Coach and Holistic Nutrition from the Institute of Integrative Nutrition
- ♦ Postgraduate Degree in Oncological Nutrition from the University of Nutrition
- ♦ Advanced Clinical by the Institute of Nutrition and Health Sciences

Dr. Cova Medina, Ana

- ♦ Medical Specialist in Metabolic Syndrome and Obesity
- ♦ Internal Medicine Intern in the Area of Occupational Medicine at the Clinical University Hospital San Cecilio
- ♦ Medical Degree from Universidad de Oriente. Anzoátegui, Venezuela
- ♦ Expert in Metabolic Syndrome and Obesity at the CTO Academy
- ♦ Ambassador in the CTO Academy Latin America
- ♦ MIR Preparation Course at CTO Academy
- ♦ Advanced Cardiovascular Life Support Provider (SCVI/ACLS) by the European Resuscitation Council
- ♦ Physician at Depilife. Buenos Aires, Argentina
- ♦ General Physician at Organización Hebrea Argentina Macabi. Buenos Aires, Argentina
- ♦ Emergency Physician at Policlinica Puerto La Cruz. Anzoátegui, Venezuela

Mr. Albors Vaquer, Arturo

- ♦ Corporate Coordinator of the Medical Department in Mediderma
- ♦ Medical Advisor at Mediderma-Sesderma
- ♦ Scientific Researcher at La Fe Health Research Institute
- ♦ Speaker at various workshops, congresses and scientific conferences related to the area of Aesthetic Medicine
- ♦ Biotechnology Degree from the Catholic University of Valencia
- ♦ Master's Degree in Research and Rational Use of Medicines from the University of Valencia

Dr. García Mares, Alfredo

- ♦ Dermatology Specialist at the Clinical Hospital San Carlos. Madrid
- ♦ Graduate in Medicine and Surgery from the University of Valencia
- ♦ Scholarship for the Ibero Latin American Congress of Dermatology (CILAD)

Dr. Delgado Miguel, Carlos

- ♦ FEA of the Pediatric Surgery area at Hospital Quironsalud
- ♦ Pediatric and Neonatal Specialist at the Hospital university La Paz
- ♦ Teaching, training and research in the areas of pediatric surgery and Pediatric Plastic Surgery
- ♦ Master's Degree in Medicine and Surgery from the Complutense University of Madrid
- ♦ Master's Degree in Trichology and Hair Transplant by the Distance University of Madrid
- ♦ Master's Degree in Pediatric Urology from the University of Andalucia
- ♦ Master's Degree in Clinical Research Methodology from the Catholic University San Antonio of Murcia
- ♦ Master's Degree in Integration and Resolution of Clinical Problems in Medicine by the University of Alcalá
- ♦ Member of the Spanish Society of Pediatric Surgery (SECIPE).

Dr. Miguel Ferrero, Miriam

- ♦ Specialist in Pediatric Surgery at the University Hospital Quironsalud. Madrid
- ♦ Pediatric Surgeon and Specialist in Reconstructive and Plastic Surgery
- ♦ Teaching collaborator in the Master's Degree in Pediatric Dermatology
- ♦ Teaching collaborator in the Master's Degree in Major Burn Diseases
- ♦ Teaching collaborator in the Master's Degree in Applied Mastology and Breast Cancer Treatment
- ♦ Expert in Laser Treatment of Scarring

Dr. León, Antonio

- ♦ Aesthetic Physician and Capillary Surgeon
- ♦ Specialist in Clinical Pharmacology at the Clinical Hospital San Carlos. Madrid
- ♦ Specialist in Advanced Aesthetic Medicine and Hair Surgery.
- ♦ Teacher in the Master's Degree in Ethics at the Complutense University of Madrid
- ♦ Practical teacher in the Department of Pharmacology of the Faculty of Medicine at the Complutense University of Madrid
- ♦ Tutor in the International Master's Degree in Hair Transplant with FUE technique at the Universidad Católica San Antonio de Murcia (UCAM)
- ♦ Rotation at the Spanish Agency of Medicines and Health Products
- ♦ Master's Degree in Clinical Medicine from the Camilo José Cela University
- ♦ Master's Degree in Aesthetic Medicine, Universidad Rey Juan Carlos, Madrid
- ♦ International Master's Degree in Hair Transplant with FUE technique at the Universidad Católica San Antonio de Murcia (UCAM)
- ♦ Expert in Clinical Toxicology from the University of Barcelona.

Dr. Gonzalez San Narciso, Estrella

- ♦ Specialist in the Area of Family and Community Medicine
- ♦ Graduate in Medicine

Dr. Sirgo Martínez, Ana

- ♦ Dermatology Specialist at the Hospital Clínico San Carlos de Madrid
- ♦ Practice Teaching collaborator at La UCM
- ♦ Aspiring member of the Spanish Academy of Dermatology
- ♦ Speaker at AEDV2022 with a poster focused on Neonatal Pediatric Dermatology
- ♦ Postgraduate Certificate in Medicine and Surgery in the University of Oviedo

Dr. Valenzuela Luque, Alejandro

- ♦ Specialist in Family and Community Medicine
- ♦ Bachelor of Medicine from the Faculty of Medicine and Nursing
- ♦ Specialization in Family and Community Medicine at the Ramón y Cajal University Hospital
- ♦ Master's Degree in Esthetic Medicine human nutrition and AntiAging

Dr. Álvarez Roca, Eva

- ♦ Corporate Medical Advisor in the Medical Department of Mediderma-Sesderma
- ♦ Master of Continuing Education in Aesthetic Medicine and Comprehensive Rejuvenation by the Catholic University of Valencia and the European Medical College
- ♦ MBA with Specialization in Health and Hospital Management from MF Nebrija.
- ♦ Degree in Medicine from the Complutense University of Madrid
- ♦ Speaker at national and international medicine congresses
- ♦ International cooperation in health projects in Cameroon, Ghana, Benin and Honduras

Dr. Lander Lobariñas, Luis Eduardo

- ♦ Expert Doctor in Thyroid and Obesity
- ♦ Expert Physician in Endocrinology and Nutrition at University Hospital Severo Ochoa
- ♦ Emergency Room Physician at University Hospital Sanitas La Moraleja
- ♦ Clinical researcher in the area of Thyroid and Obesity

Dr. Muñoz Sánchez, Gabriel

- ♦ Specialist in Family Medicine
- ♦ Sanitary Illustrator
- ♦ Scientific disseminator

Dr. Moreno-Borque, Ricardo

- ♦ Medical Specialist in Medical and Surgical Dermatology and Venereology at the Clinical Hospital San Carlos of Madrid
- ♦ Specialist in Allergology and Clinical Immunology
- ♦ Honorary Professors at Rey Juan Carlos University
- ♦ Doctorate in Medicine, University of Alcalá
- ♦ Author of several articles Scientific in national and international journals

Dr. Muñoz Puif, Ana

- ♦ Medical Aesthetician Specialist in Facial Design and Skin Care
- ♦ Specialist in Aesthetic and Reconstructive Medicine at Hospital Vithas Valencia 9 de Octubre
- ♦ Teaching collaborator of the Master of Advanced Techniques in Aesthetic and Laser Medicine at the CEU Cardenal Herrera University
- ♦ PhD in Medicine from the University of Valencia
- ♦ Master's Degree in Aesthetic Medicine and Laser Techniques from CEU Cardenal Herrera University

Dr. Córdoba Canella, Estefanía

- ♦ Specialist in Family and Community Medicine at the Clinical Hospital of San Carlos
- ♦ Degree in Medicine and Surgery from the Autonomous University of Madrid
- ♦ Degree in Nursing, CEU San Pablo University

Dr. Moreno Sánchez, Isabel

- ♦ Specialist in Family and Community Medicine at the Salamanca Hospital
- ♦ Nurse in multiple fields
- ♦ Occupational Risk Prevention Physician
- ♦ Speaker at several national congresses of General Medicine
- ♦ Diploma in Nursing from the University of Salamanca
- ♦ Medical Degree from Riga Stradins University

Dr. Merayo López, Delia

- ♦ Physician at the Hemodialysis Unit of the Red Cross of Oviedo
- ♦ Degree in Medicine and Surgery in the University of Cantabria
- ♦ Master's Degree in SEMES Emergencies and Emergencies, Francisco University of Vitoria

Dr. López García, María del Valle

- ♦ Specialist in Dental and Orofacial Esthetics
- ♦ Orthodontist
- ♦ Degree in Dentistry
- ♦ Master in Orthodontics and Dentofacial Orthodontics
- ♦ Professional Master of Excellence in Orthodontics and Orthognathodontics
- ♦ Invisalign Certification
- ♦ Member of the Official College of Dentists and Stomatologists.



Take the opportunity to learn about the latest advances in this field in order to apply it to your daily practice"

05

Structure and Content

The graduate who enrolls in this Master's Degree will have access to 1,500 hours of the best theoretical, practical and additional content designed by the teaching team following, on the one hand, the latest developments in Aesthetic Medicine and, on the other hand, the quality guidelines that define and differentiate TECH Global University from other universities. All this presented in a convenient 100% online format, which brings flexibility to the experience, allowing you to access your program from wherever and whenever you want, as well as making use of any device with an Internet connection.





Did you know that TECH Global University is a pioneer in the use of the Relearning methodology for its degrees? This way you will not have to invest extra time in memorizing, attending a natural and progressive update: Without even realizing it!"

Module 1. Aging and Other Relevant Issues to Consider in a Practice as an Aesthetic Physician

- 1.1. Anatomical Changes that Occur During Aging
 - 1.1.1. Changes at the Ligament, Muscular and Cutaneous Level as a Consequence of Age
 - 1.1.2. Theories of Aging in Force (Molecular Theory, Oxydative Stress)
 - 1.1.3. Telomeric Shortening (New). Genes Associated with Longevity and Aging
- 1.2. How Do We Value Aging?
 - 1.2.1. Degrees of Aging
 - 1.2.2. Scales to Evaluate Aging
 - 1.2.3. Diagnostic Imaging Methods (Role of Ultrasound)
- 1.3. External Factors that Influence Skin Aging and How They Do It
 - 1.3.1. Sun Damage
 - 1.3.2. Tobacco Use
 - 1.3.3. Dietary Habits
 - 1.3.4. Physical Exercise
- 1.4. Dermatological Problems Treatable in Aesthetic Medicine
 - 1.4.1. Acne
 - 1.4.2. Melasma
 - 1.4.3. Couperosis
 - 1.4.4. Rosacea.
 - 1.4.5. Atopic Skin
 - 1.4.6. Seborrheic Dermatitis.
 - 1.4.7. Hyperhydrosis
 - 1.4.8. Dyschromias
 - 1.4.9. Keloid and Hypertrophic Scars (TRIGON Use)
- 1.5. Infections in Aesthetic Medicine
 - 1.5.1. Infection Prevention
 - 1.5.2. Diagnosis of Common infections. Herpes Labialis
 - 1.5.3. Treatment of Post-Treatment infections
 - 1.5.4. Allergic Reactions and Skin Intolerances in the Aesthetic Medicine Practice.
 - 1.5.5. Most Common Allergic Reactions
 - 1.5.6. Prevention
 - 1.5.7. Treatment

- 1.6. Anesthesia Used in Aesthetic Medicine. How Do We Anesthetize in Aesthetic Medicine?
 - 1.6.1. Types of Anesthesia: Topical, Local, Loco-regional.
 - 1.6.2. Anesthetics Most Commonly Used in Aesthetic Medicine
 - 1.6.3. Unwanted Effects of Anesthesia in Aesthetic Medicine.
- 1.7. Mode of Action in Case of Suspected Vascular Occlusion
 - 1.7.1. Facial Anatomical Areas Most at risk.
 - 1.7.2. Most Frequent Vascular Occlusion
 - 1.7.3. Signs and Symptoms of Vascular Occlusion
 - 1.7.4. The Role of Filler Antidotes. Hyaluronidase
- 1.8. Mode of Action in Urgent Situations in Aesthetic Medicine
 - 1.8.1. How to Act in Case of CPR. (CPR Chain)
 - 1.8.2. How to Act in Case of an Anxiety Crisis
 - 1.8.3. How to Act in Case of Hypoglycemia
 - 1.8.4. How to Act in Case of an Epileptic Seizure
 - 1.8.5. How to Act in Case of Excessive Bleeding (Amchafibrin)
- 1.9. Identification of Patients with Mental Disorders
 - 1.9.1. Most Frequent Psychiatric Problems among Aesthetic Medicine Users
 - 1.9.2. Identification of Patients with ED
 - 1.9.3. Identification of Patients with BPD
 - 1.9.4. Identification of Patients with Depressive Traits

Module 2. Advanced Techniques of Botulinum Toxin Injection

- 2.1. Botulinum Toxins Authorized for Aesthetic Use
 - 2.1.1. What is Botulinum Toxin
 - 2.1.2. Mechanism of Action
 - 2.1.3. Trade Names of Botulinum Toxins Type A
 - 2.1.4. Toxins Authorized for Aesthetic Use
 - 2.1.5. Toxins Authorized for Other Medical Conditions
- 2.2. Most Frequent Indications of Botulinum Toxin in Aesthetic Medicine: Treatment of Expression Wrinkles.
 - 2.2.1. Indications for Treatment on Forehead Wrinkles
 - 2.2.2. Indications for Treatment of Glabellar Lines/Eyebrow Wrinkles
 - 2.2.3. Indications for Treatment of Periocular Wrinkles/Crown's Feet

- 2.3. Others Indications for Botulinum Toxin in Aesthetic Medicine
 - 2.3.1. Indications for Treatment of Eyebrows/eyebrow Lifting
 - 2.3.2. Indications for Treatment of the Suborbital Region and Nose (*Bunny Lines*)
 - 2.3.3. Indications Treatment of Vertical Wrinkles of the Upper Lip (Bar Code Lip Lines)
 - 2.3.4. Indications for Treatment of the Corners of the Mouth/Marionette Lines
 - 2.3.5. Indications for Treatment of Chin Wrinkles
 - 2.3.6. Indications for Treatment of Neck Wrinkles (Platysma Muscle)
- 2.4. Bruxism: Masseter Hypertrophy
 - 2.4.1. What is Bruxism
 - 2.4.2. Treatment of Bruxism with Botulinum Toxin. Technique
 - 2.4.3. Results and Duration
- 2.5. Treatment of Hyperhidrosis with Botulinum Toxin
 - 2.5.1. What is Hyperhidrosis
 - 2.5.2. Types of Hyperhidrosis: Axillary, Palmar and Plantar.
 - 2.5.3. Treatments Currently Available for Hyperhidrosis
 - 2.5.4. Botulinum Toxin in Hyperhidrosis. Infiltration Technique
 - 2.5.5. Results and Duration of Botulinum Toxin in Hyperhidrosis
- 2.6. Treatment of Gingival Smile with Botulinum Toxin
 - 2.6.1. What is the Gingival Smile
 - 2.6.2. Treatments Currently Available for Gingival Smile
 - 2.6.3. Botulinum Toxin in Gingival Smile. Infiltration Technique
 - 2.6.4. Results and Duration of Botulinum Toxin in Gingival Smile
- 2.7. Complications from Botulinum Toxin Application
 - 2.7.1. What are the Most Frequent Unwanted Effects of Botulinum Toxin?
 - 2.7.2. Most Frequent Side Effects when Botulinum Toxin is Applied in the Upper Third (Palpebral Ptosis, Mephisto's Eyebrows, Smile Affection).
 - 2.7.3. Which Solutions are Available to Reverse the Unwanted Effect (Electrostimulation)
 - 2.7.4. How to Try to Prevent These Unwanted Effects
- 2.8. Reconstitution (Preparation) of the Toxin and Conservation
 - 2.8.1. Do All Toxins Require Refrigeration?
 - 2.8.2. Do All Toxins Need to be Reconstituted?
 - 2.8.3. Dilution of the Toxin According to the Treatment to be Performed

- 2.9. Post-Treatment Recommendations
 - 2.9.1. General Recommendations to Our Patients after Botulinum Toxin Treatment
 - 2.9.2. Botulinum Toxin and Heat
 - 2.9.3. Botulinum Toxin and Physical Exercise
- 2.10. Durability of Botulinum Toxin
 - 2.10.1. All toxins (Brands) Have the Same Effect and Duration.
 - 2.10.2. Factors that influence the Durability of Botulinum Toxin
 - 2.10.3. Patients Resistant to Toxin Treatment Antibody theory

Module 3. Hyaluronic Acid Filler Materials

- 3.1. Filler Materials
 - 3.1.1. Classification of Filler Materials
 - 3.1.2. Autologous Filler Materials: Autologous Fat, Plasmigel
 - 3.1.3. Resorbable and Non-resorbable Filler Materials
- 3.2. Calcium Hydroxyapatite (RADIESSE)
 - 3.2.1. Indications
 - 3.2.2. Mode of Action
 - 3.2.3. Application Techniques
 - 3.2.4. Results and Durability
- 3.3. Poly lactic Acid (ELLANSE, SCULPTRA)
 - 3.3.1. Indications
 - 3.3.2. Mode of Action
 - 3.3.3. Application Techniques
 - 3.3.4. Results and Durability
- 3.4. Hyaluronic Acid
 - 3.4.1. Indications
 - 3.4.2. Types
 - 3.4.3. Mode of Action
 - 3.4.4. Application Techniques
 - 3.4.5. Results and Durability

- 3.5. Rhino-Modeling
 - 3.5.1. Indications for Rhinoplasty
 - 3.5.2. Most Commonly Used Materials for Rhinoplasty (Hyaluronic Acid, Threads, etc.)
 - 3.5.3. Rhinoplasty Techniques
 - 3.5.4. Complications and Adverse Effects
 - 3.5.5. Post-treatment Recommendations
- 3.6. Lip Filler
 - 3.6.1. Lip Filler Indications
 - 3.6.2. Most Commonly Used Materials for Lip Fillers
 - 3.6.3. Lip Filler Techniques
 - 3.6.4. Complications and Adverse Effects
 - 3.6.5. Post-treatment Recommendations
- 3.7. Filling of Dark Circles
 - 3.7.1. Filling Dark Circles Indications
 - 3.7.2. Most Commonly Used Materials for Dark Eye Fillers
 - 3.7.3. Dark Eye Filler Techniques
 - 3.7.4. Complications and Adverse Effects
 - 3.7.5. Post-treatment Recommendations
- 3.8. Cheekbone Filler
 - 3.8.1. Indications for Cheekbone Filler
 - 3.8.2. Most Used Materials
 - 3.8.3. Cheekbone Filler Techniques
 - 3.8.4. Complications and Adverse Effects
 - 3.8.5. Post-treatment Recommendations
- 3.9. Complete Mandibular Marking
 - 3.9.1. Mandibular Marking Indications
 - 3.9.2. Most Used Materials for Mandibular Marking
 - 3.9.3. Mandibular Marking Techniques
 - 3.9.4. Complications and Adverse Effects
 - 3.9.5. Post-treatment Recommendations
- 3.10. Complications of Filler Materials
 - 3.10.1. Complications Associated with Hyaluronic Acid Injections
 - 3.10.2. Complications Associated with Calcium Hydroxyapatite Injections
 - 3.10.3. Available Antidotes for Different Filler Materials

Module 4. Tightening Threads and Other Collagen-inducing Materials

- 4.1. Collagen-inducing materials
 - 4.1.1. Classification
 - 4.1.2. Mode of Execution
 - 4.1.3. Results for Each of Them
- 4.2. Thread Tightening for the Face
 - 4.2.1. What Are the Tensor Threads
 - 4.2.2. Classification
 - 4.2.3. How They Act
 - 4.2.4. Results
- 4.3. PDO (Polydioxanone) Threads
 - 4.3.1. Types
 - 4.3.2. How They Act
 - 4.3.3. Durability
- 4.4. Poly Lactic Acid Threads (PLL)
 - 4.4.1. Types
 - 4.4.2. How They Act
 - 4.4.3. Durability
- 4.5. Monofilament Threads
 - 4.5.1. Indications
 - 4.5.2. How They Act
 - 4.5.3. Durability
- 4.6. Tornado (Screw) Threads
 - 4.6.1. Indications
 - 4.6.2. How They Act
 - 4.6.3. Durability
- 4.7. Spiculated Tensor Threads
 - 4.7.1. Indications
 - 4.7.2. How They Act
 - 4.7.3. Durability
- 4.8. APTOS Threads
 - 4.8.1. Types
 - 4.8.2. How They Act
 - 4.8.3. Durability

- 4.9. Specific Indications of the Tensor Threads
 - 4.9.1. Eyebrow Lift (*Foxy Eyes*)
 - 4.9.2. Diffusion of Nasolabial Folds
 - 4.9.3. Lifting of the Lower Face (*Cocochas*)
- 4.10. Complications of Thread Tightening
 - 4.10.1. Most Frequent-Surgical Complications
 - 4.10.2. Contraindications for the Use of Tensor Threads
 - 4.10.3. Possible Solutions to Complications

Module 5. Body, Facial and Hair Mesotherapy/intradermotherapy

- 5.1. Mesotherapy
 - 5.1.1. Evolution of Mesotherapy
 - 5.1.2. Mesotherapy Theory
 - 5.1.3. Main Types of Mesotherapy: Capillary, Facial and Body.
 - 5.1.4. Main Indications for Mesotherapy
- 5.2. The Most Important Active Substances. Chemical Characteristics and Indications
 - 5.2.1. Centella Asiaticaticatica (Asiaticoside)
 - 5.2.2. Cynara Scolimus. Cynarin (Artichoke)
 - 5.2.3. Routine Rutin-3-rutoside-Quercetin-3-rutoside-Vit P
 - 5.2.4. Melilot Extract (Coumarin)
 - 5.2.5. Sodium Pyruvate
 - 5.2.6. Organic Silicon (Methylsilanol Manuronate)
 - 5.2.7. L-Carnitine (Fat Devourer)
 - 5.2.8. Caffeine Methylxanthines
 - 5.2.9. Triiodoiodothyroacetic Acid (Triac. Trial)
 - 5.2.10. Phosphatidyl Choline (Lecithin)
 - 5.2.11. Sodium Deoxycholate
 - 5.2.12. Vitamin C. Ascorbic Acid
- 5.3. Indications for Body Mesotherapy in Aesthetic Medicine
 - 5.3.1. Main Indications for Body Mesotherapy
 - 5.3.2. Mesotherapy for Localized Fat
 - 5.3.3. Cellulitis. Sclerotic Edematous Fibrous Edematous Sclerotic Panniculopathy (PEFE).

- 5.3.4. Histology of Cellulite
 - 5.3.4.1. Etiopathogenesis
 - 5.3.4.2. Phases
 - 5.3.4.3. Diagnosis and Different Treatments
- 5.4. Indications for Facial Mesotherapy in Aesthetic Medicine
 - 5.4.1. What is Facial Mesotherapy?
 - 5.4.2. Why Is It Done?
 - 5.4.3. What Is It?
- 5.5. Types of Facial Mesotherapy
 - 5.5.1. Firming/silicon
 - 5.5.2. With Vitamins
 - 5.5.3. With Hyaluronic Acid
- 5.6. Indications for Capillary Mesotherapy
 - 5.6.1. What Is It?
 - 5.6.2. What Are the Indications?
 - 5.6.3. What Substances Do We Use?
- 5.7. Mesotherapy Preparation
 - 5.7.1. How to Prepare the Skin
 - 5.7.2. Asepsis Conditions
 - 5.7.3. Anesthesia Used
- 5.8. Complications and Secondary Effects of Mesotherapy
 - 5.8.1. Main Complications of Mesotherapy
 - 5.8.2. Main Secondary Effects of Mesotherapy
- 5.9. Mesotherapy Techniques
 - 5.9.1. How to Apply It?
 - 5.9.2. Manual Mesotherapy
 - 5.9.3. Gun Mesotherapy
 - 5.9.4. Specific Mesotherapy Techniques
 - 5.9.4.1. *Nappage*
 - 5.9.4.2. Micropapule
 - 5.9.4.3. Papule, Similar to the Previous One, Leaving a Slightly Larger but Equally Transient Papule
 - 5.9.4.4. Back-traced

- 5.10. Mesotherapy with Microneedles (*Microneedling*)
 - 5.10.1. What Is It?
 - 5.10.2. Most Common Indications
 - 5.10.3. Most Commonly Used Substances

Module 6. Biostimulation with Platelet-Rich Plasma (PRP)

- 6.1. What is PRP?
 - 6.1.1. Concept
 - 6.1.2. Main Current Indications in Medicine
 - 6.1.3. Main Indications in Aesthetic Medicine
 - 6.1.4. Principal Indications in Trichology
- 6.2. What Does PRP Treatment Consist Of? Step-by-Step Explanation
 - 6.2.1. What Does PRP Treatment Consist Of?
 - 6.2.2. Step-by-Step Explanation
 - 6.2.3. Possible Complications
- 6.3. Obtaining the PRP Open Technique
 - 6.3.1. What Is It?
 - 6.3.2. Risk
 - 6.3.3. Biosecurity
- 6.4. Obtaining the PRP Closed Technique
 - 6.4.1. What Is It?
 - 6.4.2. Benefits over the Open
 - 6.4.3. Biosecurity
- 6.5. How to Centrifuge PRP and its Activation
 - 6.5.1. Centrifuge
 - 6.5.2. Choosing the Right Speed and Centrifugation Time
 - 6.5.3. Platelet Activation
- 6.6. PRP Application Techniques
 - 6.6.1. How PRP is Applied to our Patients
 - 6.6.2. Techniques: Needles and Dermapen
 - 6.6.3. PRP Facial Mask

- 6.7. Benefits of PRP Treatment
 - 6.7.1. Benefits at Capillary Level
 - 6.7.2. Benefits in Terms of Facial Aesthetics
 - 6.7.3. Benefits in Terms of Body Aesthetics
- 6.8. Risk
 - 6.8.1. PRP Application Risks
 - 6.8.2. Contraindications for PRP Application
- 6.9. New Generation PRP (2nd, 3rd and 4th Generation)
 - 6.9.1. 2nd Generation PRP
 - 6.9.2. 3rd Generation PRP
 - 6.9.3. 4th and 5th Generation PRP
- 6.10. Adverse Effects
 - 6.10.1. Most Common Undesirable Effects of PRP Use
 - 6.10.2. How to Manage the Side Effects Caused by the Use of PRP

Module 7. Aesthetic Medicine for the Body Obesity

- 7.1. Body Composition Analysis: Fat Tissue Structure
 - 7.1.1. Adipose Tissue
 - 7.1.2. Types of Adipose Tissue
 - 7.1.3. Body Fat Tissue Distribution
- 7.2. Body Semiology: Anthropometric Analysis, Bioimpedance. IMC
 - 7.2.1. Anthropometric Analysis of Our Patients
 - 7.2.2. Bioimpedance
 - 7.2.3. IMC
- 7.3. Obesity
 - 7.3.1. Degrees of Obesity
 - 7.3.2. Types of Obesity
 - 7.3.3. Epidemiology
 - 7.3.4. Causes of Obesity
 - 7.3.5. Main Obesity Complications

- 7.4. Other Aesthetic Body Pathologies and Their Most Common Treatment
 - 7.4.1. Paniculopatia Edemofibroesclerotica/celulitis
 - 7.4.2. Localized Adiposities
 - 7.4.3. Lipedema
 - 7.4.4. Body Flaccidity
- 7.5. Eating Disorders
 - 7.5.1. What Are Eating Disorders?
 - 7.5.2. What Types of Eating Disorders Are There?
 - 7.5.3. How Can it be Prevented?
- 7.6. Body Dysmorphic Disorder
 - 7.6.1. What Is It?
 - 7.6.2. Causes and Risk Factors
 - 7.6.3. Symptoms and Signs
 - 7.6.4. Treatment
- 7.7. Types of Diets
 - 7.7.1. What is a Diet?
 - 7.7.2. Current Fad Diets (Benefits and Harms)
 - 7.7.3. Intermittent Fasting (Benefits and Harms)
- 7.8. Physical Exercise
 - 7.8.1. Benefits of Physical Exercise.
 - 7.8.2. Types of Physical Exercise (Aerobic and Anaerobic) and Their Benefits
 - 7.8.3. Recommended Quantity
- 7.9. Pharmacological Treatment of Obesity. Drugs approved in Spain BORRAR
 - 7.9.1. Orlistat.
 - 7.9.2. Bupropion/naltrexone (BN)
 - 7.9.3. Liraglutide.
- 7.10. Surgical Treatment of Obesity
 - 7.10.1. What is Bariatric Surgery?
 - 7.10.2. Which Patients Can Undergo This Surgery?
 - 7.10.3. Surgical Techniques for Obesity
 - 7.10.3.1. Restrictive.
 - 7.10.3.2. Malabsorptive.
 - 7.10.3.3. Mixed.

Module 8. Laser

- 8.1. General Classification: Types of Laser
 - 8.1.1. Ablative Laser
 - 8.1.1.1. Mode of Execution
 - 8.1.1.2. Types
 - 8.1.1.3. Main Applications
 - 8.1.2. Non Ablative Laser
 - 8.1.2.1. Mode of Execution
 - 8.1.2.2. Types
 - 8.1.2.3. Main Applications
 - 8.1.2.4. Comparative Table:
- 8.2. Intense Pulsed Light Laser (IPL)
 - 8.2.1. Mechanisms of Action
 - 8.2.2. Principal Indications
 - 8.2.3. Results
- 8.3. LED Laser
 - 8.3.1. Mechanisms of Action
 - 8.3.2. Principal Indications
 - 8.3.3. Results
- 8.4. CO2 Laser
 - 8.4.1. Mechanism of Action
 - 8.4.2. Principal Indications
 - 8.4.3. Results
- 8.5. Erbium Laser YAG
 - 8.5.1. Mechanism of Action
 - 8.5.2. Principal Indications
 - 8.5.3. Results
- 8.6. *Q-Switched* Laser
 - 8.6.1. Mechanisms of Action
 - 8.6.2. Principal Indications
 - 8.6.3. Results

- 8.7. Hair Removal Laser
 - 8.7.1. Mode of Execution
 - 8.7.2. Laser Types Used for Hair Removal
 - 8.7.2.1. Ruby (694 nm)
 - 8.7.2.2. Alexandrite (755 nm)
 - 8.7.2.3. Diode (800 nm)
 - 8.7.2.4. Neodymium Yag (1064 nm)
 - 8.7.2.5. Intense Pulsed Light IPL
 - 8.7.3. Results
- 8.8. Laser for Pigmented Lesions and Tattoos
 - 8.8.1. Laser Used for Pigmented Lesion Removal
 - 8.8.2. Laser Used for Tattoo Depigmentation
 - 8.8.3. Results
- 8.9. Laser in Some Medical Pathologies
 - 8.9.1. Acne Laser Treatment
 - 8.9.2. Scar Treatment with Laser
 - 8.9.3. Stretch Mark Treatment with Laser
 - 8.9.4. Vascular Lesion Treatment (Percutaneous Vascular Laser)
 - 8.9.5. Laser Lipolysis
 - 8.9.5.1. Concept
 - 8.9.5.2. Laser Type Used
 - 8.9.5.3. Results
- 8.10. Skin Preparation Anesthesia. Safety and Protection during the Use of Lasers and Other Light Sources
 - 8.10.1. Pre-Laser Skin Preparation
 - 8.10.2. Anesthesia Used Prior to Laser
 - 8.10.3. Physician and Patient Safety
 - 8.10.3.1. Eye Protection
 - 8.10.4. Intralesional Photodynamic Therapy (Novel Treatment Modality That Improves Clinical Results)

Module 9. Other High Technologies: *Plexer*, *CoolSculpting*, Ultrasound and Others

- 9.1. *Plexer*
 - 9.1.1. What is *Plexer*?
 - 9.1.2. Principal Indications
 - 9.1.3. Results
- 9.2. *Coolsculpting*
 - 9.2.1. What is *Coolsculpting*?
 - 9.2.2. Principal Indications
 - 9.2.3. Results
- 9.3. Ultrasound in Aesthetic Medicine
 - 9.3.1. Introduction to Ultrasound
 - 9.3.2. Ultrasound in Aesthetic Medicine Indications
 - 9.3.3. Main Uses
 - 9.3.4. Skin Condition Diagnosis
 - 9.3.5. Ultrasound and Flaccidity
 - 9.3.6. Ultrasound and Implants
 - 9.3.7. Ultrasound in Body Therapies
- 9.4. Radiofrequency
 - 9.4.1. What is Radiofrequency?
 - 9.4.2. Principal Indications
 - 9.4.3. Results
- 9.5. Cavitation
 - 9.5.1. What is Cavitation?
 - 9.5.2. Principal Indications
 - 9.5.3. Results
- 9.6. Diathermy
 - 9.6.1. What is Diathermy?
 - 9.6.2. Principal Indications
 - 9.6.3. Results
- 9.7. Cryolipolysis
 - 9.7.1. What is Cryolipolysis?
 - 9.7.2. Principal Indications
 - 9.7.3. Results

- 9.8. Vacuum Therapy
 - 9.8.1. What is Vacuum Therapy?
 - 9.8.2. Principal Indications
 - 9.8.3. Results
- 9.9. Carboxytherapy
 - 9.9.1. What is Carboxytherapy?
 - 9.9.2. Principal Indications
 - 9.9.3. Results
- 9.10. Hyperbaric Chamber
 - 9.10.1. What is the Hyperbaric Chamber?
 - 9.10.2. Principal Indications
 - 9.10.3. Results

Module 10. 360° Facial Harmonization: a Global Vision

- 10.1. What Does 360° Facial Harmonization Consist of?
 - 10.1.1. What Is It?
 - 10.1.2. Indications and Treatments Involved
 - 10.1.3. Results
- 10.2. Complete Rejuvenation of the Upper 1/3
 - 10.2.1. What Is It?
 - 10.2.2. Materials Used
 - 10.2.3. Results
- 10.3. Oral and Perioral Area Rejuvenation
 - 10.3.1. What Is It?
 - 10.3.2. Materials Used
 - 10.3.3. Results
- 10.4. Neck and Neckline Rejuvenation
 - 10.4.1. What Is It?
 - 10.4.2. Materials Used
 - 10.4.3. Results
- 10.5. Hand Rejuvenation
 - 10.5.1. What Is It?
 - 10.5.2. Materials Used
 - 10.5.3. Results

- 10.6. Facial Masculinization
 - 10.6.1. What Is It?
 - 10.6.2. Materials Used
 - 10.6.3. Results
- 10.7. Foxy Eyes
 - 10.7.1. What Is It?
 - 10.7.2. Materials Used
 - 10.7.3. Results and Complications
- 10.8. Non-surgical Lifting
 - 10.8.1. What Is It?
 - 10.8.2. Materials Used
 - 10.8.3. Results
- 10.9. Double Chin Treatment
 - 10.9.1. What Is It?
 - 10.9.2. Materials Used
 - 10.9.3. Results
- 10.10. Facial *Skinbooster*
 - 10.10.1. What Is It?
 - 10.10.2. Materials Used
 - 10.10.3. Results



Hyperhidrosis, Gummy Smile, Bruxism, wrinkles, tattoos, foxy eyes? Nothing will resist you after the course of this Master's Degree and the innovative techniques that you will implement in your practice thanks to TECH"

06 Methodology

This academic program offers students a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.



“

Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.

“

Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

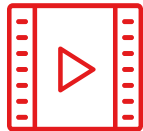
Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Surgical Techniques and Procedures on Video

TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



Interactive Summaries

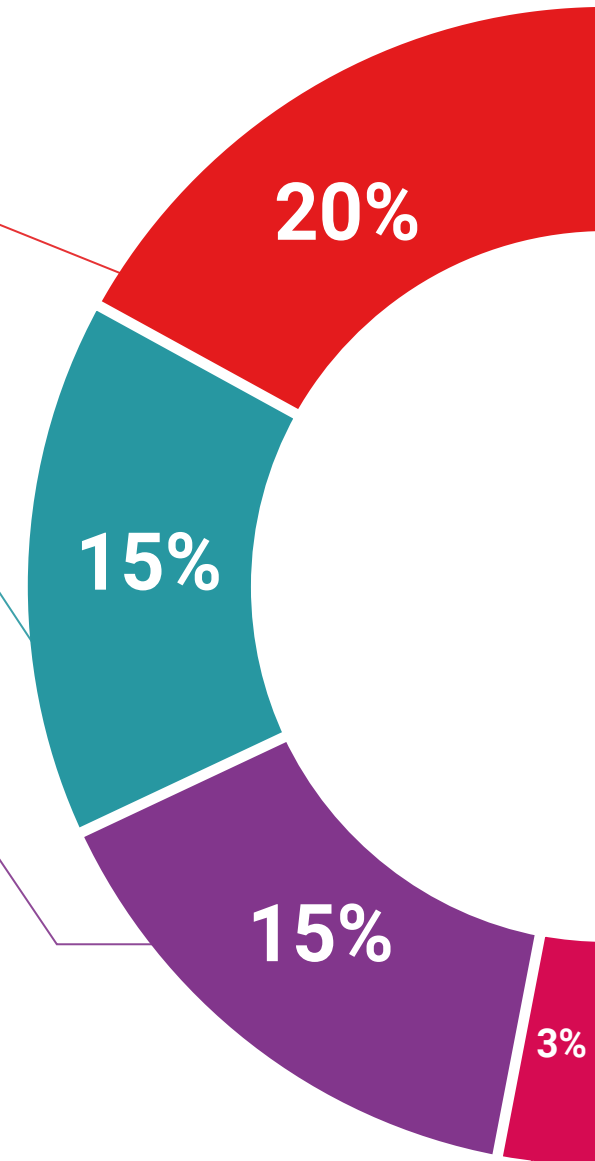
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

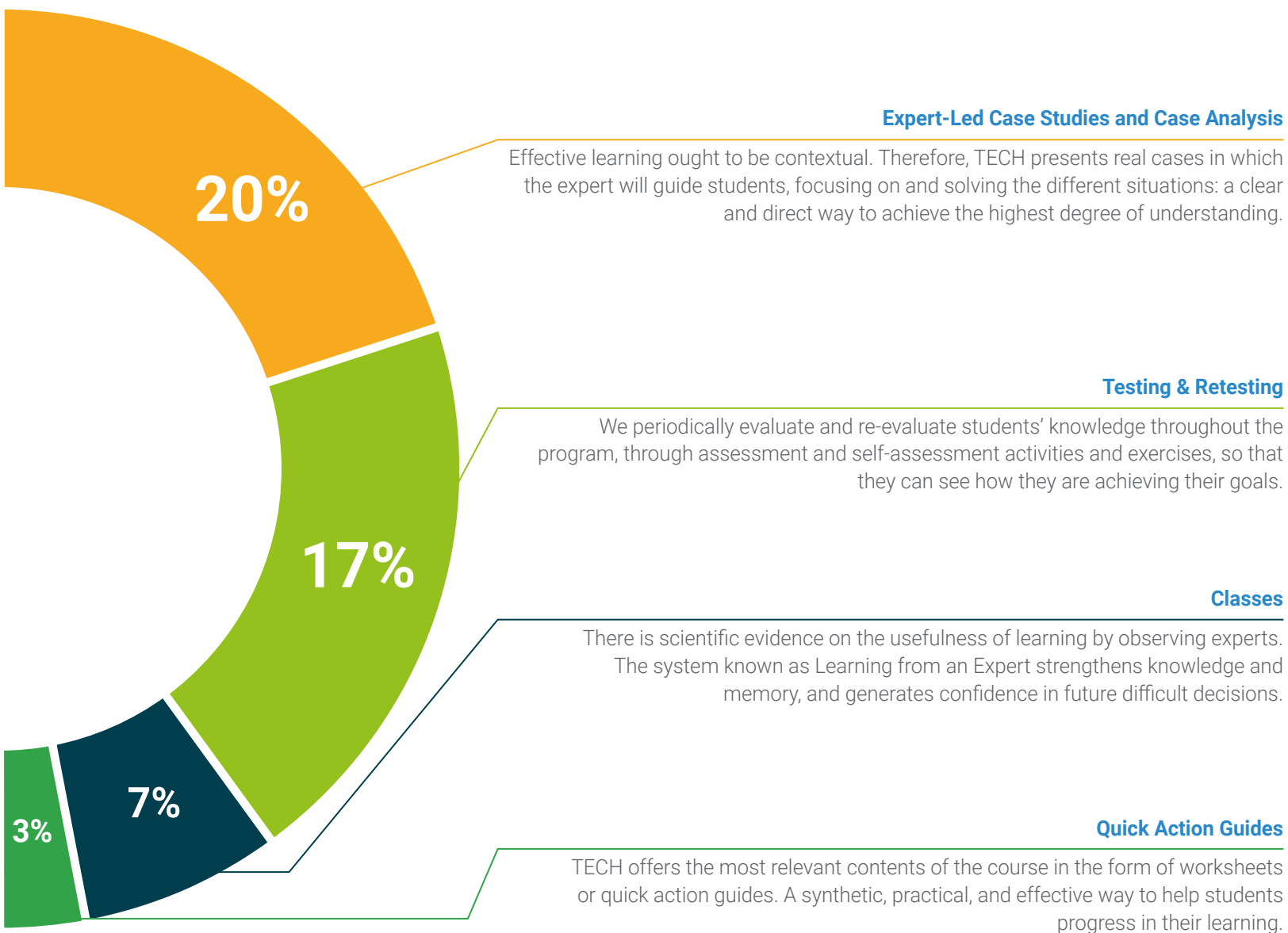
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





07 Certificate

The Master's Degree in Advanced Aesthetic Medicine guarantees you, in addition to the most rigorous and up-to-date education, access to a Master's Degree issued by TECH Global University.



“

*Successfully complete this program
and receive your university qualification
without having to travel or fill out
laborious paperwork"*

This program will allow you to obtain a **Master's Degree diploma in Advanced Aesthetic Medicine** endorsed by TECH Global University, the world's largest online university.

Tech Global University is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

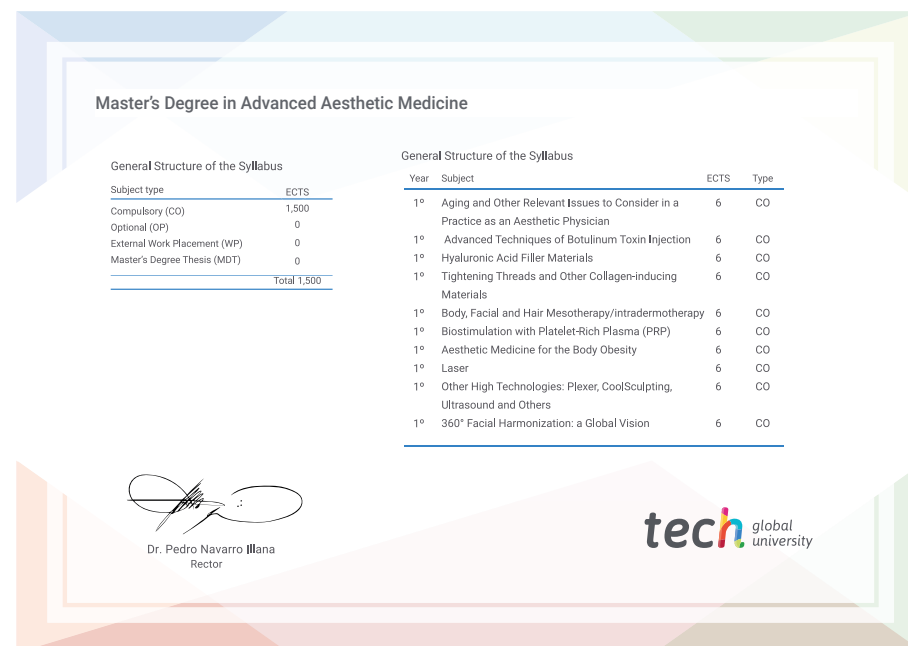
This **Tech Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Master's Degree in Advanced Aesthetic Medicine**

Modality: **online**

Duration: **12 months**

Accreditation: **60 ECTS**





Master's Degree
Advanced Aesthetic
Medicine

- » Modality: online
- » Duration: 12 month
- » Certificate: TECH Global University
- » Accreditation: 60 ECTS
- » Schedule: at your own pace
- » Exams: online

Master's Degree

Advanced Aesthetic Medicine

