

# Internship Program Update on Psychiatric Treatments in Juvenile Patients



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Internship Program  
Update on Psychiatric  
Treatments in  
Juvenile Patients

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# 01 Introduction

Frequent symptoms such as sadness, irritability, crying, memory loss, distractibility, insomnia and anxiety in children and adolescents are some of the alerts that may indicate that there is a disorder affecting the mental health of the minor patient. Thanks to the great advances made in recent years in the treatment of mental illnesses, it is possible to successfully address psychiatric disorders in the population. Currently, 1 out of every 8 patients under 18 years of age has a mental disorder, hence the need for specialists who base their treatments on the latest scientific evidence and provide effective therapy for these conditions. TECH, aware of this need, has created this 100% practical program where the professional will be able to get up to date with the most advanced therapeutics.

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*You will have the opportunity to share space with professionals of high academic level and outstanding experience in this medical area"*



Suicide in adolescent patients has become a serious public health problem. According to data presented by the WHO, the number of suicides in young people has increased worldwide, becoming one of the three most frequent causes of death in this sector of the population.

Approximately many mental disorders first appear before the age of fourteen and generally begin before the age of 18. So treating the mental health of the minor patient is a necessity in today's and future society. Training in the existing Psychiatric Treatments will give the specialist a higher level of security in his daily clinical practice and he will be able to provide new therapeutic solutions that improve the quality of life of the patient and his environment.

Taking into account this reality, TECH has selected him as the main subject to develop this eminently practical program in a specialized clinical center, where he will develop an intensive 3-week stay for 8-hour days from Monday to Friday. The health centers have been selected under strict medical and scientific rigor so that the professional can take full advantage of the experience and incorporate the most innovative techniques for the treatment of clinical syndromes in child and adolescent psychiatry.

Thus, throughout 120 hours of practical activity, you will be in charge of real cases in a state-of-the-art scenario and equipped with the most demanding technical and human resources that will accompany you throughout the process, as well as the guidance of the assigned tutor who will orient you and provide you with the necessary support. Undoubtedly, an enriching experience that will allow the specialist to perfect his professional profile.

# 02

## Why Study an Internship Program?

In recent times, a special interest has been generated in the study of the different mental disorders and clinical syndromes related to Psychiatry in the infantile-juvenile stage. There are even some specific hospitalization units for children and adolescents with psychiatric problems, where they treat their acute decompensations. However, there is a notable need for specialists in the area. For this reason, TECH has created this 100% practical space where health professionals can go to a reference clinical center for 3 weeks and share their knowledge on Psychiatric Treatments in Minor Patients, in order to improve their clinical practice with renowned experts.



*You will update your therapeutic strategies to the latest advances in Applied Psychiatry, with this Internship Program in a prestigious clinical center"*

### 1. Updating from the latest technology available

There have been many advances in psychiatric treatment and other mental health disorders. Therapeutic methods have improved, as have diagnostic methods, making it much easier to detect possible clinical syndromes in patients under 18 years of age. This TECH program aims to provide the professional with a space where he/she can apply in a 100% practical way all the knowledge in the field, in an environment equipped with the most specialized technical and human resources.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

A team of experienced professionals will accompany the specialist throughout the entire practical period, which is a guarantee of unprecedented updating. With a specifically designated tutor, the student will be able to see real patients in a state-of-the-art environment, which will allow them to incorporate the most up-to-date treatments for clinical psychiatric syndromes in minor patients into their daily practice.

### 3. Entering First-Class Clinical Environments

In order to develop this Internship Program, TECH carefully selects all available centers in different continents, which gives this program an international character. In this way, you will be able to see the day-to-day of a demanding, rigorous and exhaustive area of work, always applying the latest theses and scientific postulates in its work methodology, through different perspectives.





#### **4. Putting the acquired knowledge into daily practice from the very first moment**

In order to perfect their technique and medical approach, specialists generally resort to theoretical studies that generate a lack of practical knowledge. Now TECH offers an innovative and very complete academic offer where the specialist will be able to go to a prestigious clinical center and perform practical training for 3 weeks with renowned doctors and a multidisciplinary team.

#### **5. Expanding the Boundaries of Knowledge**

The professional will be able to choose the clinical center of his preference among several options within or outside the national territory. Undoubtedly, a unique opportunity for professional expansion that only TECH can offer you. In this way, you will be updated with the best specialists, practicing in first class hospitals and in different continents.



*You will have full practical immersion at the center of your choice"*

# 03 Objectives

The main objective of this program is for the professional to integrate their knowledge with practical activity in an alternative setting, with cutting-edge technological and scientific resources, in addition to the accompaniment of experts who will provide a diverse vision of the Update on Psychiatric Treatments in Juvenile Patients.



## General Objectives

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- To update daily clinical practice with techniques, modern scientific postulates and application of state-of-the-art technologies in psychiatric treatment of minor patients
- Delve into the most effective approaches and clinical analysis, supported by a team of prestigious experts in the field of Psychiatry
- Know the specific approach and common cases that occur in the clinical setting of Psychiatry
- Gain up-to-date knowledge of the therapeutic strategies in the latest advances in psychiatry Apply







## Specific Objectives

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- ♦ Know how to differentiate between the psychological disorders in the natural evolutionary changes
- ♦ Identify the factors which influence the integral development of a human being in the first stages of development
- ♦ Delve into the methods of clinical diagnosis in the different psychopathological processes
- ♦ Perform a differential diagnosis taking into account the evolutionary stage of the patient
- ♦ Manage the different classification systems of mental disorders in childhood and adolescence, especially multi-axial types
- ♦ Describe the clinical evaluation and diagnostic procedures in childhood and adolescence
- ♦ Establish differential diagnosis criteria in childhood and adolescence
- ♦ Acquire the skills and strategies for clinical management in psychiatry
- ♦ Master the skills for efficient communication and establish leadership in childhood psychiatry
- ♦ Develop early detection and intervention plans in the perinatal period
- ♦ Pragmatically approach emergency psychiatric situations in childhood and adolescence
- ♦ Acquire the skills to deal with child patients
- ♦ Develop techniques to achieve the motivation and active participation of a child or adolescent patient in the diagnosis and intervention process
- ♦ Adequately assess the multicausality and concausality of psychopathological and clinical disorders in childhood and adolescence

# 04

## Educational Plan

This Internship Program consists of a 3-week intensive stay in a prestigious center in the area of mental health specifically to learn about the advances in diagnostic and therapeutic methods more specific to Clinical Psychiatric Syndromes in patients under 18 years of age. This program will allow you to update your daily clinical practice and care for real patients alongside a team of reference professionals.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of the professors and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for Doctor (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their completion is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential”*



Module	Practical Activity
<b>Approach to Clinical Syndromes in Child and Adolescent Psychiatry</b>	Use advanced clinical diagnostic methods in the different psychopathological processes.
	Make a differential diagnosis taking into account the patient's stage of evolution.
	Perform a sychodiagnostics sequence in childhood and adolescence.
	Manage the different multiaxial systems of classification of mental disorders in childhood and adolescence.
<b>Advances in treatments in child and adolescent psychiatry.</b>	Incorporating molecular genetics into symptoms in child psychiatry.
	To apply Videoelectroencephalography (VEEG) in the practice of clinical neurophysiology.
	Include third generation therapies, systemic family therapy, cognitive behavioral therapy in the clinical consultation of minor patients with psychiatric syndromes.
	Include the child's play and drawing in the diagnostic consultation.
<b>Clinical Management in Psychiatry</b>	Conduct the clinical diagnostic interview to the patient in school stage.
	Clinical evaluation of patients with eating disorders
	Perform diagnostic evaluation and differential diagnosis in patients with psychotic disorders.
	Generate oral and written reports after diagnostic evaluation of the minor patient.
<b>Child and adolescent psychiatric emergencies</b>	Make appropriate therapeutic recommendations for each case presented in consultation.
	Approach to the patient with panic attacks and panic disorder
	To perform the therapeutic approach in patients with suicidal behavior from interconsultation.
	Apply relaxation techniques in pain management and preparation for invasive interventions in children and adolescents.
	Indicate pharmacological treatment with its corresponding doses and application to the patient.



# 05 Where Can I Do the Internship Program?

In its maxim of offering quality education within the reach of the majority of people, TECH has decided to broaden the academic horizons so that this training can be given in different centers around the national and international geography. A unique opportunity that allows the professional to continue to grow their career alongside the best specialists in the sector in various reference clinics.



*Develop this Internship Program in a specialized hospital center and apply the most advanced and updated methods to treat Psychiatric Syndromes in minor patients, together with the best in the field"*





The student will be able to do this program at the following centers:



Medicine

### Hospital HM Modelo

Country: Spain  
City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine

### Hospital Maternidad HM Belén

Country: Spain  
City: La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Medicine

### Hospital HM Rosaleda

Country: Spain  
City: La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Medicine

### Hospital HM La Esperanza

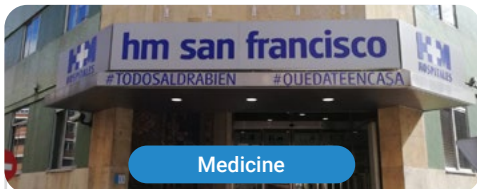
Country: Spain  
City: La Coruña

Address: Av. das Burgas, 2, 15705, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Oncology Nursing
- Clinical Ophthalmology



Medicine

### Hospital HM San Francisco

Country: Spain  
City: León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Trauma Nursing



Medicine

### Hospital HM Regla

Country: Spain  
City: León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Medicine

### Hospital HM Nou Delfos

Country: Spain  
City: Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Medicine

### Hospital HM Madrid

Country: Spain  
City: Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation





Medicine

### Hospital HM Montepríncipe

Country: Spain City: Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Medicine

### Hospital HM Torrelodones

Country: Spain City: Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine

### Hospital HM Sanchinarro

Country: Spain City: Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine

### Hospital HM Nuevo Belén

Country: Spain City: Madrid

Address: Calle José Silva, 7, 28043, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- General and Digestive System Surgery
- Clinical Nutrition in Medicine







### Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



### Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



### Policlínico HM Sanchinarro

Country	City
Spain	Madrid

Address: Av. de Manoteras, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecological Care for Midwives
- Nursing in the Digestive Tract Department



### Policlínico HM Virgen del Val

Country	City
Spain	Madrid

Address: Calle de Zaragoza, 6, 28804, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Diagnosis in Physiotherapy
- Physiotherapy in Early Care



# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this educational entity undertakes to take out civil liability insurance to cover any eventuality that may arise during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Update on Psychiatric Treatments in Juvenile Patients** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the assessments, they will receive their corresponding Internship Program diploma issued by TECH Technological University via tracked delivery\*.

The certificate issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Update on Psychiatric Treatments in Juvenile Patients**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour shifts, consecutive shifts**

Total Hours: **120 h. of professional practice**







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