

# Internship Program Gynecoesthetics



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Internship Program  
Gynecoesthetics

# Index

01

Introduction

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*p. 4*

02

Why Study an  
Internship Program?

---

*p. 6*

03

Objectives

---

*p. 8*

04

Educational Plan

---

*p. 10*

05

Where Can I Do the  
Internship Program?

---

*p. 12*

06

General Conditions

---

*p. 16*

07

Certificate

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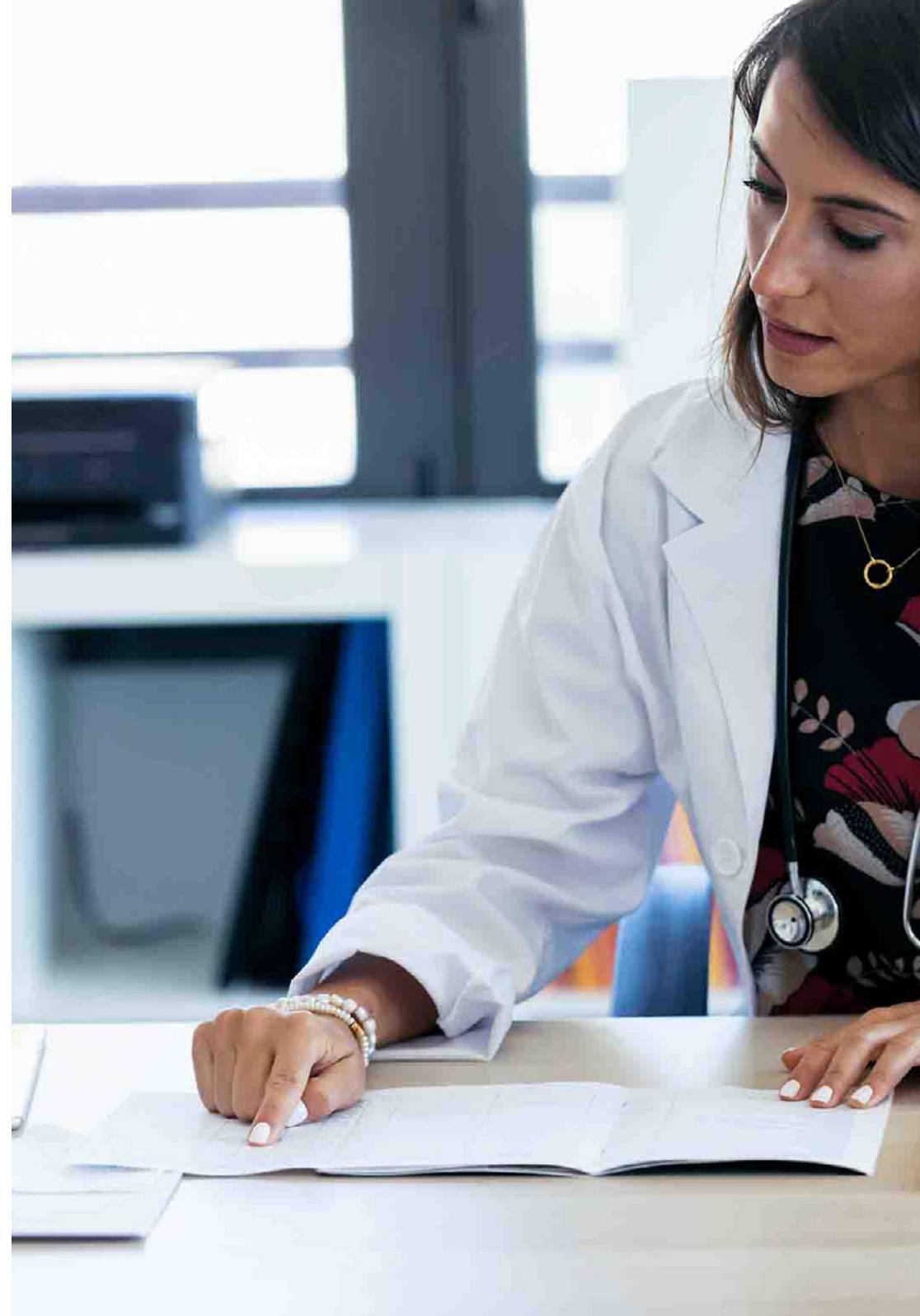
*p. 18*

# 01 Introduction

Recent scientific research has made it possible to improve gyneco-aesthetic treatments. Thus, cutting-edge techniques based on the use of lasers to address vaginal rejuvenation or treat urinary incontinence offer better results in the interventions performed, ensuring the satisfaction and physical integrity of the patient. As a result, incorporating these methods into daily practice is essential for any specialist who wishes to provide state-of-the-art medical care. Consequently, TECH has created this Internship Program, which will allow the professional to master the updated uses of laser, botulinum toxin or hyaluronic acid in the field of Gynecoesthetics. All this, through an exclusively practical experience of 120 hours in a first level clinical center.

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*Incorporate in your daily practice the avant-garde laser treatments to address urinary incontinence or vaginal rejuvenation”*





Gynecoesthetics is a discipline that is constantly evolving due to the incessant technological and scientific advances it is experiencing. In this sense, it has been possible to optimize the treatments used to address different aesthetic operations in the vaginal area, as well as those applied to manage different conditions that limit the quality of life of women. Thanks to them, it has been possible to maximize the efficiency of interventions and shorten post-surgical recovery times. Therefore, mastering these cutting-edge methods is essential to be up to date in this area.

For this reason, TECH has designed this Internship Program, focused on providing the student with the most updated skills in Gynecological Aesthetics in a 100% practical way. For 3 weeks, you will be an active part of a first class clinical center, characterized by having the most advanced technology in this field. Thus, integrated in an excellent multidisciplinary health team, you will master the sophisticated techniques of vaginal and vulvar rejuvenation with tensor threads or cutting-edge treatments to address Female Sexual Dysfunction. Likewise, you will assimilate the procedures supported by the latest scientific evidence to manage urinary incontinence.

Throughout his or her practical experience, the professional will be accompanied by a tutor designated specifically for them. This specialist will be responsible for ensuring that your learning fully meets your expectations, guiding you through the process and resolving any doubts that may arise.

# 02

## Why Study an Internship Program?

Although theory plays a fundamental role in the professional field, practice is an elementary aspect to perform the job at the highest level. In the world of gynecological esthetics, it is essential to know how to carry out rigorous and effective treatments for patients. Faced with this situation, TECH has developed this completely innovative Internship Program, which allows the student to spend 3 intensive weeks in a prestigious clinical center. Thus, integrated in an outstanding medical team, they will be able to acquire a series of competencies that will enable them to perfect your daily practice.



*This academic institution offers you an exclusive opportunity to update your skills in Gynecoesthetics through a 3-week practical stay in a prestigious clinical environment"*

### 1. Updating from the latest technology available

In recent years, gynecoesthetics has evolved significantly, giving rise to innovative treatments that make it possible to rejuvenate the vaginal area or increase the sensitivity of the G-spot in a safe and less invasive way for patients. For this reason, TECH has developed this Internship Program, which allows specialists to incorporate these advances into their daily practice in an exclusively practical way.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

In this academic experience, the professional will be part of a prestigious clinical environment for 3 weeks. Thus, integrated in an excellent multidisciplinary team, you will acquire the most avant-garde skills in the field of Gynecoesthetics.

### 3. Entering First-Class Clinical Environments

TECH carries out a thorough selection process of the centers where this Internship Program takes place, which guarantees that professionals will have the opportunity to access a renowned clinical environment in the field of Gynecoesthetics. This context will allow them to perform in a challenging and rigorous environment, applying the most updated procedures in their daily practice.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

In today's educational environment, the vast majority of academic Internship Program focus too much on theory and forget the real applicability of the content offered. For this reason, TECH has created this innovative pedagogical approach, based solely on practice to promote the assimilation of valuable skills in day-to-day professional life.

#### 5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in internationally renowned centers, which is a great opportunity for specialists to learn from the leading experts in the field. This is an experience that only TECH can offer to its students.



*You will have full practical immersion  
at the center of your choice"*

# 03 Objectives

The main goal of the Internship Program in Gynecoesthetics is to update the professional in this health branch in a 100% practical way, enjoying a clinical stay of 120 hours in an excellent specialized clinical center. Thanks to this, they will acquire a set of avant-garde competencies that will allow them to improve their care for patients.



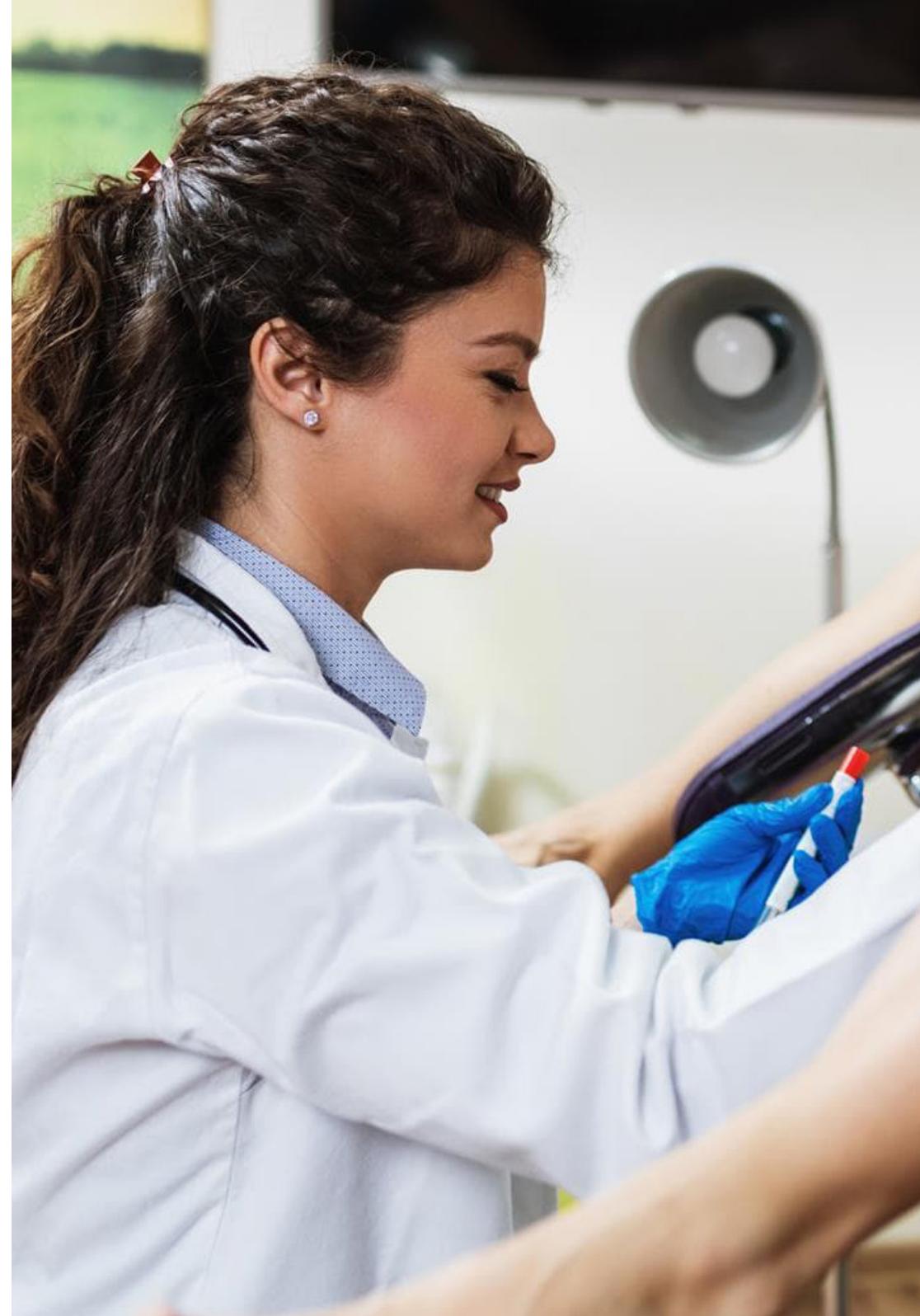
## General Objectives

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- Update in the most avant-garde areas of current gynecological esthetics
- Manage the most effective and cutting-edge treatments in this field
- Master the most relevant tips in terms of risk prevention and complications in gynecological esthetics



*Update yourself in Gynecoesthetics in an exclusively practical way in only 120 hours”*





## Specific Objectives

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- ♦ Deepen in the physiological and anatomical changes that occur during aging and the external factors involved in vaginal aging
- ♦ Comprehensively examine risk factors, diagnosis and its main causes
- ♦ Broaden the specialist's competence in sexual dysfunction in older women and women with cancer
- ♦ Distinguish the different types of threads used in vaginal rejuvenation procedures vaginal rejuvenation
- ♦ Delve into surgical approaches and minimally invasive techniques of Dr. Ozgur Leylek
- ♦ Analyze the indications of hyaluronic acid in vaginal atrophy and vaginal dryness, in recurrent urinary tract infections and menopausal urogenital syndrome, and in scar pain
- ♦ Identify the different types of toxins, how to reconstitute and preserve them
- ♦ Take into account the main indications of Botox, especially in cases of Vaginismus, painful Episiotomy, Vulvodynia, urinary incontinence and Vaginal Hyperhidrosis
- ♦ Manage the updated applications of PRP in female sexual dysfunction, flaccidity, vaginal atrophy and dryness, lichen sclerosus and non-specific vulvitis, episiotomy pain and genitourinary fistulas
- ♦ Delve into the principles of laser and its clinical use
- ♦ Analyze the vaginal surgical treatments of greater impact, such as labiaplasty, clitoral surgery, vaginoplasty, lipotransfer or hymen reconstructions
- ♦ Acquire a comprehensive vision of how to treat certain areas of the female genitalia such as the mons pubis, labia majora, clitoris, vagina and labia minora

# 04 Educational Plan

The Internship Program in Gynecoesthetics has a duration of 3 weeks, from Monday to Friday, with 8-hour working days under the guidance of an associate specialist. Through this professional experience, the student will have the opportunity to integrate into an excellent clinical team, practicing with real patients and performing the most avant-garde procedures in Gynecoesthetics.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide healthcare care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

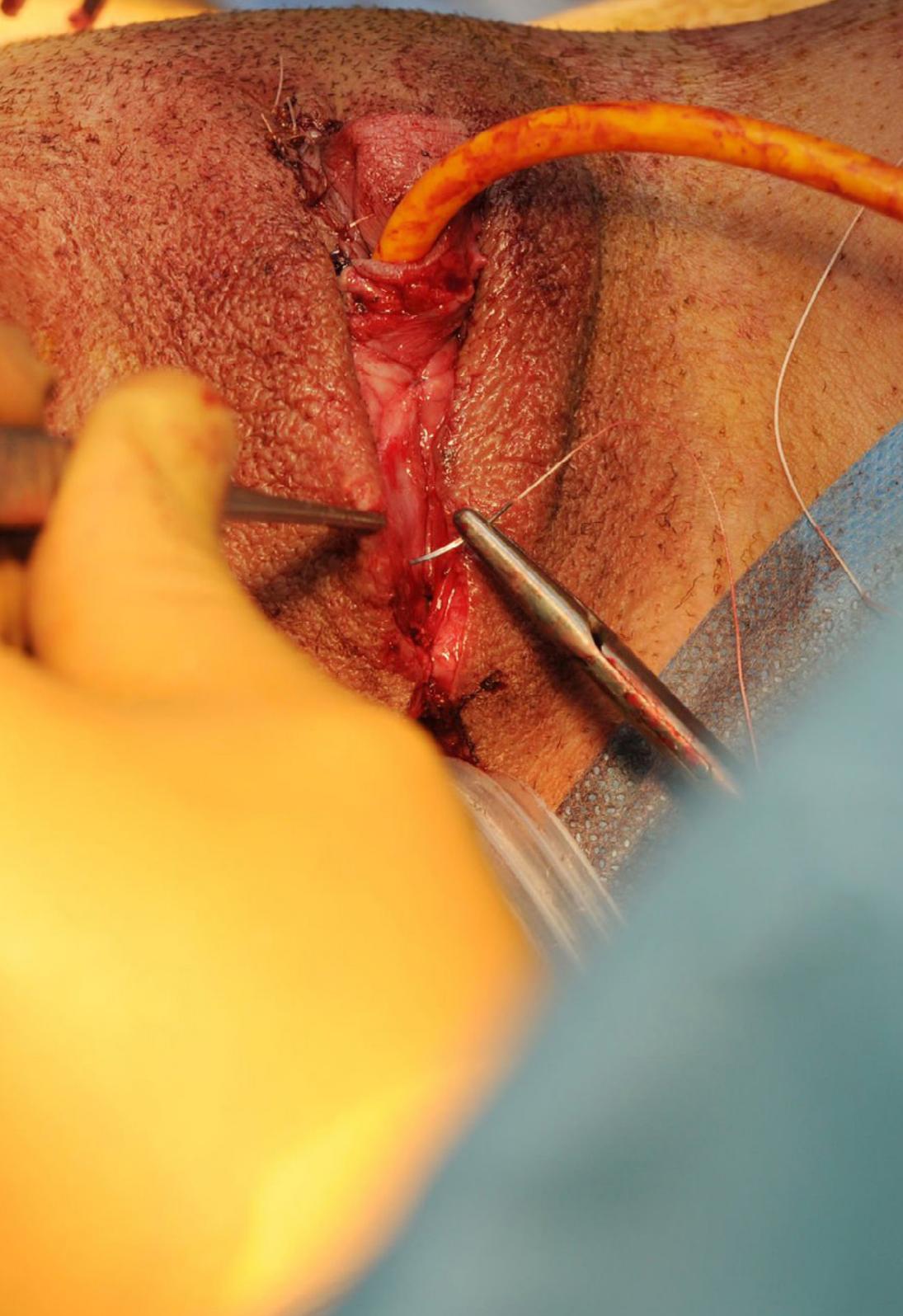
It is, therefore, an unparalleled opportunity to ensure the specialist's update, learning by working in a state-of-the-art center, where patient satisfaction and well-being is the main concern of the professionals. Thus, this experience will directly contribute to the improvement of the student's medical skills.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for medical practice (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



*Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"*



Module	Practical Activity
Female Sexual Dysfunction	Carry out a correct diagnosis of Female Sexual Dysfunction
	Evaluate the possible causes of Female Sexual Dysfunction in different types of patients types of patients
	Treat Arousal, Orgasm or Vaginismus Disorder based on the latest scientific evidence
Medical and surgical treatments in Gynecoesthetics	Participate in the performance of procedures such as labiaplasty or vaginoplasty
	Apply hyaluronic acid filler techniques to correct imperfections in the female genitalia
	Perform vaginal rejuvenation treatments with laser or radiofrequency
Platelet-rich plasma in gyneco-aesthetics	Apply PRP in cases of Female Sexual Dysfunction or flaccidity, atrophy and vaginal dryness
	Carry out the application of platelet-rich plasma as a pre and post-surgical pre and post surgical, in order to prevent the appearance of wounds and ulcers of complex healing
Integral Remodeling	Perform liposuction on the mons pubis to remove excess adipose tissue
	Increasing the sensitivity of the clitoris through cutting-edge surgical techniques
	Use radiofrequency to perform a reduction of the labia majora of the vagina

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*Join a multidisciplinary team and update your skills in the application of labiaplasty or clitoral surgery”*

# 05 Where Can I Do the Internship Program?

TECH has carefully selected the clinical centers in which it is possible to carry out this Internship Program in Gynecoesthetics. In this way, each student will have access to a first class health environment, characterized by the most modern technology in Gynecoesthetics, where they will be integrated into an excellent multidisciplinary work team.



*Carry out this Internship Program in Gynecoesthetics in a prestigious clinical center that has the most cutting-edge technology”*





The student will be able to do this program at the following centers:



**Medicine**

**ESGAF Clinic**

Country	City
Spain	Madrid

Address: Calle del Dr. Martín Arévalo,  
25, 28021 Madrid

Center of Integrative Esthetic Medicine

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**Related internship programs:**

- Aesthetic Nursing
- Aesthetic Medicine



Medicine

### Clínica Londres Rosselló

Country: Spain  
City: Barcelona

Address: C/ del Rosselló, 231, 08008 Barcelona

Specialists in Aesthetic Medicine  
and Plastic-Reparative Surgery

**Related internship programs:**  
Aesthetic Nursing  
Antiaging



Medicine

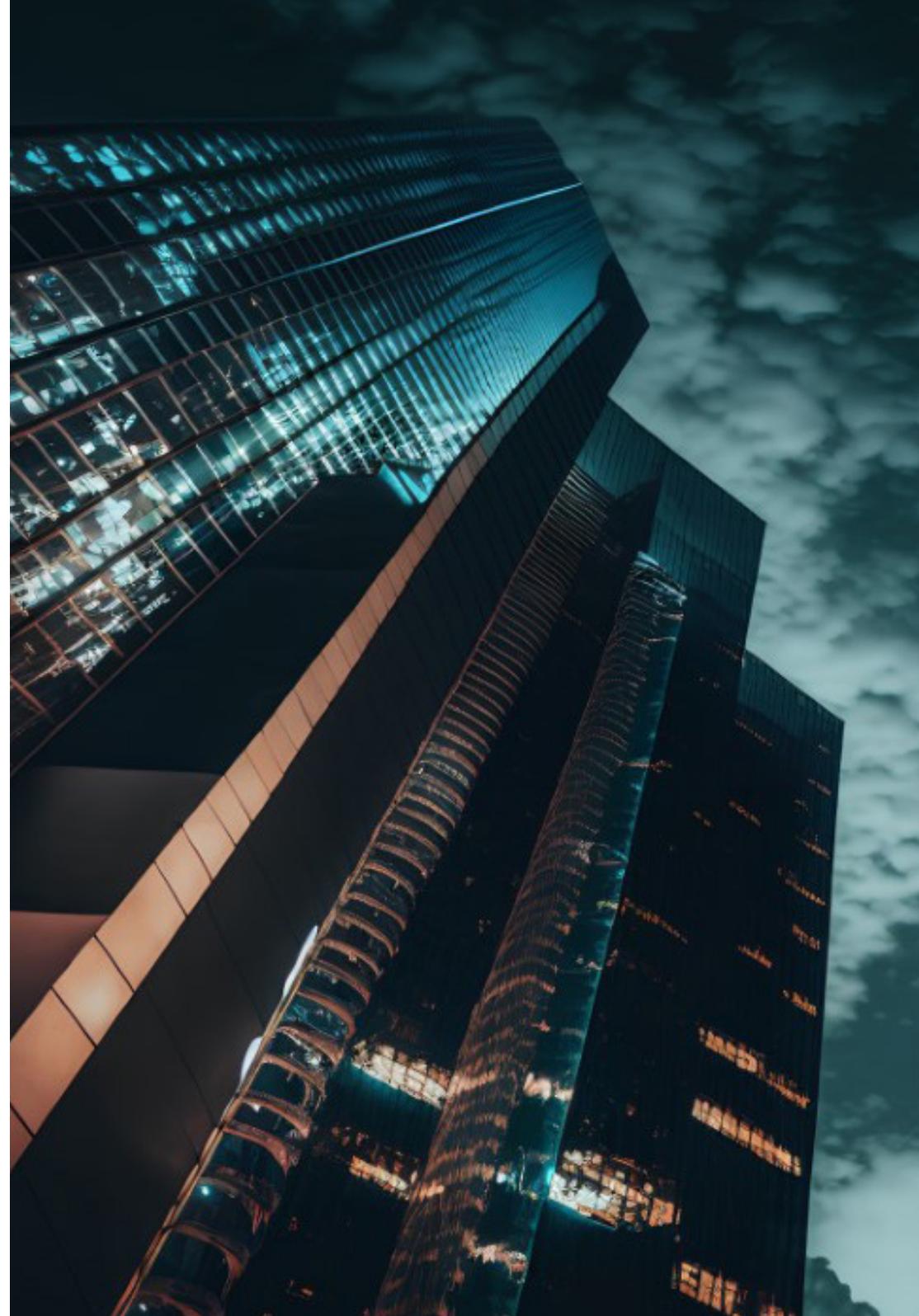
### Clínica Londres Lagasca

Country: Spain  
City: Madrid

Address: Calle de Lagasca, 95, 28006 Madrid

Specialists in Aesthetic Medicine  
and Plastic-Reparative Surgery

**Related internship programs:**  
- Aesthetic Plastic Surgery  
Gynecoesthetics





### Clínica Londres Málaga

Country	City
Spain	Malaga

Address: Paseo Reding, 51, 29016 Málaga

Specialists in Aesthetic Medicine  
and Plastic-Reparative Surgery

**Related internship programs:**  
- Aesthetic Medicine  
Antiaging



### Clínica Londres Diego de León

Country	City
Spain	Madrid

Address: Calle de Diego de León,  
21, 28006 Madrid

Specialists in Aesthetic Medicine  
and Plastic-Reparative Surgery

**Related internship programs:**  
- Aesthetic Plastic Surgery  
Gynecoesthetics

# 06

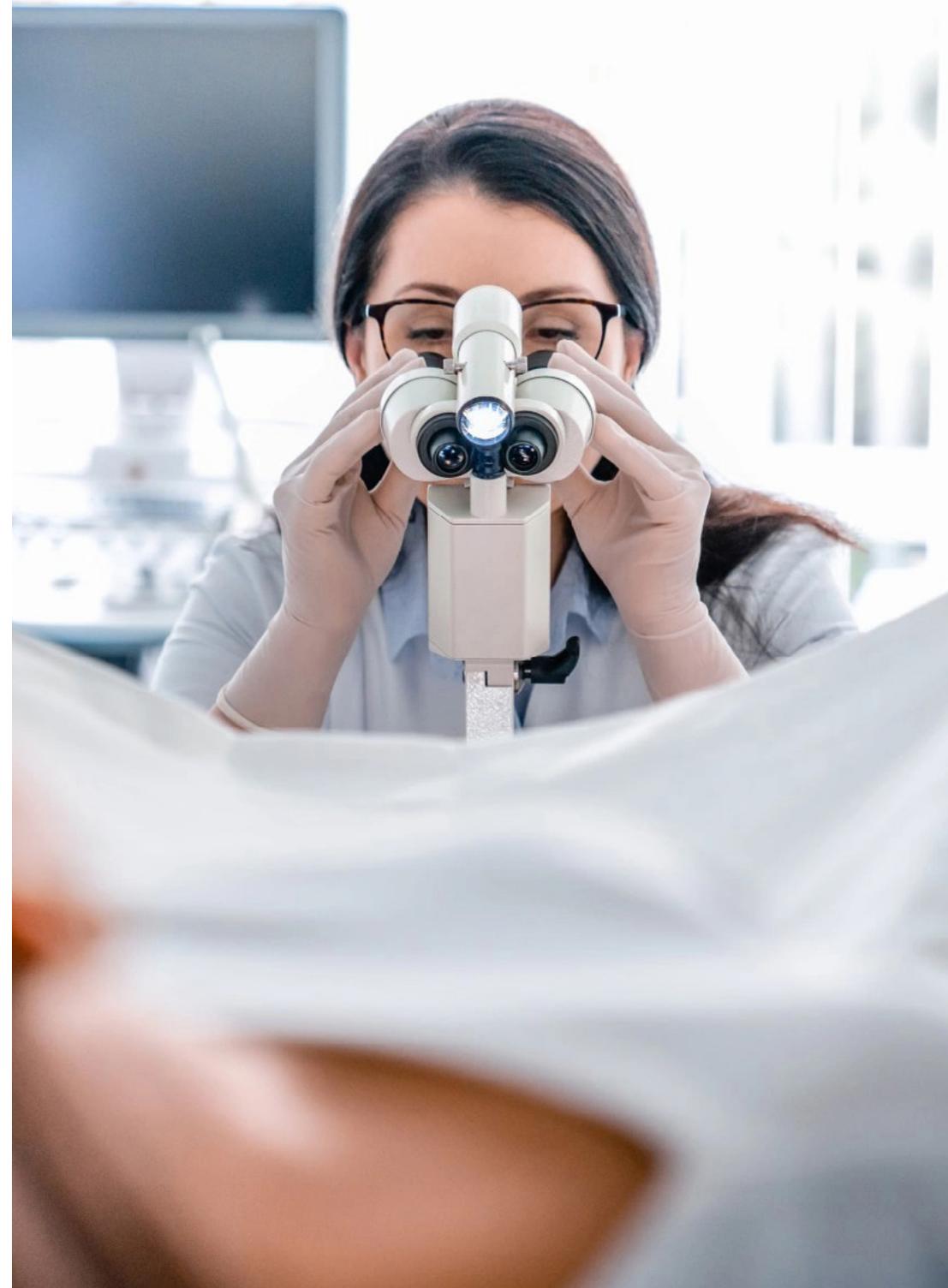
## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchase a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This **Internship Program in Gynecoesthetics** contains the most complete and up-to-date program on the professional and academic scene.

After the student has passed the evaluations, they will receive their corresponding TECH Internship Program issued by TECH Technological University via tracked delivery.

The diploma issued by TECH will reflect the grade obtained in the test.

Title: **Internship Program in Gynecoesthetics**

Duration: **3 weeks**

Course Modality: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**



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Gynecoesthetics

# Internship Program

## Gynecoesthetics



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