Internship Program Aesthetic Medicine





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01 Introduction

In recent years, esthetics has gained enormous social and media relevance in the world. Thousands of people, in order to feel good physically and mentally, choose to access treatments that enhance their image. This situation has led to an excellent working environment for specialists in Aesthetic Medicine due to the fact that new methods such as antiaging are increasingly in demand. Given this circumstance, professionals in this field must master their updated techniques, which is why TECH has created this 100% practical program. During 3 weeks, the student will have an experience in a medical center to perfect their skills in areas such as laser treatments or regenerative medicine for aesthetic purposes, surrounded by the best experts in these areas.

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Thanks to this program, you will learn the most updated techniques in laser treatments for skin operations, with the intention of broadening your skills in the world of Aesthetic Medicine"



In today's society, aesthetics has achieved a relevant weight over the last decade due to phenomena such as the popularization of social networks or photography. In this line, people pay more and more attention to their personal image and the perception of it by others. Accordingly, the emergence of new, safer mechanisms for the treatment of wrinkles or the creation of facial implants has led to an increase in the demand for aesthetic operations. Given the relevance of this discipline, specialists in this field of medicine must perfectly handle the most updated procedures and techniques to meet the needs of their patients.

For these reasons, TECH has created this Internship Program, with the aim of updating and expanding the skills of professionals in the area of Aesthetic Medicineand boost their job prospects. During 3 weeks of 100% practical learning, the students will have access to a first class medical center to acquire the latest techniques in skin rejuvenation or volume treatment for different parts of the body. In addition, each student will have a private tutor who will give them the best advice to acquire a series of skills required in this sector.

Therefore, with this Internship Program in Aesthetic Medicine the expert will master from the first moment a complete aesthetic treatment, from the updated material and specific instruments for each one of them, to the most specific details that guarantee its success. All this, in the best clinics of Aesthetic Medicinetoday, backed by the presence of professionals with extensive experience and excellent medical practice, which will preserve a quality mentoring for the students.

02 Why Study an Internship Program?

In many sectors, the application of theoretical contents in real practice is essential to perform a profession. In the field of Aesthetic Medicine it is essential to learn how to perform the most up-to-date techniques in operations. Because of this, TECH has created an exclusive academic product in the pedagogical panorama, which will allow the expert to enter for 150 hours in a first level clinical environment. During 3 weeks, the students will be integrated into a large work team to master in first person the application of innovative aesthetic methods. Thanks to this Internship Program, therefore, the specialist will obtain an apprenticeship with full applicability in his professional life.

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Through this TECH program, you will have the opportunity to enter a real clinical environment to detect the latest procedures and techniques in Aesthetic Medicine"

1. Updating from the latest technology available

The field of Aesthetic Medicinehas undergone an enormous revolution in recent years thanks to the emergence of new techniques in the use of lasers for skin operations, in regenerative gynecology or in the development of facial implants. Therefore, the objective of this TECH Hybrid Professional Master's Degree is to provide knowledge that places the student at the forefront of this sector.

2. Gaining In-Depth Knowledge from the Experience of Top Specialists

The excellent team that will accompany the students during their practical experience guarantees the high quality of the program. With the advice and guidance of a specifically designated tutor, the students will be able to observe real patients in an environment adapted to new technologies, which will allow them to include in their daily practice the most updated procedures and techniques in Aesthetic Medicine

3. Entering First-Class Clinical Environments

TECH carefully selects all the centers available for its practical stage. Thanks to this, the specialist will have guaranteed access to a prestigious clinical environment in the field of Aesthetic Medicine In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



4. Putting the acquired knowledge into daily practice from the very first moment

In the world of education, many programs are limited to offering an immense amount of theoretical content of little use to professionals in their working life. For this reason, TECH has designed a 100% practical learning model that enables learning adapted to the needs of the Aesthetic Medicinesector in only 3 weeks.

5. Expanding the Boundaries of Knowledge

TECH offers the possibility of carrying out this Internship Program in centers of international importance. In this way, the specialist will be able to expand their frontiers and catch up with the best professionals, who practice in first-class hospitals and clinics in different continents. A unique opportunity that only TECH could offer.

You will have full practical immersion at the center of your choice"

03 **Objectives**

The general objective of this program is to provide the students with the most updated practical knowledge regarding all the existing anti-aging and esthetic treatment modalities, with the intention of adopting the most innovative and necessary tools to practice this specialty in their daily practice.



General Objectives

- Master the most updated techniques and practical knowledge in the field of aesthetic treatments
- Perform an integral management of the esthetic patient, being able to elaborate an accurate diagnosis and apply the most adequate treatment based on the patient's needs





Specific Objectives

- Manage the mechanisms of action of topical treatments, peelings, the annotation of cosmetic evaluations and various measurement methods
- Use the new treatments available to undertake various Aesthetic Medicinetasks
- Master filler materials and identify their possible complications
- Use the different types of peelingin the treatment of rejuvenation and certain skin disorders in an effective manner
- Update on the types of botulinum toxin authorized and know its applications
- Learn how to use temporary filler materials
- Learn how to perform adequate clinical diagnoses supported by the best technologies
- Diagnose clinical conditions such as cellulite, lipodystrophy, lipedema, localized adiposity and veno-lymphatic alterations in order to differentiate situations involving a health risk from aesthetic alterations
- Acquire the appropriate knowledge to manage the company's social media

04 Educational Plan

The Internship Program consists of a stay in a rigorous aesthetic medicine clinic, lasting 3 weeks, from Monday to Friday with 8 consecutive hours of practical training with an assistant specialist. This phase will allow you to observe real cases alongside a team of leading professionals in the field of plastic, reconstructive and aesthetic medicine, applying the most innovative diagnostic procedures.

In this completely practical internship program, the activities are aimed at developing and perfecting the skills necessary to provide medical care in areas and conditions that require highly qualified professionals, and are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

It is without a doubt an opportunity to learn by working in the most innovative clinics on the national scene, getting to know a wide range of personalized treatments for each patient, both facial and body, which allow to obtain the best results to achieve the expectations of the client. This is a new way of understanding and integrating the processes of medicine and aesthetics, which makes this Internship Program the ideal teaching scenario to perfect the medical-aesthetic competencies of the 21st century.

The practical teaching will be done with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners to facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Aesthetic Nursing (learning to be and learning to relate).





The procedures described below will be the basis of the practical part of the training, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:

Dra. Alba Rula

Module	Practical Activity
Regenerative Medicinefor Aesthetic	Use the latest in techniques such as facial mesotherapy for the treatment of expression wrinkles
	Manage the technique of botulinum toxin infiltration in hyperhidrosis
Purposes	Apply regenerative medicine in treatments aimed at rejuvenating hands or healing burns and scars
	Apply hyaluronic acid fillers and botox fillers
	Use techniques such as rhinomodeling, lip implants, fox eyes or hyaluronidase to address different situations
Facial Implants in Aesthetics	Use up-to-date techniques for lip hydration in the process of creating lip implants
Aesthetics	Overcome possible complications that may arise in the use of filler materials
	Perform the process of lower third volume replacement for male patients
Laser and Light	Use laser treatment and light sources for healing pigmented lesions
Sources	Perform laser and light source treatment of acne, scars and stretch marks
in Aesthetic Medicine	Manage the safety conditions for the use of light sources that preserve the physical integrity of the patient
	Apply mesotherapy techniques as a method of treatment against cellulite
Phlebology and	Execute the process of implementing a gastric balloon in a patient with obesity
Lymphatic Disorders.	Use the most avant-garde techniques for the reduction of body flaccidity
Body Aesthetics	Treat body contouring alterations through non-surgical techniques such as coolsculpting
	Apply the latest diagnostic techniques and hair analysis to detect the health of a patient's hair
Trichology and Hair Transplantation	Use the latest techniques for performing strip and FUE type hair transplants
	Use manual and assisted hair mesotherapy techniques to improve the health of patients' hair

05 Where Can I Do the Internship Program?

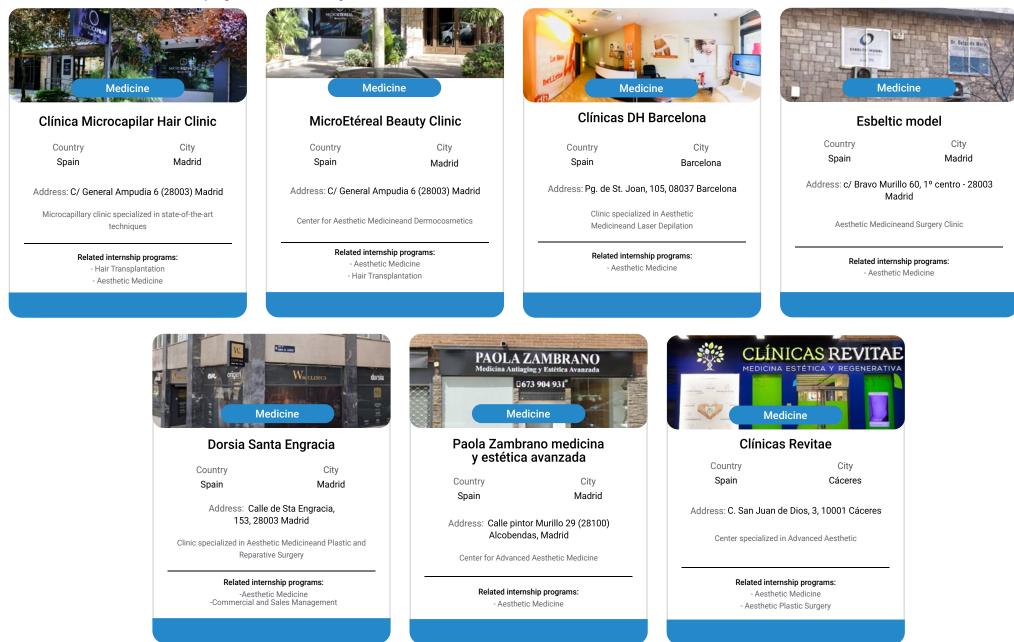
In order to offer a unique experience to students in the development of their skills in the field of aesthetic medicine, this program offers them the opportunity to put into practice the theoretical knowledge learned in a highly level clinic. This way, they specialize alongside the best professionals in this field, propelling their career to the top of the profession. In addition, TECH adapts to the student's preferences, allowing them to choose the destination that best suits their needs.

> Bet on your professional development alongside the medical-aesthetic elite with this TECH internship program and expand your career possibilities"

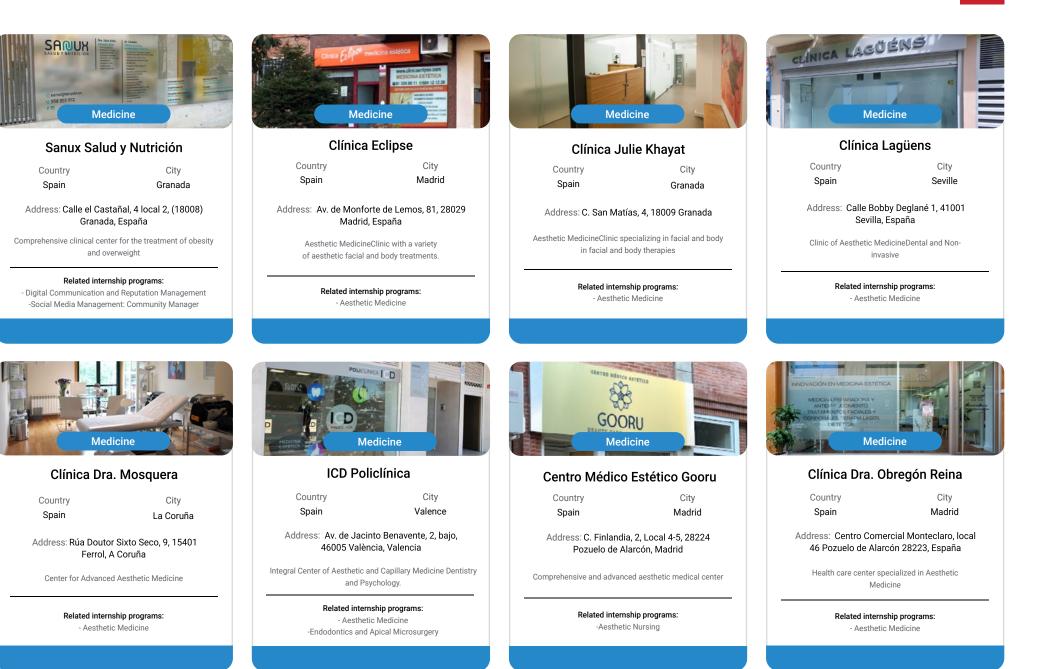


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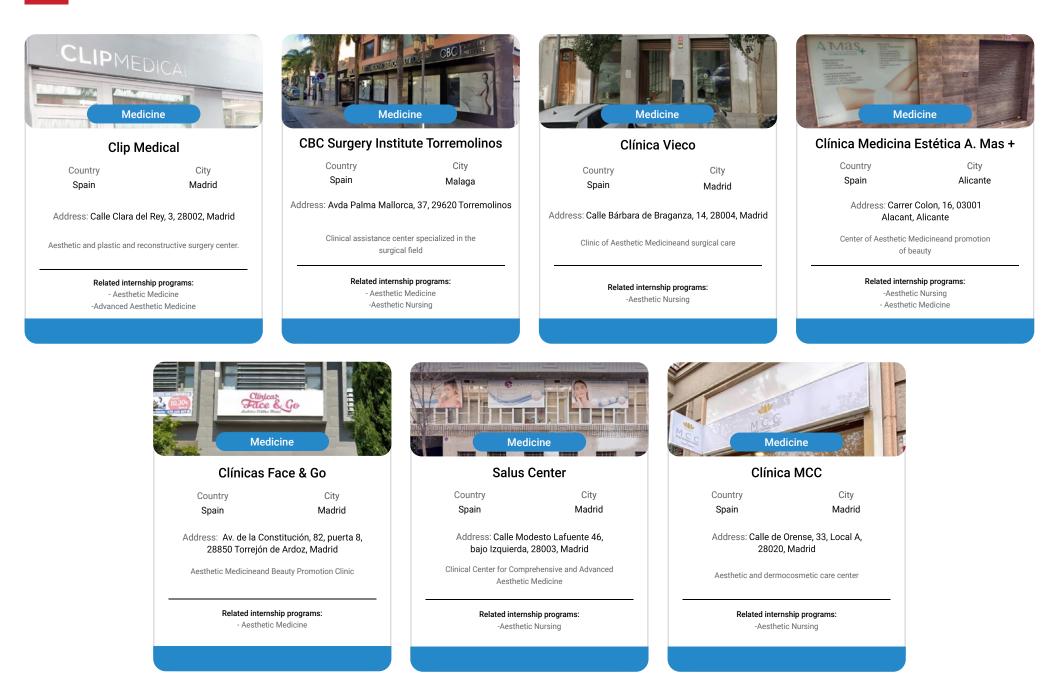
The student will be able to do this program at the following centers:



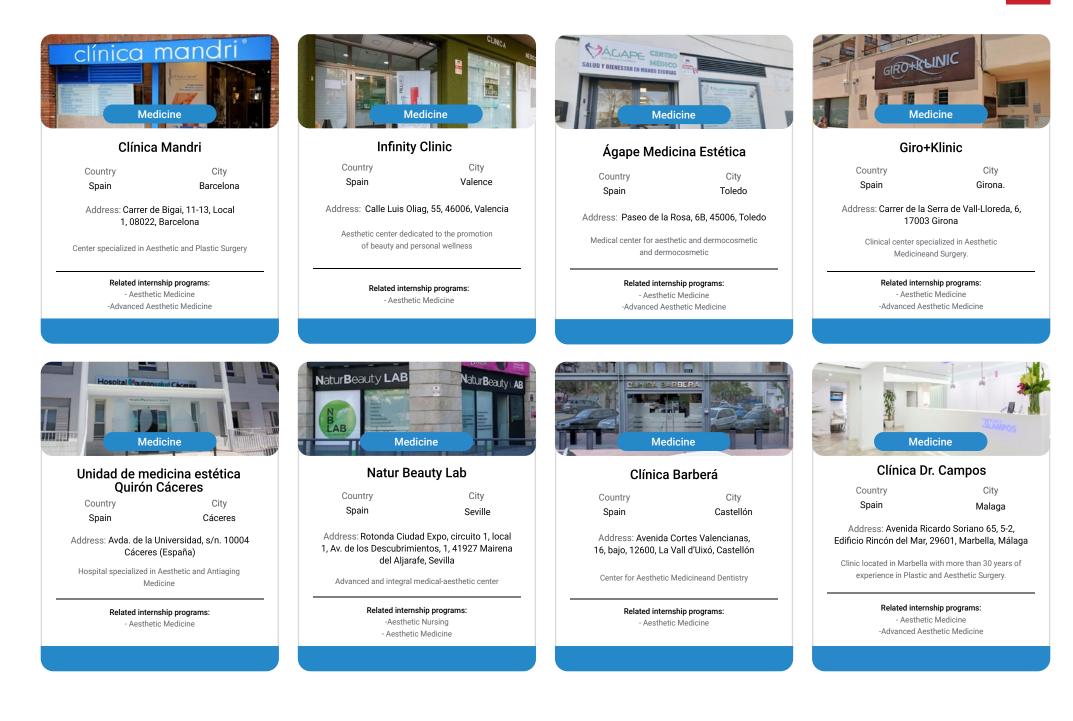
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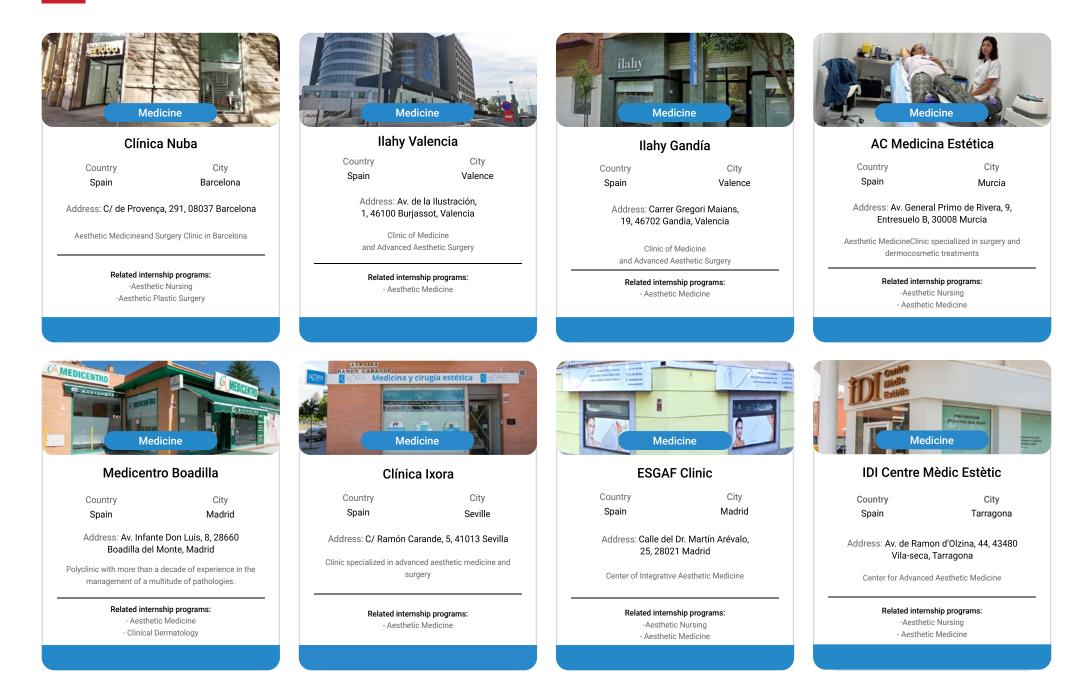
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Clínica Odita

Country City Spain Tarragona

Address: Rambla Nova, 2, 1º1ª, 43004 Tarragona

Advanced aesthetic and anti-aging clinic

Related internship programs: -Antiaging - Aesthetic Medicine



DermoMedicCountryCitySpainMadrid

Address: C. de Jorge Juan, 36, 28001 Madrid, España

Medical center specialized in medical, surgical and aesthetic dermatology.

Related internship programs: -Aesthetic Nursing



Clínica Biteki

Country	
Spain	

Address: Av. Salvador Allende, 9, 45600 Talavera de la Reina, Toledo

City

Toledo

Biteki Aesthetic MedicineClinic specializes in the most avant-garde diagnostic and therapeutic procedures in facial, hair and body treatments.

> Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine



Unidad Medicina Estética Hospital Viamed Novo Sancti Petri

Country	City
Spain	Cadiz

Address: Av. Octavio Augusto, s/n, 11139 Chiclana de la Frontera, Cádiz

Clinic for advanced non-surgical skin treatments

Related internship programs: -Antiaging - Aesthetic Medicine



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Instituto Médico Zahrawi City Country

Spain

Address: Pl. del Ayuntamiento, 8, 46002 València, Valencia

Valence

Aesthetic MedicineClinic specializing in Facial, Body and Dental

> Related internship programs: -Aesthetic Nursing -Advanced Aesthetic Medicine



Ferraro Clínica Medicina Estética

Country City Spain Madrid

Address: Calle de Serrano, 61, 28006, Madrid

We are a medical aesthetic clinic that was created with the aim of making people feel more beautiful and better about themselves, taking care of them through aesthetic medicine.

> Related internship programs: - Aesthetic Medicine -Antiaging



Softouch

Country

Spain

City Vizcaya

Address: Novia Salcedo Kalea, 3, 48930 Getxo, Bizkaia

Plastic Surgery, Aesthetic Medicineand Anti-Aging Clinic

> Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine



Adelgar

Country City Spain Madrid

Address: Calle de Francisco Silvela, 71, 1ºE (28028) Madrid

Clinical Center specialized in slimming treatments

Related internship programs: -Antiaging - Aesthetic Medicine



Zibá Salud y Belleza

Country	City
Spain	Badajoz

Address: Calle Julio Cienfuegos Linares, núm 10, 06006 Badajoz

Clinical Center of Aesthetic Medicine

Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine



Dorsia Arroyomolinos

Country	City
Spain	Madrid

Address: Av. de la Unión Europea, 49, Local 2, 28939 Arroyomolinos, Madrid

> Medical centers specializing in surgery and medical-aesthetic treatments

> > Related internship programs: -Aesthetic Plastic Surgery - Aesthetic Medicine



Novaclínik

Country	City
Spain	Seville

Address: Avda. De la Buhaira, 6 Local 10A, 41018, Sevilla

> Leading clinic in the aesthetic medicine and health sector.

Related internship programs: -Aesthetic Nursing



Clínica Famed Coslada

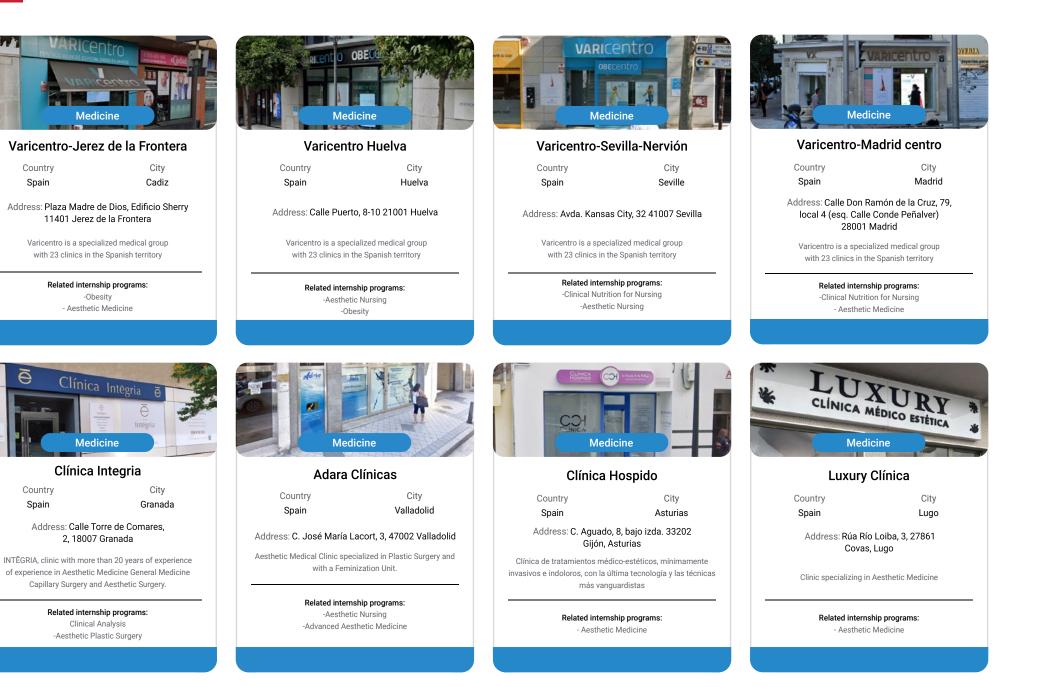
Country	City
Spain	Madrid

Address: Calle de los almendros, 3, 28821, Coslada, Madrid

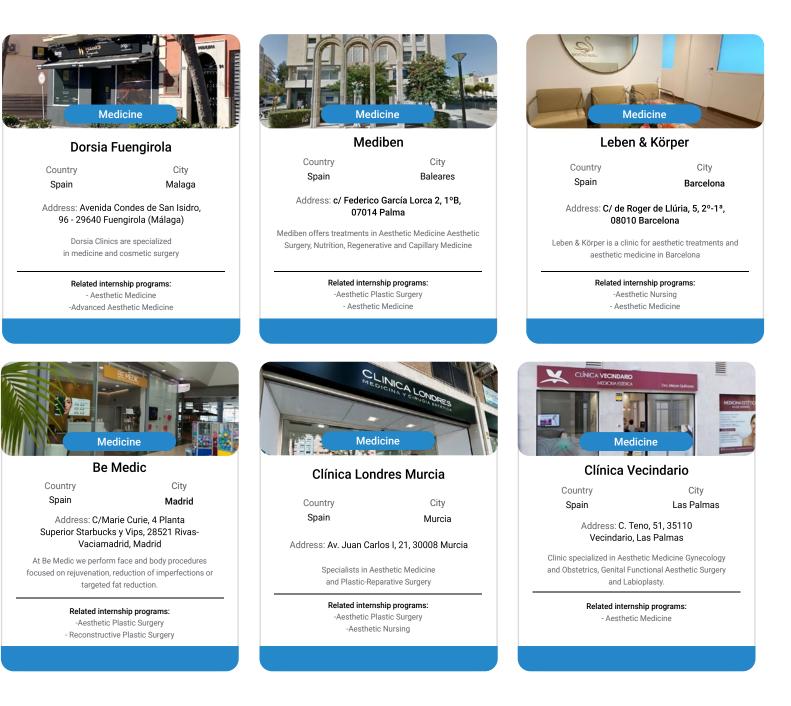
Center specialized in Aesthetic Medicine Dentistry, Physiotherapy and Podiatry.

Related internship programs: - Advanced Integrative Medicineand Health - Aesthetic Medicine

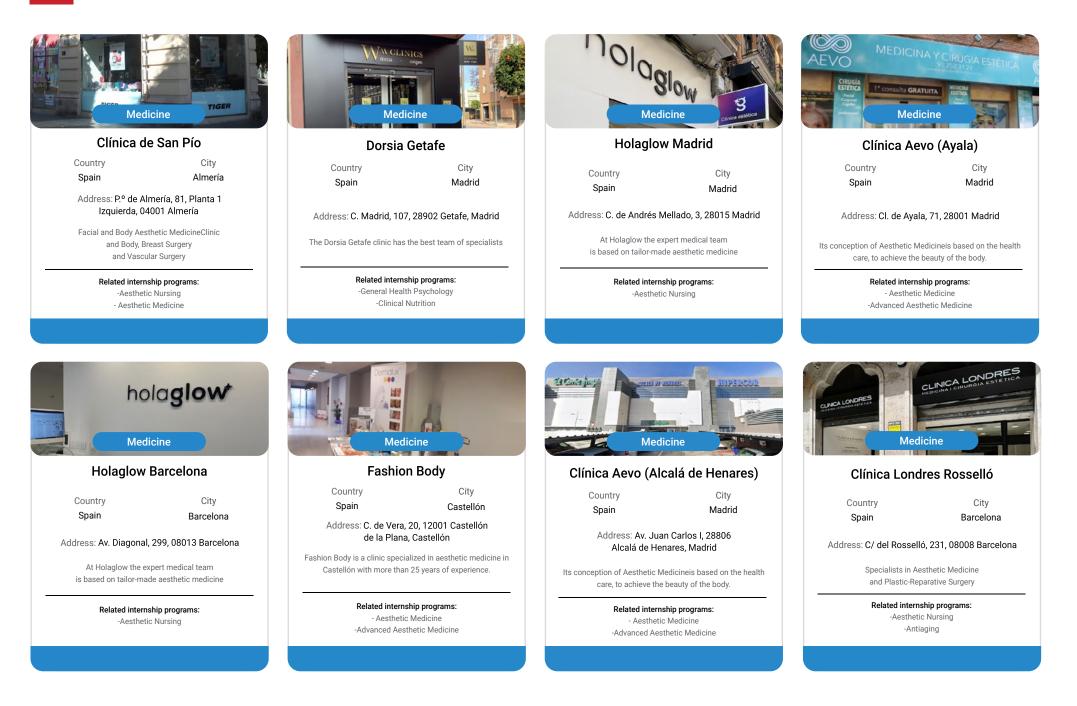
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Clínica Londres Lagasca			
Country Spain	City Madrid		
Address: Calle de Lagasca, 95, 28006 Madrid			
Specialists in Aesthetic Medicine and Plastic-Reparative Surgery			
Related internshi -Aesthetic Plast -Gynecoest	ic Surgery		

Clínica Londres d'Entença

City

Barcelona

Medicine

Country	
Spain	

Address: C/ d'Entença, 321, 08029 Barcelona

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: -Aesthetic Plastic Surgery - Aesthetic Medicine



La Clínica del Arte

Country

Spain

City Madrid

Address: C. del Maestro Ángel Llorca, 6, 28003 Madrid

The Art Clinic is formed by a multidisciplinary by a multidisciplinary team of women

Related internship programs: -Antiaging - Aesthetic Medicine



Clínica Londres Málaga

Country	City
Spain	Malaga

Address: Paseo Reding, 51, 29016 Málaga

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: - Aesthetic Medicine -Antiaging





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Clínica Londres Diego de León

City

Madrid

Country Spain

Address: Calle de Diego de León, 21, 28006 Madrid

Specialists in Aesthetic Medicine and Plastic-Reparative Surgery

Related internship programs: -Aesthetic Plastic Surgery -Gynecoesthetics



Clínica Guinova

Country Spain

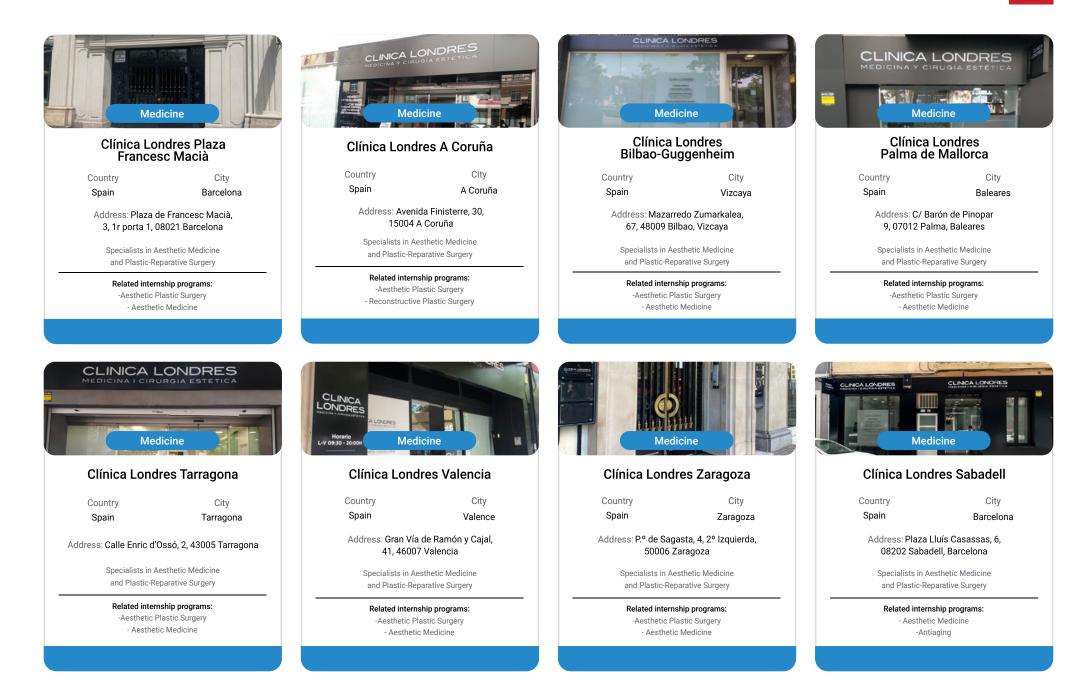
City Alicante

Address: C/ Almòrida, 8, 03203 Elx, Alicante

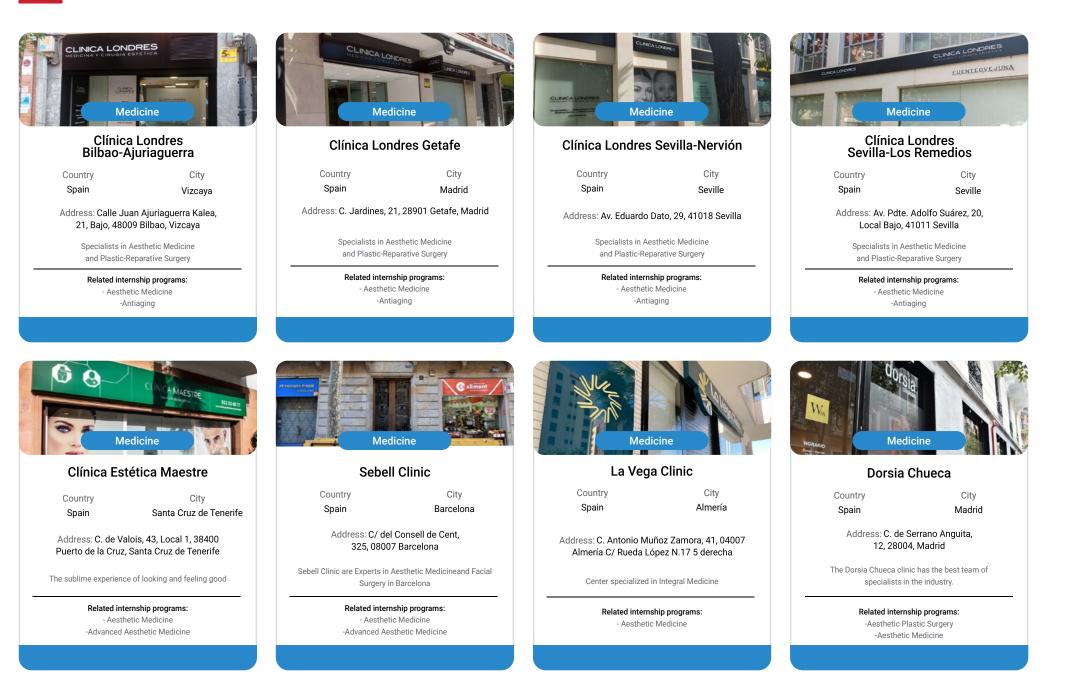
Integral Health and Beauty Clinic

Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine

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Clínica Viland

Country City Argentina Autonomous City of Buenos Aires

> Address: Sarmiento 552 piso 15, C1041 CABA, Argentina

Clinic specialized in Aesthetic Medicineand Hair Transplantation

> Related internship programs: - Aesthetic Medicine - Hair Transplantation

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	Medicine	

Grupo Gamma

Country Argentina

Address: Entre Ríos 330, Rosario, Santa Fe

City

Santa Fe

Polyclinic specialized in various medical specialties

Related internship programs: -Update in Anesthesiology and Resuscitation - Gynecologic Oncology



Instituto Balbuena

Country Argentina

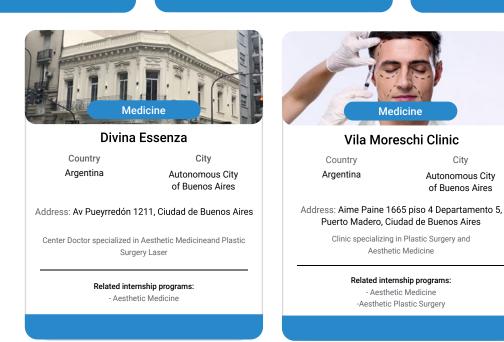
Cordoba

City

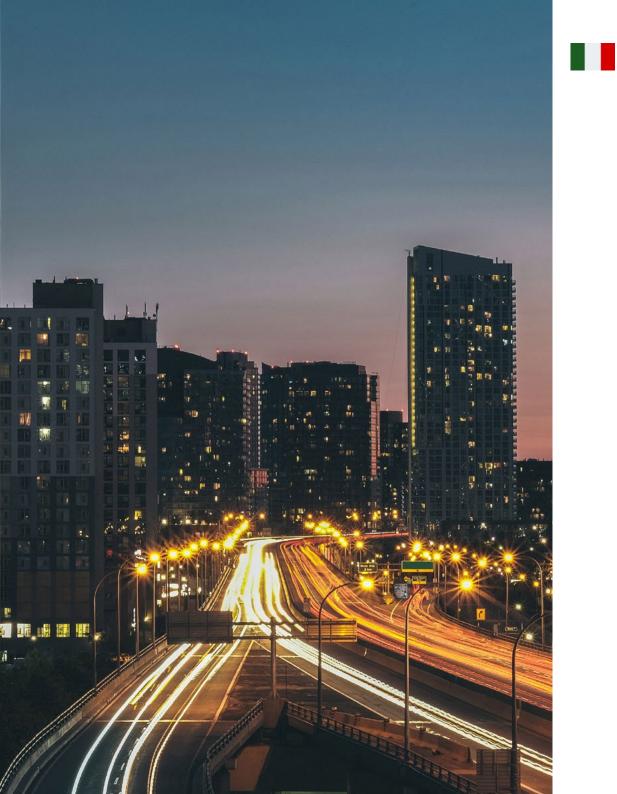
Address: Av. 24 de septiembre 1192 Barrio General Paz, Ciudad Córdoba

Multidisciplinary clinical center specialized in Physical Therapy and Aesthetic Medicine

Related internship programs: - Aesthetic Medicine









Santé Clinic Querétaro

Country Mexico City Querétaro de Arteaga

Address: Circuito Álamos #88 PA-B col Álamos 2da sección Querétaro, Qro, CP 76160

Clinical center specialized in physical therapy and recovery

> Related internship programs: - Aesthetic Medicine

-Sports Physiotherapy

06 General Conditions

Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

2. DURATION: The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

3. ABSENCE: If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor. **4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

5. EMPLOYMENT RELATIONSHIP: The Internship Program shall not constitute an employment relationship of any kind.

6. PRIOR EDUCATION: Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

7. DOES NOT INCLUDE: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

07 **Certificate**

This program will allow you to obtain your **Internship Program diploma in Aesthetic Medicine** endorsed by **TECH Global University**, the world's largest online university.

TECH Global University is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Internship Program in Aesthetic Medicine

Duration: 3 weeks

Attendance: Monday to Friday, 8-hour consecutive shifts

Accreditation: 5 ECTS





Internship Program Aesthetic Medicine **Internship Program** Aesthetic Medicine

