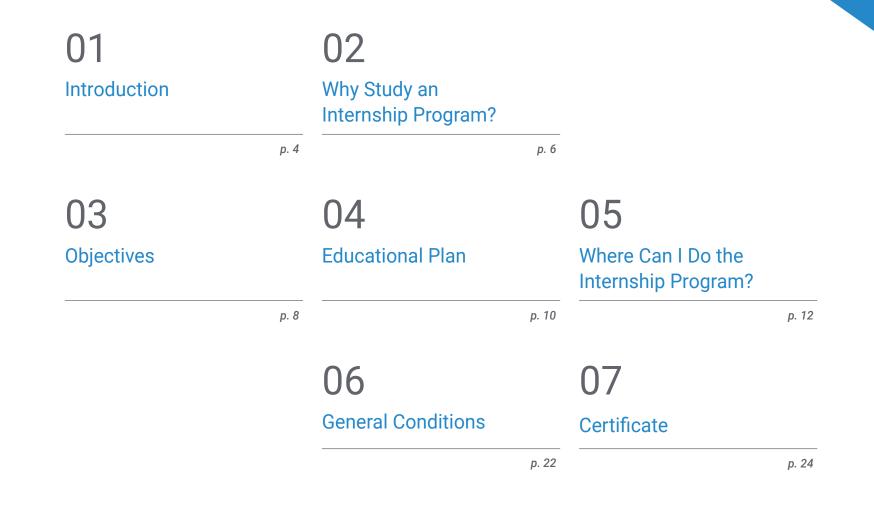
## Internship Program Advanced Aesthetic Medicine





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## 01 Introduction

After the pandemic, requests for aesthetic interventions shot up dramatically, giving a real boost to the entire field of Aesthetic Medicine, especially the most advanced. This trend has continued in recent years, with patients requiring an increasingly comprehensive approach, demanding a high level of updating and competence from specialists. This program comes to meet this demand, giving area specialists the opportunity to deepen in a practical way everything related to new treatments and materials used in Advanced Aesthetic Medicine. Accompanied by a team of experts, the student will be involved for 3 intense weeks in modern aesthetic procedures such as carboxytherapy or CoolSculpting.



Get involved in a top-notch aesthetic team and perfect your skills in the most advanced aesthetic interventions"





The concept of Aesthetic Medicine has evolved over the last few years and is no longer limited to one's own appearance or outward appearance. Involving other disciplines such as nutrition and even psychology, the goal of modern aesthetic specialists is to perform a 360 or comprehensive approach to the aesthetics of the patient.

To this end, they use the latest materials such as hyaluronic acid or platelet-rich plasma, as well as the most impactful intervention techniques, especially *Plexer, ScoolSculpting y Skinbooster*. For this same reason it is essential that specialists dedicated to Advanced Aesthetic Medicine are updated not only at a theoretical level, but also in practice, because the clinical reality and disparity of cases to be addressed makes it complex for a theoretical degree to address them all.

This Internship Program of TECH comes to respond to this demand, offering the specialist 3 full weeks in one of the most prestigious aesthetic centers and performance. In this way, and accompanied by a team of experts in aesthetic interventions, you can get up to date in the work methodology of the most prominent professionals in the area. All with the guarantee of access to the most advanced equipment and technology in the area of Advanced Aesthetic Medicine.

## 02 Why Study an Internship Program?

In a field like Aesthetic Medicine, where technological advances are continually occurring, it is important to keep updated not only at a theoretical level, but also in practice. That is why this TECH Internship Program is the ideal program to bring to a clinical environment, with real patients, all the most modern and cutting-edge knowledge in aesthetic intervention techniques. Upon graduation, the specialist will have a more critical and holistic view of the latest developments in the area, key aspects to keep their practice at the highest levels of demand.

They acquire outstanding experience in the use of materials such as hyaluronic acid or botulinum toxin"

#### 1. Updating from the latest technology available

Advances in laser equipment or hyperbaric chambers and pressotherapy are just a sample of the weight of technology in the area of Advanced Aesthetic Medicine. Therefore, throughout the practical stay, the specialist will be able to explore the extensive use of the technology of the most advanced devices, acquiring a key experience to incorporate into their own workflow.

#### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

Since the students will be accompanied at all times by a designated tutor, in addition to being involved in the day-to-day work of the clinical team, they will be able to investigate the organizational and practical aspects of the daily work of a demanding aesthetic clinic. This experience is invaluable when it comes to taking on aesthetic procedures on one's own, using one's own practical experience as a reference and guide.

#### 3. Entering First-Class Clinical Environments

All the clinics chosen by TECH for this Internship Program meet the highest quality and patient care requirements. The specialist will not only be involved in the daily work of the clinical team, but will be surrounded by the best professions as well as the most advanced equipment and treatments possible in Aesthetic Medicine.





#### 4. Putting the acquired knowledge into daily practice from the very first moment

All the knowledge and skills that the student perfects during the 3 weeks of practical training can be incorporated into his or her own daily practice from the very first moment. This is a great advantage compared to a mere theoretical update, as the motivations and requirements of real patients or the approach to more complex cases will also be explored.

#### 5. Expanding the Boundaries of Knowledge

TECH offers the possibility of doing this Internship Program, not only in national, but also in international centers. This way, the specialist will be able to expand their frontiers and catch up with the best professionals, who practice in first class centers and in different continents. A unique opportunity that only TECH, the largest online university in the world, could offer.

You will have full practical immersion at the center of your choice"

# 03 **Objectives**

Given the wide range of skills required in the field of Advanced Aesthetic Medicine, the objective of this program is focused on providing the specialist with the practical tools essential for the highest level of interventions. Thus, throughout their stay, they will be involved in different uses of modern equipment, as well as in different types of approaches and procedures.



### **General Objectives**

- Update the professional's knowledge of current Aesthetic Medicine, including the best and newest treatments
- Apply in an adequate and individualized way, for each of their patients, the appropriate aesthetic treatments
- Establish the most innovative guidelines for an exquisite doctor-patient relationship
- Update the most important *Tips*regarding risk prevention, complications and emergency situations







### **Specific Objectives**

- Deepen in the practical novelties of Aesthetic Medicine, its treatments and techniques
- Update the specialist's knowledge of easy anatomy and anatomical risk areas
- Update the methods of identification of a harmonious face
- Update the advanced techniques of botulinum toxin injection
- In-depth study of new fillers and hyaluronic acid materials
- Update on the technique of tensor threads and other collagen inducing materials
- Deepen in the knowledge of mesotherapy/intradermotherapy for body, face and hair
- Learn about the tremendous relevance of PRP (biostimulation with Platelet Rich Plasma) and its various applications in Aesthetic Medicine today
- Update knowledge in Aesthetic Body Medicine
- Deepen in laser technology, and the different types of lasers that currently exist, both ablative and non-ablative
- Know other high technologies: Plexer, CoolSculpting, ultrasound and others
- Updating knowledge in 360° facial harmonization

## 04 Educational Plan

Throughout the 3 weeks of duration of this Internship Program, the specialist will attend a multitude of real cases with patients who resort to Advanced Aesthetic Medicine for different reasons. Always advised by a designated tutor at the beginning of the practical period, the specialist will participate in the interventions and approaches to be performed, acquiring greater skills both in the management of the patient and in the use of new materials and modern equipment.

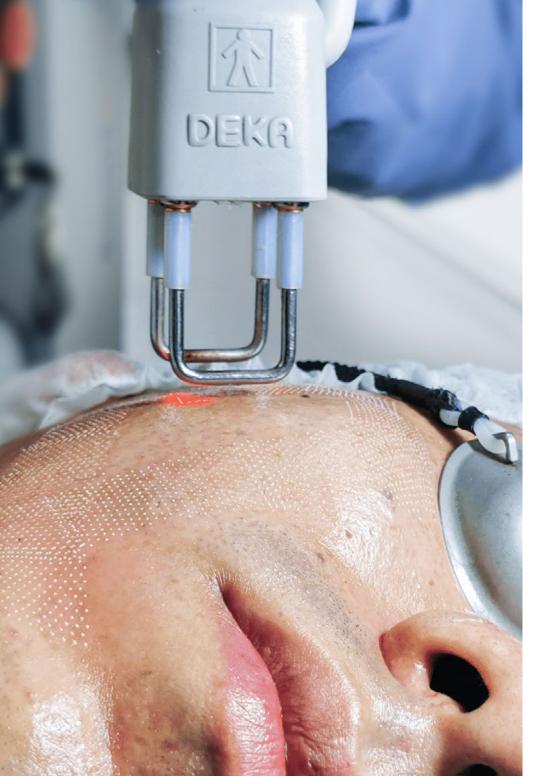
In this training proposal, of a completely practical nature, the activities are aimed at developing and perfecting the skills necessary for the provision of health care in areas and conditions that require a high level of qualification, and which are oriented to the specific training for the exercise of the activity, in a safe environment for the patient and with a high level of professional performance.

This is an ideal opportunity to get involved with a team made up of real experts in Advanced Aesthetic Medicine, in a privileged clinical environment, putting into practice the most current scientific theory and postulates. The practical teaching will be done with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training partners to facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Advanced Aesthetic Medicine (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:



Receive specialized education in an institution that can offer you all these possibilities, with an innovative academic program and a human team that will help you develop your full potential"



Module	Practical Activity
Use of lasers in Advanced Aesthetic Medicine	Handle the endolaser in large varicose veins removal treatments
	Acquire fluency in the elimination of small varicose veins,spider veins and venous dilatations on the face
	Use the photorejuvenation laser on the face, neck, décolleté and hands
	Perfect the techniques of using fractional CO2 laser in rejuvenation treatments. rejuvenation treatments
Botulinum toxin, hyaluronic acid and use of advanced materialsadvanced materials in Aesthetic Medicine	Assist in wrinkle reduction and prevention interventions
	Knowing the most demanded materials in upper third interventions
	Deepen in clinical practice related to gingival smile correction and bruxism treatments
	Observe the correct handling of hyaluronic acid, as well as its main indications and treatments for dark circles under the eyes, lips, furrows and expression lines
Techniques state of the art in facial interventions	Contribute in the correction of wrinkles or the lifting of eyebrows by means of tensor threads
	Assist in the use of IPL (Intense Pulsed Light) in the elimination of marks produced by skin lesions, acne or stress
	Assist in the application of dermabrasion to correct skin aging or hyperpigmentation or hyperpigmentation
	Being part of intervention teams with lip augmentation and facial remodeling treatments
Techniques state of the art in physical interventions	Analyze patients with alterations in the circulatory system requiring pressotherapy treatment
	Tackling cellulite by being part of interventions involving carboxytherapy
	Be involved in cavitation treatments in patients who need to eliminate localized fat or cellulite
	Provide post-treatment indications to patients who have completed body interventions
Aesthetic Medicine 360 and new treatments	Join teams that handle CoolSculpting based on the most up-to-date criteria
	Implement ultrasound in the modern aesthetic practice
	Handle the most effective equipment in cryolipolysis and diathermy treatments
	Analyze the results after performing a facial Skinbooster
	Deal with cases of neck, neckline and hands rejuvenation with new Aesthetic Medicine techniques

## 05 Where Can I Do the Internship Program?

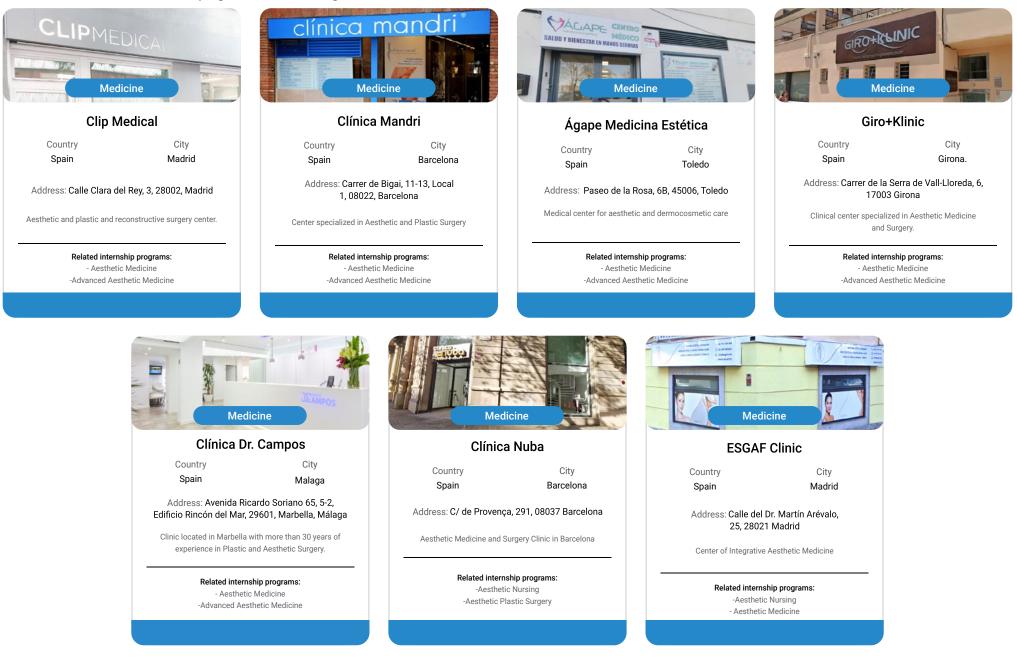
All the centers that are part of this degree meet the highest quality standards in advanced aesthetic interventions. Thus, the specialist is guaranteed a rigorous clinical immersion, supported both in the most advanced aesthetic technology and in the outstanding knowledge of all the professionals who make up the medical team.

> Get up to date thanks to the experience and prestige of a reference clinic in Advanced Aesthetic Medicine"

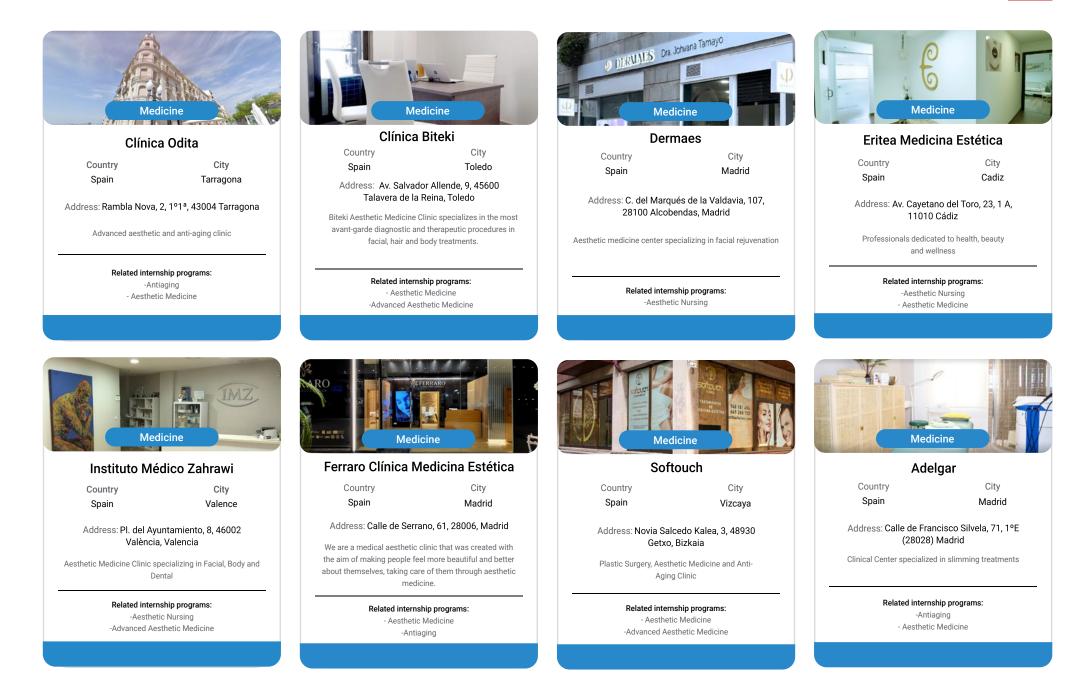


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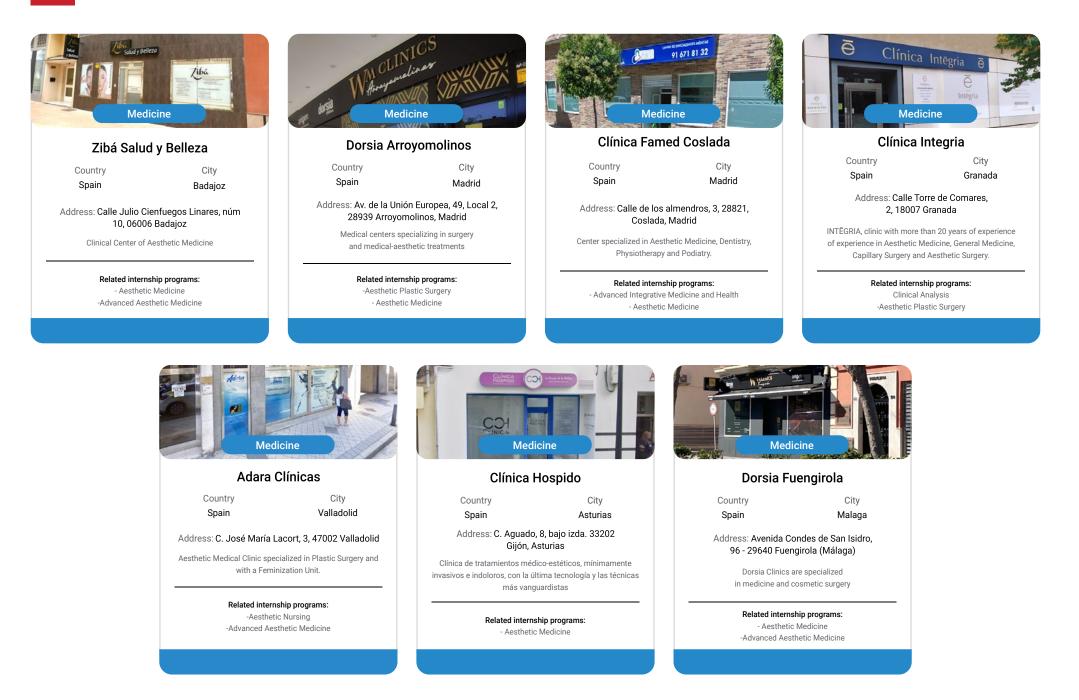
The student will be able to do this program at the following centers:



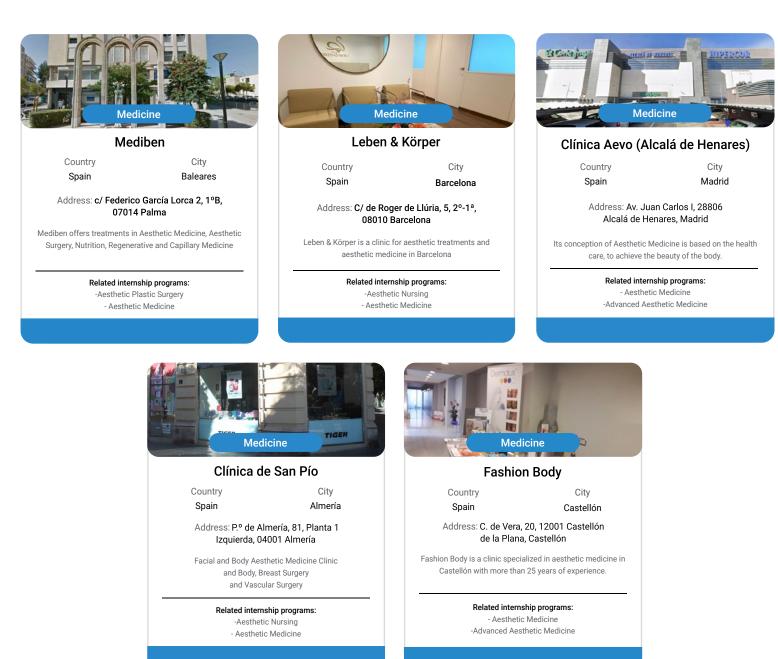
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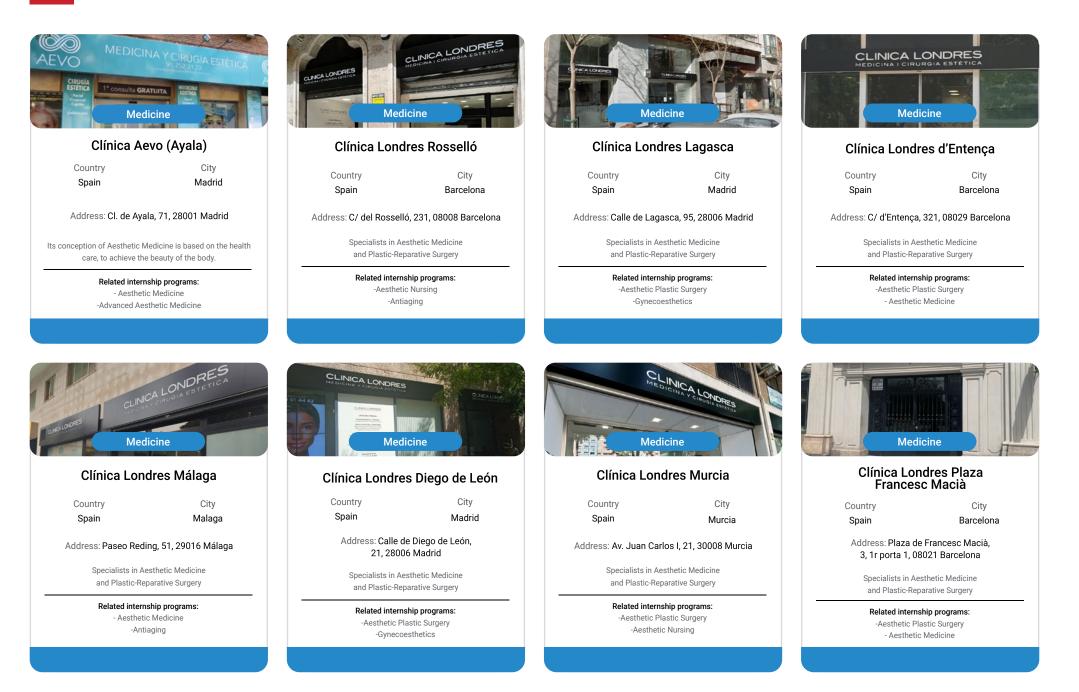
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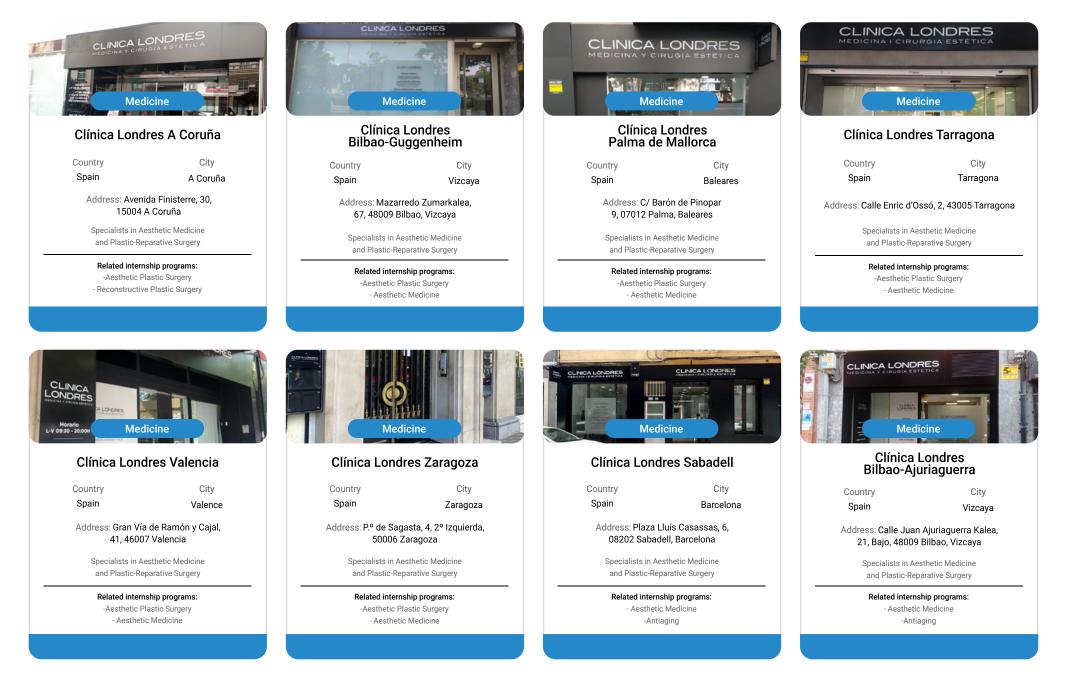


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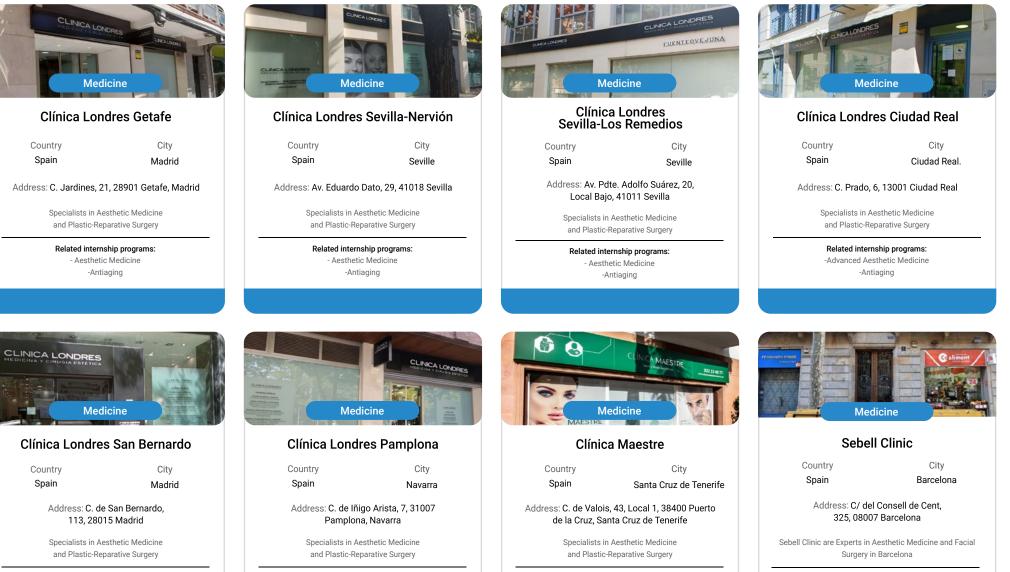


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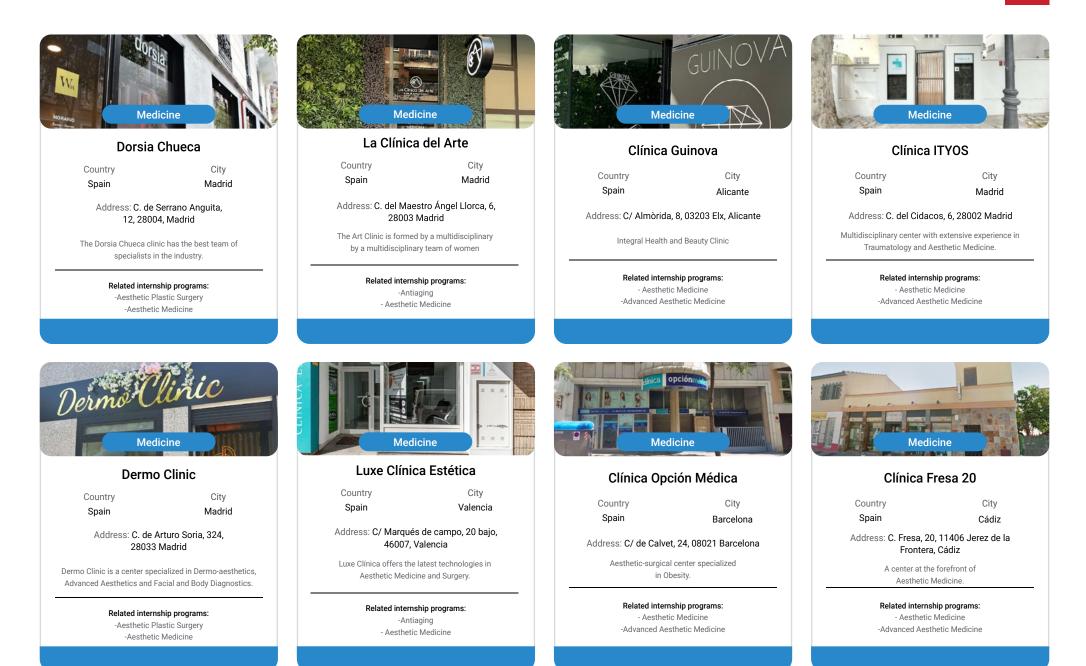


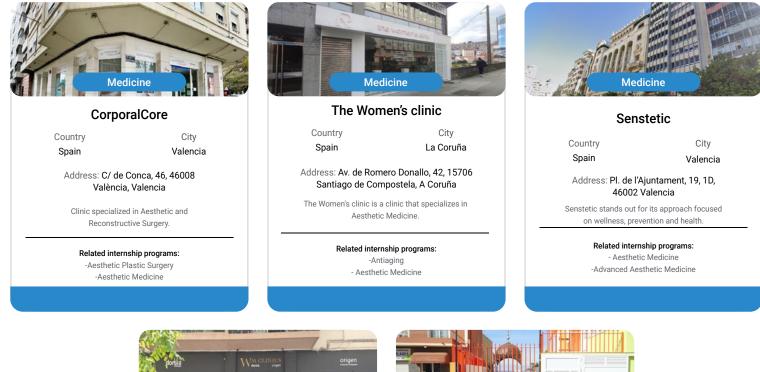
Related internship programs: -Advanced Aesthetic Medicine -Antiaging Related internship programs: -Advanced Aesthetic Medicine -Antiaging Related internship programs: -Advanced Aesthetic Medicine

-Antiaging

Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine

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#### Dorsia Estepona

Country	City
Spain	La Coruña

Address: Av. Andalucía, 99, 29680 Estepona, Málaga

Dorsia has a large team of medical professionals specialized in the areas of surgery and aesthetic medicine.

Related internship programs: -Antiaging - Aesthetic Medicine



#### Clínica On Life

Country	City
Spain	Valencia

Address: Ctra. Gral. de Valle de Guerra, 126, 38270 San Cristóbal de La Laguna

State-of-the-art clinic specialized in Aesthetic, Regenerative and Antiaging Medicine.

> Related internship programs: - Aesthetic Medicine -Advanced Aesthetic Medicine

## 06 General Conditions

### **Civil Liability Insurance**

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



### **General Conditions of the Internship Program**

The general terms and conditions of the internship agreement for the program are as follows:

1. TUTOR: During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor. **4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE**: The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

## 07 **Certificate**

This program will allow you to obtain your **Internship Program diploma in Advanced Aesthetic Medicine** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Internship Program in Advanced Aesthetic Medicine

Duration: 3 weeks

Attendance: Monday to Friday, 8-hour consecutive shifts

Accreditation: 5 ECTS





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