

# Internship Program

## Occupational Medicine and Health



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Internship Program  
Occupational Medicine  
and Health

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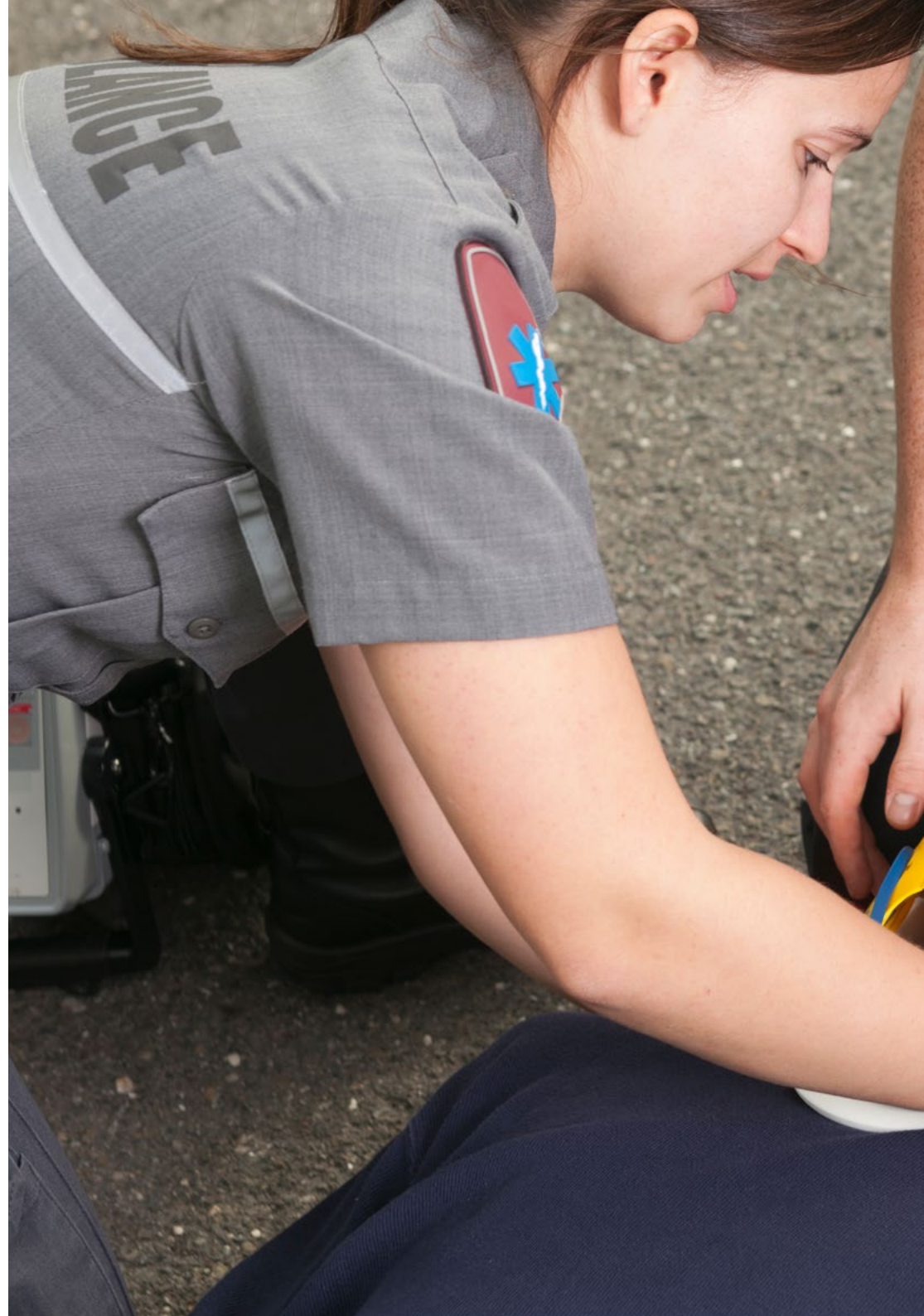
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# 01 Introduction

Health labor regulations are becoming more and more demanding and, for this reason, there is a need for specialists focused on this area who are up to date with the latest advances in the discipline. Therefore, this program has been designed with the aim of bringing the physician closer to the most recent developments in this area, and to this end, it offers them an intensive on-site internship with which they can prepare themselves to face all the present and future challenges in this field.



*Enjoy an intensive 3-week stay in a reputable center and get up-to-date on the latest clinical procedures to achieve professional growth "*







The new work scenarios, which include the use of new technologies and professional modalities such as teleworking, require the physician to keep up-to-date in this field. On many occasions a theoretical review of the new developments is insufficient, the best option being a practical experience in the field of Occupational Medicine and Health.

With this program, which takes place over 3 weeks in a clinical center of renowned prestige, the specialist will be able to learn about the most recent innovations in the area of occupational health, with the accompaniment of the best professionals specialized in the discipline. In this way, they will obtain a highly valuable experience in the clinical field, taking a decisive step in their updating work.

“ Get up-to-date on occupational health with this updating program, which is delivered in a practical and face-to-face format”

# 02

## Why Study an Internship Program?

Occupational Medicine and Health is one of the medical fields that has undergone the most changes in recent years. Specific diseases arising from new working modalities such as teleworking, as well as the earthquake that COVID-19 has caused in all aspects, have led the specialists in this area to a more than necessary updating work. In this field, practical experience is highly valued, since it is the best way to get up-to-date when dealing with real cases and patients, with completely different clinical pictures and work situations. This Internship Program puts the specialist precisely in that role, integrating them for 3 weeks in a clinical environment of the highest level.



*This Internship Program is a unique opportunity in the academic market for you to get up-to-date on the latest developments in Occupational Medicine and Health”*

### 1. Updating from the latest technology available

Diagnostic and medical assessment techniques are constantly changing, so specialists dedicated to Occupational Medicine and Health must incorporate them as soon as possible.

This Internship Program is the best way to do it, because in only 3 weeks the specialist will have become familiar with the most current and rigorous reality in this specific field.

### 2. Gaining In-Depth Knowledge from the Experience of Top Specialists

The team of experts who accompany and advise the specialist during the Internship Program is of an exceptional level. This allows them to transmit their extensive knowledge in dealing with occupational pathologies and psychosociology quickly and directly, obtaining the maximum benefit from the entire practical period.

### 3. Entering First-Class Clinical Environments

The clinical environments in which the specialist will develop their internship are of the highest level, guaranteeing access to the best technical equipment as well as to a group of expert professionals with extensive experience in Medicine and Occupational Health. This guarantees the examination of the most diverse cases and patients, in a demanding but rewarding experience.



#### 4. Putting the acquired knowledge into daily practice from the very first moment

As the cases that the specialist will analyze throughout the program will be varied, the techniques and approaches acquired can be immediately incorporated into their own work methodology. This makes the clinical internship distinctive in its field, as it is a substantial improvement over purely theoretical programs.

#### 5. Expanding the Boundaries of Knowledge

The specialist will have the opportunity, throughout the Internship Program, to continue expanding their knowledge in the most relevant areas of Occupational Medicine and Health. This will allow them to take a decisive step towards the most up-to-date education possible, based on TECH's most effective pedagogical methodology. Specialists dedicated to Occupational Medicine and Health must incorporate them as soon as possible. This Internship Program is the best way to do it, because in only 3 weeks the specialist will have become familiar with the most current and rigorous reality in this specific field.



*You will have full practical immersion at the center of your choice"*



# 03 Objectives

The main objective of this Internship Program in Occupational Medicine and Health is to bring the physician closer to the latest developments in this complex field that has undergone numerous transformations in recent years. Therefore, this program is developed in a totally practical way, so that the professional will be able to incorporate these advances to their daily work quickly and effectively, through the activities that will be carried out in the clinical center.



## General Objectives

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- Examine the latest diagnostic and therapeutic treatments in Occupational Medicine and Health
- Use the most advanced techniques in the specific assessment of the work environment
- Address common cases in an Occupational Medicine and Health consultation with an up-to-date and rigorous approach







## Specific Objectives

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- ♦ Have sufficient knowledge to provide a basis or opportunity for originality in the development and/or application of ideas, often in a research context
- ♦ Apply acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to their field of study
- ♦ Be able to integrate knowledge and face the complexity of making judgments based on incomplete or limited information, including reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments
- ♦ Know how to communicate conclusions, knowledge, and supporting arguments to specialized and non-specialized audiences in a clear and unambiguous way
- ♦ Manage the learning skills that will enable them to continue studying in a largely self-directed or autonomous manner



*With this Internship Program you will be able to improve your professional profile by preparing yourself to work in the field of medicine applied to the workplace”*

# 04 Educational Plan

This Internship Program in Occupational Medicine and Health is carried out over 3 weeks in a clinical center of recognized prestige. It will have a schedule from Monday to Friday, with 8 consecutive hours of learning in each of the days. In this way, a direct and interactive knowledge acquisition is guaranteed. In addition, the physician will have access to real patients and will be accompanied by professionals from the clinic itself, who will guide them throughout their internship.

In this completely practical Internship Program, the activities are aimed at developing and perfecting the skills necessary to provide health care in occupational health, and which are oriented towards specific expertise for practicing the activity, in a safe environment for the patient and with highly professional performance.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of knowledge (learning to learn and learning to do), with the accompaniment and guidance of teachers and other fellow trainees that facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of Occupational Medicine and Health (learning to be and learning to relate).







The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:

Module	Practical Activity
<b>Diagnosis and Quality of Occupational Medicine</b>	Design and plan health promotion interventions
	Manage the usual processes in the assessment of a patient with occupational pathology
	Know the most efficient processes for managing mutual insurance companies in Occupational Health and Occupational Risk Prevention
	Check practical developments in the investigation of occupational diseases
	Apply immunocytochemistry procedures in the diagnosis of liver diseases
<b>Assessment of the Employee and their Work Environment</b>	Analyze the job profile to detect areas for improvement
	Make a complete and exhaustive occupational medical report
	Follow up the evolution of a worker during their sick leave period
	Manage the general ergonomics of the work processes and possible improvements to be implemented
<b>Occupational Pathology</b>	Perform an examination in cardiac pathology in the work place
	Analyze occupational dermatology, including occupational dermatitis and skin cancer
	Analyze possible infections in occupational settings: TB, HIV and viral hepatitis
	Assess occupational stress, burnout syndrome and mobbing cases
<b>Research Areas in Occupational Medicine</b>	Examine the most recent epidemiological studies
	Learn about the most useful current practical developments in Occupational Medicine
	Promote the lines of research with the greatest momentum at present



# 05 Where Can I Do the Internship Program?

The place to perform the internship is an essential aspect of this Internship Program, so TECH has been responsible for selecting the best clinical centers so that the physician can enjoy the best update experience. Therefore, throughout the internship, the specialist will have the best equipment, advice and guidance of great professionals from the center itself, and will have access to real clinical cases.

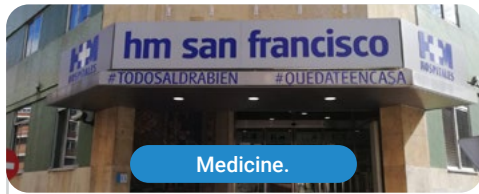


*Take the Internship Program in a prestigious center and increase your own professional reputation immediately”*





The student will be able to do this program at the following centers:



Medicine.

### Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Trauma Nursing



Medicine.

### Hospital HM Regla

Country	City
Spain	León

Address: Calle Cardenal Landázuri, 2, 24003, León

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Update on Psychiatric Treatment in Minor Patients



Medicine.

### Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Medicine.

### Hospital HM Montepíncipe

Country	City
Spain	Madrid

Address: Av. de Montepíncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Medicine.

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine.

### Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Medicine.

### Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Medicine.

### Hospital HM Vallés

Country	City
Spain	Madrid

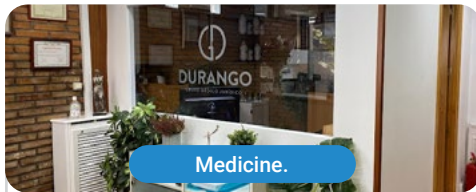
Address: Calle Santiago, 14, 28801, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed throughout Spain.

**Related internship programs:**

- Gynecologic Oncology
- Clinical Ophthalmology





Medicine.

### Grupo Médico Durango

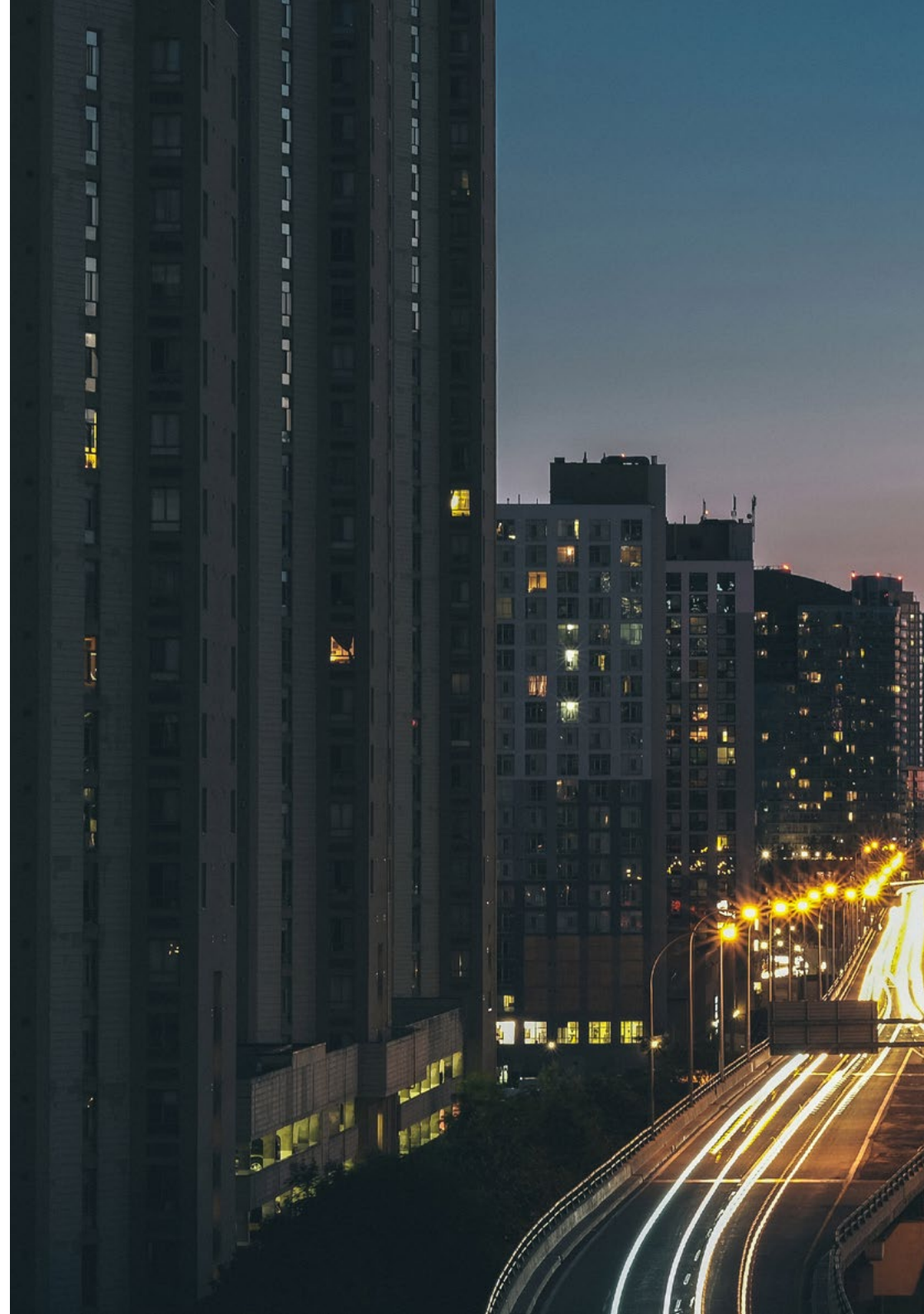
Country	City
Spain	Madrid

Address: C. de Durango, 48, 28023 Madrid

Grupo Médico Jurídico Durango, specialist in medical appraisals and legal advice

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**Related internship programs:**  
- Occupational Medicine and Health







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*Take advantage of this opportunity to surround yourself with expert professionals and learn from their work methodology”*

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this entity commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both practical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.



# 07 Certificate

This **Internship Program in Occupational Medicine and Health** contains the most complete and up-to-date program in the professional and academic landscape.

After the student has passed the evaluations, they will receive their corresponding Internship Program issued by TECH Technological University via tracked delivery.

The diploma issued by TECH will reflect the grade obtained in the test.

Program: **Internship Program in Occupational Medicine and Health**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Total Hours: **120 h. of professional practice**

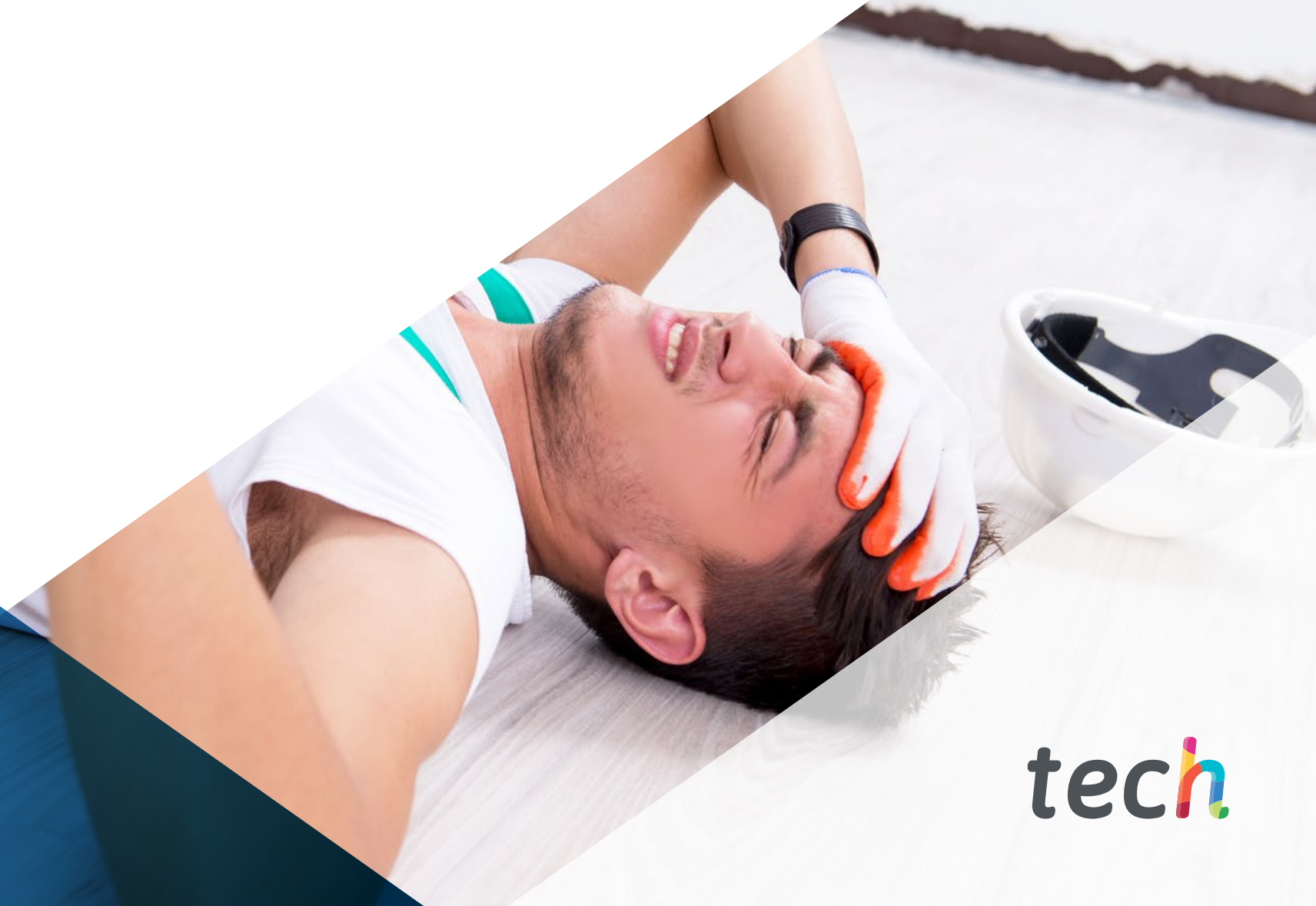


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