

Postgraduate Diploma

Prevention and Crisis Management of Suicidal Behavior



Postgraduate Diploma Prevention and Crisis Management of Suicidal Behavior

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: www.techtute.com/us/medicine/postgraduate-diploma/prevention-crisis-management-suicidal-behavior

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01

Introduction to the Program

Suicide is a complex phenomenon involving biological, psychological and social factors. Therefore, clinicians must have a thorough understanding of these elements in order to develop effective preventive strategies. However, the assessment of suicidal ideation poses significant challenges, especially in vulnerable groups such as adolescents and the elderly. To provide them with the necessary tools in this area, TECH presents an innovative university program focused on the Prevention and Crisis Management of Suicidal Behavior. In addition, it is offered in a 100% online format, allowing practicing professionals to improve their clinical practice with total flexibility.



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Through this 100% online program, you will master the most innovative early intervention and crisis management techniques for patients with suicidal ideation”

According to a recent World Health Organization report, suicide continues to be one of the leading causes of death worldwide. In fact, more than 700,000 suicide-related deaths have been recorded in recent years, highlighting the need to strengthen preventive strategies. Against this backdrop, specialists must hone their clinical skills and adopt innovative approaches to suicide crisis management. Only through effective interventions will it be possible to improve the well-being and mental health of patients in the long term.

In order to facilitate this task, TECH has created a pioneering program in Prevention and Crisis Management of Suicidal Behavior. Designed by true references in this area, the academic itinerary will delve into issues ranging from the early detection of risk factors or the different community support networks to the most innovative pharmacological foundations to stabilize users. In this way, graduates will be able to design personalized intervention strategies, coordinate multidisciplinary teams and optimize prevention protocols in different clinical settings.

To consolidate all these contents, TECH uses its characteristic Relearning system. This method consists of the progressive reiteration of the key aspects of the syllabus, ensuring that graduates assimilate them in a natural way. Likewise, practitioners will enjoy a dynamic knowledge updating process thanks to the resources they will find in the Virtual Campus. On this digital platform they will find a library full of multimedia materials, including interactive summaries, explanatory videos, specialized readings and case studies.

This **Postgraduate Diploma in Prevention and Crisis Management of Suicidal Behavior** contains the most complete and up-to-date scientific program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Prevention and Crisis Management of Suicidal Behavior
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



You will apply therapeutic models based on scientific evidence for Suicide Prevention”

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Through TECH's Relearning methodology, you will study all the contents of this program from the comfort of your home and without the need to move to a learning center”

It includes in its teaching staff professionals belonging to the field of Prevention and Crisis Management of Suicidal Behavior, who pour into this program the experience of their work, in addition to recognized specialists from reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will manage the most modern strategies of emotional containment to provide support to people with self-injurious behaviors.

You will delve into the use of psychotropic drugs in the care of users with suicidal ideation.



02

Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it relies on an enormous faculty of more than 6,000 professors of the highest international renown.



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*Study at the world's largest online university
and guarantee your professional success.
The future starts at TECH”*

The world's best online university, according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The most complete syllabuses on the university scene

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

A unique learning method

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



03 Syllabus

The didactic materials that make up this program have been developed by renowned experts in the Prevention and Crisis Management of Suicidal Behavior. The curriculum will delve into the creation of preventive plans for self-injurious behavior. In addition, the syllabus will delve into the most modern techniques for early identification of warning signs. Thanks to this, physicians will acquire the necessary skills to accurately assess suicidal risk, intervene effectively in crises and design therapeutic strategies adapted to each patient.



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You will apply the most up-to-date crisis intervention protocols, guaranteeing an immediate and coordinated response with multidisciplinary teams”

Module 1. Suicidal Behavior Prevention and Intervention by Level of Care

- 1.1. Prevention and Intervention in Mental Health Centers
 - 1.1.1. Identification of Risk and Protective Factors
 - 1.1.2. Crisis Intervention vs. Long-Term Intervention: Differences in the Therapeutic Approach over Time
 - 1.1.3. Follow-Up and Outpatient Management: How to Ensure Continuity in the Treatment of the At-Risk Patient
 - 1.1.4. Coordination with Other Services
- 1.2. Prevention and Intervention in Primary Care
 - 1.2.1. Training of Family Physicians in Early Detection
 - 1.2.2. Brief Interventions in the Primary Care Setting
 - 1.2.3. Coordination between Primary Care and Mental Health: How to Facilitate Referral and Follow-Up of Patients
 - 1.2.4. Longitudinal Follow-Up of Suicidal Risk
- 1.3. Prevention and Intervention in the Prison Population
 - 1.3.1. Specific Risk Factors in Prisons: Conditions of Confinement and Their Impact on Mental Health
 - 1.3.2. Prevention Programs within Penitentiary Institutions
 - 1.3.3. Therapeutic Interventions in Prisons
 - 1.3.4. Monitoring and Follow-Up in Prison Regime
- 1.4. Prevention and Intervention in the Workplace
 - 1.4.1. Workplace Factors Associated with Suicidal Risk
 - 1.4.2. Well-Being and Mental Health Programs in the Workplace
 - 1.4.3. Crisis Interventions in the Workplace
 - 1.4.4. Supervisor and Co-Worker Training
- 1.5. Health Care Prevention and Intervention
 - 1.5.1. Specific Risks for Health Care Professionals
 - 1.5.2. Emotional Support and Suicide Prevention Programs for Health Care Workers
 - 1.5.3. Barriers to Seeking Help from Health Care Professionals: Addressing Stigma and Encouraging Self-Care
 - 1.5.4. Peer Support Culture and Emotional Supervision





- 1.6. Prevention and Intervention in Other Groups
 - 1.6.1. Specific Vulnerable Groups: LGBTQ+ Individuals, Immigrants, Refugees, and Other Groups at Risk
 - 1.6.2. Culturally Tailored Intervention Programs: Culturally and Socially Diversity-Sensitive Approaches
 - 1.6.3. Community Support Networks: How Communities Can Organize to Prevent Suicide
 - 1.6.4. Intersectional Approaches to Suicide Prevention

Module 2. Intervention in Suicidal Behavior in Crises and Emergencies

- 2.1. How to Establish the Bond and Assess the Suicidal Patient
 - 2.1.1. Techniques to Build Trust Quickly
 - 2.1.2. Identifying Non-Verbal and Verbal Signals
 - 2.1.3. Handling Silence and Resistance
 - 2.1.4. Initial Assessment of Suicidal Risk
- 2.2. Communication Skills and Clinical Interviewing
 - 2.2.1. Active Listening and Emotional Validation
 - 2.2.2. Open and Closed Questions in Crisis Situations
 - 2.2.3. Non-Violent Communication: How to Minimize the Risk of Escalating Interview Tension
 - 2.2.4. Adapting Language to Different Populations
- 2.3. Crisis Intervention
 - 2.3.1. Crisis Intervention Models
 - 2.3.2. Emotional Containment Interventions
 - 2.3.3. Development of a Safety Plan
 - 2.3.4. Referral to Specialized Services
- 2.4. The Hospital Emergency
 - 2.4.1. Psychiatric Emergency Admission Protocols
 - 2.4.2. Initial Assessment in the Emergency Department
 - 2.4.3. Immediate Intervention in High-Risk Patients
 - 2.4.4. Criteria for Hospitalization vs. Outpatient Follow-Up

- 2.5. Medical Intervention
 - 2.5.1. Pharmacological Management in Suicidal Crisis
 - 2.5.2. Treatment of Underlying Medical Conditions
 - 2.5.3. Prevention of Self-Harm in the Hospital: Strategies for Minimizing Risk during Hospital Stay
 - 2.5.4. Role of the Psychiatrist in the Multidisciplinary Team
- 2.6. Psychological Intervention
 - 2.6.1. Cognitive-Behavioral Therapy in Crises
 - 2.6.2. Solution-Focused Intervention: Focus on Immediate Goals and Short-Term Distress Management
 - 2.6.3. Therapies Based on Emotional Validation: the Example of Dialectical Behavior Therapy
 - 2.6.4. Relapse Prevention
- 2.7. Nursing Intervention
 - 2.7.1. Monitoring and Care in the First 24 Hours: Strategies for Continuous Observation of the Patient
 - 2.7.2. Nursing in Emotional and Physical Support
 - 2.7.3. Safety and Relapse Prevention Education
 - 2.7.4. Collaboration with the Multidisciplinary Team
- 2.8. Support and Treatment of Suicidal Behavior in Primary Care
 - 2.8.1. Early Detection in Primary Care
 - 2.8.2. Brief Interventions in the Office
 - 2.8.3. Referral to Higher Levels of Care: When and How to Refer to Specialized Mental Health Services
 - 2.8.4. Long-Term Follow-Up and Support
- 2.9. Support and Treatment of Suicidal Behavior from the Mental Health and Addictions Network
 - 2.9.1. Coordination between Mental Health and Addictions: Comprehensive Intervention in Cases with Dual Diagnosis
 - 2.9.2. Community Support Networks
 - 2.9.3. Outpatient Treatment Interventions
 - 2.9.4. Relapse Prevention and Rehabilitation

- 2.10. Role of Telephone Intervention
 - 2.10.1. Suicidal Crisis Helplines: How They Work and Their Effectiveness
 - 2.10.2. Telephone Crisis Intervention Techniques
 - 2.10.3. Follow-Up and Referral from Telephone Intervention: How to Manage the Transition to Face-to-Face or Specialized Care
 - 2.10.4. The Use of Technology for Suicide Prevention

Module 3. Social and Family Prevention and Intervention in Suicidal Behavior

- 3.1. Working with Families and Loved Ones in Suicidal Behavior
 - 3.1.1. Detection of Warning Signs in the Family Environment: How to Train the Family to Identify Early Warning Signs
 - 3.1.2. Effective Communication about Suicidal Behavior: Ways to Facilitate Open and Nonjudgmental Dialogue in the Family Environment
 - 3.1.3. Emotional Support for Loved Ones: Managing Stress and Emotional Burden in the Family
 - 3.1.4. Family Safety Plans
- 3.2. Working with Families and Loved Ones in Completed Suicide
 - 3.2.1. Accompaniment in Complicated Bereavement: Interventions for Family Members after Suicide
 - 3.2.2. Emotional Impact on the Family System: Psychological Consequences for Each Family Member
 - 3.2.3. Preventing Intergenerational Transmission of Trauma
 - 3.2.4. Support Groups for Survivors of Suicide
- 3.3. Stigma in Suicide
 - 3.3.1. Consequences of Stigma in the Family of the Suicidal Person
 - 3.3.2. Stigma Reduction through Public Education
 - 3.3.3. Self-Stigma in People with Suicidal Ideation: How Internalized Stigma Exacerbates Suicidal Behavior
 - 3.3.4. Interventions to Dismantle Myths about Suicide
- 3.4. The Role of the Media
 - 3.4.1. Effects of Sensationalism in the Coverage of Suicides: Consequences on Suicidal Behavior, including the Werther Effect
 - 3.4.2. Ethical Guidelines for Journalists: How to Approach Suicide in a Responsible and Preventive Manner
 - 3.4.3. The Role of the Media in Stigma Reduction
 - 3.4.4. Effect of Media Contagion

- 3.5. The Role of the Internet
 - 3.5.1. Risks and Benefits of Accessing Suicide Information on the Internet
 - 3.5.2. Prevention of Cyberbullying and Its Relationship to Suicide
 - 3.5.3. Online Support Communities
 - 3.5.4. Dangerous Content on the Deep Web
- 3.6. Systemic Therapy and Its Application to Suicide
 - 3.6.1. The Family System as a Protective or Risk Factor: How Relationship Patterns within the Family Can Influence Suicidal Behavior
 - 3.6.2. Interventions from Family Therapy: Specific Approaches to Address Suicide in the Family Context
 - 3.6.3. Dysfunctional Family Dynamics and Their Impact on Suicidal Ideation
 - 3.6.4. Systemic Therapy in Suicide Bereavement
- 3.7. Community Support Networks and Their Role in Suicide Prevention
 - 3.7.1. Role of Community Organizations
 - 3.7.2. Suicide Prevention Groups: Organization of Community Workshops and Support Groups
 - 3.7.3. Community-Based Interventions: How to Use Local Resources to Implement Prevention Programs
 - 3.7.4. Mobilization of Community Resources after a Completed Suicide
- 3.8. Impact of Suicide on Children and Adolescents in the Family Environment
 - 3.8.1. Typical Reactions of Children to Suicide in the Family: How to Manage the Emotional Impact on Minors
 - 3.8.2. Age-Appropriate Interventions for Bereavement: Therapeutic Approaches according to Developmental Levels
 - 3.8.3. Suicide Prevention in Children Who Have Lost a Loved One to Suicide
 - 3.8.4. How to Deal with Suicide in the Family with Children
- 3.9. Family Bereavement after Suicide
 - 3.9.1. Traditional vs. Contemporary Models of Bereavement
 - 3.9.2. Individual vs. Group Bereavement Therapy
 - 3.9.3. Approach to Traumatic Grief
 - 3.9.4. The Role of Rituals and Memory



You will master state-of-the-art psychometric tools for suicide risk assessment"

04

Teaching Objectives

This university program will provide physicians with advanced tools in Prevention and Management of Suicidal Crises. In this regard, graduates will obtain skills ranging from the early identification of warning signs to the implementation of intervention strategies in psychiatric emergencies. In this way, specialists will be highly prepared to act effectively in high-risk situations.



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You will understand Suicidal Behavior as a public health problem, addressing its risk and protective factors from a multidimensional perspective”



General Objectives

- ♦ Delve into the risk factors, underlying causes, and warning signs of Suicide, both at the individual and societal level
- ♦ Identify early signs of risk and apply effective interventions that prevent suicide in a variety of settings, including clinical, educational and community
- ♦ Delve into postvention support management, providing tools to help people affected by the suicide of a loved one
- ♦ Provide psychological care to patients with suicidal thoughts, using therapeutic approaches such as cognitive-behavioral therapy and other validated interventions
- ♦ Manage educational and preventive strategies to promote awareness and reduce stigma related to Suicide and Mental Disorders
- ♦ Master techniques to help families and communities cope with bereavement following suicide, promoting resilience and emotional well-being in those affected



This program has a wide range of multimedia resources such as videos in detail, interactive summaries and real clinical cases”





Specific Objectives

Module 1. Suicidal Behavior Prevention and Intervention by Level of Care

- ♦ Develop suicide prevention programs adapted to different care settings
- ♦ Apply early intervention techniques in primary care to reduce suicidal risk
- ♦ Coordinate work between different levels of care to ensure continuous and effective intervention
- ♦ Implement intervention plans based on the resources available at each level of care

Module 2. Intervention in Suicidal Behavior in Crises and Emergencies

- ♦ Apply suicide crisis intervention protocols in a variety of contexts
- ♦ Obtain skills to manage high-risk situations with immediacy and efficacy
- ♦ Implement de-escalation strategies to reduce imminent suicide risk
- ♦ Coordinate crisis intervention actions with health and emergency services teams

Module 3. Social and Family Prevention and Intervention in Suicidal Behavior

- ♦ Identify the role of the family and social environment in suicidal behavior
- ♦ Develop intervention skills in family dynamics that may increase or reduce suicidal risk
- ♦ Create psychoeducation programs aimed at family members of people at risk
- ♦ Establish social and community support networks for suicide prevention

05

Career Opportunities

This TECH program represents an exceptional opportunity for clinicians seeking to specialize in the prevention and management of suicidal crises. Through an updated approach and advanced clinical tools, graduates will strengthen their skills in crisis intervention, early detection and therapeutic strategies, expanding their professional possibilities in mental health and psychiatric emergencies. In this way, specialists will be able to play a key role in the identification and management of self-injurious behaviors, applying effective action protocols in different clinical settings.



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Do you want to work as a Suicidal Crisis Management Specialist in Emergency Departments? This curriculum will give you the keys to achieve it in just months”

Graduate Profile

The graduate of this program in Prevention and Crisis Management of Suicidal Behavior will be a physician highly trained to assess, manage and respond effectively to suicidal crisis situations. They will also develop skills to apply intervention protocols at different levels of risk, coordinate multidisciplinary teams and optimize prevention and postvention strategies. In addition, you will be prepared to address ethical challenges in psychiatric care, ensuring a humanized and evidence-based approach.

You will lead comprehensive research that will contribute to the creation of new intervention strategies for Suicidal Behavior.

- ♦ **Crisis Intervention and Emotional Management:** Skill in applying effective therapeutic approaches in suicidal crisis situations, providing emotional support to at-risk individuals and appropriately managing the emotional responses of those affected
- ♦ **Effective and Empathic Communication:** Ability to establish open, respectful and empathetic communication with patients and their families, facilitating the suicide intervention and Postvention process in a comprehensive and effective manner
- ♦ **Risk Assessment and Diagnosis:** Ability to use clinical assessment tools and methods to identify suicidal risk in diverse populations, making accurate diagnoses and developing appropriate intervention plans
- ♦ **Bereavement Management and Psychosocial Support:** Competency to provide psychological support to individuals affected by the loss of a loved one by suicide, fostering the grieving process and promoting resilience and emotional well-being





After completing the program, you will be able to use your knowledge and skills in the following positions:

- 1. Specialist in Suicide Prevention:** Responsible for designing and implementing Suicide Prevention programs, applying evidence-based interventions to identify and reduce risk factors in communities, institutions and clinical settings.
- 2. Consultant in Suicide Prevention Policies:** Responsible for collaborating with governmental, educational and health institutions to develop and implement public policies aimed at Suicide Prevention, raising awareness in society and ensuring the integration of mental health in the collective welfare.
- 3. Doctor specialized in Suicide Risk Assessment and Diagnosis:** Responsible for conducting detailed psychological assessments to identify signs of suicidal risk in patients, using diagnostic tools to guide therapeutic interventions and appropriate treatment plans.
- 4. Expert in Suicide Prevention Research:** Dedicated to scientific research on risk factors, predictive models and effective interventions in Suicide Prevention, contributing to the development of new strategies based on data and evidence.
- 5. Postvention Support Program Manager:** Responsible for designing and managing intervention programs for individuals and families affected by Suicide, providing long-term psychological support and promoting emotional recovery and social integration of those affected.
- 6. Specialist in Safety and Ethics in Suicide Prevention:** Responsible for developing and applying ethical regulations in psychological interventions, ensuring that Suicide Prevention and Postvention programs respect the rights and privacy of patients, and promoting confidentiality and safety in treatment.

06

Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



“

TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”

The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes
(which you might not be able to attend)”*



The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.



As such, the best educational materials, thoroughly prepared, will be available in this program:



Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

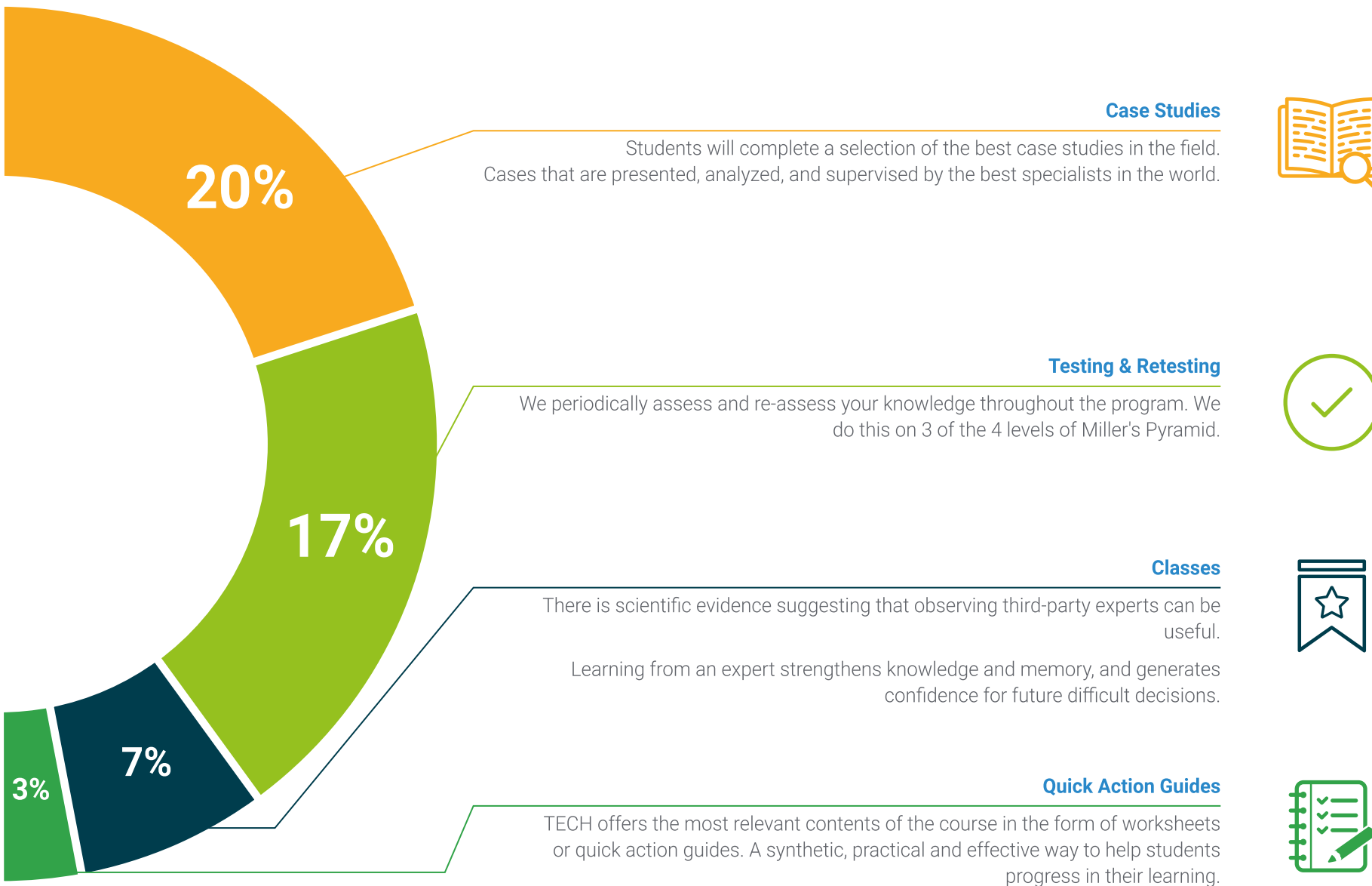
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





07

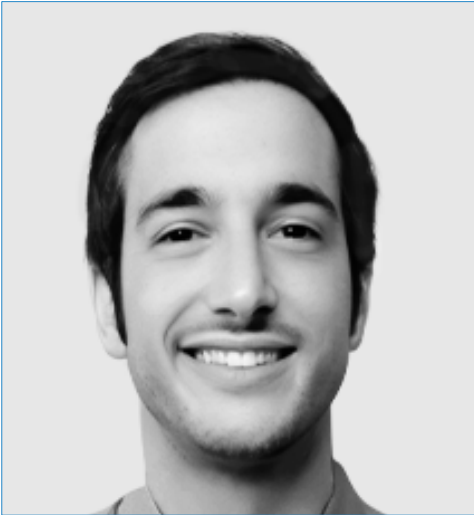
Teaching Staff

For the design and delivery of this program, TECH has enlisted the services of leading experts in the field of Prevention and Crisis Management of Suicidal Behavior. These specialists have an extensive work background, where they have been part of prestigious health institutions to optimize the quality of life of many patients with self-injurious behaviors. In this way, the graduates will enter into an immersive experience that will increase the quality of their usual clinical practice.

“

You will be able to consult all your doubts directly with the teaching staff, specialized in Prevention and Crisis Management of Suicidal Behavior, resulting in a personalized tutoring to your own demands”

Management



Dr. Alberdi Páramo, Iñigo

- ♦ Area Specialist in Psychiatric Hospitalization Unit/Psychogeriatrics at the Institute of Psychiatry and Mental Health of the San Carlos Clinical Hospital
- ♦ Area Specialist in Outpatient Psychiatry Liaison Psychiatry and Specialized Service in Mental Health in Intellectually Handicapped at the University Hospital La Princesa
- ♦ Area Specialist of Psychiatry in CSM Chamberí - Carabanchel
- ♦ Author and co-author of numerous scientific articles and book chapters
- ♦ Professor in undergraduate and postgraduate university studies.
- ♦ Doctor in Medicine - Psychiatry by the Complutense University of Madrid
- ♦ University Specialist in Clinical and Psychoanalytic Psychotherapy by the Pontifical University of Comillas

Professors

Ms. Pérez Luna, Laura

- ♦ Clinical Psychologist at the University Hospital Infanta Leonor
- ♦ Expert in Systemic Intervention
- ♦ Responsible for the Perinatal Intervention Program
- ♦ Degree in Psychology from the Autonomous University of Madrid

Ms. Pérez Navarro, Virginia

- ♦ Clinical Psychologist at the Clinical Hospital San Carlos
- ♦ Specialist in Systemic Interventions
- ♦ Clinical Researcher
- ♦ Degree in Psychology from the University of Murcia



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