



## Minimally Invasive Pelvic Floor Surgery

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Accreditation: 19 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-diploma/postgraduate-diploma-minimally-invasive-pelvic-floor-surgery

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### tech 06 | Introduction

From the clinical point of view, Minimally Invasive Pelvic Floor Surgery in gynecology has been postulated as preferred to conventional surgery. For this reason, most healthcare centers are increasingly seeking to introduce this surgical practice with professionals specialized in this field.

In addition, the increasing complexity of the procedures performed laparoscopically has reached a point where conventional surgery becomes secondary. Added to all this is the development of new surgical tools that must be known for greater surgical efficiency and to obtain the best clinical results.

That is why this program has been designed to meet the needs of professionals seeking an update. All through a syllabus full of high scientific value, presented in audiovisual resources, informative readings and exercises based on real cases. To all this, we add the *Relearning* methodology, based on real cases and focused on practical learning, moving away from the conventional model of memorization. In this way, this program will be more beneficial for the gynecology physician.

This **Postgraduate Diploma in Minimally Invasive Pelvic Floor Surgery** contains the most complete and up-to-date scientific program on the market. The most important features include:

- Development of clinical cases presented by experts in the different specialties
- The graphic, schematic, and practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice
- Updates on Minimally Invasive Pelvic Floor Surgery
- An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course
- With special emphasis on evidence-based medicine and research methodologies in Minimally Invasive Pelvic Floor Surgery
- All of this will complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Increase your decision-making confidence by updating your knowledge with this Postgraduate Diploma in Minimally Invasive Pelvic Floor Surgery"



This Postgraduate Diploma is the best investment you can make when selecting a refresher program, for two reasons: in addition to updating your knowledge in Minimally Invasive Pelvic Floor Surgery, you will obtain a certificate issued by TECH Global University"

The program's teaching staff includes professionals from the industry who contribute their work experience to this program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

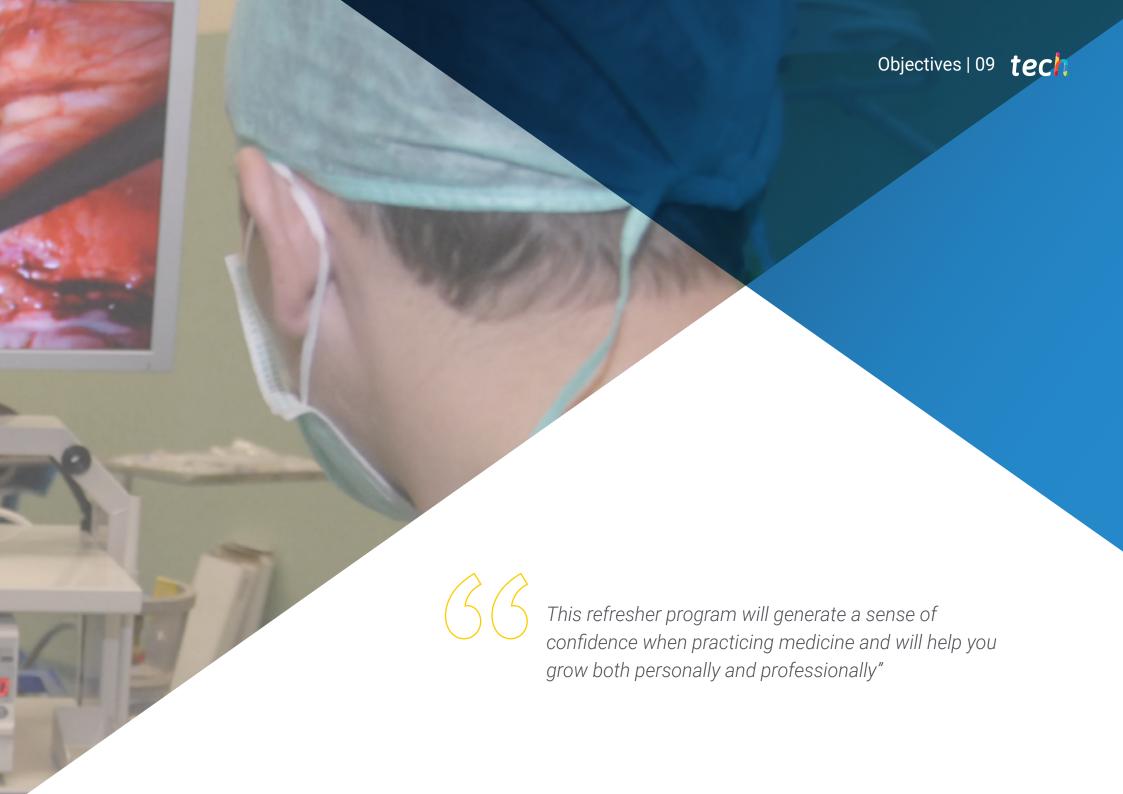
This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned and experienced experts.

Don't miss out on the opportunity to update your knowledge in Minimally Invasive Pelvic Floor Surgery in order to improve patient care.

It includes clinical cases to bring the program as close as possible to the reality of medical care.





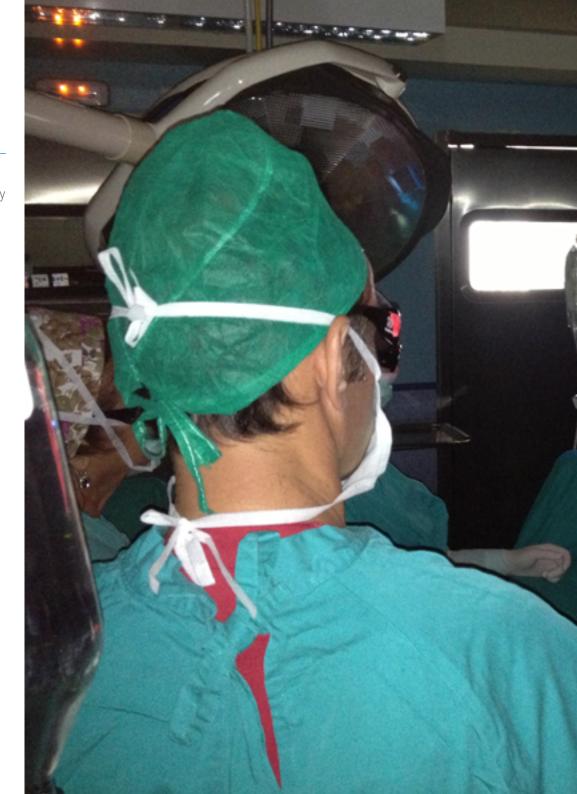


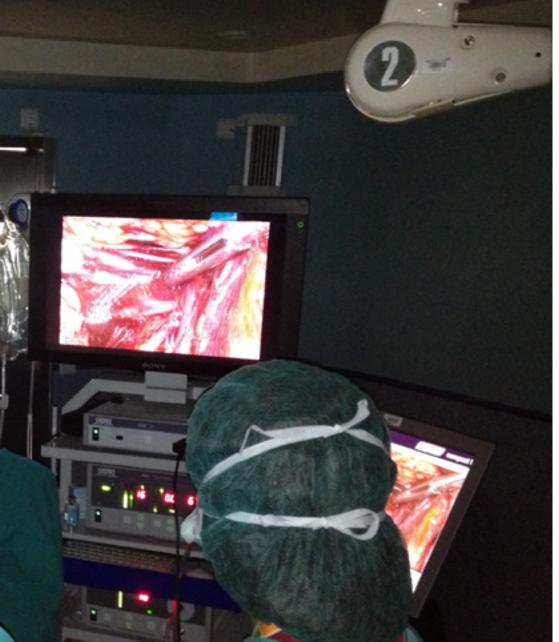
### tech 10 | Objectives



### **General Objectives**

- Get to know all the instruments available to perform endoscopic and hysteroscopic surgery
- Know how to prepare endoscopic operating rooms
- Learn about general aspects, such as ergonomics in the laparoscopic and electrosurgical operating rooms, in order to be used in gynecological procedures
- Apply different appropriate techniques in each specific clinical case
- Gain detailed knowledge of female pelvic and abdominal anatomy
- Learn hysteroscopic techniques and their application in uterine pathology
- Establish a series of alternatives to manage benign ovarian pathology
- Know how to treat benign uterus pathology
- Learn techniques to resolve pelvic floor problems using laparoscopy
- Apply minimally invasive mesh placement
- Learn the to endoscopically manage endometriosis
- Learn different advanced techniques in gynecologic oncology for minimally invasive treatments
- Provide tools to resolve complications in gynecologic endoscopy







### **Specific Objectives**

### Module 1. Minimally Invasive Surgery

- Delve into the history of laparoscopy
- Gain a deeper understanding of how to prepare the endoscopic operating room
- Know the correct postural factors and ergonomics
- Approach the management of patients pre- and post-operatively
- Know the details of conventional laparoscopic operating rooms
- Determine the anesthetic and recovery details of patients
- Learn Fast-Track postoperative management and the ERAS protocol
- Describe the main features irrigation and suction systems

### Module 2. Instrumentation, Materials and Electrosurgery

- Know the dissection and cutting instruments used in laparoscopy
- Acquire skills to select the correct optics for each specific patient
- Know the arsenal of entry trocars used in surgeries
- Acquire information about electrosurgery for its use in clinical practice
- Gain detailed knowledge of all the accessory material for gynecological laparoscopy
- Learn the types of recorders available for surgery
- Learn laparoscopic vision system orientation
- Learn about the types of insufflators and how they work
- Know general surgical instruments
- Know specimen extraction bags
- Learn to use bipolar and monopolar power instrumentation
- Learn the types and use of tissue sealants
- Select morcellation instruments and apply them safely
- Understand irrigation and suction systems

### tech 12 | Objectives

#### Module 3. Female Surgical Anatomy

- Review the anatomy of the abdominal wall
- Review the anatomy of the pelvic and abdominal visceral system, including the upper abdomen
- Refresh understanding of pelvic vascular system anatomy and review the para-aortic vascular system and the vena cava
- Identify the different parts of the lymphatic system and their laparoscopic management in detail
- · Learn about the functional anatomy of the female pelvic floor
- Determine vulvo-vaginal area exploration and its relation to pelvic floor pathology
- Study sympathetic and parasympathetic nerve anatomy of the female pelvis

### Module 4. Pelvic Floor Pathology and Transvaginal Mesh Use

- Determine vulvo-vaginal area exploration and its relation to pelvic floor pathology
- Review the functional anatomy of the female pelvic floor
- Review the sympathetic and parasympathetic nervous anatomy of the female pelvis
- Identify abdomino-pelvic vascular abnormalities
- Select the different types of laparoscopic and vaginal meshes for the resolution of such abnormalities
- Incorporate advances in the application of cystoscopy after reparative techniques
- Review the scientific evidence on the use of endoscopy in pelvic floor pathology
- Gain a detailed understanding of the use of laparoscopic sacrocolpopexy
- Foresee complications and their management in pelvic floor pathology
- Explain the procedures for laparoscopic repair of paravaginal defects
- Explain the procedure of placement of the different meshes for the resolution of urinary incontinence







Make the most of this opportunity and take the step to get up to date on the latest developments in minimally invasive pelvic floor surgery"





#### **International Guest Director**

As one of the pioneer surgeons in Brazil by introducing advanced techniques of Laparoscopic Oncologic Surgeryin Paraná, Dr. Reitan Ribeiro is one of the most prolific experts in this specialty. So much so that he has even received recognition as an honorary citizen of the city of Curitiba, highlighting his work in the creation and development of the technique of Uterine Transposition.

The IJGC, International Journal of Gynecologic Cancer, has also recognized the outstanding work of Dr. Reitan Ribeiro. His publications on Uterine Robotic Transposition in Cervical Cancer, Uterine Transposition after Radical Trachelectomy and directed research in the technique of Uterine Transposition for patients with gynecological cancers who want to preserve fertility are highlighted. He has received the National Award for Medical Innovation for his research in the field of Uterine Transposition, highlighting these advances in the preservation of the patient's fertility.

His professional career is not without success, as he holds numerous positions of responsibility in the prestigious Erasto Gaertner Hospital. **He** directs the research program in **Gynecologic**Oncology of this center, being also director of the Fellowship program in this specialty, in addition to coordinating the program in**Robotic Surgery** focused on **Gynecologic Oncology**.

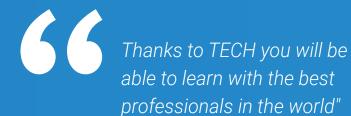
At the academic level, he has completed internships at numerous prestigious centers, including Memorial Sloan Kettering Cancer Center, McGuill University and the National Cancer Institute of Brazil. He balances his clinical responsibilities with consulting work for leading medical and pharmaceutical companies, mainly Johnson & Johnson and Merck Sharp & Dohme.

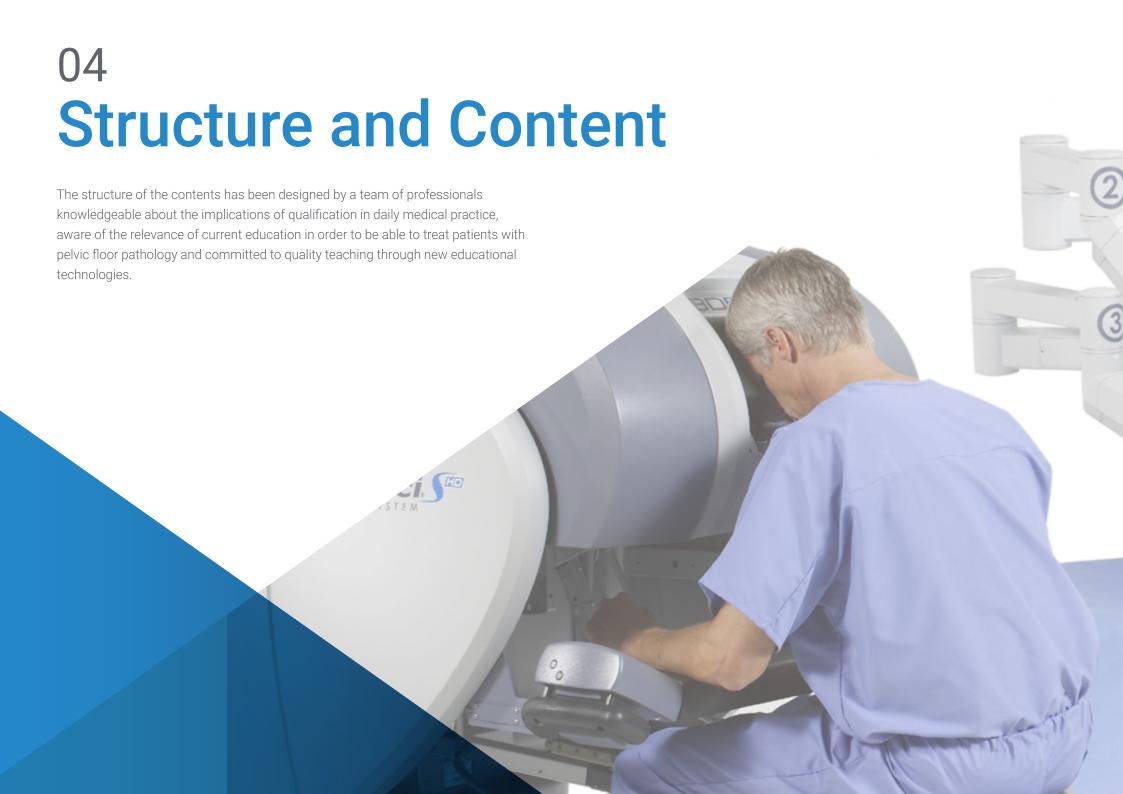


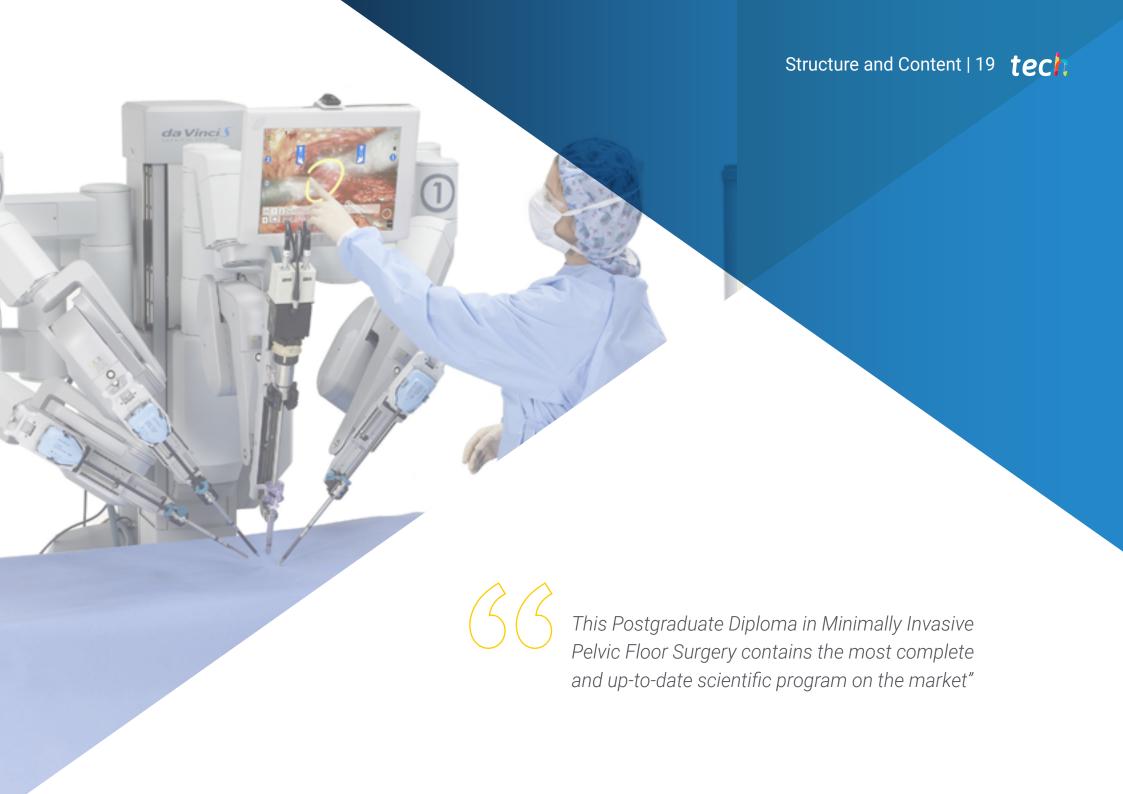
### Dr. Ribeiro, Reitan

- Director of Research, Department of Gynecologic Oncology, Erasto Gaertner Hospital, Curitiba, Brazil
- Director of the Fellowship Program in Gynecologic Oncology, Erasto Gaertner Hospital.
- Director of the Robotic Surgery Training Program, Department of Gynecologic Oncology, Erasto Gaertner Hospital.
- Senior Surgeon in the Department of Gynecologic Oncology, Erastus Gaertner Hospital.
- Director of the Resident Oncologist Program, Erasto Gaertner Hospital
- Consultant at Johnson & Johnson and Merck Sharp & Dohme
- Degree in Medicine at the Federal University of Health Sciences of Porto Alegre
- Fellowship in Gynecologic Oncologic Surgery, Memorial Sloan Kettering Cancer Center
- Fellowship in Minimally Invasive Surgery, McGuill University

- Internships at Governador Celso Ramos Hospital, National Cancer Institute of Brazil and Erasto Gaertner Hospital.
- Certification in Oncologic Surgery by the Oncologic Surgery Society of Brazil







### tech 20 | Structure and Content

### Module 1. Minimally Invasive Surgery

- 1.1. General Introduction
- 1.2. History of Laparoscopy
- 1.3. Introduction to Hysteroscopic Surgery
- 1.4. Ergonomics in Laparoscopy
- 1.5. Asepsis and Antisepsis
  - 1.5.1. Hand Washing
  - 1.5.2. Preparing Instrumentation. Sterilization.
  - 1.5.3. Preparing the Surgical Field
    - 1.5.3.1. Skin Cleansing
    - 1.5.3.2. Proper Cloth Placement
- 1.6. Laparoscopic Operating Room
  - 1.6.1. Conventional Operating Rooms
  - 1.6.2. Integrated Operating Rooms
  - 1.6.3. Future Perspectives
- 1.7. Preoperative Preparation for Laparoscopy
  - 1.7.1. Physical Preparation for Patients
  - 1.7.2. Preoperative Medication and Bowel Preparation
  - 1.7.3. Patient Position on the Operating Table
- 1.8. Fast-Track / ERAS Programs
- 1.9. Anesthetic Considerations in Endoscopic Surgery
  - 1.9.1. General Aspects
  - 1.9.2. Circulatory System Involvement
  - 1.9.3. Respiratory System Involvement
  - 1.9.4. Spinal Catheter Placement and Other Blockages
  - 1.9.5. Postoperative Recovery

### Module 2. Instrumentation, Materials and Electrosurgery

- 2.1. Laparoscopy Tower and General Supplies
- 2.2. Specific Vision Systems
  - 2.2.1. Full HD High Definition Systems
  - 2.2.2. 3D Vision Systems
  - 2.2.3. 4K Vision Systems
- 2.3. Endoscopy
  - 2.3.1. Rigid Endoscopy
  - 2.3.2. Flexible and Angle Adjustable Endoscopes
  - 2.3.3. Small Bore Endoscopes
- 2.4. Insufflation Systems
  - 2.4.1. General Functioning
  - 2.4.2. Smoke Extraction Systems
- 2.5. Image Recording Modules
- 2.6. Access Instrumentation
  - 2.6.1 Veress Needle
  - 2.6.2. First Access Trocars
  - 2.6.3. Accessory Trocars
- 2.7. Grasping Instruments
  - 2.7.1. Types of Instruments
  - 2.7.2. Most Appropriate Uses for Each
- 2.8. Cutting Instruments
- 2.9. Electrosurgery
  - 2.9.1. Electrosurgery in Medicine
  - 2.9.2. Monopolar Energy
  - 2.9.3. Bipolar Energy
  - 2.9.4. Electrical Isolation of Instruments
  - 2.9.5. Precautions to Avoid Accidents
- 2.10. Endoscopic Tissue Sealants
- 2.11. Bags and Specimen Extraction
- 2.12. EndoGIA and General Surgery Instrumentation
- 2.13. Morcellators and Containment Systems
- 2.14. Other Instruments: Aspiration, Suction, Retractors, Organ Suspension Systems, Port Closure Systems, Tie Rods, etc.

### Module 3. Female Surgical Anatomy

- 3.1. Parametrial Surgical Anatomy
- 3.2. Musculo-Fascial Anatomy of the Female Pelvis
- 3.3. Pelvic Visceral System. Ureters. Abdomino-Pelvic Vascular System
  - 3.3.1. Uterus and Ovaries
  - 3.3.2. Recto and Sigma
  - 3.3.3. Bladder and Ureters
- 3.4. Abdominal and Pelvic Nervous System
- 3.5. Dissection and Limits of Avascular Spaces
- 3.6. Vascular Abnormalities in the Pelvic Area. Corona Mortis
  - 3.6.1. Abnormalities in the Pelvic Area
  - 3.6.2 Corona Mortis
  - 3.6.3. Abdominal and Aortic Area Abnormalities
  - 3.6.4. Use of Preoperative Imaging Techniques

### Module 4. Pelvic Floor Pathology and Transvaginal Mesh Use

- 4.1. Pathophysiology of Genital Prolapse
- 4.2. Etiopathogenesis of Chronic Pelvic Pain
- 4.3. Global Assessment of the Patient and the Approach Route
- 4.4. Prosthetic Materials and Mesh Types
  - 4.4.1. Types of Material
  - 4.4.2. Meshes for Genital Prolapses
  - 4.4.3. Urinary Incontinence Meshes
- 4.5. Laparoscopic Sacrocolpopexy
  - 4.5.1. Choosing the Right Mesh
  - 4.5.2. Surgical Technique
    - 4.5.2.1. When to Preserve the Uterus
  - 4.5.3. Technique Complications
  - 4.5.4. A Learning Curve

- 4.6. Treatment of Urinary Incontinence
  - 4.6.1. Pre-Operative Study
  - 4.6.2. Endoscopic Treatment of Incontinence
  - 4.6.3. Vaginal Treatment of Incontinence
  - 4.6.4. Placement of Mini-Slings
  - 4.6.5. Placement of TVT TOT
  - 4.6.6. Other Procedures
- 4.7. Endoscopic Repair of Paravaginal Defects
- 4.8. Role of Cystoscopy in Gynecologic Surgery



A unique, key, and decisive educational experience to boost your professional development"





### tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world.



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





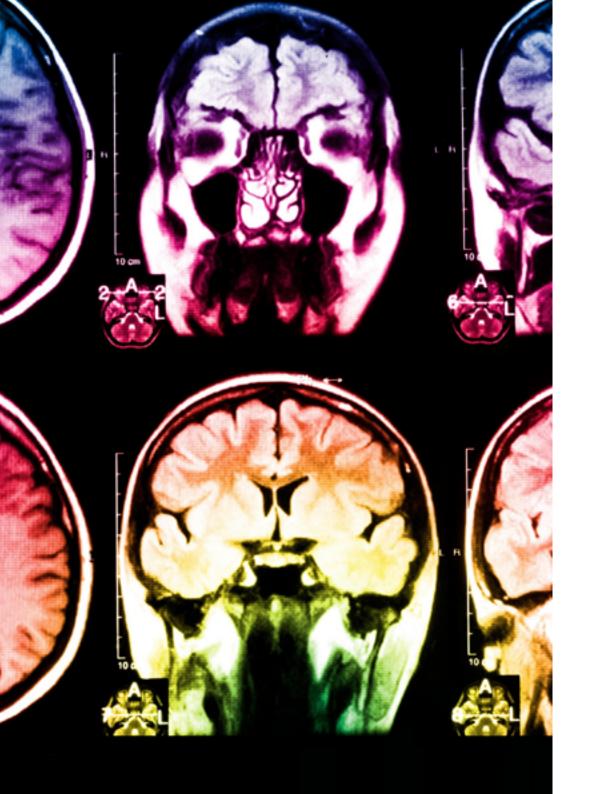
### Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.





### Methodology | 27 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a strong socioeconomic profile and an average age of 43.5 years old.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

### tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

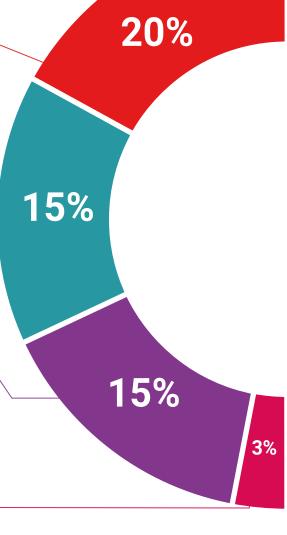
TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

### **Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises, so that they can see how they are achieving their goals.



#### Classes

There is scientific evidence on the usefulness of learning by observing experts.

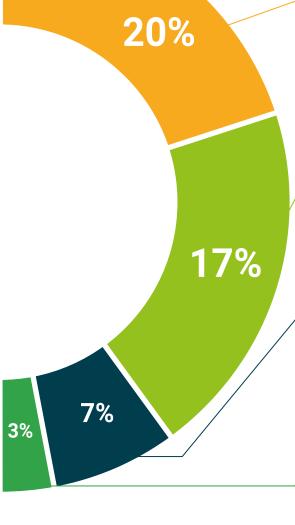
The system known as Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









### tech 32 | Certificate

This program will allow you to obtain your **Postgraduate Diploma in Minimally Invasive Pelvic Floor Surgery** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Minimally Invasive Pelvic Floor Surgery

Modality: online

Duration: 6 months

Accreditation: 19 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Diploma in Minimally Invasive Pelvic Floor Surgery

This is a private qualification of 570 hours of duration equivalent to 19 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024



health confidence people education information tutors guarantee accreditation teaching institutions technology learning



## Postgraduate Diploma

Minimally Invasive Pelvic Floor Surgery

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 19 ECTS
- » Schedule: at your own pace
- » Exams: online

