

# Postgraduate Certificate

## Assessment of Suicidal Behavior





## Postgraduate Certificate Assessment of Suicidal Behavior

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/us/medicine/postgraduate-certificate/assessment-suicidal-behavior](http://www.techtitute.com/us/medicine/postgraduate-certificate/assessment-suicidal-behavior)

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# 01

# Introduction to the Program

Suicide is a public health problem with a significant impact on society and health systems. In this sense, early detection of suicidal risk is fundamental for its prevention, requiring a structured clinical approach based on validated diagnostic tools. For this reason, clinicians require a comprehensive understanding of the identification of risk factors, the application of psychometric scales and clinical decision making for timely intervention. With this in mind, TECH has created a pioneering university program focused on the Assessment of Suicidal Behavior. It is also based on a flexible and fully online modality.



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*Through this 100% online Postgraduate Certificate, you will master the identification of warning signs and risk factors that indicate imminent suicidal behavior”*

A new report published by the World Health Organization estimates that more than 90% of people who die by Suicide have at least one underlying Psychiatric Disorder, with Major Depression, Bipolar Disorder and Schizophrenia being the most prevalent diagnoses. Given this situation, Suicide Risk Assessment in psychiatric patients is crucial for prevention. Given this, specialists have the responsibility to master clinical assessment methods, the use of validated psychometric scales and the application of early intervention protocols to identify warning signs and establish effective prevention strategies.

In this scenario, TECH presents an innovative Postgraduate Certificate in Assessment of Suicidal Behavior. Designed by renowned experts in this area, the academic itinerary will delve into the early identification of different risk factors for self-injurious behaviors. At the same time, the syllabus will provide professionals with the keys to optimally handle various psychometric tools such as the Beck Depression Scale. Also, the teaching materials will delve into the most modern techniques for detecting suicidal risk in patients from different population groups. Thanks to this, graduates will be able to perform accurate clinical assessments, optimizing the early detection and management of suicidal behavior in different health contexts.

On the other hand, the university program is based on a 100% online methodology, so that physicians can comfortably complete the program. The only thing they will need to access the academic syllabus will be a device with Internet access. In addition, TECH employs the state-of-the-art Relearning system, which guarantees a progressive and natural updating of knowledge. In addition, graduates will find in the Virtual Campus a wide range of multimedia resources such as detailed videos, interactive summaries or readings based on the latest scientific evidence.

This **Postgraduate Certificate in Assessment of Suicidal Behavior** contains the most complete and up-to-date scientific program on the market. Its most notable features are:

- ♦ The development of practical cases presented by experts in Epidemiology and Preventive Planning of Suicidal Behavior
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies in medical practice
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Optimize decision making  
in the evaluation of suicidal  
risk, prioritizing the safety of  
users and their environment"*

“

*You will implement early intervention protocols, establishing follow-up strategies for patients at risk of self-injurious behaviors”*

It includes in its teaching staff professionals belonging to the field of Suicidal Behavior Assessment, who pour into this program the experience of their work, as well as recognized specialists from reference societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

*You will be able to identify psychiatric and medical disorders associated with suicide, differentiating their implications in clinical evaluation.*

*A curriculum based on TECH's disruptive Relearning system, which will facilitate the assimilation of complex concepts in an immediate and flexible way.*



02

# Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs, available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it has a huge faculty of more than 6,000 professors of the highest international prestige.



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*Study at the largest online university in the world and ensure your professional success. The future begins at TECH”*

**The world's best online university, according to FORBES**

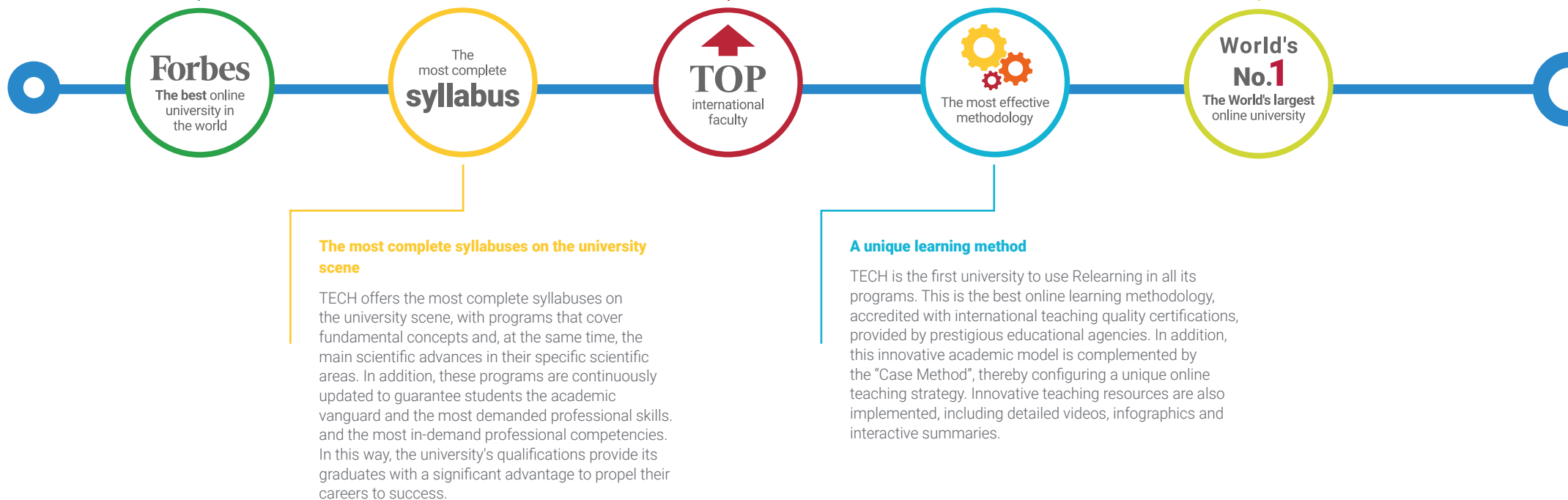
The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

**The best top international faculty**

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

**The world's largest online university**

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



#### The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

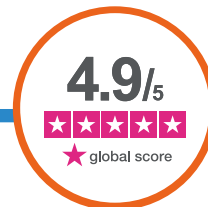
#### Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



#### Google Premier Partner

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



#### The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.



# 03 Syllabus

The teaching contents that integrate this university program have been elaborated by renowned specialists in the Assessment of Suicidal Behavior. In this way, the syllabus will delve into the identification of risk factors in self-injurious behavior. Also, the syllabus will delve into the use of state-of-the-art psychometric tools such as the Beck Depression Scale. Thanks to this, physicians will be able to perform accurate and evidence-based assessments, allowing them to detect suicidal risk more effectively. They will also be able to design personalized intervention plans tailored to the specific needs of each patient.





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*You will apply sophisticated  
assessment and diagnostic tools  
to detect suicidal risk in patients  
from different population groups”*

## Module 1. Assessment of Suicidal Behavior

- 1.1. Risk Factors for Suicidal Behavior
  - 1.1.1. Clinical and Psychiatric Factors
  - 1.1.2. Sociodemographic Factors
  - 1.1.3. Situational Factors
  - 1.1.4. Specific Risks in Vulnerable Populations
- 1.2. Protective Factors
  - 1.2.1. Strong Interpersonal Relationships
  - 1.2.2. Coping Capacity and Resilience
  - 1.2.3. Access to Mental Health Services
  - 1.2.4. Religious and Spiritual Beliefs
- 1.3. Warning Factors
  - 1.3.1. Behavioral Signals
  - 1.3.2. Emotional Changes
  - 1.3.3. Verbal Clues
  - 1.3.4. Pre-Suicide Preparations
- 1.4. Precipitating Factors
  - 1.4.1. Recent Traumatic Events
  - 1.4.2. Financial or Employment Crises
  - 1.4.3. Sudden Life Events
  - 1.4.4. Factors Related to Physical Health
- 1.5. Assessment Scales and Psychometric Tools
  - 1.5.1. Beck Depression Inventory (BDI)
  - 1.5.2. Columbia Suicide Severity Rating Scale (C-SSRS)
  - 1.5.3. Beck Scale for Suicide Ideation (BSS)
  - 1.5.4. Self-Assessment vs. Heteroassessment Scales
- 1.6. Psychometrics in Suicide
  - 1.6.1. Validity and Reliability of Psychometric Tools
  - 1.6.2. Sensitivity and Specificity in the Detection of Risk
  - 1.6.3. Adaptation of Psychometric Tools for Specific Populations
  - 1.6.4. New Technologies in Psychometrics





- 1.7. The Clinical Interview 1
  - 1.7.1. Establishing a Therapeutic Relationship
  - 1.7.2. Open and Closed Questions
  - 1.7.3. Detection of Non-Verbal Signals
  - 1.7.4. Initial Exploration of Suicidal Thoughts
- 1.8. The Clinical Interview 2
  - 1.8.1. Assessment of the Suicidal Plan
  - 1.8.2. Exploration of Protective Factors and Ambivalence
  - 1.8.3. Short- and Long-Term Risk Analysis
  - 1.8.4. Risk Documentation and Communication
- 1.9. Context-Sensitive Assessment of Suicide
  - 1.9.1. Suicide in the Hospital Context
  - 1.9.2. Assessment in the Emergency Department
  - 1.9.3. Assessment in Community Settings
  - 1.9.4. Family and Social Context
- 1.10. What Not to Do in the Assessment of Suicidal Behavior
  - 1.10.1. Avoid Minimizing the Patient's Feelings
  - 1.10.2. Do Not Prejudge or Stigmatize
  - 1.10.3. Do Not Avoid Talking Directly about Suicide
  - 1.10.4. Do Not Fail to Follow Up Adequately

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*You will have unrestricted access to all educational content and you will be able to download it whenever you want to consult it”*

# 04 Teaching Objectives

This university program will equip physicians with the most innovative tools to accurately assess suicidal behavior in the healthcare setting. In turn, graduates will develop advanced clinical skills ranging from early identification of risk factors to the application of diagnostic scales and highly personalized intervention protocols. In this way, graduates will be able to make evidence-based decisions, optimizing the detection and management of self-injurious behavior in different contexts.



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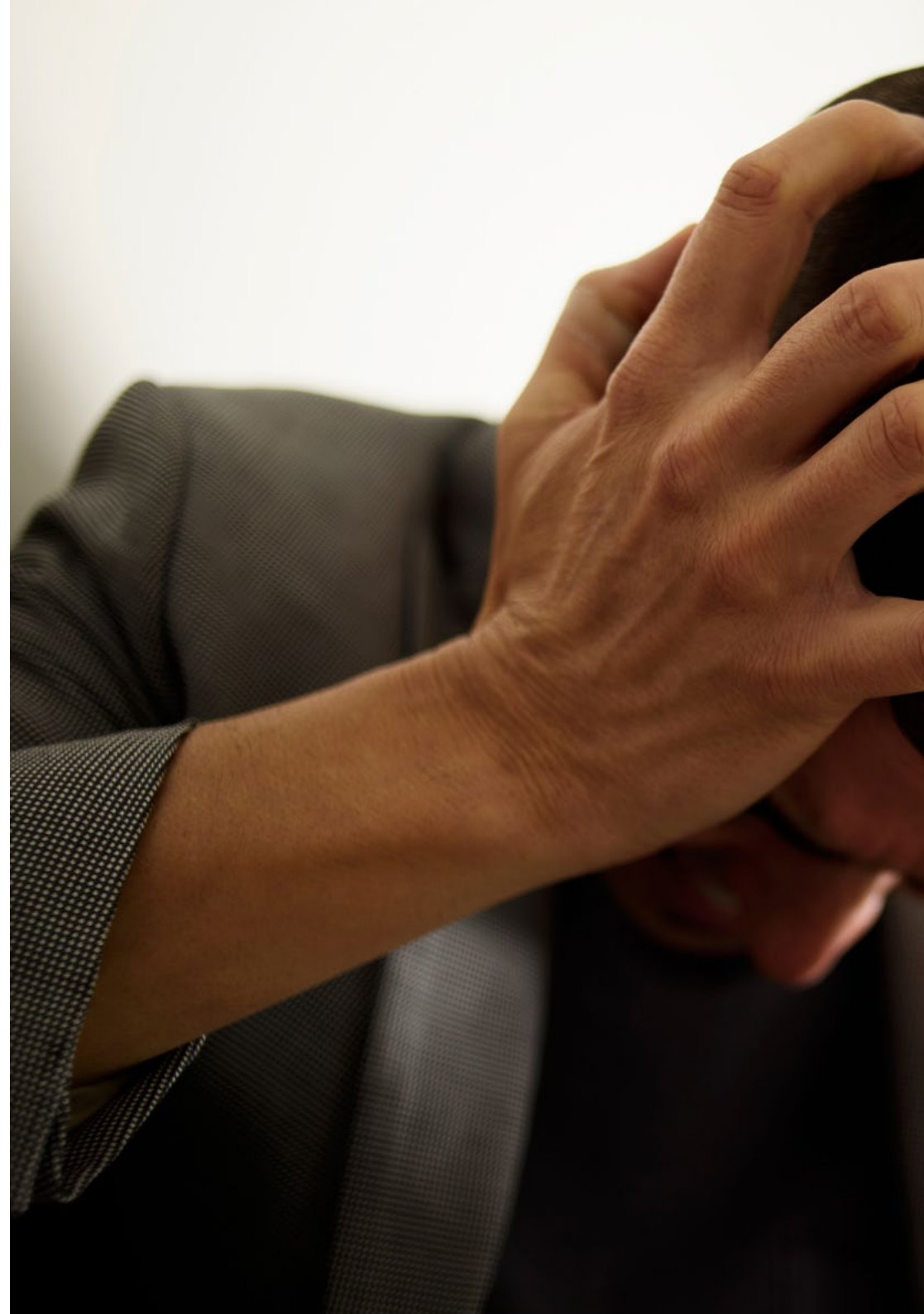
*You will master the most modern techniques of clinical interviewing and psychiatric anamnesis, optimizing the identification of previous suicide attempts”*



## General Objectives

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- ♦ Delve into the risk factors, underlying causes, and warning signs of Suicide, both at the individual and societal level
- ♦ Identify early signs of risk and apply effective interventions that prevent suicide in a variety of settings, including clinical, educational and community
- ♦ Delve into postvention support management, providing tools to help people affected by the suicide of a loved one
- ♦ Provide psychological care to patients with suicidal thoughts, using therapeutic approaches such as cognitive-behavioral therapy and other validated interventions
- ♦ Manage educational and preventive strategies to promote awareness and reduce stigma related to Suicide and Mental Disorders
- ♦ Master techniques to help families and communities cope with bereavement following suicide, promoting resilience and emotional well-being in those affected





### Specific Objectives

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- ♦ Select appropriate assessment tools to identify suicidal risk in a variety of clinical settings
- ♦ Develop clinical interviews that allow for a comprehensive assessment of suicidal risk
- ♦ Identify warning signs and risk factors during patient assessment
- ♦ Apply standardized questionnaires and scales to measure the level of suicidal risk



*You will have access to a variety of supporting multimedia resources such as explanatory videos, specialized readings or interactive summaries”*

# 05 Study Methodology

TECH is the world's first university to combine the **case study** methodology with **Relearning**, a 100% online learning system based on guided repetition.

This disruptive pedagogical strategy has been conceived to offer professionals the opportunity to update their knowledge and develop their skills in an intensive and rigorous way. A learning model that places students at the center of the educational process giving them the leading role, adapting to their needs and leaving aside more conventional methodologies.



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*TECH will prepare you to face new challenges in uncertain environments and achieve success in your career”*

## The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.

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*At TECH you will NOT have live classes  
(which you might not be able to attend)”*



### The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.

“*TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want*”

## Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



## Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*



## A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



*The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule”*

### The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

### The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

*Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.*

*You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.*



As such, the best educational materials, thoroughly prepared, will be available in this program:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Practicing Skills and Abilities

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

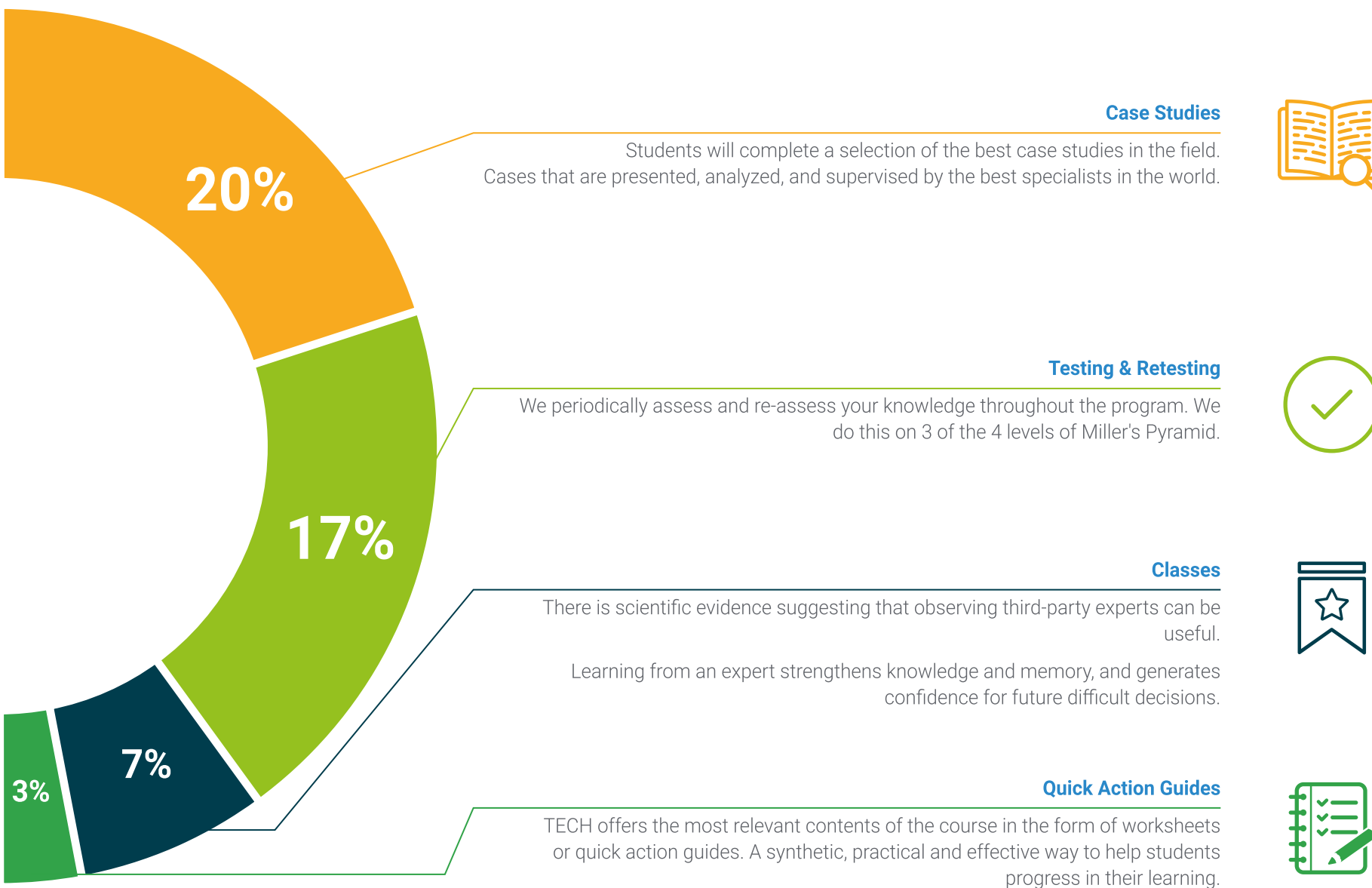
This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.





06

# Teaching Staff

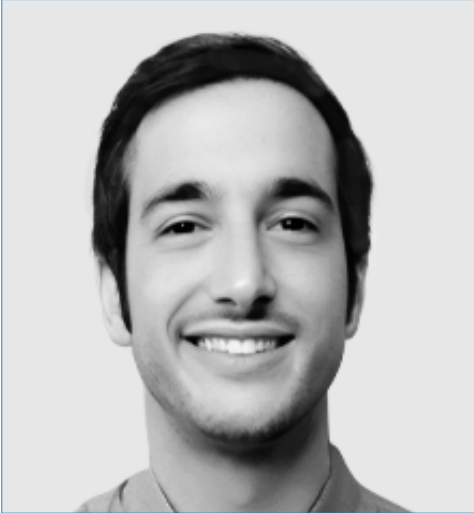
In its priority to offer the most practical, updated and complete university programs in the academic panorama, TECH carries out a rigorous process to form its teaching staff. Thanks to this, the present Postgraduate Certificate has the participation of authentic references in the field of the Assessment of Suicidal Behavior. These specialists have an extensive professional background, where they have contributed to optimize the quality of life of numerous patients. In this way, graduates have the guarantees they demand to enjoy an immersive experience that will allow them to make a significant leap in quality in their careers as physicians.



“

*The teaching staff of this Postgraduate Certificate stands out for its extensive experience in research and professional application in the Assessment of Suicidal Behavior”*

## Management



### Dr. Alberdi Páramo, Iñigo

- Area Specialist in Psychiatric Hospitalization Unit/Psychogeriatrics at the Institute of Psychiatry and Mental Health of the San Carlos Clinical Hospital
- Area Specialist in Outpatient Psychiatry Liaison Psychiatry and Specialized Service in Mental Health in Intellectually Handicapped at the University Hospital La Princesa
- Area Specialist of Psychiatry in CSM Chamberí - Carabanchel
- Author and co-author of numerous scientific articles and book chapters
- Professor in undergraduate and postgraduate university studies.
- Doctor in Medicine - Psychiatry by the Complutense University of Madrid
- University Specialist in Clinical and Psychoanalytic Psychotherapy by the Pontifical University of Comillas



## Professors

### Ms. Alonso Sánchez, Elena Begoña

- ♦ Psychiatrist at the University Hospital Torrejon de Ardoz
- ♦ Coordinator of the Attention to Suicidal Risk program at the University Hospital Torrejón de Ardoz
- ♦ Clinical Researcher
- ♦ Coordinator of the Integral Attention to the Sick Physician program
- ♦ Degree in Medicine from the University of Seville

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*A unique, crucial and decisive learning experience to boost your professional development"*

# 07 Certificate

This Postgraduate Certificate in Assessment of Suicidal Behavior guarantees, in addition to the most rigorous and up-to-date program, access to an Postgraduate Certificate diploma issued by TECH Global University.



A photograph of three black graduation caps (mortarboards) against a bright blue sky with wispy white clouds. The caps are positioned diagonally across the frame, with one in the foreground on the left and two others behind it. The image is partially overlaid by a dark blue geometric shape in the top right and a white diagonal shape in the bottom right.

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*Successfully complete this program and  
receive your university qualification without  
having to travel or fill out laborious paperwork”*

This private qualification will allow you to obtain a diploma for the **Postgraduate Certificate in Assessment of Suicidal Behavior** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Assessment of Suicidal Behavior**

Modality: **online**

Duration: **6 weeks**

Accreditation: **6 ECTS**





## Postgraduate Certificate Assessment of Suicidal Behavior

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Global University
- » Accreditation: 6 ECTS
- » Schedule: at your own pace
- » Exams: online

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## Assessment of Suicidal Behavior

