



## Postgraduate Certificate

## Biomechanics

» Modality: Online

» Duration: 6 weeks

» Certificate: TECH Global University

» Accreditation: 6 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/medicine/postgraduate-certificate/biomechanics

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## tech 06 | Presentation

The development of biomechanics aimed at the study and repair of fractures, as well as rehabilitation and the use of orthoses or prostheses, has enabled millions of people around the world to return to a completely normal life after an operation, accident or illness. Continuous research allows this field of medicine to be in constant evolution, which favors patients, but makes it difficult for specialists. Why? In many cases, their day-to-day work does not allow them to undergo training to keep them up to date with the latest developments in the sector, leaving their techniques and treatments totally out of date.

In order to facilitate their academic activity, TECH has launched this Postgraduate Certificate in Biomechanics, designed and directed by experts. It is intended to provide specialized knowledge about the most relevant concepts in the field of biomechanics, as well as the different types of forces and movements that influence it. The program also includes the evaluation of common problems and their main lines of action.

With a pedagogical methodology at the forefront of the university sector, TECH and its teaching team will guide the graduate, through this 100% online degree, to meet their objectives. Therefore, the teaching load will be duly distributed and can be organized according to their own schedules. In addition, you will have individualized tutoring, dynamic summaries and supplementary material to expand each module as you wish.

This **Postgraduate Certificate in Biomechanics** is the most comprehensive and up-todate educational program on the market. The most important features include:

- Practical cases presented by experts in Biomedicine
- The graphic, schematic, and eminently practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice.
- Practical exercises where self-assessment can be used to improve learning
- Its special emphasis on innovative methodologies
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



Get all the knowledge you need to develop your own diagnostics and treatments related to biomechanics"



Increase your chances of success with this University Course and do not miss the opportunity provided by 150 hours of the best content in biomechanics"

The program's teaching staff includes professionals from the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training programmed to train in real situations.

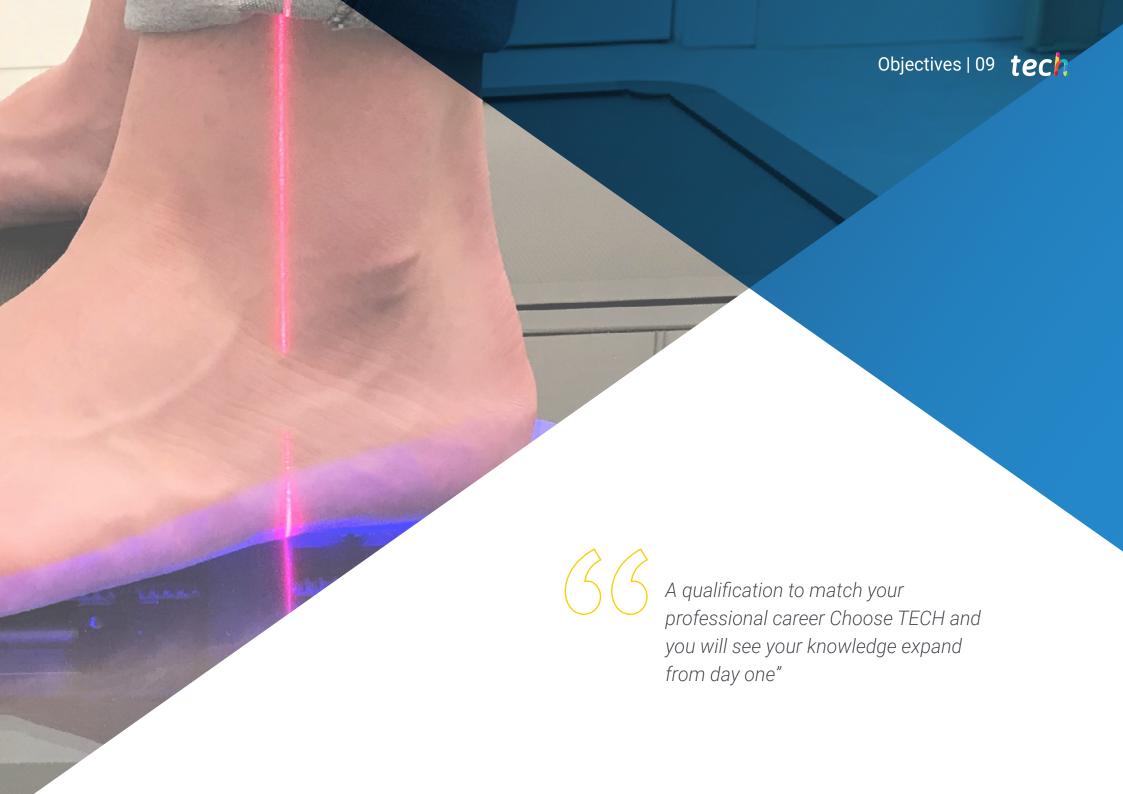
This program is designed around Problem Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

Take advantage of the faculty's experience to resolve doubts and raise possible lines of action based on your own experience

Access the Virtual Classroom from any device Download the content and follow the lessons from wherever you want







## tech 10 | Objectives



#### **General Objectives**

- Generate specialized knowledge on the main types of biomedical signals and their uses
- Develop the physical and mathematical knowledge underlying biomedical signals
- Fundamentals of the principles governing signal analysis and processing systems
- Analyze the main applications, trends and lines of research and development in the field of biomedical signals
- Develop expertise in classical mechanics and fluid mechanics
- Analyze the general functioning of the motor system and its biological mechanisms
- Develop models and techniques for the design and prototyping of interfaces based on design methodologies and their evaluation
- Provide the student with critical skills and tools for interface assessment
- Explore the interfaces used in pioneering technology in the biomedical sector
- Analyze the fundamentals of medical imaging acquisition, inferring its social impact
- Develop specialized knowledge about the operation of the different imaging techniques, understanding the physics behind each modality
- Identify the usefulness of each method in relation to its characteristic clinical applications
- Investigate post-processing and management of acquired images

- Use and design biomedical information management systems
- Analyze current digital health applications and design biomedical applications in a hospital setting or clinical center



Discover how far you are capable of going with the additional content TECH makes available to you"





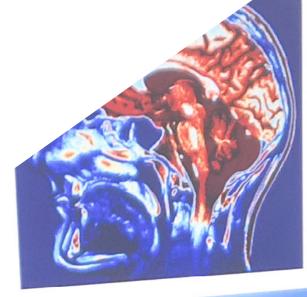
## **Specific Objectives**

- Generate specialized knowledge on the concept of biomechanics
- Examine the different types of movements and the forces involved in them
- Understanding the functioning of the circulatory system
- Develop biomechanical analysis methods
- Analyze muscle positions to understand their effect on resultant forces
- Evaluate common problems related to biomechanics
- Identify the main lines of action of biomechanics



# **Course Management**

The management of this Postgraduate Certificate is composed of professionals with extensive experience in Biomechanics, with experience in research projects and with which the student is assured of receiving the best possible teaching in this field. This teaching team, characterized by a great human quality, will invest their time and effort in guaranteeing the specialist an enriching and fruitful academic experience.







#### **International Guest Director**

Awarded by the Academy of Radiology Research for his contribution to the understanding of this area of science, Dr. Zahi A Fayad is considered a prestigious Biomedical Engineer. In this sense, most of his line of research has focused on both the detection and prevention of Cardiovascular Diseases. In this way, he has made multiple contributions in the field of Multimodal Biomedical Imaging, promoting the correct use of technological tools such as Magnetic Resonance Imaging or Positron Emission Computed Tomography in the health community.

In addition, he has an extensive professional background that has led him to occupy relevant positions such as the Director of the Institute of Biomedical Engineering and Imaging at Mount Sinai Medical Center, located in New York. It should be noted that he combines this work with his facet as a Research Scientist at the National Institutes of Health of the United States government. He has written more than 500 exhaustive clinical articles on subjects such as drug development, the integration of the most avant-garde techniques of Multimodal Cardiovascular Imaging in clinical practice or non-invasive in vivo methods in clinical trials for the development of new therapies to treat Atherosclerosis. Thanks to this, his work has facilitated the understanding of the effects of Stress on the immune system and Cardiac Pathologies significantly.

On the other hand, this specialist leads 4 multicenter clinical trials funded by the US pharmaceutical industry for the creation of new cardiovascular drugs. His objective is to improve therapeutic efficacy in conditions such as Hypertension, Heart Failure or Stroke. At the same time, it develops prevention strategies to raise public awareness of the importance of maintaining healthy lifestyle habits to promote optimal cardiac health.



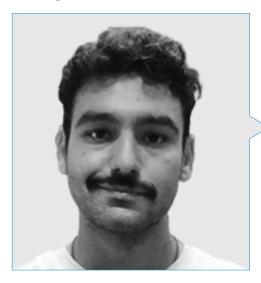
## Dr. A Fayad, Zahi

- Director of the Institute for Biomedical Engineering and Imaging at Mount Sinai Medical Center, New York
- Chairman of the Scientific Advisory Board of the National Institute of Health and Medical Research at the European Hospital Pompidou AP-HP in Paris, France
- Principal Investigator at Women's Hospital in Texas, United States
- Associate Editor of the "Journal of the American College of Cardiology"
- Ph.D. in Bioengineering from the University of Pennsylvania
- B.S. in Electrical Engineering from Bradley University
- Founding member of the Scientific Review Center of the National Institutes of Health of the United States government



## tech 16 | Course Management

#### Management



#### Ruiz Díez, Carlos

- Researcher at the National Microelectronics Center of the CSIC.
- Researcher. Composting Research Group of the Department of Chemical, Biological and Environmental Engineering of the UAB.
- Founder and product development at NoTime Ecobrand, a fashion and recycling brand
- Development cooperation project manager for the NGO Future Child Africa in Zimbabwe.
- Graduate in Industrial Technologies Engineering from Universidad Pontificia de Comillas ICA
- Master's Degree in Biological and Environmental Engineering from the Autonomous University of Barcelona.
- Master's Degree in Environmental Management from the Universidad Española a Distancia (Spanish Open University)

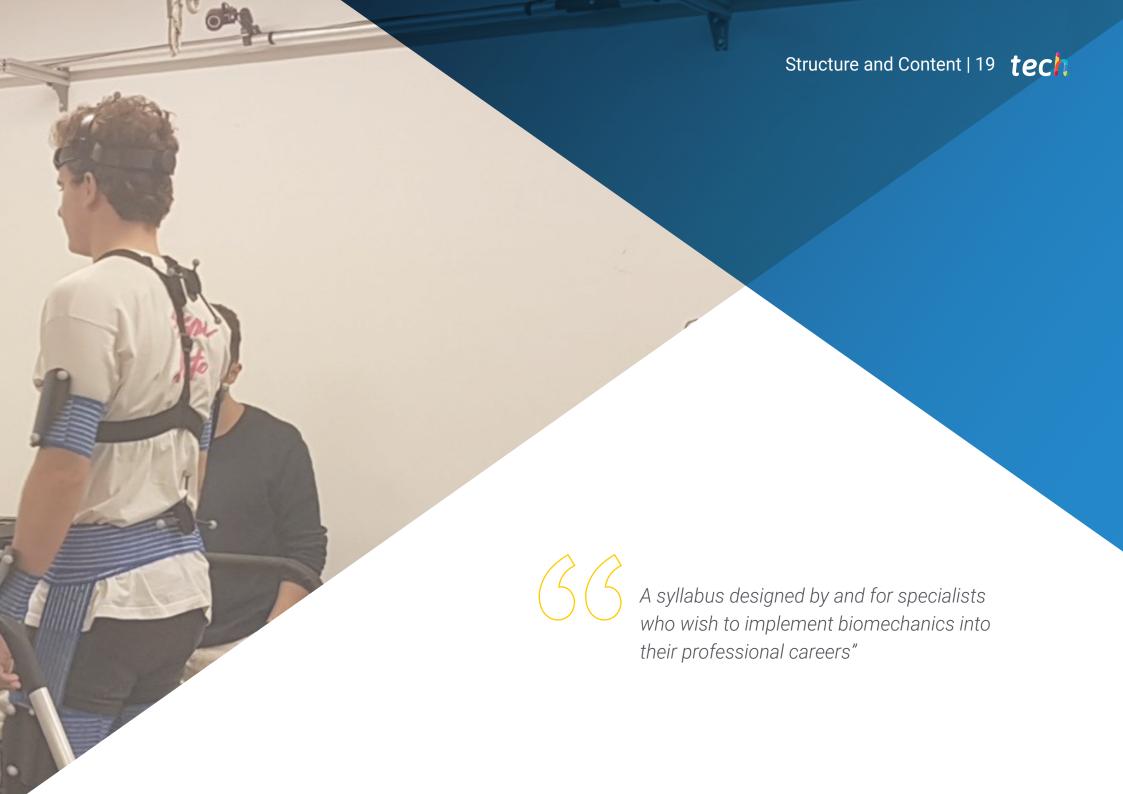
#### **Professors**

#### Sirera Pérez, Ángela

- Technaid. Design and manufacture of specific parts for 3D printing.
- Use of Inventor CAD Design Software. Knowledge of the mechanics of lower limb exoskeletons for the Rehabilitation of persons with reduced mobility.
- Nuclear Medicine. Clinical University of Navarra. Analysis of Nuclear Medicine images.
  Dose assessment of patients with PET brain studies. Research on the optimization of methionine activity.
- Degree in Biomedical Engineering from the University of Navarra







## tech 20 | Structure and Content

#### Module 1. Biomechanics

- 1.1. Biomechanics
  - 1.1.1. Biomechanics
  - 1.1.2. Qualitative and Quantitative Analysis
- 1.2. Basic Mechanics
  - 1.2.1. Functional Mechanisms
  - 1.2.2. Basic Units
  - 1.2.3. The Nine Fundamentals of Biomechanics
- 1.3. Mechanical Fundamentals Linear and Angular Kinematics
  - 1.3.1. Linear Movement
  - 1.3.2. Relative Movement
  - 1.3.3. Angular Movement
- 1.4. Mechanical Fundamentals Linear Kinetics
  - 1.4.1. Newton's Law
  - 1.4.2. Principle of Inertia
  - 1.4.3. Energy and Work
  - 1.4.4. Stress Angle Analysis
- 1.5. Mechanical Fundamentals Angular Kinetics
  - 1.5.1. Torque
  - 1.5.2. Angular Momentum
  - 1.5.3. Newton's Angles
  - 1.5.4. Balance and Gravity
- 1.6. Fluid Mechanics
  - 1.6.1. Fluid
  - 1.6.2. Flows
    - 1.6.2.1. Laminar Flow
    - 1.6.2.2. Turbulent Flow
    - 1.6.2.3. Pressure-Velocity: the Venturi Effect
  - 1.6.3. Forces in Fluids





## Structure and Content | 21 tech

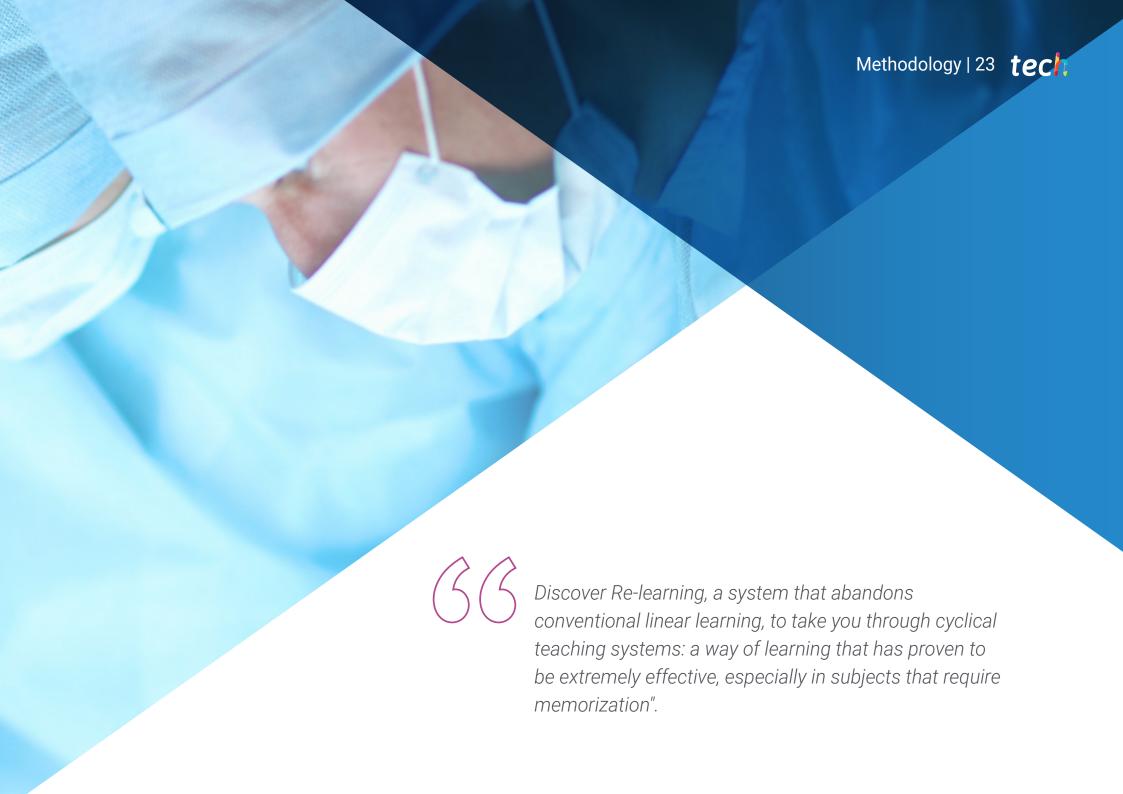
1	.7.	Human	Anatomy	Limitations

- 1.7.1. Human Anatomy
- 1.7.2. Muscles: Active and Passive Stress
- 1.7.3. Mobility Range
- 1.7.4. Mobility-Strength Principles
- 1.7.5. Limitations in the Analysis
- 1.8. Mechanisms of the Motor System Bone, Muscle-Tendon and Ligament Mechanics
  - 1.8.1. Tissue Functioning
  - 1.8.2. Biomechanics of Bones
  - 1.8.3. Biomechanics of the Muscle-Tendon Unit
  - 1.8.4. Biomechanics of Ligaments
- 1.9. Mechanisms of the Motor System Mechanics of Muscles
  - 1.9.1. Mechanical Characteristics of Muscles
    - 1.9.1.1. Force-Speed Relationship
    - 1.9.1.2. Force-Distance Relationship
    - 1.9.1.3. Force-Time Relationship
    - 1.9.1.4. Traction-Compression Cycles
    - 1.9.1.5. Neuromuscular Control
    - 1.9.1.6. The Spine and Backbone

#### 1.10. Mechanics of Biofluids

- 1.10.1. Mechanics of Biofluids
  - 1.10.1.1. Transport, Stress and Pressure
  - 1.10.1.2. The Circulatory System
  - 1.10.1.3. Blood Characteristics
- 1.10.2. General Problems in Biomechanics
  - 1.10.2.1. Problems in Nonlinear Mechanical Systems
  - 1.10.2.2. Problems in Biofluidics
  - 1.10.2.3. Solid-Liquid Problems





## tech 24 | Methodology

#### At TECH we use the Case Method

What should a professional do in a given situation? Throughout the program, students will face multiple simulated clinical cases, based on real patients, in which they will have to do research, establish hypotheses, and ultimately resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

With TECH you will experience a way of learning that is shaking the foundations of traditional universities around the world



According to Dr. Gérvas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching power or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in the physician's professional practice.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

#### The effectiveness of the method is justified by four fundamental achievements:

- Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that evaluate real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



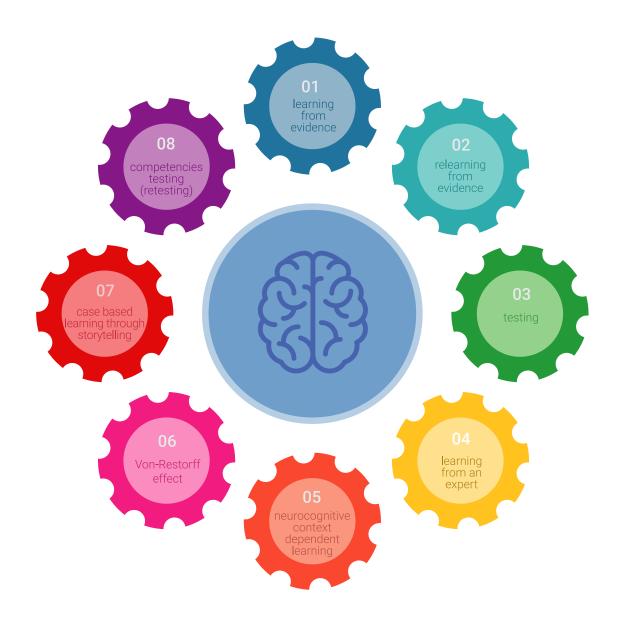


#### Re-learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

This university is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, a real revolution with respect to the mere study and analysis of cases.

Professionals will learn through real cases and by resolving complex situations in simulated learning environments These simulations are developed using state-of-the-art software to facilitate immersive learning



### Methodology | 27 tech

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology, more than 250,000 physicians have been trained with unprecedented success in all clinical specialties regardless of surgical load. Our pedagogical methodology is developed in a highly competitive environment, with a university student body with a high socioeconomic profile and an average age of 43.5 years old.

Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by TECH's learning system is 8.01, according to the highest international standards.

## tech 28 | Methodology

This program offers the best educational material, prepared with professionals in mind:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### **Surgical Techniques and Procedures on Video**

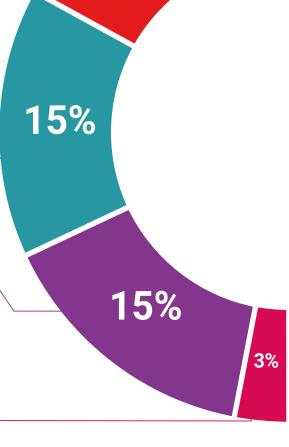
TECH introduces students to the latest techniques, the latest educational advances and to the forefront of current medical techniques. All of this in direct contact with students and explained in detail so as to aid their assimilation and understanding. And best of all, you can watch the videos as many times as you like.



#### **Interactive Summaries**

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

## Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



#### **Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



#### Classes

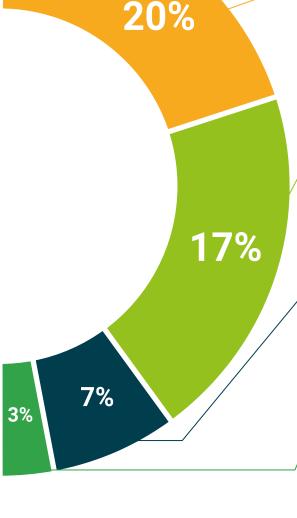
There is scientific evidence on the usefulness of learning by observing experts: The system termed Learning from an Expert strengthens knowledge and recall capacity, and generates confidence in the face of difficult decisions in the future.



#### **Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.









## tech 32 | Certificate

This **Postgraduate Certificate in Biomechanics** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (*official bulletin*). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University title**, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Certificate in Biomechanics

Modality: online

Duration: 6 weeks

Accreditation: 6 ECTS



Mr./Ms. \_\_\_\_\_, with identification document \_\_\_\_\_ has successfully passed and obtained the title of:

#### Postgraduate Certificate in Biomechanics

This is a private qualification of 180 hours of duration equivalent to 6 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy.

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA).

In Andorra la Vella, on the 28th of February of 2024





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