



# Master's Degree Sexology

» Modality: online

» Duration: 12 months

» Certificate: TECH Global University

» Accreditation: 60 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/education/master-degree/master-sexology

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### tech 06 | Introduction to the Program

Sexology has evolved as a fundamental discipline for understanding and addressing human sexuality in its multiple dimensions. Factors such as comprehensive sexual education, gender diversity, and the prevention of sexual dysfunctions have gained increasing relevance in clinical, educational, and social fields. Professionals specialized in this area can intervene effectively in promoting sexual health, providing therapeutic counseling, and addressing issues related to intimacy and interpersonal relationships.

The development of evidence-based strategies allows for innovative responses to current challenges in the study of sexuality. However, to achieve this, it is essential to have updated knowledge that integrates the latest research in Sexology, neuroscience, and applied psychology. Multidisciplinary intervention, cultural sensitivity, and an inclusive approach are key to ensuring effective support in the sexological field.

In response to this reality, TECH has developed a Master's Degree in Sexology with an innovative, practical, and highly specialized approach. Its curriculum spans from the biological and psychological foundations of sexuality to the most advanced methodologies for assessment and intervention in this field. It also offers an exploration of the latest trends in sexual education, couples therapy, and counseling on sexual identity and orientation.

This academic experience stands out for its 100% online methodology, allowing professionals to expand their knowledge without time constraints. Its flexible and dynamic learning model, combined with the support of an expert faculty, guarantees an unparalleled university degree. Through the exclusive Relearning learning system, graduates will be able to absorb content effectively and progressively.

As an exclusive benefit from TECH, graduates will receive 10 Masterclasses delivered by a high-profile International Guest Director.

This **Master's Degree in Sexology** contains the most complete and up-to-date educational program on the market. The most important features include:

- The development of practical cases presented by experts in Sexology
- The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- Practical exercises where the self-assessment process can be carried out to improve learning
- Special emphasis on innovative methodologies in Sexology
- Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an internet connection



A renowned International Guest Director will deliver 10 exclusive Masterclasses on the latest trends in the field of Sexology"

### Introduction to the Program | 07 tech

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You will gain a comprehensive understanding of human sexuality from biological, psychological, social, and cultural perspectives"

The faculty includes professionals from the Sexology field, who bring their work experience into the program, along with recognized specialists from leading organizations and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide an immersive learning experience designed to prepare for real-life situations.

This program is designed around Problem-Based Learning, whereby the student must try to solve the different professional practice situations that arise throughout the program. For this purpose, the professional will be assisted by an innovative interactive video system created by renowned and experienced experts.

You will promote safe school environments, free from discrimination, and based on affective-sexual respect.

With the revolutionary Relearning system employed by TECH, you will reduce long hours of study and memorization.







### tech 10 | Why Study at TECH?

#### The world's best online university, according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".

#### The best top international faculty

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

#### The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.



The most complete syllabus





World's
No.
The World's largest
online university

#### The most complete syllabuses on the university scene

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

#### A unique learning method

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

#### The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

#### Leaders in employability

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



#### **Google Premier Partner**

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.

#### The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.





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#### Module 1. Sexology

- 1.1. Evolution of Sexology as a Science
  - 1.1.1. Early References to Sexuality
  - 1.1.2. Development of Sexology as a Science
  - 1.1.3. The Human Sexual Act
- 1.2. Biological Foundations
  - 1.2.1. Neuroendocrine System
  - 1.2.2. Genetics
  - 1.2.3. Genital Anatomy
- 1.3. Social Foundations
  - 1.3.1. Cultural Influence
  - 1.3.2. Environmental Influence
- 1.4. Psychological Foundations
  - 1.4.1. Somatosexual Constitution
  - 1.4.2. Sexual and Gender Identity
  - 1.4.3. Gender Expression and Roles
  - 1.4.4. Social Foundations
  - 1.4.5 Cultural Influence
  - 1.4.6. Environmental Influence
- 1.5. Developmental Sexology
  - 151 Definition
  - 1.5.2. Normal Events in a Person's Life
- 1.6. Sexual Development
  - 1.6.1. Nervous System
  - 1.6.2. Primary Sexual Characteristics
  - 1.6.3. Secondary Sexual Characteristics
  - 1.6.4. Tertiary Sexual Characteristics
- 1.7. Child Development
  - 1.7.1. Conceptualization
  - 1.7.2. The Importance of Emotional Development from Childhood
  - 1.7.3. Bowlby's Attachment Theory

- 1.8. Human Biological Processes
  - 1.8.1. Physical, Psychological, and Sexual Changes During Adolescence
     1.8.1.1. Menstrual Cycle
  - 1.8.2. Pregnancy, Childbirth, and Postpartum
  - 1.8.3. Climacteric and Menopause
  - 1.8.4. Andropause
- 1.9. Anthropological Review of Human Sexuality
  - 1.9.1. The Shift from Quadrupedalism to Bipedalism
  - 1.9.2. Most Important Historical Findings
  - 1.9.3. Paleolithic Period and the Revolution of the Affects
  - 1.9.4. Origin of Monogamy
- 1.10. Areas of Development in Sexology
  - 1.10.1. Clinical
  - 1.10.2. Physical
  - 1.10.3. Education
  - 1.10.4. Dissemination

#### Module 2. Conceptual, Historical and Dissemination Framework

- 2.1. Pillars of Sexology and Dissemination Framework
  - 2.1.1. Referents (Male and Female) in Sex Education
  - 2.1.2. Map of the Human Sexual Act
- 2.2. Conceptual Fields
  - 2.2.1. Sexuation and Sexuality
  - 2.2.2. Erotica and Amatory. Erotic Peculiarities
  - 2.2.3. Couple and Procreation
- 2.3. Sexuation: Identity
  - 2.3.1. Conceptualization: Alosexuality and Autosexuality
  - 2.3.2. Transsexuality and Cisexuality
- 2.4. Sexuality: Orientation of Desire
  - 2.4.1. Conceptualization
  - 2.4.2. Sexual Orientations
  - 2.4.3. Erotica and Desires

# 2.5. Erotic and Amatory. Erotic Peculiarities2.5.1. Conceptualization

2.5.2. Idea and Meaning of Sex in History2.5.2.1. Normative Erotics2.5.2.2. Non-Normative Erotics

#### 2.6. The Idea of Sex: Locus Genitalis

2.6.1. Sexological Perspective in History

2.6.2. Pleasure Beyond Reproduction

#### 2.7. Relationships

- 2.7.1. Love: Concept of the Ars Amandi
- 2.7.2. Relational Diversity
- 2.7.3. Stages of the Relationships
- 2.7.4. Marriage and Living Together
- 2.7.5. Sex without Love and Love without Sex

#### 2.8. Sexological Dissemination

- 2.8.1. General Principles
- 2.8.2. Ethics in Dissemination
- 2.8.3. Sexological History

#### 2.9. Current Dissemination Techniques

- 2.9.1. Press, Television and Radio
- 2.9.2. Social Media
- 2.9.3. Creation of Material

#### 2.10. Personal Branding Development

- 2.10.1. Brand Models
- 2.10.2. Content Composition and Creation
- 2.10.3. Creating a Personal Brand



#### Module 3. Sex Education

3.1.	Prin	ciples

- 3.1.1. Understanding Its Importance
- 3.1.2. Role of the Sexual Educator
- 3.1.3. Sexual and Reproductive Rights
- 3.1.4. General Objectives

#### 3.2. Sexual Education in Childhood

- 3.2.1. Specific Objectives for This Stage
- 3.2.2. Role of Parents and Other Educators
- 3.2.3. Sexual Education in Pre-School
- 3.2.4. Sexual Education in Primary School
- 3.2.5. Activity Proposals and Resources

#### 3.3. Sexual Education in Adolescence

- 3.3.1. Specific Objectives for This Stage
- 3.3.2. Role of Peers
- 3.3.3. Sexual Education (11-17 Years Old)
- 3.3.4. Sexual Education (17-19 Years Old)
- 3.3.5. Activity Proposals and Resources

#### 3.4. Sexual Education in Adulthood

- 3.4.1. Objectives According to More Specific Interests
- 3.4.2. Sexual Education in Early Adulthood (19-40 Years Old)
- 3.4.3. Sexual Education in Middle Adulthood (40-60 Years Old)
- 3.4.4. Activity Proposals and Resources
- 3.5. Sexual Education in Late Adulthood (60+ Years Old)
  - 3.5.1. Specific Objectives for This Stage
  - 3.5.2. Main Difficulties
  - 3.5.3. Activity Proposals and Resources

#### 3.6. Design and Implementation of Programs

- 3.6.1. Diagnosis of Interests
- 3.6.2. Program Development
- 3.6.3. Program Implementation
- 3.6.4. Program Assessment

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- 3.7. Prevention and Health
  - 3.7.1. Contraceptive and Conception Methods
  - 3.7.2. Emergency Contraception
  - 3.7.3. Sexually Transmitted Infections
  - 3.7.4. Risky Behaviors
- 3.8. Relational Diversity
  - 3.8.1. Origin of Monogamy
  - 3.8.2. Important Concepts
  - 3.8.3. Types of Open Relationships
- 3.9. Functional Diversity and Severe Mental Disorders
  - 3.9.1. Stigmas Associated with This Population
  - 3.9.2. PLISSIT Model
  - 3.9.3. Sexual Assistance
- 3.10. Formal and Non-Formal Education
  - 3.10.1. Types of Education Programs

#### Module 4. Sexual and Reproductive Health

- 4.1. Contextualization
  - 4.1.1. Definition
  - 4.1.2. Technological and Sociological Advances
  - 4.1.3. Assisted Reproduction Treatments and Their Legal Context in Different Countries
- 4.2. HIV
  - 4.2.1. Historical Context
  - 4.2.2. Associated Stigma
  - 4.2.3. Current Treatments
  - 4.2.4. Positive Resources
- 4.3. Voluntary Pregnancy Termination
  - 4.3.1. Definition
  - 4.3.2. Procedure
  - 4.3.3. Media Coverage
  - 4.3.4. Physical, Emotional, and Economic Consequences



#### 4.4. Fertility: Ovaries and Uterus

- 4.4.1. Gametogenesis
- 4.4.2. Menstrual Cycle
- 4.4.3. Classic Methods of Fertility Management
  - 4.4.3.1. Symptothermal Method
  - 4.4.3.2. Cervical Mucus Recording
  - 4.4.3.3. Cervical Position Recording
- 4.4.4. Tests for People with Ovaries and/or Uterus
- 4.4.5. Fertility in the Reaffirmation of Sexual Identit
- 4.5. Fertility: Testicles
  - 4.5.1. Gametogenesis
  - 4.5.2. Sperm Formation/Regeneration Cycle
  - 4.5.3. Habits That Can Affect Fertility Potential
  - 4.5.4. Tests for People with Testicles
  - 4.5.5. Fertility in the Reaffirmation of Sexual Identit
- 4.6. Assisted Reproduction Treatments I
  - 4.6.1. Directed Sexual Intercourse (DSI)
  - 4.6.2. Artificial Insemination with Partner's Semen
  - 4.6.3. Artificial Insemination with Donor Semen
- 4.7. Assisted Reproduction Treatments II
  - 4.7.1. In Vitro Fertilization (IVF)
  - 4.7.2. Intracytoplasmic Sperm Injection (ICSI)
  - 4.7.3. Blastocyst Culture
  - 4.7.4. Preimplantation Genetic Diagnosis (PGD)
- 4.8. Sexological Support During the Pregnancy Attempt
  - 4.8.1. Impact of Assisted Reproduction Process on Erotic Desire
  - 4.8.2. Sexual Satisfaction with Infertility Diagnosis
- 4.9. Fertility Myths
  - 4.9.1. Pregnancy Probability
  - 4.9.2. Positions That Favor Pregnancy
  - 4.9.3. Orgasm and Fertility
  - 4.9.4. Effectiveness of Fertility Techniques
  - 4.9.5. Ejaculatory Abstinence and Fertility
- 4.10. Promotion of Sexual Health
  - 4.10.1. Difference Between Prevention and Promotion
  - 4.10.2. Tools for Promoting Sexual Health

#### Module 5. Sexological Counseling

- 5.1. Basic Assumptions
  - 5.1.1. Objectives of Sexual Therapy
  - 5.1.2. Therapeutic Framework
  - 5.1.3. General Phases of Intervention
- 5.2. Deontological Aspects
  - 5.2.1. Basic Principles
  - 5.2.2. Deontology in Sexology
  - 5.2.3. Deontology of Each Profession
- 5.3. Sexological Counseling
  - 5.3.1. Special Characteristics
  - 5.3.2. Frequently Asked Questions
- 5.4. Therapist Skills
  - 5.4.1. Skills
  - 5.4.2. Active Listening
  - 5.4.3. Self-Knowledge
  - 5.4.4. Best Practices
- 5.5. Self-Care for the Therapist
  - 5.5.1. Risk of Burnout
  - 5.5.2. Importance of the Therapist's Psychological Adjustment
  - 5.5.3. Managing Energy
- 5.6. Therapeutic Alliance
  - 5.6.1. Importance
  - 5.6.2. Characteristics of the Therapeutic Relationship
  - 5.6.3. Different Approaches to the Therapeutic Alliance
- 5.7. Specific Characteristics of Couples Therapy and Sexual Therapy
  - 5.7.1. Experiential Climate
  - 5.7.2. Common Resistance to Therapy
- 5.8. Characteristics for a Good Prognosis
  - 5.8.1. Safety within the Therapeutic System
  - 5.8.2. Engagement in the Therapeutic Process
  - 5.8.3. Emotional Connection with the Therapist

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- 5.9. Issues to Address
  - 5.9.1. Perception of One's Own Body
  - 5.9.2. Self-Concept
  - 5.9.3. Self-Esteem
- 5.10. Online Counseling
  - 5.10.1. Advantages and Disadvantages
  - 5.10.2. Proven Effectiveness
  - 5.10.3. Optimal Conditions for Online Counseling

#### Module 6. Sexual Dysfunction

- 6.1. Human Sexual Response
  - 6.1.1. Explanatory Models
  - 6.1.2. Desire
  - 6.1.3. Excitement
  - 6.1.4. Orgasm
  - 6.1.5. Resolution
- 6.2. Desire Difficulties
  - 6.2.1. Definition
  - 6.2.2. Etiology
  - 6.2.3. Proposed Intervention
- 6.3. Excitement Difficulties
  - 6.3.1. Definition
  - 6.3.2. Etiology
  - 6.3.3. Proposed Intervention
- 6.4. Difficulty Maintaining Erection
  - 6.4.1. Definition
  - 6.4.2. Etiology
  - 6.4.3. Proposed Intervention

- 6.5. Ejaculatory Control Difficulties
  - 6.5.1. Definition
  - 6.5.2. Etiology
  - 6.5.3. Proposed Intervention
- 6.6. Difficulty Reaching Orgasm
  - 6.6.1. Definition
  - 6.6.2. Etiology
  - 6.6.3. Proposed Intervention
- 6.7. Difficulties Related to Pain
  - 6.7.1. Definition
  - 6.7.2. Etiology
  - 6.7.3. Proposed Intervention
- 6.8. Inability to Penetrate
  - 6.8.1. Definition
  - 6.8.2. Etiology
  - 6.8.3. Proposed Intervention
- 6.9. Difficulties Related to Certain Medical Conditions
  - 6.9.1. Endometriosis and Adenomyosis
  - 6.9.2. Fibromyalgia
  - 6.9.3. Diabetes
  - 6.9.4. Cancer Treatments
  - 6.9.5. Hemorrhoids
  - 6.9.6. Skin Disorders
  - 6.9.7. Surgical Interventions
- 6.10. Interdisciplinary Intervention in Sexology
  - 6.10.1. Multidisciplinary vs. Interdisciplinary Work
  - 6.10.2. Importance of Interdisciplinary Work
  - 6.10.3. Related Professionals

#### Module 7. Couples Therapy

- 7.1. Formation of Romantic Relationships
  - 7.1.1. Defining Elements
  - 7.1.2. Structure of the Couple
- 7.2. Evolution of Romantic Relationships
  - 7.2.1. Courtship and Attraction
  - 7.2.2. Falling in Love
  - 7.2.3. Love
  - 7.2.4. Milestones in the Relationship
- 7.3. Attachment and Romantic Relationships
  - 7.3.1. Formation of the Attachment System
  - 7.3.2. Secure Attachment
  - 7.3.3. Anxious Attachment
  - 7.3.4. Avoidant Attachment
- 7.4. Couples Therapy
  - 7.4.1. Characteristics
  - 7.4.2. Indications and Contraindications of Couples Therapy
  - 7.4.3. Basic Principles
  - 7.4.4. Aspects to Observe
- 7.5. Structure of Couples Therapy
  - 7.5.1. Different Approaches
  - 7.5.2. Initial Interviews
  - 7.5.3. Establishing Hypotheses and Feedback
  - 7.5.4. Intervention
  - 7.5.5. Follow-up and Contract Creation
- 7.6. Some Tools in Couple Therapy
  - 7.6.1. Myths of Romantic Love
  - 7.6.2. Positive Exchanges
  - 7.6.3. Leisure Time Management

- 7.7. Conflict Management in Couples
  - 7.7.1. Introduction to Conflict Theory
  - 7.7.2. Factors Influencing Couple Conflict
  - 7.7.3. Defense Mechanisms
  - 7.7.4. Identifying Problems in the Relationship
  - 7.7.5. Negotiation Strategies
- 7.8. Infidelity
  - 7.8.1. Definition
  - 7.8.2. Etiology and Epidemiology
  - 7.8.3. Myths and Realities of Infidelity
  - 7.8.4. Specific Aspects to Evaluate and Work On
  - 7.8.5. Ethical and Deontological Implications
- 7.9. Jealousy Management
  - 7.9.1. Definition
  - 7.9.2. Differences Between Jealousy as Emotion and Pathological Jealousy
  - 7.9.3. Specific Aspects to Evaluate and Work On
- 7.10. Breakup Management
  - 7.10.1. Accompanying the Breakup Process
  - 7.10.2. Reactions to the Breakup
  - 7.10.3. Romantic Grief
  - 7.10.4. Traumatic Breakup
  - 7.10.5. Legal Management

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#### Module 8. Equality and Gender Perspective

- 8.1. Gender Perspective
  - 8.1.1. Brief Review: Sex vs. Gender Differences
  - 8.1.2. Patriarchy
- 8.2. Why Is It Necessary?
  - 8.2.1. Social Differences Between Boys and Girls
  - 8.2.2. The Social Context
  - 8.2.3. Wage Gap
  - 8.2.4. Orgasm Gap
- 8.3. Origins
  - 8.3.1. Historical Context
  - 8.3.2. Background
  - 8.3.3. UN Declaration
- 8.4. Differences Between Concepts and Their Interrelations
  - 8.4.4. Equality
  - 8.4.5. Gender Perspectives
  - 8.4.6. Feminism
- 8.5. The Sex-Gender System as a Sociocultural Construction
  - 8.5.1. Traditional Male/Female Roles
  - 8.5.2. Various Feminist Perspectives
  - 8.5.3. Analysis of the Sex-Gender System in Different Social Models
- 8.6. Current Educational Models: Coeducation
  - 8.6.1. Conceptualization
  - 8.6.2. Mental Load and Its Consequences
  - 8.6.3. Resources to Promote Coeducation
- 8.7. Dissemination and Gender Perspective
  - 8.7.1. Resources for Use in the Media
  - 8.7.2. Resources for Use in the Classroom

- 8.8. How to Apply the Gender Perspective
  - 8.8.1. Childhood
  - 8.8.2. Adolescence
  - 8.8.3. Adulthood
  - 8.8.4. Old Age
- 8.9. Gender-Based Violence
  - 8.9.1. Types of Violence
  - 8.9.2. Intervention and Approach for Different Types of Violence
  - 8.9.3. Preceding Cultural Context
- 8.10. Gender Perspective in Healthcare
  - 8.10.1. Overmedicalization of Women
  - 8.10.2. More Efficient Healthcare Resources
  - 8.10.3. Guidelines for Healthcare Personnel

#### Module 9. Sexuality-Related Violence

- 9.1. Approach to Child Sexual Abuse
  - 9.1.1. Relationship between Love, Power, and Violence
  - 9.1.2. Maltreatment and Positive Care in Childhood
  - 9.1.3. Child Protection Systems
- 9.2. Conceptualization of Child Sexual Abuse
  - 9.2.1. Criteria
  - 9.2.2. Types of Child Sexual Abuse
- 9.3. Prevention of Child Sexual Abuse
  - 9.3.1. Key Messages
  - 9.3.2. Types of Prevention
  - 9.3.3. Risk and Protective Factors
  - 9.3.4. Program Proposals

9.4.	Intervention in Child Sexual Abuse			
	9.4.1.	Phases of the Intervention Process		
	9.4.2.	Basic Principles		

9.4.3. Professional Competencies9.4.4. Consequences of Child Sexual Abuse

9.5. Characteristics of Intervention in Child Sexual Abuse

9.5.1. Procedure and Criteria

9.5.2. Agents Involved in Intervention

9.5.3. General Aspects to Address

9.6. LGBTIQAP+ Worldwide

9.6.1. Same-Sex Marriage and Homoparental Adoption

9.6.2. Types of Human Rights Violations against the LGBTIQAP+ Community

9.6.3. LGBTIQAP+-Friendly Places and Safe Spaces

9.6.4. Forms of LGBTIQAP+phobia9.6.4.1. Forms of LGBTIQAP+phobia9.6.4.2. Support Resources

9.7. Intra-Gender Violence

9.7.1. Cultural Context

9.7.2. Legislation

9.7.3. Intervention and Approach

9.8. Bullying Based on Sexual Diversity

9.8.1. Definition

9.8.2. Profile of Aggressor and Victim

9.8.3. Frequency and Type of School Harassment

9.8.4. Consequences

9.9. LGBTIQAP+ Affirmative Psychology

9.9.1. Family Interventions

9.9.2. Comprehensive Intervention in Socio-Health and Psychosocial Contexts

9.9.3. Intervention with Older LGBTIQAP+ Individuals

9.10. Sexual Diversity Education in Schools

9.10.1. Role Models and Absences

9.10.2. Activities and Educational Resources

#### Module 10. Masculinities and Sexuality

10.1. Contextualization of Male Socialization

10.1.1. Hegemonic Masculinity and Complicit Masculinities

10.1.2. Masculinity and Patriarchy

10.2. The Masculinity Box

10.2.1. What Is It? Associated Values. Mandates, and Beliefs

10.3. Risks of Masculinity

10.3.1. Risks for Men Themselves

10.3.2. Risks for Society: Violence

10.4. Non-Normative Dissident Masculinities

10.4.1. Deessentializing Masculinity

10.4.2. Importance of Plural Identities

10.5. Masculinity in Affective and Sexual Relationships

10.5.1. Homosociality

10.5.2. Skills for Building Affective Relationships

10.5.3. Roles of Men in the Couple

10.6. Male Eroticism (I)

10.6.1. Influence of Pornography on Male Ideals

10.6.2. Fantasies and Autoeroticism

10.7. Male Eroticism (II)

10.7.1. Desire, Pleasure, and Genitality in Normative Relational Eroticism

10.7.2. Erotic and Relational Non-Normative Imaginaries

10.8. Male Eroticism (III)

10.8.1. Intimacy, Vulnerability, and Care

10.9. New Masculinities

10.9.1. Definition

10.9.2. Collectivizing the Identity Revision Process

10.10. Reflecting on Masculinity

10.10.1. Self-Knowledge Strategies

10.10.2. Who Am I?





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### **General Objectives**

- Acquire knowledge about human sexuality, expanding understanding from a biopsychosocial perspective
- Obtain tools to effectively support cases involving sexual difficulties
- Identify the variables involved in the onset and maintenance of different sexual dysfunctions
- Develop skills to communicate information about sexuality clearly and accurately
- Understand the aspects involved in the initiation and development of romantic relationships, including the life cycle of couples
- Describe the dynamics of couple relationships and factors that may disrupt them
- Explore complex topics such as gender-based violence and child sexual abuse
- Achieve skills to handle the multiple incidences and decision-making processes that may arise in professional practice



You will integrate the latest advances in Sexology into professional practice, applying innovative strategies to improve sexual health and the emotional well-being of individuals"





#### Module 1. Sexology

- Establish the foundations of Sexology as a scientific discipline
- Gain an in-depth understanding of the components that make up human sexual behavior

#### Module 2. Conceptual, Historical and Dissemination Framework

- Explore the key concepts of Sexology
- Acquire a thorough understanding of educational and dissemination techniques

#### Module 3. Sex Education

- Understand the different stages of sexual development
- Acquire the necessary skills to provide sexual education across the various stages
- Develop competencies to discuss sexuality naturally and openly
- Gain the knowledge to address questions that arise during sexual education

#### Module 4. Sexual and Reproductive Health

- Acquire an in-depth understanding of the critical aspects of sexual health
- Examine the legal and ethical framework surrounding voluntary termination of pregnancy
- Explore the different assisted reproductive methods
- Understand the various treatment options and approaches to infertility

#### Module 5. Sexological Counseling

- Develop the therapist's skills necessary to address sexual and couple-related issues
- Gain an in-depth understanding of the legal and ethical aspects relevant to sexology professionals

#### Module 6. Sexual Dysfunction

- Understand human sexual response through various explanatory models
- Learn to address the different sexual difficulties that may arise

#### Module 7. Couples Therapy

- Gain an in-depth understanding of how romantic bonds are formed
- Understand the role of attachment in relationships
- Learn to address the most common difficulties in couples
- Acquire strategies to work on transversal aspects within romantic relationships

#### Module 8. Equality and Gender Perspective

- Differentiate key concepts and understand their interrelation
- Learn to utilize resources for gender perspective dissemination and education

#### Module 9. Sexuality-Related Violence

- Contextualize and conceptualize the occurrence and causes of child sexual abuse
- Manage resources to prevent child sexual abuse
- Acquire knowledge on how to intervene if such cases arise in clinical practice
- Understand the diverse realities within the LGBTIQAP+ community

#### Module 10. Masculinities and Sexuality

- Contextualize masculinity, including its social mandates and beliefs, and their impact on the individual, society, and relational sphere
- Develop non-normative frameworks of male eroticism to construct new paradigms that explore each individual's sexual particularities while minimizing the impact of socio-cultural expectations on identity experiences





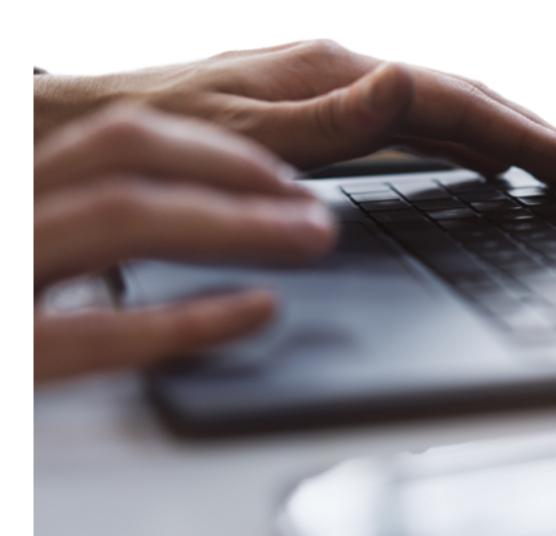
#### The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.









#### The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

### tech 30 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



#### Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



### tech 32 | Study Methodology

#### A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

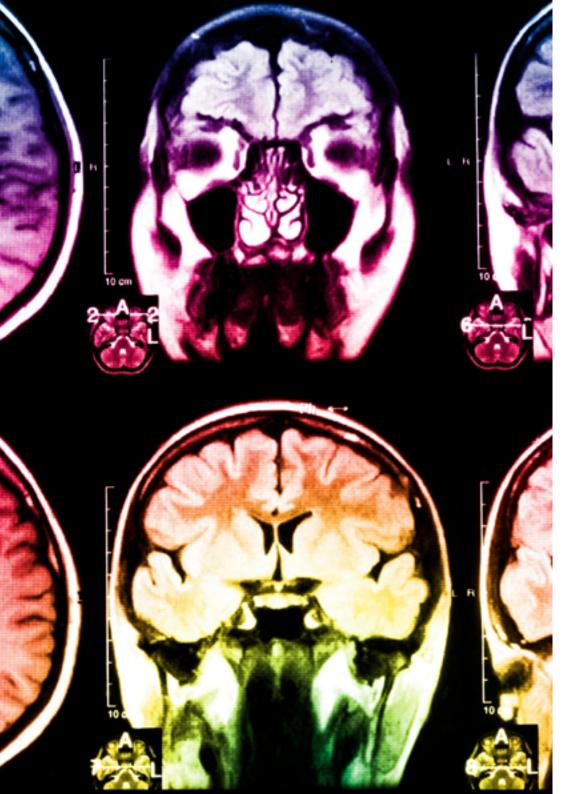
Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



#### The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

### tech 34 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Practicing Skills and Abilities**

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

#### **Case Studies**

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

#### **Testing & Retesting**



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

#### Classes



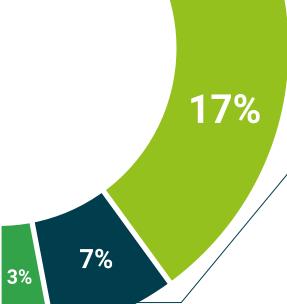
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.





For the delivery of this university program, TECH has assembled the leading specialists in the field of Sexology. These active professionals combine theoretical knowledge with applied experience in areas such as sexual and couples therapy, sexual education in various contexts, and reproductive health. Through their specialized guidance, graduates will receive evidence-based teaching, with an updated approach that integrates the latest advancements in the study of sexuality.



#### **International Guest Director**

Dr. Paola Zamperini has a long career as a researcher and educator in the area of **Gender** and **Sexuality**. Furthermore, in her PhD she specialized in **Chinese Literature** and Women's and Gender Studies at the University of California at Berkeley. With this interdisciplinary approach, she maintains a keen interest in creating learning environments marked by **feminist and Queer theory**, while delving into Chinese and East Asian cultural traditions.

After joining the Department of Asian Languages and Cultures at Northwestern University, she has served as **Associate Director of the Gender and Sexuality Program** at this educational center. As a professor, she has taught introductory courses on sexuality studies, sexual subjects and traditions of feminist thought. In the field of Asian cultures, she has focused on pre-modern Chinese literature, fashion theory and history, Buddhist literary cultures in East Asia, contemporary Chinese fiction, film and popular culture.

With her commitment to demonstrating the relevance of China studies to society and politics, Dr. Paola Zamperini has worked in Europe, developing intellectual and research connections with leading sinological centers. In this regard, she has collaborated as a mentor for undergraduate and graduate students at the Center for Asian and Transcultural Studies, which is considered the leading Asian studies center in Europe at the University of Heidelberg in Germany.

Also throughout her career she has written and published numerous books and articleson representations of prostitution, female suicide, fashion theory and history, and spiritual resonance. She has also related many of these topics to Chinese literature and culture.



# Dr. Zamperini, Paola

- Associate Director of the Gender and Sexuality Program at Northwestern University, United States
- Director of the Department of Asian Languages and Culture, Northwestern University
- Associate Professor of Asian Languages and Civilizations at Amherst College
- Researcher and Mentor at the Center for Asian and Transcultural Studies at the University of Heidelberg, Germany
- Ph.D. in Chinese Literature and Women's and Gender Studies from the University of California at Berkeley
- Graduate in Chinese Language and Literature from Ca' Foscari University, Venice



Thanks to TECH, you will be able to learn with the best professionals in the world"

### Management



### Ms. Ramos Escamilla, María

- Psychologist, Sexologist, Couple Therapist and director at Destino Kink
- Degree in Psychology from the Complutense University Madrid
- Master's Degree in Sexology, Sex Education and Sexological Counseling from the Camilo José Cela University

#### **Teachers**

#### Mr. Coronilla Delgado, Eduardo

- Professional in Health, Youth, Education, and Training Programs at the LGTBIQAP+ Association JereLesGay in Jerez de la Frontera and at FELGTBI+
- Bachelor's degree in Psychology from the University of Seville
- Specialist in Sexology from Camilo José Cela University in IUNIVES
- Member of: Fast Track Committee of Jerez (a committee that fights against the pandemic and HIV+ stigma)

#### Mr. Lajud Alastrué, Iñaki

- Psychologist and Sexologist at Masculinidades Beta Association
- Co-founder of Masculinidades Beta Association
- Psychologist at Centro Me Digo Sí
- Instructor for the Master's Degree in Gender Violence at the Official College of Psychology of Madrid

#### Ms. Rodríguez Sastre, Laura

- Psychologist, Sexologist, and Specialist in Sexual and Couples Therapy
- General Health Psychologist and Specialist in Emergencies, Crises, and Catastrophes
- Psychologist at Psychology and Sexology Centers

#### Ms. López Trenado, Esther

- Health Psychologist at Dana Psychology Center
- Specialist in Mental Health in the Third Sector
- Promoter of Equality
- Master's Degree in General Health Psychology from the Autonomous University of Madrid
- Bachelor's Degree in Psychology from Autonomous University of Madrid

#### Ms. Gutiérrez Ramos, Pamela

- Midwife and Sexologist
- Volunteer Sexologist at the NGO
- Sexologist at the Youth Sexuality Care Center
- Diploma in Conscious and Integral Support of the Maternal Perinatal Period with Gender Perspective and Biopsychosocial Approach

#### Ms. Figueredo García, Marien

- Sexologist and Sex Coach for Individuals and Couples
- CEO at SEXNATUR Parapharmacy
- Expert in Techniques and Resources Applied to Decreasing Emotional Discomfort in Sexual Response

#### Ms. Cilveti Lapeira, Margarita

- Psychologist at Psychology and Sexology Practice
- General Health Psychologist from the Autonomous University of Madrid
- Master's Degree in Sexology: Sexual Education and Counseling from INCISEX and the University of Alcalá
- Expert in Brief Systemic Therapy at Soluciones Center





### tech 44 | Certificate

This private qualification will allow you to obtain a diploma for the **Master's Degree in Sexology** endorsed by TECH Global University, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

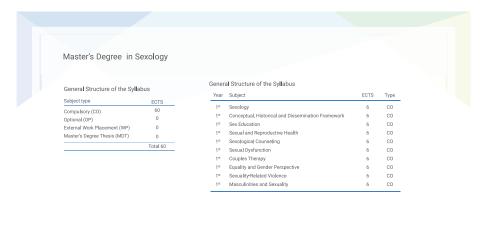
Title: Master's Degree in Sexology

Modality: online

Duration: 12 months

Accreditation: 60 ECTS







<sup>\*</sup>Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH Global University will make the necessary arrangements to obtain it, at an additional cost.

tech global university

# Master's Degree Sexology

- » Modality: online
- » Duration: 12 months
- » Certificate: TECH Global University
- » Accreditation: 60 ECTS
- » Schedule: at your own pace
- » Exams: online

