





Professional Master's Degree Educational Coaching

Course Modality: Online
Duration: 12 months

Certificate: TECH Technological University

Official N° of hours: 1,500 h.

 $We b site: {\color{blue}www.techtitute.com/us/education/professional-master-degree/master-educational-coaching}$

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This program stands out from the rest, not only because of the experience of its teachers and the quality of its content, but also because it covers all areas of Coaching in the academic world: from formal to non-formal education, taking into account the different evolutionary stages of the student. This will allow the teacher to acquire a series of invaluable competencies, which will accredit him/her as a coach at the educational level.

Its excellent teaching program integrates uncommon disciplines, such as Neurolinguistic Programming, Neuroscience, or Mindfulness, which are approached as perfectly complementary and compatible tools with a Coaching process at an individual and group level. In addition, it delves into the figure of the teacher and the family, as well as the psycho-evolutionary and educational characteristics of children and adolescents during their development, through the use of practical and didactic multimedia content. This will allow the future coach to quickly assimilate new tools and skills to apply in the daily practice of his or her profession.

Thanks to the participation of several educational psychologists in the development of the contents, this program offers a holistic vision of Coaching, with which to provide value to special groups. It will also provide teachers with the necessary skills to manage some of the main challenges of today's society, such as bullying or the impact of social networks on minors.

The program has been created by professional coaches, who, on a daily basis, work with children regarding key aspects such as identity, self-esteem, talent, creativity, emotional intelligence and attention, maintaining a systemic vision with the family and the educational center.

This **Professional Master's Degree in Educational Coaching,** contains the most complete and up-to-date program on the market. The most important features include:

- Development of real cases presented by experts in Educational Coaching
- Graphic, schema and practical contents that gather information on those disciplines that are essential for professional practice
- News on Coaching strategies
- Practical exercises where the self-evaluation process can be carried out to improve learning
- Study of complementary disciplines and diversity of fields such as social exclusion, formal and non-formal education, nutrition, sports, music, family, arts, as well as teaching cloisters
- The latest technology in online teaching software
- State-of-the-art interactive video systems
- Continuous updating and recycling systems
- Autonomous learning: full compatibility with other occupations
- Educational synergy support groups: questions to the expert, discussion and knowledge forums
- Availability of content from any device, fixed or portable, with an Internet connection
- Supplementary documentation banks available even after the program has been completed





Its teaching staff is made up of prestigious and recognized professionals with a long teaching career. The methodological design of this program, developed by a multidisciplinary team of experts in e-learning, integrates the latest advances in educational technology for the creation of numerous multimedia tools that allow the professional to face the solution of real situations in their daily practice. These will enable you to advance by both acquiring knowledge and developing new skills in your future professional work.

The contents generated for this program, as well as the videos, self-tests, real cases and modular exams, have been thoroughly reviewed, updated and integrated by the professors and the team of experts that make up the working group, to facilitate, in a didactic and staggered manner, a learning process that allows the objectives of the teaching program to be achieved.

This program uses the latest advances in educational technology, based on e-learning methodology.

You will have multimedia tools meticulously designed by coaches, which will favor the speed of assimilation and learning.





This specialization aims to increase the level of self-awareness. Each of its lines has not only the objective of focusing on the child, his family and Psychologist, but also on the person as an agent of change who takes responsibility for his own process of metamorphosis, as a way to accompany and teach from coherence.



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General Objectives

- Know what the Coaching process is and the elements that compose it, as well as the differences with other approaches
- Establish the psycho-evolutionary development of the children-adolescents to whom the Educational Coaching is addressed
- Discover the process to be carried out in Coaching sessions (GROW)
- Understand the profound relationship between communication and interpersonal relationships
- Recognize the importance of communication in a Coaching process
- Know the structure of feedback and when to apply it
- Learn the structure and intention of integrating parts
- Analyze communication in children and adolescents
- Discover and use Storytelling and Metaphors
- Identify the relationship that Coaching has with the fields of Neuroscience
- Know what emotional intelligence is
- Know and enhance social-emotional competencies
- Identify the importance of motivation
- Know the characteristics of self-esteem
- Learning how to apply emotional intelligence in the classroom





- Discover what identity is
- Become familiar with deepening tools such as the enneagram, and psycho-technical tools such as the MBTI
- · Know the nature of beliefs and how they are formed
- Know the main cognitive distortions
- Learn how to generate a growth mindset
- Generate transformational changes
- Identify and detect vocation and purpose
- Know how to carry out a team coaching process for the teaching staff and the management team
- Identify family cycles and know how to accompany families in their process
- Provide the future coach with tools to identify talent, as well as tools for its development through empowerment and sponsorship



Take advantage of the opportunity and get up to date on the latest developments in Educational Coaching"

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Specific Objectives

Module 1. Neurosciences and Education

- Identify the concepts between Coaching, Neuroscience, Neurolearning, basic learning devices, multiple intelligences, movement and learning; Neurodidactics, and play within the educational fields
- Know the functioning of the brain and its structures
- Establish the concepts of learning and the different levels, styles, types, and competences
 of learning
- Relate the Basic Learning Devices and Executive Functions in the development of activities
- Know the multiple forms of intelligence and the feasibility of implementing them in the educational field
- Recognize the importance of play as a tool for Neurodidactics and Learning
- Implement Movement and Learning exercises in the classroom as learning sessions
- Relate Coaching with Neuroscience and the empowerment it generates in students
- Clearly determine the way to refer students

Module 2. Beliefs, Values, and Identity

- Understanding what beliefs are
- Identify limiting beliefs
- Understanding cognitive distortions
- Understanding irrational ideas
- Understanding belief change
- Learn the dynamics of belief change
- Generate growth mindset
- Generate transformational changes

- Identify what talent is
- List the characteristics of talent
- Use the exercises and techniques of the element
- Master the Gallup test
- Learn how to accompany young people in their academic orientation
- Identify what creativity is
- Know how to adopt a creative attitude on the part of the Coach
- Know and use the literary art in the Coaching process
- Know and use the performing arts in the Coaching process
- Practice the use of plastic and scenic arts in the Coaching sessions
- Know the function of the visual arts
- Identify what vocation is
- Detect the purpose
- Practice dynamics to discover a vocation

Module 3. Coaching

- Know what the Coaching process is
- Identify different types of Coaching and among them to deepen in Educational Coaching
- Establish the differences between Coaching and other disciplines
- Describe the historical basis and origin of Coaching from philosophy, education, and psychology
- Know the different currents and schools, as well as their philosophy
- Differentiate the different elements of Coaching: Coach, Coachee, and Coaching

- Analyze the psycho-evolutionary development of the children-adolescents in Educational Coaching: affective, social, and cognitive
- Discover the main Coaching associations
- Know the legal framework of Coaching in Spain and Europe
- Know the areas of application of Coaching in education
- Observe and analyze individual, group and family coaching sessions
- Recognize the different competencies that a Coach must respond to
- Inquire into the process to be carried out in Coaching sessions (GROW)

Module 4. Emotional Intelligence

- Identify what emotional intelligence is
- Discover the history behind emotional intelligence
- Distinguish myths from legends
- Know the functions of emotions
- Establish the characteristics of emotions
- Describe the processes of emotions
- Relate the interaction between emotion and thought processes
- Recognize the influence of emotions on thought processes
- Identify the various emotional competencies
- Know strategies for the development of emotional competences
- Characterize the process of emotional integration
- Know how to integrate the different emotions
- Identify the importance of motivation
- Recognize how to enhance motivation

- Know the characteristics of self-esteem
- Identify the components of self-esteem and how to foster them
- Understand the importance of the emotionally intelligent teacher
- Establish the benefits of the emotionally intelligent teacher
- Show how to apply emotional intelligence in the classroom
- Recognize the importance of emotional education in the classroom

Module 5. Systemic Pedagogy

- · Learn the theoretical bases and origins of Systemic Coaching
- Know the functioning of the family system as the first system of human relationship
- Acquire knowledge about the functioning of the couple and its application in Educational Coaching
- Handle Coaching tools for contexts such as divorce and separations, and to favor the best scenario for the child
- Know the legal framework that affects the process of separation and divorce in relation to minors and the work with the coach
- Know how the different stages of the life cycle influence people and how to apply it in contexts of Educational Coaching to favor the maturing process of the child and the family system

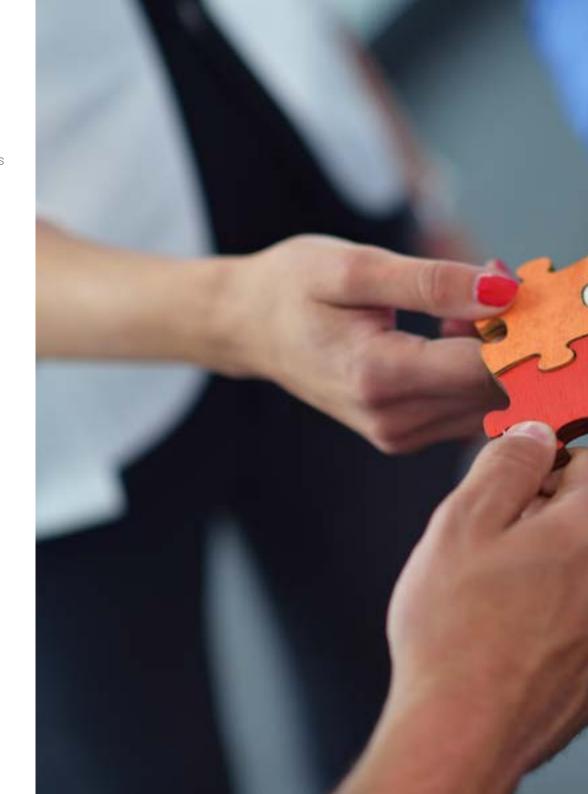
Module 6. Communication

- Deepen in the importance of communication in the Coaching process
- Delve into the different levels and components of communication
- Know the different linguistic acts
- Study in depth the concept of Feedback in the Educational Coaching process.
- Study in depth the functioning of the Rapport method

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Module 7. Educational Coaching

- Learn techniques for the effective management of internal teams of the center as well as with students and parents
- Knowledge of the different types of leadership, as well as specific tools that will allow greater effectiveness in their management
- Music: recognizing the influence of sound and the constituent elements of music on human beings
- The Connection between emotional intelligence and musical behavior
- Recognize body sensations, emotions, beliefs, and behaviors of stage anxiety
- Specific tools for individual and group coaching with vulnerable groups: childhood, adolescence, gender violence, ethnic minorities, and immigration, etc.
- Specific tools for Nutritional Coaching: the four pillars method
- Learn to use Coaching to encourage healthy eating habits, instead of using rewards and punishments with food
- Learn how to use the discipline of Coaching in technical sports education and highperformance team environments
- Establish strategies for setting sports goals
- Learn the dynamics and strategies of Educational Coaching, for teachers to apply in the classroom, at an individual and group level





Module 8. Talent, vocation, and creativity

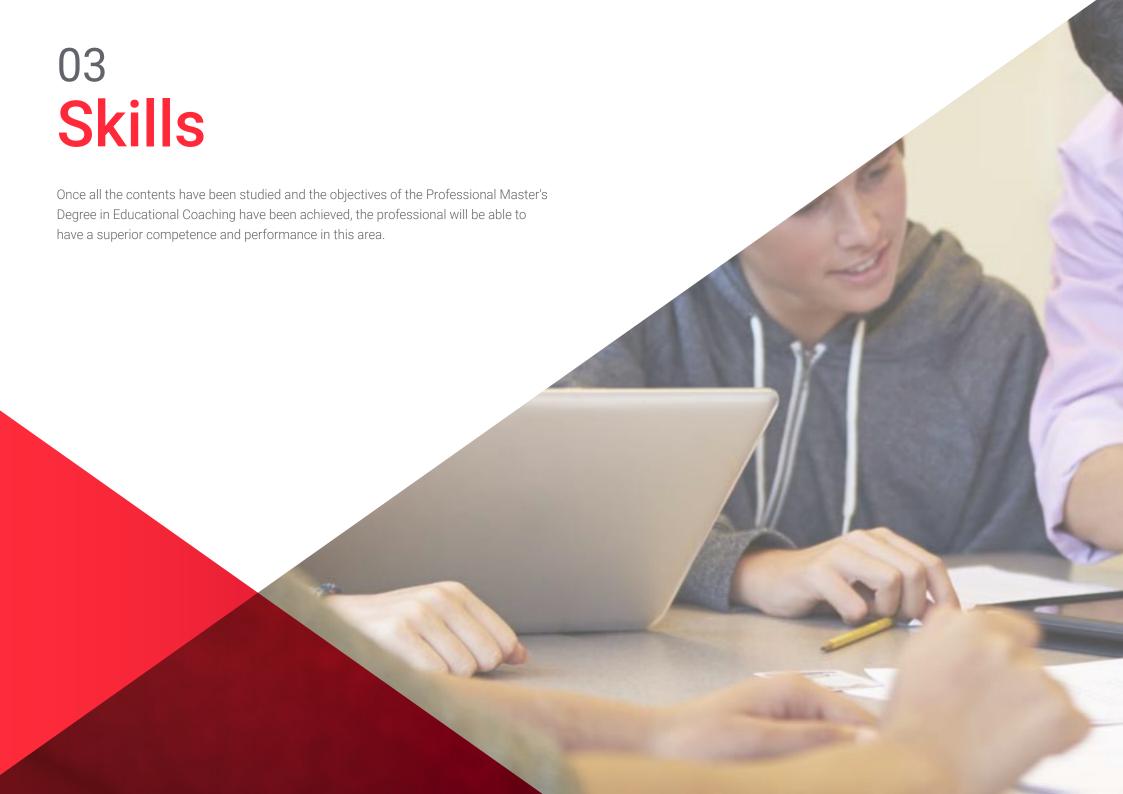
- Know the 5 keys to recognize a talent
- Identify the 34 Talents of the Gallup Institute and know how to use them in the Coaching session and in academic orientation
- Know and manage the Creative Problem Solving process within a group and individual coaching session
- Use of the 6 Thinking Hats technique as a method of creative work in the classroom
- Use of scenic, plastic and literary techniques for emotional expression and incorporation of fundamental skills for public speaking, written expression etc.
- Mastery of dynamics that allow the exploration of vocation and purpose at an early age

Module 9. Active methodologies and innovation

- Know what active methodologies are and how they work
- Deepen in the concept of learning based on projects, problems and challenges
- Know the basic principles of learning based on thoughts, events or games
- Explore how the Flipped Classroom works
- Learn about new trends in education
- Deepen in the free, natural methodologies based on the development of the individual

Module 10. Coaching for the transformation, innovation and educational excellence

- Explore how well-being is a factor of excellence in educational communities
- Know how to carry out a professional development and teaching wellness plan
- Delve into the concept of educational excellence
- Know the different processes of educational innovation through coaching
- Know the different meanings and purposes of education





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General Skills

- Competence and ability to stay within the ethical framework of Coaching
- Identify the professional standards of Coaching
- Identify the standards of the psycho-evolutionary stages of the child, for the work in the Coaching process
- Understand linguistic communication
- Distinguish Coaching from other disciplines and stay within the Coaching field
- Generate a Coaching conversation within the GROWstructure
- Understand cultural expressions
- Understand the nature of beliefs and how they are formed
- Identify and detect vocation and purpose
- Recognize talent in the child
- Detect and foster creativity
- Understand basic communication coaching skills
- Generate growth mindset
- Generate transformational changes
- Differentiate between talent and ability
- Identify which elements are present in the identity





- Apply the relentless use of language: absence of judgments, separation of facts and opinion, identification of feelings, and need
- Identify the relationship that Coaching has in the fields of Neuroscience and the way in which it connects with learning, meaning that the educator acquires from the content a greater amount of strategies, and tools that allow them to impact favorably in all the learning processes of their students
- Use the knowledge acquired about emotional intelligence in daily practice
- Establish the relationship between emotion and thought processes
- Enhance social-emotional competencies
- Understand the importance of the emotionally intelligent teacher
- Teach the concept of the shadow and the personality
- Deepen in the states of the self and how they are interrelated
- Use in-depth tools such as the enneagram, and psycho-technical tools such as the MBTI
- Learn to interpret and combine the factors that allow to identify the personality and behaviors of the young person in order to subsequently accompany them in an academic orientation
- Broaden the view of what can be recognized as a talent thanks to the Gallup Institute's proposal
- Apply Coaching in academic orientation
- Handle creativity techniques applied to the Coaching process
- Use literary, scenic, and plastic art techniques in a group and individual Coaching session
- Apply a sense of initiative and entrepreneurship

- Know how to make a primary consideration of roles, rules and limits, as well as the range of distance or flexibility of the relational dynamics
- Identify family cycles and know how to accompany families in their process
- Apply Coaching strategies that allow a greater well-being, whether in the child, in the family
 or in the educational system
- Develop various techniques that allow to achieve and access states of relaxation, balance and presence, which allow to increase the effectiveness of the actions that are developed daily and become aware of the original resources available to each person
- Know how to carry out a team coaching process for the teaching staff and the management team



This program will allow you to learn in a theoretical and practical way, through virtual learning systems, to develop your work with total guarantees of success"





Management



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- Teacher at the Higher Institute of Psychological Studies
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- Expert in Academic Management and Organization, Antonio de Nebrija University
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- Bachelor's Degree in Sociology, University of Granada
- Master's Degree in Marriage and Family, Institute of Family Sciences, University of Navarra





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Module 1. Neurosciences and Education

1.1. Neuroscience

- 1.1.1. Introduction
- 1.1.2. Concept of Neuroscience
- 1.1.3. Neuromyths
 - 1.1.3.1. We only use 10% of the Brain
 - 1.1.3.2. Right Brain vs. Left Brain
 - 1.1.3.3. Learning Styles
 - 1.1.3.4. Male Brain vs. Female Brain
 - 1.1.3.5. Critical Learning Periods

1.2. The Brain

- 1.2.1. Brain Structures
 - 1.2.1.1. Cerebral Cortex
 - 1.2.1.2. Cerebellum
 - 1.2.1.3. Basal Ganglia
 - 1.2.1.4. Limbic System
 - 1.2.1.5. Brainstem
 - 1.2.1.6. Thalamus
 - 1.2.1.7. Spinal Cord
 - 1.2.1.8. Main Functions of the Brain
- 1.2.2. Triune Model
 - 1.2.2.1. The Reptilian Brain
 - 1.2.2.2. The Emotional Brain
 - 1.2.2.3. The Neocortex
- 1.2.3. Bilateral Model
 - 1.2.3.1. The Right Hemisphere
 - 1.2.3.2. The Left Hemisphere
 - 1.2.3.3. Functioning of the Cerebral Hemispheres
- 1.2.4. Cognitive Brain and Emotional Brain
 - 1.2.4.1. The Rational Brain
 - 1.2.4.2. The Emotional Brain

- 1.2.5. Neurons
 - 1.2.5.1. What are they?
 - 1.2.5.2. Neuronal Pruning
- 1.2.6. What are Neurotransmitters?
 - 1.2.6.1. Dopamine
 - 1.2.6.2. Serotonin
 - 1.2.6.3. Endorphin
 - 1.2.6.4. Glutamate
 - 1.2.6.5. Acetylcholine
 - 1.2.6.6. Norepinephrine
- 1.3. Neuroscience and Learning
 - 1.3.1. What is learning?
 - 1.3.1.1. Learning as Memorization
 - 1.3.1.2. Learning as Accumulation of Information
 - 1.3.1.3. Learning as Interpretation of Reality
 - 1.3.1.4. Learning as Action
 - 1.3.2. Mirror Neurons
 - 1.3.2.1. Learning by Example
 - 1.3.3. Levels of Learning
 - 1.3.3.1. Bloom's Taxonomy
 - 1.3.3.2. SOLO Taxonomy
 - 1.3.3.3. Levels of Knowledge
 - 1.3.4. Learning Styles
 - 1.3.4.1. Convergent
 - 1.3.4.2. Divergent
 - 1.3.4.3. Accommodating
 - 1.3.4.4. Assimilator
 - 1.3.5. Types of Learning
 - 1.3.5.1. Implicit Learning
 - 1.3.5.2. Explicit Learning
 - 1.3.5.3. Associative Learning
 - 1.3.5.4. Significant Learning
 - 1.3.5.5. Cooperative Learning

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		1.3.5.6. Cooperative Learning
		1.3.5.7. Emotional Learning
		1.3.5.8. Rote Learning
		1.3.5.9. Discovery Learning
	1.3.6.	Competencies for Learning
1.4.	Multipl	e intelligences
	1.4.1.	Definition
		1.4.1.1. According to Howard Gardner
		1.4.1.2. According to other Authors
	1.4.2.	Classification
		1.4.2.1. Linguistic Intelligence
		1.4.2.2. Logical-mathematical Intelligence
		1.4.2.3. Spatial Intelligence
		1.4.2.4. Musical Intelligence
		1.4.2.5. Body and Kinesthetic Intelligence
		1.4.2.6. Intrapersonal Intelligence
		1.4.2.7. Interpersonal Intelligence
		1.4.2.8. Naturopathic Intelligence
	1.4.3.	Multiple Intelligences and Neurodidactics
	1.4.4.	How to Work the IIMM in the Classroom?
	1.4.5.	Advantages and Disadvantages of Applying the IIMM in Education
1.5.	Neuros	science- Education
	1.5.1.	Neuroeducation
		1.5.1.1. Introduction
		1.5.1.2. What is Neuroeducation?
	1.5.2.	Brain Plasticity
		1.5.2.1. Synaptic Plasticity
		1.5.2.2. Neurogenesis
		1.5.2.3. Learning, Environment, and Experience
		1.5.2.4. The Pygmalion Effect
	1.5.3.	Memory
		1.5.3.1. What is Memory?
		1.5.3.2. Types of Memory

		1.5.3.3. Levels of Processing
		1.5.3.4. Memory and Emotion
		1.5.3.5. Memory and Motivation
	1.5.4.	Emotion
		1.5.4.1. Binomial Emotion and Cognition
		1.5.4.2. Primary Emotions
		1.5.4.3. Secondary Emotions
		1.5.4.4. Functions of Emotions
		1.5.4.5. Emotional States and Implication in the Learning Process
	1.5.5.	Attention
		1.5.5.1. Attentional Networks
		1.5.5.2. Relationship between Attention, Memory, and Emotion
		1.5.5.3. Executive Attention
	1.5.6.	Motivation
		1.5.6.1. The 7 Stages of School Motivation
	1.5.7.	Contributions of Neuroscience to Learning
	1.5.8.	What is Neurodidactics?
	1.5.9.	Contributions of Neurodidactics to Learning Strategies
1.6.	Neuroe	education in the Classroom
	1.6.1.	The figure of the Neuroeducator
	1.6.2.	Neuroeducational and Neuropedagogical Importance
	1.6.3.	Mirror Neurons and Teacher Empathy
	1.6.4.	Empathic Attitude and Learning
	1.6.5.	Classroom Applications
	1.6.6.	Classroom Organization
	1.6.7.	Proposal for Classroom Improvement
1.7.	Playing	and New Technologies
	1.7.1.	Etymology of Playing
	1.7.2.	Benefits of Playing
	1.7.3.	Learning by Playing
	1.7.4.	The Neurocognitive Process
	1.7.5.	Basic Principles of Educational Games
	1.7.6.	Neuroeducation and Board Games

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	1.7.7.	Educational Technology and Neuroscience	2.2.	Manag	jing
		1.7.7.1. Integration of Technology in the Classroom		2.2.1.	Н
	1.7.8.	Development of Executive Functions		2.2.2.	В
1.8.	Body ar	nd Brain		2.2.3.	R
	1.8.1.	The Connection between Body and Brain		2.2.4.	\mathbb{N}
	1.8.2.	The Social Brain		2.2.5.	и-
	1.8.3.	How do we Prepare the Brain for Learning?	2.3.	Mindse	et fo
	1.8.4.	Feeding		2.3.1.	F
		1.8.4.1. Nutritional Habits		2.3.2.	G
	1.8.5.	Rest		2.3.3.	С
		1.8.5.1. Importance of Sleep in Learning		2.3.4.	А
	1.8.6.	Exercise		2.3.5.	Ζ
		1.8.6.1. Physical Exercise and Learning		2.3.6.	L
1.9.	Neuros	cience and School Failure	2.4.	Coachi	ing
	1.9.1.	Benefits of Neuroscience		2.4.1.	S
	1.9.2.	Learning Disorders		2.4.2.	Ν
	1.9.3.	Elements for a Success-oriented Pedagogy			2
	1.9.4.	Some suggestions for improving the Learning Process			2
1.10.	Reason	and Emotion			2
	1.10.1.	The Binomial Reason and Emotion			2
	1.10.2.	What are Emotions good for?			2
	1.10.3.	Why Educate Emotions in the Classroom			2
	1.10.4.	Effective Learning through Emotions		2.4.3.	R
Mod	ule 2 E	Beliefs, Values, and Identity		2.4.4.	G
		·		2.4.5.	Ε
2.1.		of Beliefs		2.4.6.	R
		Concepts about Beliefs	2.5.	Values	an
		Characteristics of a Belief		2.5.1.	С
	2.1.3.	Belief Formation		2.5.2.	Т
		Behavior and Beliefs		2.5.3.	L
		Limiting Beliefs		2.5.4.	V
		Empowering Beliefs		2.5.5.	С
	2.1.7.	Origin of Limiting Beliefs		0 5 6	

2.2.	Manag	Managing Belief Change					
	2.2.1.	Healing the Past					
	2.2.2.	Basis of Coping with Belief Change					
	2.2.3.	Robert Dilts					
	2.2.4.	Morty Lefkoe					
	2.2.5.	"The Word", Byron Katie					
2.3.	Mindse	et for Change and Innovation					
	2.3.1.	Fixed Mindset					
	2.3.2.	Growth Mindset					
	2.3.3.	Comparing Fixed and Growth Mindsets					
	2.3.4.	Attitude for Change and Innovation					
	2.3.5.	Zone of Inertia					
	2.3.6.	Learning Zone					
2.4.	Coachi	ng and Change					
	2.4.1.	Simon Sinek's Golden Circle					
	2.4.2.	Neurological Levels of Change and Learning					
		2.4.2.1. Environment.					
		2.4.2.2. Behaviour					
		2.4.2.3. Capacity					
		2.4.2.4. Values and Beliefs					
		2.4.2.5. Identity					
		2.4.2.6. Transpersonality					
	2.4.3.	Remedial Changes					
	2.4.4.	Generative Changes					
	2.4.5.	Evolutionary Changes					
	2.4.6.	Recognition of the Neurological Level					
2.5.	Values	and Counter-Values					
	2.5.1.	Conceptualization of Values					
	2.5.2.	Types of Values					
	2.5.3.	Learning of Values					
	2.5.4.	Values and Behavior					
	2.5.5.	Counter-values					
	2.5.6.	Value Recognition Dynamics					

2.5.7. Dynamics for Counter-value Recognition



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- 2.6.1. Identity Traits
- 2.6.2. Concept of Identity
- 2.6.3. Tradition and Identity
- 2.6.4. Psychological Models and Identity
- 2.6.5. Identity and Science

2.7. Personality Models

- 2.7.1. Enneagram
- 2.7.2. Discovery of one's own Enneagram
- 2.7.3. Evolution from the Enneagram
- 2.7.4. Use of the Enneagram in Social and Group Interactions
- 2.7.5. Inner Archetypes
- 2.7.6. Transformational Coaching

2.8. Logical Levels

- 2.8.1. Human Needs and Maslow's Pyramid
- 2.8.2. Richard Barrett's Levels of Consciousness
- 2.8.3. Self-realization
- 2.8.4. Altruism and Service
- 2.8.5. Alignment of Levels
- 2.9. Approach to Beliefs, Values, and Identity in Education
 - 2.9.1. Beliefs for Educational Excellence
 - 2.9.2. Pygmalion Effect
 - 2.9.3. The Importance of High Expectations
 - 2.9.4. Diversity: Inclusiveness
 - 2.9.5. The Values of Positive Psychology
 - 2.9.6. Values-based Education
 - 2.9.7. Self-esteem and Recognition: Identity Construction

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Module 3. Coaching

3.1.	What is	s Coaching?
	3.1.1.	An Objective-driven Process
		3.1.1.1. The Importance of Defining the Objective
		3.1.1.2. Starting from the End
		3.1.1.3. How to Define a SMARTER Objective?

3.1.1.5. Target Characteristics

3.1.2. A Process Among People

3.1.2.1. Coaching Framework or Context

3.1.1.4. From Apparent to Real Objective

3.1.2.2. The Coaching Relationship

3.1.2.3. Influences in the Coaching Process

3.1.2.4. Trust

3.1.2.5. Respect

3.1.3. The Bond

3 1 4 A Communicative Process

3.1.4.1. The Power of Language

3.1.4.2. Active Listening

3.1.4.3. Lack of Judgment

3.1.4.4. Non-Verbal Communication

3.1.5 An Action-oriented Process

3.1.5.1. The Importance of Action

3.1.5.2. Designing an Action Plan

3.1.5.3. Monitoring

3.1.5.4. Assessment

3.1.5.5. A Creative Process

3.1.5.6. Generating Options

3.1.5.7. Choosing Options

The Origins and Background of Coaching

3.2.1. Philosophical Origins and Maieutics

3.2.1.1. Pre-Socratics

3.2.1.2. The Majeutics of Socrates

3.2.1.3. Plato

3.2.1.4. Later Philosophical Influences

Influences of Humanistic Psychology

3.2.2.1. The Basics of Humanistic Psychology

3.2.2.2. Confidence in the Client's Ability

3.2.2.3. Focus on Potentialities and Possibilities

3.2.3. Contributions of Positive Psychology

3.2.3.1. The Basics of Positive Psychology

3.2.3.2. Conditions for Positive Psychology

3.2.3.3. Human Strengths

3.2.3.4. Meaning and Purpose in Life

3.2.4. The Winner Game

3.2.4.1. Deliberate Practice

3.2.4.2. Improvement in Sports Performance

3.2.4.3. Galwain

3.2.5. Orientalism

3.2.5.1. Importance of the Process or Pathway

3.2.5.2. Objectives as Goals

3.2.5.3. Detachment from Expectations and Achievements

3.2.5.4. Understanding Suffering

3.2.5.5. The Power of the Present

3 2 6 Other Influences

3.2.6.1. Systemic Psychology

3.2.6.2. Gestalt Psychology

3.2.6.3. The Flow Concept

3.2.6.4. Zen Teachings

3.2.6.5. Management

3.2.6.6. Neurosciences

3.2.6.7. Epigenetics

Current Schools and Trends

3.3.1. The American School

3.3.1.1. Practical Coaching Approach

3.3.1.2. Thomas Leonard

3.3.1.3. Other Exponents

3.3.2.	The European School
	3.3.2.1. Humanistic Coaching
	3.3.2.2. John Whitmore
	3.3.2.3. Other Exponents of European Coaching
3.3.3.	The Latin American School
	3.3.3.1. The Ontological Coaching Approach
	3.3.3.2. Rafael Echeverría and Julio Olalla
	3.3.3.3. Other Exponents of Latin American Coaching
Differen	ces Between Coaching and Other Approaches
3.4.1.	Relationship Specificities in Coaching
	3.4.1.1. The Coachee's Responsibility
	3.4.1.2. The Role of the Coach
	3.4.1.3. Achieving Objectives
3.4.2.	The Limits of Coaching
	3.4.2.1. Psychological Conditions of the Coachee
	3.4.2.2. The Coach's Review and Personal Work
	3.4.2.3. Discomfort and Neurosis in Coaching Processes
	3.4.2.4. Signs of Psychosis in the Coachee
	3.4.2.5. Considerations on the Referral of the Coachee to Psychotherapy Professionals.
	3.4.2.6. The Approach to Coaching Processes with Coachees in Psychiatric Treatment.
3.4.3.	Cognitive-Behavioral
	3.4.3.1. The Psychotherapeutic Approach
	3.4.3.2. The Psychodynamic Approach
	3.4.3.3. The Humanistic Approach
	3.4.3.4. The Gestalt Approach
	3.4.3.5. The Behavioral Approach
	3.4.3.6. The Jungian Approach
	3.4.3.7. Systemic Approach
	3.4.3.8. Complementation of Psychotherapy in Coaching Processes
3.4.4.	Mentoring
	3.4.4.1. Mentoring Objectives
	3.4.4.2. Relationships in Mentoring

3.4.

	3.4.4.3. The Power of Trust in Mentoring
	3.4.4.4. Mentoring Advice in Mentoring
	3.4.4.5. Limits of Mentoring
	3.4.4.6. Complementation of Mentoring with Coaching Processes
3.4.5.	Consulting
	3.4.5.1. Relationships in Consulting
	3.4.5.2. Consulting Objectives
	3.4.5.3. Complementation of Consulting with Coaching processes
3.4.6.	Counseling
	3.4.6.1. Relationships in Counseling
	3.4.6.2. Objectives and Scope
	3.4.6.3. Complementation of Counseling with Coaching Processes
3.4.7.	Empowerment
	3.4.7.1. Definition
	3.4.7.2. Processes
	3.4.7.3. Types
3.4.8.	Other Approaches
	3.4.8.1. Art Therapy
	3.4.8.2. Music Therapy
	3.4.8.3. Drama Therapy
	3.4.8.4. Dance Therapy
	3.4.8.5. Body Therapies and Mind-Body Integrative Therapies
Areas c	of Coaching
3.5.1.	Live Coaching
	3.5.1.1. Personal
	3.5.1.2. Family
	3.5.1.3. Relationship
3.5.2.	Sports Coaching
	3.5.2.1. Professional Sports Coaching
	3.5.2.2. Health and Fitness Coaching
	3.5.2.3. Executive Coaching
	3.5.2.4. Team Coaching
	3.5.2.5. Business Coaching
	3.5.2.6. Nutritional Coaching

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3.6.

	3.5.2.7. Systemic Coaching
	3.5.2.8. Psycho Coaching
	3.5.2.9. Transformational Coaching
	3.5.2.10. Educational Coaching
The Co	mpetencies of a Coach
3.6.1.	The Code of Conduct
	3.6.1.1. Ecology
	3.6.1.2. Confidentiality
	3.6.1.3. Forming Partnerships
	3.6.1.4. Creating the Bond
	3.6.1.5. Honesty
	3.6.1.6. Transparency
	3.6.1.7. Respect
	3.6.1.8. Commitment
3.6.2.	In-house Skills
	3.6.2.1. Self-knowledge
	3.6.2.2. Vulnerability
	3.6.2.3. Being proactive.
	3.6.2.4. Empathy
	3.6.2.5. Reflection
3.6.3.	External Skills
	3.6.3.1. Effective Communication
	3.6.3.2. Active Listening
	3.6.3.3. Admiration
	3.6.3.4. Assertiveness
	3.6.3.5. Feedback
	3.6.3.6. Process Management
	3.6.3.7. Silence
	3.6.3.8. Motivation
3.6.4.	
	3.6.4.1. International Coach Federation
	3.6.4.2. Spanish Coaching Association
	3.6.4.3. Spanish Association of Coaching and Process Consultancy

	3.6.4.4. International Coaching Community
	3.6.4.5. International Association of Coaching and Psychology
3.6.5.	Coaching Qualifications and Training
	3.6.5.1. Quality Training Requirements
	3.6.5.2. Accredited Programs
	3.6.5.3. Professional Coach Accreditation
	3.6.5.4. Accreditation Process
3.6.6.	The 11 ICF Core Competencies
	3.6.6.1. Laying the Foundations
	3.6.6.2. Co-Creating the Relationship
	3.6.6.3. Communicating Effectively
	3.6.6.4. Cultivating Learning and Growth
Session	Structure
3.7.1.	Coach and Coachee Roles
	3.7.1.1. Role and Responsibilities of the Coach
	3.7.1.2. Role and Responsibilities of the Coachee
	3.7.1.3. The Coaching Process
	3.7.1.4. Defining Objectives
	3.7.1.5. Action Plan
	3.7.1.6. Commitment
	3.7.1.7. Partnerships
	3.7.1.8. Assessment
3.7.2.	Sponsor
	3.7.2.1. Company, Management or Institution as Sponsor
	3.7.2.2. Company and Coachee Objectives
	3.7.2.3. Responsibility in the Coaching Process
3.7.3.	Structure and Framework
	3.7.3.1. Initial Situation
	3.7.3.2. Desired Situation
	3.7.3.3. Distance Between the Start and Coaching Goal
3.7.4.	Partnership and Contract
	3.7.4.1. The Convenience of an Alliance
	3.7.4.2. The Contract and Contractual Matters
	3.7.4.3. Differences and Complementarity Between Partnership an Contract

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3.7.5.	Types of Sessions According to their Purpose			3.8.6.5. Evaluate Options
	3.7.5.1. On Contact			3.8.6.6. Validate Action Program
	3.7.5.2. On the Starting Process			3.8.6.7. Entourage Momentum
	3.7.5.3. On Development	3.9.	Coactiv	re Coaching
	3.7.5.4. On Follow-up		3.9.1.	Fundamentals of Coactive Coaching
	3.7.5.5. On Assessment		3.9.2.	The Coactive Coaching Model
	3.7.5.6. On Closure		3.9.3.	The Coactive Coaching Relationship
3.7.6.	Closing the Relationship		3.9.4.	Contexts
	3.7.6.1. Process Evaluation			3.9.4.1. Listening
	3.7.6.2. Relationship Evaluation			3.9.4.2. Intuition
	3.7.6.3. Evaluating the Achievement of Objectives			3.9.4.3. Curiosity
Models				3.9.4.4. Pushing and Deepening
3.8.1.	Wasick			3.9.4.5. Self-Management
3.8.2.	PIE		3.9.5.	Principles and Practices
3.8.3.	STIR			3.9.5.1. Fullness
3.8.4.	GROWModel			3.9.5.2. Process
	3.8.4.1. Objective			3.9.5.3. Balance
	3.8.4.2. Reality			3.9.5.4. Combining
	3.8.4.3. Options	3.10.	Coachir	ng as a tool for the development of Groups, Companies and Communities
	3.8.4.4. Action		3.10.1.	Current challenges for Companies and Institutions
3.8.5.	OUTCOMESModel		3.10.2.	Organizational Coaching
	3.8.5.1. Objectives		3.10.3.	Company Objectives
	3.8.5.2. Reasons		3.10.4.	Coaching Services for Companies
	3.8.5.3. Acting from Now			3.10.4.1. Executive
	3.8.5.4. Clarifying the Difference			3.10.4.2. Specific Training Programs
	3.8.5.5. Generating Options			3.10.4.3. Shadow Coaching
	3.8.5.6. Motivating to action			3.10.4.4. Group Coaching
	3.8.5.7. Enthusiasm and Incentives			3.10.4.5. (Systemic) Team Coaching
	3.8.5.8. Support			3.10.4.6. Psychometric Diagnostic Tools
3.8.6.	ACHIEVESModel			3.10.4.7. Motivation and values
	3.8.6.1. Assess Cure and Situation		3.10.5.	Psychometric Diagnostic Tools
	3.8.6.2. Create Brainstorming of Alternatives			3.10.5.1. MBTI
	3.8.6.3. Home Goals			3.10.5.2. FIRO-B
	3.8.6.4. Initiate Options			3.10.5.3. Feedback 360

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3.10.5.4. DISC

3.10.5.5. Belbin				4.3.1.	Attitude	
		3.10.5.6. Evolution in Systems and Communities		4.3.2.	4.3.1.1. What is Attitude? 4.3.1.2. Components of Attitude Optimism	
		3.10.5.7. Change and Innovation through Coaching				
		3.10.5.8. Basic Coaching Tools				
		3.10.5.8.1. Personal Life Wheel		4.3.3.	Emotional Competencies	
		3.10.5.8.2. Teaching Wheel		4.3.4.	Social Skills or Interpersonal Relation	
		3.10.5.8.3. Student Wheel	4.4.	Emotional Management		
		3.10.5.8.4. Personal SWOT Analysis		4.4.1.	What does Emotional Managemen	
		3.10.5.8.5. Johari Window		4.4.2.	Self-knowledge	
		3.10.5.8.6. GROWScheme		4.4.3.	Emotional Awareness	
		3.10.5.8.7. Circle of Control, Influence, and Concern		4.4.4.	Self-Appraisal	
		3.10.5.8.8. Head, Heart, Belly			4.4.4.1. Our Strengths and Weaknes	
		3.10.5.8.9. VAK		4.4.5.	Internal Communication	
Mad	ula 4 E			4.4.6.	External Communication	
Module 4. Emotional Intelligence					4.4.6.1. The Power of Words	
4.1.	Definition	on of Emotional Intelligence		4.4.7.	Assertiveness	
	4.1.1.	Historical Background of El			4.4.7.1. Communicative Styles	
	4.1.2.	Origin and Development of El in Spain		4.4.8.	Non-verbal Language	
	4.1.3.	Different Authors who have Coined a Definition of El		4.4.9.	Posture and Emotions	
	4.1.4.	Thorndike and Social Intelligence	4.5.	Emotic	nal Intelligence and Education	
	4.1.5.	Salovey and Mayer		4.5.1.	Emotional Intelligence in the Classr	
	4.1.6.	Daniel Goleman		4.5.2.	Advantages of EI in the Classroom	
	4.1.7.	Definition of Emotional Intelligence		4.5.3.	Benefits of Emotional Intelligence	
	4.1.8.	Components of Emotional Intelligence		4.5.4.	Emotional Intelligence in the Studer	
	4.1.9.	Characteristics of El Capabilities		4.5.5.	Classroom Climate	
	4.1.10.	Keys to Develop Emotional Intelligence			4.5.5.1. The Relationship between t	
4.2.	Emotions				4.5.5.2. The Relationship between S	
	4.2.1.	Emotion? the Road to a Definition		4.5.6.	Emotional Understanding in the Cla	
	4.2.2.	What are Emotions for?		4.5.7.	Emotional Intelligence and Academ	
	4.2.3.	Emotional Process		4.5.8.	Emotional Learning	
		4.2.3.1. Difference between Emotion and Feeling		4.5.9.	Tools for Classroom Management	
	4.2.4.	Classification and Types of Emotions			-	

l.3.	Emotic	ons, Attitude, and Competence				
r. U.	4.3.1.	Attitude				
	7.0.1.	4.3.1.1. What is Attitude?				
		4.3.1.2. Components of Attitude				
	4.3.2.					
	4.3.3.	·				
	4.3.4.					
1.4.	Emotional Management					
	4.4.1.	What does Emotional Management Consist of?				
	4.4.2.					
	4.4.3.	Emotional Awareness				
	4.4.4.	Self-Appraisal				
		4.4.4.1. Our Strengths and Weaknesses				
	4.4.5.	Internal Communication				
	4.4.6.	External Communication				
		4.4.6.1. The Power of Words				
	4.4.7.	Assertiveness				
		4.4.7.1. Communicative Styles				
	4.4.8.	Non-verbal Language				
	4.4.9.	Posture and Emotions				
l.5.	Emotional Intelligence and Education					
	4.5.1.	Emotional Intelligence in the Classroom				
	4.5.2.	Advantages of EI in the Classroom				
	4.5.3.	Benefits of Emotional Intelligence				
	4.5.4.	Emotional Intelligence in the Student Body				
	4.5.5.	Classroom Climate				
		4.5.5.1. The Relationship between the Teacher and the Students				
		4.5.5.2. The Relationship between Students in the Classroom				
	4.5.6.					
	4.5.7.	Emotional Intelligence and Academic Performance				

4.U. IIIIIINIII ONIII	4.6.	Thinking	Skills
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- 4.6.1. Approach to the Concept
- 4.6.2. Types of Capabilities and Links between Them
- 4.7. Self-Motivation and Achievement Capabilities
 - 4.7.1. Emotional Education in Teacher Training
 - 4.7.2. Emotions in Teaching Practice
- 4.8. Teacher Welfare
 - 4.8.1. The Keys to Teacher Well-being
 - 4.8.2. Emotional Education and the Role of the Teacher
 - 4.8.3. The Emotional Thinking Method
 - 4.8.3.1. Self-knowledge
 - 4.8.3.2. Self-esteem
 - 4.8.3.3. Emotional Control
 - 4.8.3.4. Motivation
 - 4.8.3.5. Empathy
 - 4.8.3.6. Leadership.
 - 4.8.3.7. The Emotionally Intelligent Teacher
 - 4.8.3.8. Empathy and Communication with Students
 - 4.8.3.9. Techniques to Obtain Enriching Feedback
- 4.9. Habits of People with High Emotional Intelligence
 - 4.9.1. What is a Person with High Emotional Intelligence?
 - 4.9.2. The Triad of Success
 - 4.9.3. Personal Vision
 - 4.9.4. Personal Leadership
 - 4.9.5. Personal Administration and Management
 - 4.9.6. Interpersonal Leadership
 - 4.9.7. Synergy
 - 4.9.8. Flexibility and Creative Adaptation
 - 4.9.9. Resilience
 - 4.9.10. Elements that Generate High Performance
- 4.10. Highly Sensitive People
 - 4.10.1. Approach to the Concept
 - 4.10.2. High Sensitivity and Other Personality Traits

Module 5. Systemic Pedagogy

- 5.1. General Systems Theory
 - 5.1.1. What is a System?
 - 5.1.2. Systemic Approach to Development
 - 5.1.3. The Person as an Open System
 - 5.1.4. Systemic Bases and Laws
 - 5.1.5. Interpretation of the Conceptions of Development Within the Framework of Systems Theory
 - 5.1.5.1. Vygotsky
 - 5.1.5.2. Piaget
 - 5.1.5.3. Bronfenbrenner
 - 5.1.6. Systems and Cross-cultural Development
- 5.2. Current Systemic Currents
 - 5.2.1. Historical Review of Systemic Psychotherapy
 - 5.2.2. Different Schools Today
 - 5 2 2 1 International or Palo Alto School
 - 5.2.2. Strategic Structural School
 - 5.2.2.3. Milan School
 - 5.2.3. Contributions of the Systemic Approach to the Organizations.
 - 5.2.4. The Systemic Model Applied to the Educational Field
- 5.3. Bert Hellinger's Philosophy
 - 5.3.1. Fundamentals
 - 5.3.2. The Systemic Movements
 - 5.3.3. Systemic Phenomenological Model
 - 5.3.4. Good and Bad Conscience
 - 5.3.5. Distinction between Therapeutic and Pedagogical Interventions
 - 5.3.6. Contribution to the Educational Field
- 5.4. The Orders of Love and the Orders of Help
 - 5.4.1. Educating "Ordering" and Helping Constructive Relational "Love"
 - 5.4.2. Laws of Helping in Education
 - 5.4.3. Systemic Laws in the Family and Educational Institutions
 - 5.4.4. Giving/Taking Balance: Teaching/Learning

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	5.4.5.	Analysis for the Improvement of Coexistence				
		5.4.5.1. Reconciliation				
		5.4.5.2. Integration.				
5.5.	The Three Systemic Intelligences					
	5.5.1.	Transgenerational				
	5.5.2.	Intergenerational				
	5.5.3.	Intragenerational				
	5.5.4.	Emotional and Cognitive from the Intergenerational and Transgenerational Point of View				
	5.5.5.	Family Inheritance as Culture				
	5.5.6.	Loyalties and Beliefs				
5.6.	Systemic Pedagogy					
	5.6.1.	Principles				
		5.6.1.1. Belonging				
		5.6.1.2. Order				
		5.6.1.3. Links				
	5.6.2.	A New Approach to Education				
	5.6.3.	Educational Processes from Systemic Pedagogy				
	5.6.4.	The Place of Emotions in the Educational System				
5.7.	Systemic Pedagogy					
	5.7.1.	Features				
	5.7.2.	Functions				
	5.7.3.	Academic Autobiography				
	5.7.4.	Work Autobiography				
5.8.	The Family System					
	5.8.1.	The Genogram				
	5.8.2.	The Systemic Approach to Couple and Child Relationships				
	5.8.3.	Family History				
	5.8.4.	Occupying the Place in the Family				
5.9.	The School System					
	5.9.1.	Creating Bridges between Family and School				
	5.9.2.	New Family Models and their Influence in the Classroom				
	5.9.3.	The Educational Project of the Centers from the Perspective of Systemic Pedagogy				

5.9.4. Life Project in Relation to Feelings and Transgenerational Vision of the Educational Centers



Module 6. Communication

6.1. Communication.

- 6.1.1. Components of Communication
 - 6.1.1.1. Language
 - 6.1.1.2. Emotionality
 - 6.1.1.3. Body
- 6.1.2. Elements of Communication
 - 6.1.2.1. Emitter
 - 6.1.2.2. Receptor
 - 6.1.2.3. Message
 - 6.1.2.4. Channel
 - 6.1.2.5. Context
 - 6.1.2.6. Codes
 - 6.1.2.7. Feedback
- 6.1.3. Communication Styles
 - 6.1.3.1. Hierarchical
 - 6.1.3.2. Aggressive
 - 6.1.3.3. Passive
 - 6.1.3.4. Assertive
- 6.1.4. Benefits of Assertive Communication
 - 6141 Connection
 - 6.1.4.2. Link
 - 6.1.4.3. Trust
- 6.1.5. Purpose of Communication
- 6.2. Levels of Communication
 - 6.2.1. Intrapersonal
 - 6.2.1.1. Psychic Instances
 - 6.2.1.2. Self-Dialogue
 - 6.2.1.3. Recognition of Internal Characters and Self-Dialogues
 - 6.2.1.4. Internal Relations
 - 6.2.1.5. Effects of Self-Dialogue on Internal States Management
 - 6.2.1.6. The Interior Assistant
 - 6.2.2. Interpersonal
 - 6.2.2.1. Public Conversation

- 6.2.2.2. Communication Skills
- 6.2.2.3. The Importance of Non-Verbal Communication
- 6.2.3. Coherence and Congruence of Levels
 - 6.2.3.1. Incoherence
 - 6.2.3.2. Coherence
 - 6.2.3.3. Level Congruence Management
- 6.3. Linguistic Acts
 - 6.3.1. Declaration
 - 6.3.1.1. Definition of Statement
 - 6.3.1.2. Facts and Agreements
 - 6.3.1.3. Authority and Standards
 - 6.3.2. Pledge
 - 6.3.2.1. Definition of Promise
 - 6.3.2.2. Commitment
 - 6.3.2.3. The Trust Equation
 - 6.3.3. Trial
 - 6.3.3.1. Definition of Trial
 - 6.3.3.2. According to the Authority
 - 6.3.3.3. According to Tradition
 - 6.3.4. Affirmation
 - 6.3.4.1. Definition of Affirmation
 - 6.3.4.2. Designation
 - 6.3.5. Language as a Reality Builder
- 6.4. Active Listening
 - 6.4.1. What is Active Listening?
 - 6.4.2. Components of Active Listening
 - 6.4.2.1. Willingness and Attitude
 - 6.4.2.2. Intention
 - 6.4.2.3. Empathy
 - 6.4.2.4. Respect
 - 6.4.2.5. Positive Feedback
 - 6.4.3. Active Listening in Learning Environments
 - 6.4.3.1. Purpose of Active Listening
 - 6.4.3.2. Benefits

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	6.4.4.	Intention of Active Listening				
		6.4.4.1. Awareness				
		6.4.4.2. Responsibility				
		6.4.4.3. Action				
6.5.	Calibration					
	6.5.1.	Calibration Concept				
	6.5.2.	Calibration Process				
		6.5.2.1. Body Observation				
		6.5.2.2. Emotionality				
		6.5.2.3. Language				
	6.5.3.	Calibration Applications in Coaching and Education				
		6.5.3.1. Observation of Group States				
		6.5.3.2. Observation of Subgroups and Individuals				
		6.5.3.3. Understanding and Acceptance				
		6.5.3.4. Evaluation				
		6.5.3.5. Being Aware				
		6.5.3.6. Acting from the Needs of Others				
6.6. Rapport		t				
	6.6.1.	Concept of Rapport				
	6.6.2.	The Art of Taming Horses				
	6.6.3.	Uses of Rapport				
	6.6.4.	Procedures to Generate Rapport				
		6.6.4.1. Movements and Gestures				
		6.6.4.2. Words and Language				
		6.6.4.3. Emotions				
		6.6.4.4. Energy				
		6.6.4.5. Application of Rapport in Coaching				
		6.6.4.6. Application of Rapport in Education				
6.7.	Feedba	ick				
	6.7.1.	Concept of Feedback				
	6.7.2.	Purpose of Good Feedback				
		6.7.2.1. Nurturing the Communication Process				
		6.7.2.2. Self-esteem				

		6.7.2.3. Motivation
		6.7.2.4. Information
	6.7.3.	Feedback as Communication Reinforcement
	6.7.4.	The Need for Good Feedback in Education
6.8.	The Art	of Questioning and Confrontation to Generate Learning
	6.8.1.	Types of Questions
	6.8.2.	The Confrontation
	6.8.3.	Purpose of the Confrontation
	6.8.4.	When to use Confrontation?
	6.8.5.	Strategies to Use Confrontation Appropriately
	6.8.6.	Insight and Learning from Confrontation
		6.8.6.1. Concept of Insight
		6.8.6.2. Detection of Insight
		6.8.6.3. Testing the Insight
Mod	ule 7. E	Educational Coaching
7.1.	What is	Educational Coaching? Basis and Foundations
	7.1.1.	Definition and Connection with Educational and Psychological Theories
	7.1.2.	Educating in the Will of Meaning
	7.1.3.	Nonodynamics and Coaching
	7.1.4.	Logopedagogy, Coaching and Education in the Self
	7.1.5.	Challenges for the Education of the Self from Coaching and Logopedagogy
	7.1.6.	Coaching at the Service of the Dialogic Encounter between Teacher and Student. Pedagogy of Otherness
	7.1.7.	Helping Relationship Styles and Coaching
7.2.	Areas o	of Application of Coaching in Education
	7.2.1.	Coaching in the Context of the Teacher-Student Relationship Shared Tutoring
	7.2.2.	Coaching in the Context of the Student-Student Relationship. Peer Tutoring
	7.2.3.	Coaching for the Development of the Teaching Profession
	7.2.4.	Teaching Teams and Faculty Team Spirit, Synergies
	7.2.5.	Management Teams and the Development of Executive Tools
	7.2.6.	Coaching for Parents

- 7.3. Benefits of its Application in Educational Contexts
 - 7.3.1. Coaching and Development of Executive Functions and Metacognition
 - 7.3.2. Coaching and Educational Support Needs
 - 7.3.3. Coaching to Achieve Excellence
 - 7.3.4. Self-Esteem and Self-Concept Development
- 7.4. Pedagogies Based on Cooperation and Autonomy Development and Coaching
 - 7.4.1. Collaborative Pedagogies
 - 7.4.2. Advantages of Collaborative Learning (CL)
 - 7.4.3. How to Work with AC?
 - 7.4.4. AC Techniques
- 7.5. Helping Relationship Styles and Coaching
 - 7.5.1. The Teacher as a Coach
 - 7.5.2. Competencies of the Teacher as a "Coach" of the Student Body
 - 7.5.3. Coaching in the Framework of Shared Mentoring
 - 7.5.4. Teacher Skills as a Facilitator of Change
 - 7.5.5. Classroom Group Applications
 - 7.5.6. Teaching Teams and Faculty Team Spirit, Synergies
 - 7.5.7. Management Teams and the Development of Executive Tools

Module 8. Talent, vocation, and creativity

- 8.1. Talent and its Educational Importance
 - 8.1.1. Talent
 - 8.1.2. Components.
 - 8.1.3. Talent is Diverse
 - 8.1.4. Measuring and Discovering Talent
 - 8.1.5. Gallup Test
 - 8.1.6. Garp Test
 - 8.1.7. Career Scope
 - 8.1.8. MBTI
 - 8.1.9. Success DNA
- 8.2. Talent and Key Competencies
 - 8.2.1. Key Competencies Paradigm
 - 8.2.2. Key Competencies
 - 8.2.3. The Role of the Intelligence

- 8.2.4. Knowledge: Uses and Abuses in Education
- 8.2.5. The Importance of Skills
- 8.2.6. The Differentiating Factor of Attitude
- 8.2.7. Relationship between Talent and Key Competencies
- 3.3. Talent Development
 - 8.3.1. Learning Modalities. Richard fields
 - 8.3.2. The Element
 - 8.3.3. Talent Development Procedures
 - 8.3.4. Mentor Dynamics
 - 8.3.5. Talent and Educational Approach
- 8.4. Motivation Mechanisms
 - 8.4.1. Needs, Desires and Motivations
 - 8.4.2. Decision-Making
 - 8.4.3. Executive Capabilities
 - 8.4.4. Procrastination
 - 8.4.5. Duty, Love and Pleasure in Education
 - 8.4.6. Emotional Habits for Motivation
 - 8.4.7. Motivational Beliefs
 - 8.4.8. Values for Motivation
- 8.5. Vocation, Meaning and Purpose
 - 8.5.1. The Importance of Vocation
 - 8.5.2. Meaning and Purpose
 - 8.5.3. Vision, Mission, Commitment
 - 8.5.4. Exploring Vocation
 - 8.5.5. Teaching Vocation
 - 8.5.6. Educating for Vocation
- 8.6. Towards a Definition of Creativity
 - 8.6.1. Creativity
 - 8.6.2. Brain Functioning and Creativity
 - 8.6.3. Intelligences, Talents and Creativity
 - 8.6.4. Emotions and Creativity
 - 8.6.5. Beliefs and Creativity
 - 8.6.6. Divergent Thinking

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8.6.7 Convergent Thinking

	0.0.7.	convergent rimiting			
	8.6.8.	The Creative Process and its Phases			
	8.6.9.	Disney Dynamics			
8.7.	Why Creativity?				
	8.7.1.	Arguments for Creativity Today			
	8.7.2.	Personal creativity for Life			
	8.7.3.	Creativity in Art			
	8.7.4.	Creativity for Problem Solving			
	8.7.5.	Creativity for Professional Development			
	8.7.6.	Creativity in the Coaching Process			
8.8.	Creativity Development				
	8.8.1.	Conditions for Creativity			
	8.8.2.	Artistic Disciplines as Precursors of Creativity			
	8.8.3.	The Art Therapy Approach			
	8.8.4.	Creativity Applied to Challenges and Problem Solving			
	8.8.5.	Relational Thinking			
	8.8.6.	Edward de Bono's Hats			
8.9.	Creativi	ty as a Value in Education			
	8.9.1.	The Need to Encourage Creativity in Education			
	8.9.2.	Active Methodologies and Novelty			
	8.9.3.	Educational Models that Value Creativity			
	8.9.4.	Means, Times and Spaces to Apply Creativity in the Classroom			
	8.9.5.	Disruptive Education			
	8.9.6.	Visual Thinking			
	8.9.7.	Design Thinking			
8.10.		e Techniques			
		Relational Thinking Techniques			
		Techniques for Generating Ideas			
		Techniques for Evaluating Ideas			
		Exercises of Ingenuity			
		Artistic Disciplines for Creative Development			
		RCS Method			
	8.10.7.	Other Techniques and Methods			

Module 9. Active Methodologies and Innovation

- 9.1. Active Methodologies
 - 9.1.1. What are Active Methodologies?
 - 9.1.2. Keys for Methodological Development from the Students' Activity
 - 9.1.3. Relationship Between Learning and Active Methodologies
 - 9.1.4. History of Active Methodologies
 - 9.1.4.1. From Socrates to Pestalozzi
 - 9.1.4.2. Dewey
 - 9.1.4.3. Institutions Promoting Active Methodologies
 - 9.1.4.3.1. The Free Institution of Education
 - 9.1.4.3.2. The New School
 - 9.1.4.3.3. The Unique Republican School
- 9.2. Project Based Learning, Problems and Challenges
 - 9.2.1. Travel Companions Cooperation Between Teachers
 - 9.2.2. Phases of PBL Design
 - 9.2.2.1. Tasks. Activities and Exercises
 - 9.2.2.2. Rich Socialization
 - 9.2.2.3. Research Tasks
 - 9.2.3. Phases of PBL Development
 - 9.2.3.1. Benjamin Bloom's Theories
 - 9.2.3.2. Blooms Taxonomy.
 - 9.2.3.3. Bloom's Taxonomy Revised
 - 9.2.3.4. Bloom's Pyramid
 - 9.2.3.5. David A. Kolb's Theory: Experience-Based Learning
 - 9.2.3.6. Kolb's Cycle
 - 9.2.4. The Final Product
 - 9.2.4.1. Types of Final Product
 - 9.2.5. Evaluation in PBL
 - 9.2.5.1. Evaluation Techniques and Instruments
 - 9.2.5.2. Observation
 - 9.2.5.3. Performance
 - 9.2.5.4. Questions
 - 9.2.6. Practical Examples PBL Projects

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9.3.	Though	ht-Based Learning		9.5.3.	Why use Videogames in Education?	
	9.3.1.	.3.1. Basic Principles			Types of Players According to the Richard Bartle Theory	
		9.3.1.1. Why, How and Where to Improve Thought?		9.5.5.	Escape rooms/Breakedu, an Organizational way of Understanding Education	
		9.3.1.2. Thought Organizers	9.6.	Flippe	d Classroom	
		9.3.1.3. The Infusion with the Academic Curriculum		9.6.1.	Organization of Working Time	
		9.3.1.4. Attention to Skills, Processes and Disposition		9.6.2.	Advantages of the Flipped Classroom	
		9.3.1.5. The Importance of Being Explicit			9.6.2.1. How can I Effectively Teach using Flipped Classrooms?	
		9.3.1.6. Attention to Metacognition		9.6.3.	Disadvantages of the Flipped Classroom Focus	
		9.3.1.7. Learning Transfer		9.6.4.	The Four Pillars of the Flipped Classroom	
		9.3.1.8. Construct an Infused Program		9.6.5.	Resources and Tools	
		9.3.1.9. The Need for Continuous Personal Development		9.6.6.	Practical Examples	
	9.3.2.	Teach to Think TBL	9.7.	Other	Trends in Education	
		9.3.2.1. Collaborative Creation of Thought Maps		9.7.1.	Robotics and Programming in Education	
		9.3.2.2. Thinking Skills		9.7.2.	e-learning, Micro-learning and Other Trends in Networked Methodologies	
		9.3.2.3. Metacognition		9.7.3.	Neuro-education-Based Learning	
		9.3.2.4. Thought Design	9.8.	Free, N	Free, Natural Methodologies based on Individual Development	
9.4.	Event-E	Event-Based Learning			Waldorf Pedagogy	
	9.4.1.	Approach to the Concept			9.8.1.1. Methodological Basis	
	9.4.2.	Basis and Foundations			9.8.1.2. Strengths, Opportunities and Weaknesses	
	9.4.3.	The Pedagogy of Sustainability		9.8.2.	Maria Montessori, the Pedagogy of Responsibility	
	9.4.4.	Benefits of Learning			9.8.2.1. Methodological Basis	
9.5.	Play-Ba	ased Learning			9.8.2.2. Strengths, Opportunities and Weaknesses	
	9.5.1.	.1. Games as Learning Resources			Summerhill, a Radical Point of View on How to Teach	
	9.5.2.	Gamification			9.8.3.1. Methodological Basis	
		9.5.2.1. What is Gamification?			9.8.3.2. Strengths, Opportunities and Weaknesses	
		9.5.2.2. Fundamentals	9.9.	Educat	ational Inclusion	
		9.5.2.3. Narration		9.9.1.	Is there Innovation without Inclusion?	
		9.5.2.4. Dynamics		9.9.2.	Cooperative Learning	
		9.5.2.5. Mechanisms9.5.2.6. Components.9.5.2.7. Insignias			9.9.2.1. Principles	
					9.9.2.2. Group Cohesion	
					9.9.2.3. Simple and Complex Dynamics	
		9.5.2.8. Gamification Apps		9.9.3.	Shared Teaching	
		9.5.2.9. Examples:			9.9.3.1. Ratio and Attention to Students	
		9.5.2.10. Criticisms of Gamification, Limitations and Common Errors			9.9.3.2. Teaching coordination as a strategy for student improvement	

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	9.9.4. Multilevel Teaching		10.3.	Educati	ional Excellence
		9.9.4.1. Definition		10.3.1.	Towards a Concept of Excellence in Education
		9.9.4.2. Models		10.3.2.	Teaching vs. Learning
	9.9.5.	Universal Learning Design		10.3.3.	Excellence Based on Needs
		9.9.5.1. Principles		10.3.4.	Demand and Excellence
		9.9.5.2. Guidelines		10.3.5.	Measurements and Factors
	9.9.6.	Inclusive Experiences		10.3.6.	Management for Educational Excellence
		9.9.6.1. Rome Project	10.4.	Coachi	ng for Innovation
		9.9.6.2. Interactive Groups		10.4.1.	Processes of Educational Innovation through Coaching
		9.9.6.3. Dialogue Talks			10.4.1.1. In Apprenticeships
		9.9.6.4. Learning Communities			10.4.1.2. In the Groups
		9.9.6.5. Includ-ED Project			10.4.1.3. In Teachers
	1 40				10.4.1.4. In Executive Management
		Coaching for the transformation, innovation and educational			10.4.1.5. In the Center
exce	llence			10.4.2.	Evaluation as a Tool for Innovation
10.1.	Well-Be	ing as a Factor of Excellence in Educational Communities		10.4.3.	What to Evaluate, When and How?
	10.1.1.	Evolution of Society and its Impact on Education		10.4.4.	Objectives for Innovation
		10.1.1.1. Characteristics of Today's Society		10.4.5.	Establish Achievement Indicators
		10.1.1.2. Challenges of Today's Society		10.4.6.	Process Monitoring
		10.1.1.3. New Educational Needs		10.4.7.	Celebrating Achievements
	10.1.2.	Social Factors		10.4.8.	Educational Innovation Plan
	10.1.3.	Professional Factors	10.5.	Educati	ing in the Will of Meaning
	10.1.4.	Wellness and Excellence		10.5.1.	Approach to the Concept
	10.1.5.	Factors for Educational Well-Being		10.5.2.	The Thought of Viktor Frankl
	10.1.6.	Inclusivity as a Reality		10.5.3.	Logotherapy and Education
	10.1.7.	School and Family	10.6.	Toward	ls a Pedagogy of Interiority
10.2.	Profess	ional Development and Teacher Welfare Plan		10.6.1.	Spirituality and Pedagogy
		Teacher Unrest		10.6.2.	"Learning to Be."
	10.2.2.	Teacher Welfare	10.7.	Coachi	ng for Integrative Education
	10.2.3.	Teaching and Personal Development		10.7.1.	Towards a Pedagogy of Interiority
	10.2.4.	Personal and Professional Life		10.7.2.	Educating the Whole Person
	10.2.5.	Teacher Review and Evaluation		10.7.3.	Educating for the Three Centers
	10.2.6.	Teacher Welfare as a Factor of Educational Excellence		10.7.4.	Duty and Pleasure in Education
	10.2.7.	Inspired to Inspire Life Paths		10.7.5.	Educating Integratively
		Teacher Welfare Plan			

10.7.6. Conclusions: a Road Ahead

10.7.7. An Educational Project based on Educational Coaching

10.8. Meaning and Purpose of Education

10.8.1. The Golden Circle

10.8.2. Why and What For?

10.8.3. The How

10.8.4. The What

10.8.5. Alignment of Education Levels

10.8.6. Educating in the Will of Meaning

10.8.7. Challenges for the Education of the Self from Coaching and Logopedagogy

10.8.8. Tools for the Alignment of Educational Levels

10.9. Educate to Be

10.9.1. Pedagogical Contributions in Education to Be

10.9.2. Report of the Faure Commission for UNESCO

10.9.3. Jacques Delors Report

10.9.4. Decalogue of an Education to Be

10.9.5. Beyond Knowledge

10.9.6. Educating for Life

10.9.7. Educating Integratively

10.9.8. Inhabiting the Inside

10.9.9. Educating Ego and Self

10.9.10. Developing a Sense

10.9.11. Inclusivity and the Common Good

10.9.12. Self-Realization and Service

10.9.13. Transformation



A unique, key, and decisive training experience to boost your professional development"







tech 46 | Methodology

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.



Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method"

The effectiveness of the method is justified by four fundamental achievements:

- Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
- 2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
- **3.** Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
- **4.** Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



tech 48 | Methodology

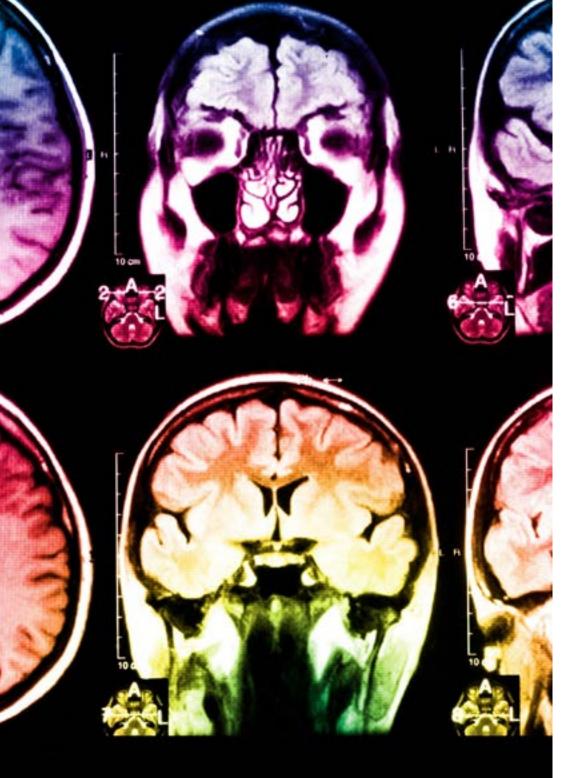
Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.





Methodology | 49 tech

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

tech 50 | Methodology

This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

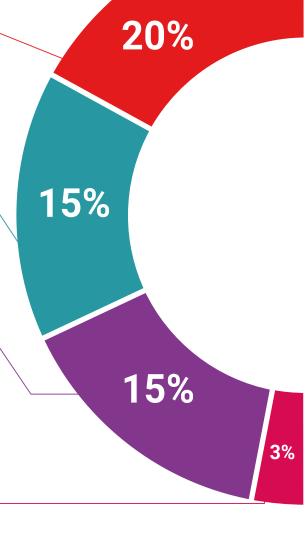
TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".





Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.

Expert-Led Case Studies and Case Analysis Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.

Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



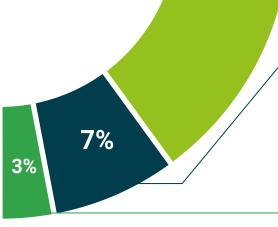
Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.

Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



20%

17%







tech 54 | Certificate

This **Professional Master's Degree in Educational Coaching** contains the most complete and updated scientific program on the market.

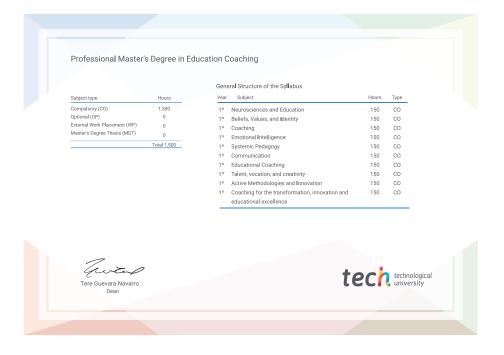
After the student has passed the assessments, they will receive their corresponding **Professional Master's Degree** issued by **TECH Technological University** via tracked delivery*.

The diploma issued by **TECH Technological University** will reflect the qualification obtained in the master's degree, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: Professional Master's Degree in Education Coaching

Official No of hours: 1,500 h.





^{*}Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

technological university Degree

Professional Master's

Educational Coaching

Course Modality: Online Duration: 12 months

Certificate: TECH Technological University

Official N° of hours: 1,500 h.

