

Postgraduate Diploma School Tools on Bullying



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- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: www.techtitute.com/in/education/postgraduate-diploma/postgraduate-diploma-school-tools-bullying

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01

Introduction

Schools are increasingly aware of the need to prevent and deal effectively with bullying and have more and more tools at their disposal to help preserve the well-being of their students. Thus, the management team, teachers or counselors have cutting-edge strategies to diagnose these cases, evaluate them and intervene successfully and quickly. Therefore, all professionals interested in avoiding or managing these conflicts with solvency are obliged to know these techniques in depth. As a result, TECH has designed this program, which enables students to identify bullying intervention programs or master the communication methods that help to resolve these situations. Furthermore, this learning will be done online and without the need to leave your home.



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Through this program, you will acquire the most effective strategies to evaluate a possible case of bullying, taking into account the behavior of both the young person being bullied and the aggressor”

The increasing concern of schools about bullying has led to the improvement of the methods used to prevent or intervene quickly and successfully in possible cases of bullying. In this line, sophisticated techniques have emerged to detect aggressive and assaultive behavior in the classroom, as well as strategies to generate empathy for the classmate. Thanks to this, it is possible to solve these problems more effectively, preventing them from affecting the quality of life and emotional development of the young person. For this reason, educators need an excellent knowledge of these tools to contribute to the construction of a pleasant school climate.

For this reason, TECH has designed this program, through which the students will deepen in the management of the mechanisms that enable the prevention and intervention of bullying in the classroom. Throughout this academic period, students will learn the multidisciplinary action protocols to deal with possible cases of bullying and how to use questionnaires to assess the quality of relationships between students. Similarly, they will acquire communication skills to deal assertively with aggressors, facilitating the effective and agile resolution of abusive situations.

Since this Postgraduate Diploma is taught in a completely online mode, the students will be able to perfectly combine their personal and professional duties with their exquisite learning. Moreover, all the didactic materials available to you are available in the form of readings, explanatory videos and self-assessment exercises. In this way, you will enjoy an education that is fully adapted to your particular scheduling needs and to your academic concerns and preferences.

This **Postgraduate Diploma in School Tools on Bullying** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Education
- ♦ The graphic, schematic and practical contents of the book provide theoretical and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



Intervene effectively in bullying situations, acquiring the communicative techniques that contribute to the resolution of conflicts between students"

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Learn without the need to move from your own home thanks to the online modality presented by this Postgraduate Diploma"

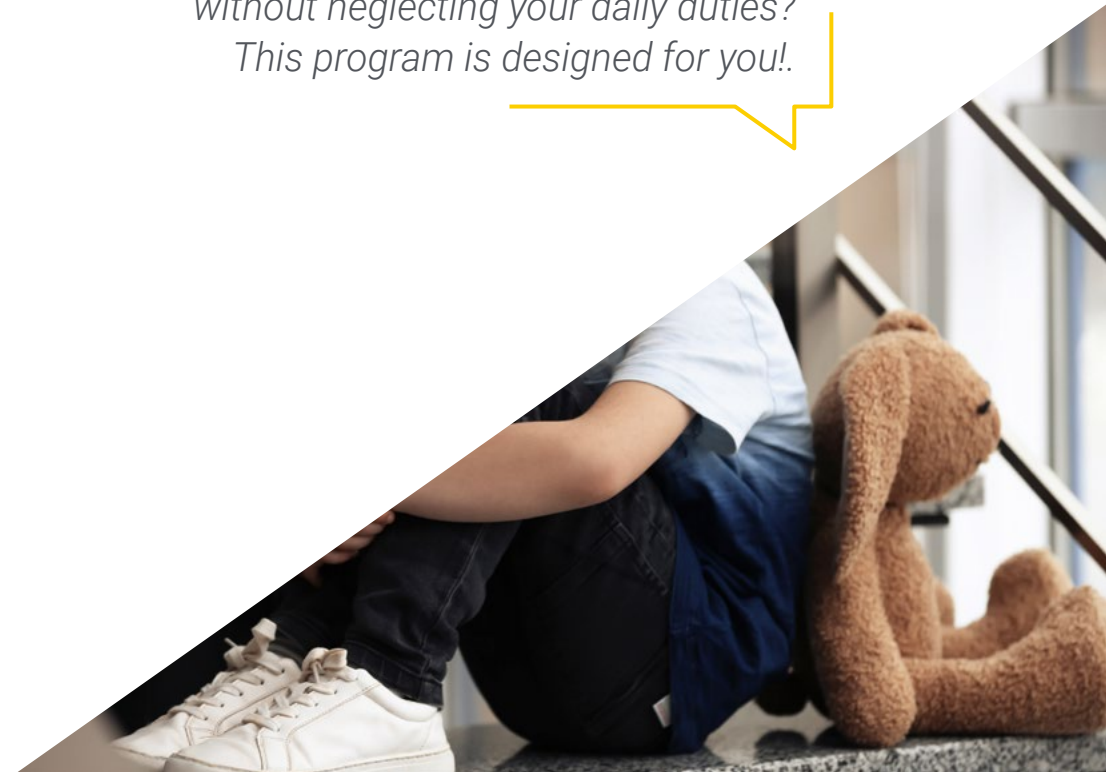
The program's teaching staff includes professionals from the sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

Its multimedia content, developed with the latest educational technology, will provide the professionals with situated and contextual learning, i.e., a simulated environment that will provide an immersive education programmed to learn in real situations.

The design of this program focuses on Problem-Based Learning, by means of which the professionals must try to solve the different professional practice situations that are presented throughout the academic course. For this purpose, the students will be assisted by an innovative interactive video system created by renowned experts.

Manage, with this program, the procedures to follow in the educational center when detecting a possible case of bullying.

Do you want to specialize in the prevention and management of bullying without neglecting your daily duties? This program is designed for you!



02

Objectives

TECH has designed this Postgraduate Diploma with the aim of contributing to the management of tools to prevent and address cases of bullying in schools by teachers. Thanks to this program, you will identify the functions of the teacher, the school and the guidance services to prevent and intervene in these contexts or delve into the most efficient communication strategies for the resolution of bullying. All this, in only 450 hours and through a first level pedagogical methodology.



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Deepen, in only 6 months, the role of the teacher, the center itself and its guidance services to prevent and intervene in the different cases of bullying"



General Objectives

- ♦ Deepen in the prevention and intervention in school bullying
- ♦ Delve into the different areas in which bullying has an impact
- ♦ Offer a system of in-depth study for a comprehensive approach to school bullying
- ♦ Inquire into the educational, psychological, social and legal aspects of school bullying
- ♦ Acquire in-depth knowledge of the relationship between bullying and its psychological consequences
- ♦ Describe school conflict management, assertive communication and problem solving tools
- ♦ Explain the tools to know how to prevent school bullying
- ♦ Explain the tools to know how to intervene in school bullying
- ♦ Enable to work collaboratively with all the actors involved in bullying



Follow the objectives that TECH has outlined for this program and position yourself as a benchmark in the field of Education"





Specific Objectives

Module 1. The teacher, the school and the counseling service

- ♦ Delve into the teacher's role in prevention and intervention
- ♦ Describe the functions of the school in terms of prevention and intervention
- ♦ Point out the role of the guidance counselor in terms of prevention and intervention
- ♦ Explain different intervention programs that have been successfully implemented
- ♦ Discuss the efficacy of emotional education
- ♦ Describe different tools for bullying detection

Module 2. Communicative styles in bullying resolution

- ♦ Describe existing communicative styles
- ♦ Identify the most effective communicative styles
- ♦ Get to know the relationship between educational styles and communicative styles
- ♦ Learn to communicate assertively
- ♦ Understand the importance of affectivity
- ♦ Learn how to claim rights through assertive communication
- ♦ Delve into the use of assertive communication as a conflict resolution strategy

Module 3. The group, roles and the resolution of school conflicts

- ♦ Delve into the process of group development
- ♦ Learn what group identity is
- ♦ Identify how group identity influences individual identity and vice versa
- ♦ Delve into the roles of authority in the group
- ♦ Understand how personalities develop within the group
- ♦ Learn how to effectively identify group roles
- ♦ Delve into how leadership is developed in the group
- ♦ Describe the characteristics of the leader and the followers
- ♦ Understand the importance of the phenomenon of social pressure



03

Structure and Content

The syllabus of this program is made up of 3 complete modules, with which the educator will deepen in the identification and management of school tools to prevent or address cases of bullying. Each of them has a wide range of didactic materials available in highly varied textual and multimedia formats. As a result, and through a 100% online methodology, the students will be able to enjoy a fully individualized, enjoyable and effective teaching.



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Through this Postgraduate Diploma, you will obtain a complete specialization on the communicative styles available to solve cases of bullying”

Module 1. The teacher, the school and the counseling service

- 1.1. The teacher, the school and the counseling service
 - 1.1.1. Observation of behaviors in the aggressor
 - 1.1.2. Observation of behaviors in the victim
 - 1.1.3. Observation of behaviors in witnesses
- 1.2. Communication to the director and management team
 - 1.2.1. Coexistence plan
 - 1.2.2. Action Protocol
 - 1.2.3. Activation of the action protocol
- 1.3. Collection and analysis of information
 - 1.3.1. Collection and analysis of information
 - 1.3.2. Adoption of emergency measures
 - 1.3.3. First communication to families
- 1.4. First communication to families
 - 1.4.1. What is Educational Inspection
 - 1.4.2. Report referred to Educational Inspection
 - 1.4.3. Action taken by the Educational Inspection
- 1.5. Diagnosis with absence of bullying
 - 1.5.1. Educational guidelines on bullying prevention
 - 1.5.2. Educational guidelines on bullying prevention
 - 1.5.3. Educational guidelines on the prevention of bullying
- 1.6. Tools for dealing with at-risk situations
 - 1.6.1. Procedure for Action
 - 1.6.2. Intervention with the aggressor
 - 1.6.3. Intervention with the victim
 - 1.6.4. Intervention with witnesses
- 1.7. Evaluation questionnaires
 - 1.7.1. Bullying questionnaires
 - 1.7.2. Cyberbullying questionnaires
 - 1.7.3. Questionnaires to assess peer relationships
 - 1.7.4. Questionnaires to assess mood





- 1.8. Bullying intervention programs
 - 1.8.1. Kiva program
 - 1.8.2. Zero Program
 - 1.8.3. Mybullying Program
 - 1.8.4. AVE Program
- 1.9. Emotional Education
 - 1.9.1. Emotion of sadness
 - 1.9.2. Emotion of joy
 - 1.9.3. Anger emotion
 - 1.9.4. Emotion of fear
 - 1.9.5. Empathy
 - 1.9.6. Psychological treatment in bullying
- 1.10. Consequences of bullying
 - 1.10.1. Psychological effects of bullying
 - 1.10.2. Long-term effects of bullying
 - 1.10.3. Comorbidity in bullying

Module 2. Communicative styles in bullying resolution

- 2.1. Communication in bullying situations
 - 2.1.1. Emitter
 - 2.1.2. Receptor
 - 2.1.3. Message
 - 2.1.4. Communication Channels
- 2.2. Styles of Verbal, Non-Verbal and Paraverbal Communication
 - 2.2.1. Verbal Communication
 - 2.2.2. Non-Verbal Communication
 - 2.2.3. Paraverbal Communication
- 2.3. Communicative styles of unequal resolution
 - 2.3.1. Communicative styles of unequal resolution
 - 2.3.2. Win/lose
 - 2.3.3. Losing/winning

- 2.4. Adequate and empathic communication
 - 2.4.1. Win/win
 - 2.4.2. Winning and helping the other person to win
- 2.5. Assertive Communication in Bullying
 - 2.5.1. Assertive Communication in Conflicts
 - 2.5.2. Benefits of Assertive Communication
- 2.6. Making appropriate decisions to resolve a bullying situation
 - 2.6.1. Appropriate decision making process
 - 2.6.2. Variables involved in the decision making process
- 2.7. Communication agents involved in school bullying
 - 2.7.1. Communication on the part of the student
 - 2.7.2. Communication on the part of the Professor
- 2.8. Development of non-violent communication for dealing with bullying
 - 2.8.1. Non-Violent Communication
 - 2.8.2. Aggressive states
 - 2.8.3. Aggressiveness indicators
- 2.9. ICTs and preventive communication strategies
 - 2.9.1. The role of technologies in communication
 - 2.9.2. Appropriate forms of communication through ICTs
- 2.10. Active listening as a key in school bullying
 - 2.10.1. Active Listening
 - 2.10.2. Empathic Listening
 - 2.10.3. Signs of active listening

Module 3. The group, roles and the resolution of school conflicts

- 3.1. The group at school level
 - 3.1.1. What is a Group?
 - 3.1.2. Characteristics of a Group
 - 3.1.3. Recognition of groups
- 3.2. Group dynamics in school interactions
 - 3.2.1. Group activities
 - 3.2.2. Competencies in group activities
 - 3.2.3. Techniques used in group dynamics
- 3.3. Techniques used in group dynamics
 - 3.3.1. Conflict generation
 - 3.3.2. Mediation of the students
 - 3.3.3. The role of the helper of the aggressor and the victim
- 3.4. Strategies for identifying school roles
 - 3.4.1. Techniques to Identify the Different Roles
 - 3.4.2. Indicators for determining roles
- 3.5. Differentiation of roles at the individual and group level
 - 3.5.1. The role occupied by an individual
 - 3.5.2. The role attributed to them by peers
 - 3.5.3. The role one wishes to have
- 3.6. The role of the teacher as an agent of change
 - 3.6.1. Activities in which the teacher's role predominates
 - 3.6.2. Activities in which the teacher and students participate
 - 3.6.3. Activities according to the group objective
- 3.7. Education for solving conflicts for bullying
 - 3.7.1. Conflict Solving Strategies
 - 3.7.2. Conflict Resolution Skills

- 3.8. Playful strategies for conflict resolution in school bullying
 - 3.8.1. Use of play in conflict resolution
 - 3.8.2. Role Playing in Conflict Resolution
- 3.9. Strategies for dealing with conflicts using humor
 - 3.9.1. Sense of Humor
 - 3.9.2. Therapeutic use of humor
 - 3.9.3. The use of humor in bullying
- 3.10. The educating role of the role of the victim of bullying
 - 3.10.1. Meaning of victim
 - 3.10.2. Empathy with the victim
 - 3.10.3. Use of daily abuse in awareness-raising
 - 3.10.4. Use of relevant serious data to work on bullying

“*Enroll in this Postgraduate Diploma and start enjoying optimized and enjoyable learning through didactic formats such as video or interactive summary*”



04

Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"

At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.



It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.

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Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





Expert-Led Case Studies and Case Analysis

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



Testing & Retesting

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



Classes

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



Quick Action Guides

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



05

Certificate

The Postgraduate Diploma School Tools on Bullying guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Diploma issued by TECH Technological University.



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Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”

This **Postgraduate Diploma in School Tools on Bullying** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Diploma** issued by **TECH Technological University** via tracked delivery*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Diploma in School Tools on Bullying**

Official N° of Hours: **450 h.**



*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

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institutions technology learning
community commitment
personalized service innovation
knowledge present
development language
virtual classroom

tech technological
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