



# Postgraduate Diploma Biochemistry of Mental Disorders for Teachers

» Modality: online

» Duration: 6 months

» Certificate: TECH Global University

» Accreditation: 18 ECTS

» Schedule: at your own pace

» Exams: online

Website: www.techtitute.com/us/education/postgraduate-diploma/postgraduate-diploma-biochemistry-mental-disorders-teachersdocentes

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# tech 06 | Introduction

Understanding how the brain functions is an invaluable tool for comprehending the evolution and diverse abilities of students, and responding to them in a tailored and effective manner.

We now know that our basic emotions are exclusively regulated by specific biochemical brain processes. That is, each basic emotion requires the activation of one or more neurotransmitters, which are always the same for each of them.

It is also well-established that emotional management plays a key role in regulating behavior and thought, which is why biochemical knowledge of the brain is essential to understanding the processes behind both health and illness. This biochemical understanding is indispensable for 21st-century psychologists, not only for applying it in their routine clinical practice but also for clinical research.

The Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers is a unique program in teaching the mastery of brain biochemistry and its role in mental disorders. It serves as a high-level training tool for educators.

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Update your knowledge through the Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers in a practical and tailored way to meet your professional needs" This Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers contains the most complete and up-to-date educational program on the market. The most important features include:

- Development of over 75 clinical cases presented by experts
- The graphic, schematic, and practical contents of which they are composed provide scientific and practical information on the disciplines that are essential for professional practice
- New diagnostic and therapeutic developments on evaluation, diagnosis and intervention of the biological and neurological processes which explain mental illnesses
- It contains practical exercises where the self-evaluation process can be carried out to improve learning
- Algorithm-based interactive learning system for decision-making in the presented clinical situations
- With special emphasis on evidence-based psychology and research methodologies in psychology
- All this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- Content that is accessible from any fixed or portable device with an Internet connection



The work methods of a top-level training program that will provide you with the most advanced distance learning systems available today"

The program includes a faculty of professionals from the field of Psychology, who bring their work experience into this Postgraduate Diploma, as well as renowned specialists from leading scientific societies.

Thanks to its multimedia content, developed with the latest educational technology, professionals will benefit from situated and contextual learning—simulated environments designed to provide immersive learning experiences that prepare them for real-life situations.

The design of this program is based on Problem-Based Learning (PBL), where the professional will be required to address and resolve various real-world professional situations that arise throughout the course. To assist with this, the professional will have the support of an innovative interactive video system created by recognized experts in the field of clinical neuropsychology, with extensive teaching experience.

This course is designed with the most advanced educational resources available, to achieve a more comfortable and efficient learning space, enhancing your potential.





# tech 10 | Objectives



## **General Objectives**

- Explain the overall functioning of the brain, as well as the biochemistry that activates or inhibits it
- Manage brain activity as a map of mental disorders
- Describe the most common neurological disorders in psychological practice
- Describe the knowledge of the relationships between the central nervous system, the endocrine system, and the immune system



Make the most of the opportunity and take the step to update your knowledge in neuropsychology and understand the biochemistry of mental disorders through training designed for educators"









## **Specific Objectives**

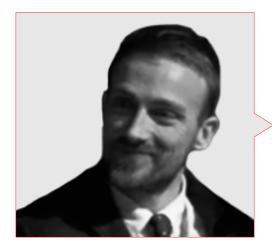
- Explain the phylogeny from brain ontogeny
- Understand the neurological and biochemical framework in the overall view of human behavior
- Develop models that encompass both brain activity, mental health, and mental illness
- Define the specific biochemical and anatomical activity in each mental disorder
- Develop psychological models that improve biochemical and anatomical imbalances
- Participate in multidisciplinary interventions in mental disorders
- Master psycho-neurological advances involved in health and illness
- Describe the different stages in stimulus analysis
- Understand the biochemical and neurological drivers that lead to the establishment of a memory and its loss
- Develop psychological tools to alter the brain's biochemistry and neuroanatomy
- Explain how basic emotion depends on the biochemistry and activated neuroanatomy





# tech 14 | Course Management

#### Management



#### Dr. Martínez Lorca, Alberto

• Specialist in Nuclear Medicine. Rey Juan Carlos University Hospital - Quirón. Madrid. Spain

#### Coordinator



#### Dr. Aguado Romo, Roberto

- Psychologist specialized in Clinical Psychology
- European specialist psychologist in Psychotherapy
- Managing Director of the evaluation and psychotherapy centers in Madrid, Bilbao, and Talavera de la Reina
- · Author of Time-Limited Psychotherapy
- Researcher at CerNet, Emotional Network, and European Institute for Time-Limited Psychotherapies

#### **Teachers**

#### Fernández, Ángel

- European specialist psychologist in Psychotherapy from the EFPA
- Health Psychologist. Master's Degree in Clinical and Health Psychology
- Director of the Evaluation and Psychotherapy Center of Madrid
- Tutor in charge of the Psychodiagnosis and Psychological Intervention area of the CEP
- Author of the T.E.N. technique
- Head of studies on the Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Specialist in Clinical Hypnosis and Relaxation

#### Ms. González, Mónica

- Psychologist in charge of the Department of Child and Adolescent
   Psychology of the Quirón Hospital and Avatar Psychologists in Marbella
- Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- Kaisser, Carlos. M.D. Otolaryngologist
- Head of the Otolaryngology department at Segovia General Hospital
- Member of the Royal Academy of Medicine of Salamanca
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in Psychosomatic Medicine

#### Ms. Martínez-Lorca, Manuela

- Doctorate in Psychology from the University of Castilla-La Mancha
- Health Psychologist
- Lecturer in the Department of Psychology at the UCLM. Master's Degree in Time-Limited Psychotherapy and Health Psychology by the European Institute of Time-Limited Psychotherapy
- Specialist in Clinical Hypnosis and Relaxation

#### Ms. Roldan, Lucia

- Health Psychologist
- Cognitive-behavioral intervention specialist
- Master's Degree in Time-Limited Psychotherapy and Health Psychology
- Expert in energy therapy intervention





# tech 18 | Structure and Content

#### Module 1. Principles of Brain Biochemistry

- 1.1. The Neurone and its Composition
  - 1.1.1. Axon
  - 1.1.2. Cellular Body or Soma
  - 1.1.3. Dendrites
- 1.2. Nervous Impulse
  - 1.2.1. Sodium / Potassium Pump
    - 1.2.1.1. Resting Potential
    - 1.2.1.2. Action Potential Generation
    - 1.2.1.3. GABA-Glutamate-Glutamine Cycle
- 1.3. Electric and Chemical Synapses
- 1.4. Neurotransmitters
  - 1.4.1. G.A.B.A
  - 1.4.2. Acetylcholine. (Ach)
  - 1.4.3. Catecholamines
    - 1.4.3.1. Adrenaline. (A)
    - 1.4.3.2. Noradrenaline. (NA)
    - 1.4.3.3. Dopamine (DA)
      - 1.4.3.3.1. DAe
      - 1.4.3.3.2. DAi
  - 1.4.4. Indolamines
    - 1.4.4.1. Serotonin. (5-HT)
  - 1.4.5. Gastrointestinal Polypeptides
  - 1.4.6. Protanglandins
  - 1.4.7. Glycerine
  - 1.4.8. Enkephalins and Endorphins
  - 1.4.9. Adenylate Cyclase (ATP)
- 1.5. Neurotransmission Process
- 1.6. Neurotransmitter Synthesis
- 1.7. Neurotransmitter Storage
- 1.8. Release into the Intersynaptic Space
- 1.9. Interaction with the Postsynaptic Receptor
- 1.10. Neurotransmitter Reuptake





## Structure and Content | 19 tech

- 1.11. General Circulation Diffusion
- 1.12. Inactivation by the M.A.O
- 1.13. Rivers of Chemistry Flooding our Brains
- 1.14. Chemical Families and Interactions Between Them
- 1.15. Hormonal System
  - 1.15.1. Adrenaline
  - 1.15.2. Melatonin
  - 1.15.3. Adrenocorticotropin
  - 1.15.4. Norepinephrine

#### Module 2. Biochemistry of Mental Disorders

- 2.1. Neurotransmitters and Mental Illness
  - 2.1.1. Upper Stratum (NA / 5-HT) Own Anxiety, Stress
  - 2.1.2. Lower Stratum (DA / Ach) Own Helplessness, Hepression
  - 2. Type NA Biochemical Imbalance
    - 2.2.1. Clinical Hypomania
    - 2.2.2. Clinical Psychopathy
    - 2.2.3. Clinical Psychosis
    - 2.2.4. Clinical Anxiety
    - 2.2.5. Clínica Loss of Impulse Control
- 2.3. Clinical Depression
- 2.4. Clinical Immunological Depression
- 2.5. Clinical Mania
- 2.6. Clinical Schizophrenia
- 2.7. Clinical Sleep Disorders
- 2.8. Clinical Impulse Control Disorders
- 2.9. Clinical Eating Disorders
- 2.10. Type Ach Biochemical Imbalance
  - 2.10.1. Complex Arterial Hypotension, Hypoglycemia, Bradycardia and Muscle Asthenia
  - 2.10.2. Physical and Psychological Exhaustion
  - 2.10.3. Attention and Memory Disorders
  - 2.10.4. Neurological Diseases Affecting the Locomotor System
  - 2.10.5. Clinical Affective Blunting and Consciousness Disorder

# tech 20 | Structure and Content

- 2.11. Type DAe Biochemical Imbalance
  2.11.1. Calm, Serenity, Suppressing Irritability Complex
  2.11.2. Insomnia
  2.11.3. Bad-Tempered, But Do Not Express It
  2.12. Type DAi Biochemical Imbalance
  - 2.12.1. Motor Hyperactivity
  - 2.12.1. Motor Hyperactivity
  - 2.12.2. Complex Tachycardia, Hypertension and Hyperglycemia
  - 2.12.3. Histrionic Spectrum Disorders with Anxious Depression

# **Module 3.** Biochemistry and Neuroanatomy of the Most Commonly Known Mental Disorders in the Outpatient Clinic

- 3.1. Neuroanatomy and Biochemistry in Consciousness and Memory Disorders
  - 3.1.1. Hypervigilance, Obnubilation, Confusional or Twilight States
  - 3.1.2. Depersonalization or Derealization Disorders
  - 3.1.3. Remote or Immediate Memory Disorders
  - 3.1.4. Clinical Disorientation, Drowsiness
  - 3.1.5. Obnubilation, Stupor, Delirium, Coma, Twilight State
  - 3.1.6. Clinical Agnosia, Anosoagnosia, Apraxia, Adiadocokinesia
  - 3.1.7. Memory Disorders: Amnesia, Paramnesia, Amnesic Screen, Lethologic
- 3.2. Neuroanatomy and Biochemistry of Anxiety Disorders
  - 3.2.1. Panic Attacks
  - 3.2.2. Agoraphobia
  - 3.2.3. Simple Phobia
  - 3.2.4. Generalized Anxiety Disorder
  - 3.2.5. Obsessive Compulsive Disorder
  - 3.2.6. Social Phobia
  - 3.2.7. Post-Traumatic Stress Disorder
- 3.3. Neuroanatomy and Biochemistry of Mood Disorders
  - 3.3.1. Dysthymia
  - 3.3.2. Sever Depression
  - 3.3.3. Adaptive Deficit Disorders

- 3.4. Neuroanatomy and Biochemistry of Eating Disorders
  - 3.4.1. Pica
  - 3.4.2. Rumination Disorder
  - 3.4.3. Anorexia Nervosa
  - 3.4.4. Bulimia Nervosa
  - 3.4.5. Binge Eating Disorder
- 3.5. Neuroanatomy and Biochemistry of Impulse Control Disorders
  - 3.5.1. Oppositional Defiant Disorder
  - 3.5.2. Intermittent Explosive Disorder
  - 3.5.3. Antisocial Personality Disorder
  - 3.5.4. Behavioral Disorders
  - 3.5.5. Kleptomania
  - 3.5.6. Pyromania
- 3.6. Neuroanatomy and Biochemistry of Sleep Disorders
  - 3.6.1. Insomnia
  - 3.6.2. Hypersomnia
  - 3.6.3. Narcolepsy
  - 3.6.4. Apnea
  - 3.6.5. Circadian Rhythm Disorders
  - 3.6.6. Restless Leg Syndrome
- 3.7. Neuroanatomy and Biochemistry of Personality Disorders
  - 3.7.1. Borderline Personality Disorder
  - 3.7.2. Schizophrenic Personality Disorder
  - 3.7.3. Avoidant Personality Disorder
  - 3.7.4. Narcissistic Personality Disorder
  - 3.7.5. Obsessive Compulsive Personality Disorder
- 3.8. Neuroanatomy and Biochemistry of Psychotic Disorders
  - 3.8.1. Schizophrenia
  - 3.8.2. Delirious Disorders
  - 3.8.3. Bipolar Disorder
  - 3.8.4. Psychotic Disorder





A unique, essential and decisive learning experience to boost your professional development"



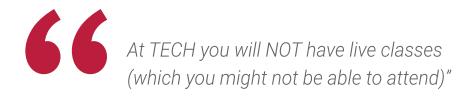


#### The student: the priority of all TECH programs

In TECH's study methodology, the student is the main protagonist.

The teaching tools of each program have been selected taking into account the demands of time, availability and academic rigor that, today, not only students demand but also the most competitive positions in the market.

With TECH's asynchronous educational model, it is students who choose the time they dedicate to study, how they decide to establish their routines, and all this from the comfort of the electronic device of their choice. The student will not have to participate in live classes, which in many cases they will not be able to attend. The learning activities will be done when it is convenient for them. They can always decide when and from where they want to study.







# Study Methodology | 25 tech

#### The most comprehensive study plans at the international level

TECH is distinguished by offering the most complete academic itineraries on the university scene. This comprehensiveness is achieved through the creation of syllabi that not only cover the essential knowledge, but also the most recent innovations in each area.

By being constantly up to date, these programs allow students to keep up with market changes and acquire the skills most valued by employers. In this way, those who complete their studies at TECH receive a comprehensive education that provides them with a notable competitive advantage to further their careers.

And what's more, they will be able to do so from any device, pc, tablet or smartphone.



TECH's model is asynchronous, so it allows you to study with your pc, tablet or your smartphone wherever you want, whenever you want and for as long as you want"

# tech 26 | Study Methodology

#### Case Studies and Case Method

The case method has been the learning system most used by the world's best business schools. Developed in 1912 so that law students would not only learn the law based on theoretical content, its function was also to present them with real complex situations. In this way, they could make informed decisions and value judgments about how to resolve them. In 1924, Harvard adopted it as a standard teaching method.

With this teaching model, it is students themselves who build their professional competence through strategies such as Learning by Doing or Design Thinking, used by other renowned institutions such as Yale or Stanford.

This action-oriented method will be applied throughout the entire academic itinerary that the student undertakes with TECH. Students will be confronted with multiple real-life situations and will have to integrate knowledge, research, discuss and defend their ideas and decisions. All this with the premise of answering the question of how they would act when facing specific events of complexity in their daily work.



#### Relearning Methodology

At TECH, case studies are enhanced with the best 100% online teaching method: Relearning.

This method breaks with traditional teaching techniques to put the student at the center of the equation, providing the best content in different formats. In this way, it manages to review and reiterate the key concepts of each subject and learn to apply them in a real context.

In the same line, and according to multiple scientific researches, reiteration is the best way to learn. For this reason, TECH offers between 8 and 16 repetitions of each key concept within the same lesson, presented in a different way, with the objective of ensuring that the knowledge is completely consolidated during the study process.

Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.



# tech 28 | Study Methodology

#### A 100% online Virtual Campus with the best teaching resources

In order to apply its methodology effectively, TECH focuses on providing graduates with teaching materials in different formats: texts, interactive videos, illustrations and knowledge maps, among others. All of them are designed by qualified teachers who focus their work on combining real cases with the resolution of complex situations through simulation, the study of contexts applied to each professional career and learning based on repetition, through audios, presentations, animations, images, etc.

The latest scientific evidence in the field of Neuroscience points to the importance of taking into account the place and context where the content is accessed before starting a new learning process. Being able to adjust these variables in a personalized way helps people to remember and store knowledge in the hippocampus to retain it in the long term. This is a model called Neurocognitive context-dependent e-learning that is consciously applied in this university qualification.

In order to facilitate tutor-student contact as much as possible, you will have a wide range of communication possibilities, both in real time and delayed (internal messaging, telephone answering service, email contact with the technical secretary, chat and videoconferences).

Likewise, this very complete Virtual Campus will allow TECH students to organize their study schedules according to their personal availability or work obligations. In this way, they will have global control of the academic content and teaching tools, based on their fast-paced professional update.



The online study mode of this program will allow you to organize your time and learning pace, adapting it to your schedule"

#### The effectiveness of the method is justified by four fundamental achievements:

- 1. Students who follow this method not only achieve the assimilation of concepts, but also a development of their mental capacity, through exercises that assess real situations and the application of knowledge.
- 2. Learning is solidly translated into practical skills that allow the student to better integrate into the real world.
- 3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
- 4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.

# Study Methodology | 29 tech

#### The university methodology top-rated by its students

The results of this innovative teaching model can be seen in the overall satisfaction levels of TECH graduates.

The students' assessment of the teaching quality, the quality of the materials, the structure of the program and its objectives is excellent. Not surprisingly, the institution became the top-rated university by its students according to the global score index, obtaining a 4.9 out of 5.

Access the study contents from any device with an Internet connection (computer, tablet, smartphone) thanks to the fact that TECH is at the forefront of technology and teaching.

You will be able to learn with the advantages that come with having access to simulated learning environments and the learning by observation approach, that is, Learning from an expert.

# tech 30 | Study Methodology

As such, the best educational materials, thoroughly prepared, will be available in this program:



#### **Study Material**

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### **Practicing Skills and Abilities**

You will carry out activities to develop specific competencies and skills in each thematic field. Exercises and activities to acquire and develop the skills and abilities that a specialist needs to develop within the framework of the globalization we live in.



#### **Interactive Summaries**

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive educational system for presenting multimedia content was awarded by Microsoft as a "European Success Story".





#### **Additional Reading**

Recent articles, consensus documents, international guides... In our virtual library you will have access to everything you need to complete your education.

#### **Case Studies**

Students will complete a selection of the best case studies in the field. Cases that are presented, analyzed, and supervised by the best specialists in the world.

#### **Testing & Retesting**



We periodically assess and re-assess your knowledge throughout the program. We do this on 3 of the 4 levels of Miller's Pyramid.

#### Classes



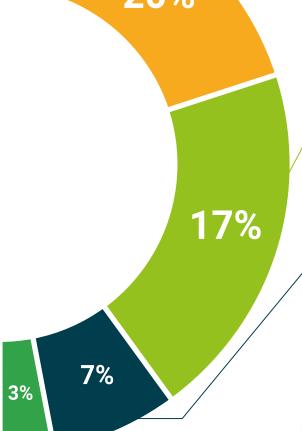
There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence for future difficult decisions.

#### **Quick Action Guides**



TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical and effective way to help students progress in their learning.







# tech 34 | Certificate

This private qualification will allow you to obtain a diploma for the Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers endorsed by TECH Global University, the world's largest online university.

TECH Global University, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers

Modality: online

Duration: 6 months

Accreditation: 18 ECTS



#### has successfully passed and obtained the title of: Postgraduate Diploma in Biochemistry of Mental Disorders for Teachers

This is a private qualification of 540 hours of duration equivalent to 18 ECTS, with a start date of dd/mm/yyyy and an end date of dd/mm/yyyy

TECH Global University is a university officially recognized by the Government of Andorra on the 31st of January of 2024, which belongs to the European Higher Education Area (EHEA)

In Andorra la Vella, on the 28th of February of 2024



tech global university

Postgraduate Diploma
Biochemistry of Mental
Disorders for Teachers

- » Modality: online
- » Duration: 6 months
- » Certificate: TECH Global University
- » Accreditation: 18 ECTS
- » Schedule: at your own pace
- » Exams: online

