

# Postgraduate Certificate

## Sexology. Human Sexual Fact



## Postgraduate Certificate

### Sexology. Human Sexual Fact

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/education/postgraduate-certificate/sexology-human-sexual-fact](http://www.techtitute.com/pk/education/postgraduate-certificate/sexology-human-sexual-fact)

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# 01

# Introduction

Up-to-date medical education in the field of sexology is crucial to provide informed and effective treatment to patients with problems related to sexuality and sexual health in general. As such, this TECH educational program focuses on understanding human sexuality in all its dimensions. Beginning with a historical exploration of sexuality, the course delves into the biological, psychological and social foundations of sexuality, banishing previous beliefs. Thanks to this, doctors will be up-to-date on sexual diversity, sexual orientation, gender identity, sexual and reproductive health, prevention and treatment of sexually transmitted diseases.



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*Expand your knowledge in clinical sexology and offer a more complete, adapted and rigorous care to your patients with sexual health problems”*



This Postgraduate Certificate in Sexology is specifically designed for doctors interested in delving deeper into the knowledge of human sexuality. Taught in a 100% online format, the program is designed to offer students a complete and rigorous training in the field of sexology, with emphasis on the importance of sexuality in our experience as human beings.

The course begins with an exploration of the explanations and studies that have been developed throughout history about human sexuality. From there, students will delve into the biological, psychological and social foundations of sexuality to understand how it develops in each individual.

One of the main objectives of the course is to banish many of the previous beliefs that students may have about sexuality, and to help them understand it as a complex biopsychosocial component. The module will allow students to gradually expand their vision towards an understanding of human sexuality, which will be essential both for clinical practice and for understanding subsequent modules.

The focus of the program is on understanding human sexuality in all its dimensions, and how it can affect people's physical, mental and emotional health. Students will also learn about topics such as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, prevention and treatment of sexually transmitted diseases, among others.

Therefore, this Postgraduate Certificate in Sexology offers a complete and rigorous training in the field of sexology, which will allow doctors to expand their knowledge and understanding of human sexuality and to apply that knowledge in their clinical practice.

This **Postgraduate Certificate in Sexology. Human Sexual Fact** contains the most complete and up-to-date program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide scientific and practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the self-assessment process can be carried out to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection work
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Understanding human sexuality is a key element in the prevention and treatment of sexually transmitted diseases and other sexual health problems. That's why this Postgraduate Certificate is essential for your professional development"*

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*Sexology is an area in constant growth, and enrolling in this course will allow you to stay up to date and at the forefront of your profession”*

The program’s teaching staff includes professionals in the sector who contribute their work experience to this training program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby students must try to solve the different professional practice situations that arise throughout the program. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Thanks to the Relearning method, you will advance through the syllabus in a natural way and reduce the long hours of study and memorization.*

*A course taught in 100% online format that allows you to study wherever and whenever you want. No need for fixed schedules or on-site classes.*



# 02

# Objectives

The main objective of the Postgraduate Certificate in Sexology is to provide the specialist with a complete understanding of human sexuality in all its aspects. Through a combination of theoretical and practical modules, students will learn about the biological, psychological and social foundations of sexuality, as well as about sexual diversity, sexual orientation, gender identity, sexual health, and sexual health. and social foundations of sexuality, as well as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, and the prevention and treatment of sexually transmitted diseases. At the end of the course the specialist will be equipped with the skills and knowledge necessary to address problems related to sexuality and sexual health of their patients in an effective and sensitive manner.







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*150 hours of intensive online study where you will delve into the singularities of clinical sexology to enrich your daily clinical practice”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Identify the variables involved in the origin and maintenance of different sexual dysfunctions (organic, psychological, relational and cultural components)
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the initiation and development of relationships (life cycle of the couple)
- ♦ Describe the dynamics of couple relationships and factors that generate alterations in them
- ♦ Investigate complex issues such as gender violence and child sexual abuse
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Know in depth the deontology in matters of sexuality and couple, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would produce an impairment of the therapeutic work
- ♦ Carry out research programs in sexuality





### Specific Objectives

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- Lay the foundations of Sexology as a science
- Gain an in-depth knowledge of the components that are part of the human sexual act
- Demystifying beliefs or prejudices about sexuality

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*If your goal is to grow and get up-to-date in sexology then welcome, this Postgraduate Certificate is for you”*



03

# Course Management

This program has a team of highly qualified and experienced teachers in the field of sexology. All of them are experts in their area of specialization and have been carefully selected for their experience, knowledge and pedagogical skills. In addition, many of them are experienced doctors with clinical practice experience, which allows them to provide a practical and realistic perspective to students. The teacher team is committed to providing a rigorous and up-to-date education, and are available to answer questions and support students in their learning process.





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*An expert and internationally renowned teaching staff will accompany you and enrich your learning process”*



## Management



### Ms. Ramos Escamilla, María

- ◆ Psychologist, Sexologist, Couple Therapist and director of Destination Kink
- ◆ Degree in Psychology from the Complutense University of Madrid
- ◆ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Ms. Gutiérrez Ramos, Pamela

- ◆ Midwife and Sexologist
- ◆ Sexologist volunteer in NGO
- ◆ Sexologist in the youth center of sexuality attention
- ◆ Postgraduate Certificate in conscious and integral accompaniment of the maternal and perinatal period with a gender perspective and a biopsychosocial approach



# 04

# Structure and Content

The syllabus of the Postgraduate Certificate in Sexology is designed to provide a complete and deep understanding of human sexuality from a medical and psychological perspective. The syllabus includes theoretical and practical modules covering a wide range of topics, such as a wide range of topics, such as sexual diversity, sexual orientation, gender identity, sexual and reproductive health, prevention and treatment of sexually transmitted diseases, among others. Students will also have the opportunity to learn about the latest research and treatments available in the field of sexology and apply them in their medical practice.



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*A rigorous syllabus that covers the evolution of sexology as a science and the current perspectives of the profession”*



## Module 1. Sexology

- 1.1. Evolution of Sexology as a Science
  - 1.1.1. First References to Sexuality
  - 1.1.2. Development of Sexology as a Science
  - 1.1.3. Human Sexual Fact
- 1.2. Biological Fundamentals
  - 1.2.1. Neuroendocrine System
  - 1.2.2. Genetics
  - 1.2.3. Genital Anatomy
- 1.3. Social Foundations
  - 1.3.1. Influence of Culture
  - 1.3.2. Influence of the Environment
- 1.4. Psychological Foundations
  - 1.4.1. Somatosexual Constitution
  - 1.4.2. Sexual and Gender Identity
  - 1.4.3. Gender Expression and Roles
  - 1.4.4. Social Foundations
  - 1.4.5. Influence of Culture
  - 1.4.6. Influence of the Environment
- 1.5. Evolutionary Sexology
  - 1.5.1. Definition
  - 1.5.2. Normal Events that Occur in a Person's Life
- 1.6. Development of Sexuality
  - 1.6.1. Nervous system
  - 1.6.2. Primary Sexual Characteristics
  - 1.6.3. Secondary Sexual Characteristics
  - 1.6.4. Tertiary Sexual Characteristics
- 1.7. Child Development
  - 1.7.1. Conceptualization
  - 1.7.2. The Importance of Emotional Development from Childhood
  - 1.7.3. Bowlby's Attachment Theory







- 1.8. Human Biological Processes
  - 1.8.1. Physical, Psychological and Sexual Changes during Adolescence
    - 1.8.1.1. Menstrual Cycle
  - 1.8.2. Pregnancy, Childbirth and Postpartum
  - 1.8.3. Climacteric and Menopause
  - 1.8.4. Andropause
- 1.9. Anthropological Review of Human Sexuality
  - 1.9.1. The Change from Quadrupedality to Bipedality
  - 1.9.2. Most Important Historical Findings
  - 1.9.3. The Palaeolithic Period and the Revolution of the Affects
  - 1.9.4. Origin of Monogamy
- 1.10. Areas of Sexology Development
  - 1.10.1. Clinical Symptoms
  - 1.10.2. Physical
  - 1.10.3. Educational
  - 1.10.4. Disclosure



*The skills learned in the course will help you communicate effectively with your patients about sensitive sexuality issues and provide a safe and responsible environment”*

05

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*



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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.





06

# Certificate

The Postgraduate Certificate in Sexology. Human Sexual Fact guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork"*

This **Postgraduate Certificate in Sexology. Human Sexual Fact** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexology. Human Sexual Fact**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
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education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom

**tech** technological  
university

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Sexology. Human

Sexual Fact

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- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

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