

# Postgraduate Certificate Sexologist Consultation



## Postgraduate Certificate Sexologist Consultation

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitude.com/pk/education/postgraduate-certificate/sexologist-consultation](http://www.techtitude.com/pk/education/postgraduate-certificate/sexologist-consultation)

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# 01

# Introduction

Sexologist consultation emerges as a tool to comprehensively address sexual and couple problems, and to provide advice and appropriate treatment to those who need it. In this context and due to its enormous importance, TECH has designed a program that aims to train professionals in the educational field to provide advice and treatment in the area of sexuality. Through a pedagogical methodology based on Relearning, students will learn the biological, psychological and social aspects of sexuality, and will acquire the necessary tools to address the deontological aspects of therapy, individual and couple sexological counseling, as well as their own self-care.



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*Master the keys to provide quality care in the area of human sexuality and become an expert in Sexologist Consultation”*

Sexuality is an area of great importance in people's lives, and can have a significant impact on their emotional and physical well-being. However, there are still taboos and prejudices surrounding the subject, which can difficult access to information and adequate treatment. Therefore, the training of professionals in the area of Sexological Consultation is essential to ensure quality care free of stigma.

A clear example is sexual dysfunctions, a common problem in both men and women, affecting approximately 31% of men and 43% of women according to a study published in the Journal of the American Medical Association. These dysfunctions include problems such as erectile dysfunction, premature ejaculation, female orgasmic disorder and vaginismus. The Sexologist Consultation plays a crucial role in the diagnosis, treatment and support of people affected by these dysfunctions, promoting the quality of sexual life and the emotional wellbeing of patients.

In response to the great demand for professionals in this area, TECH has designed this Postgraduate Certificate that will provide students with the necessary knowledge to address the biological, psychological and social aspects of human sexuality. Through a pedagogical methodology based on Relearning, students will be able to delve into topics such as sexological counseling, the therapeutic alliance, the specific characteristics of sex and couple therapy, and in the same way, they will develop different skills for the management of the consultation.

In addition, the course is taught in 100% online format, which allows students to access the content from anywhere and at any time, without having to travel to a physical classroom. Furthermore, the flexibility in organizing academic resources allows them to adapt their learning pace to their needs and availability.

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of practical cases presented by experts in Sexology
- ♦ The graphic, schematic, and practical contents with which they are created, provide practical information on the disciplines that are essential for professional practice
- ♦ Practical exercises where the process of self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Stand out in a growing sector with great projection and master the most relevant aspects of the therapeutic process in sexology"*

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*Delve into the basic assumptions of sex therapy and the deontological aspects that you must take into account in your professional practice through a 100% online methodology”*

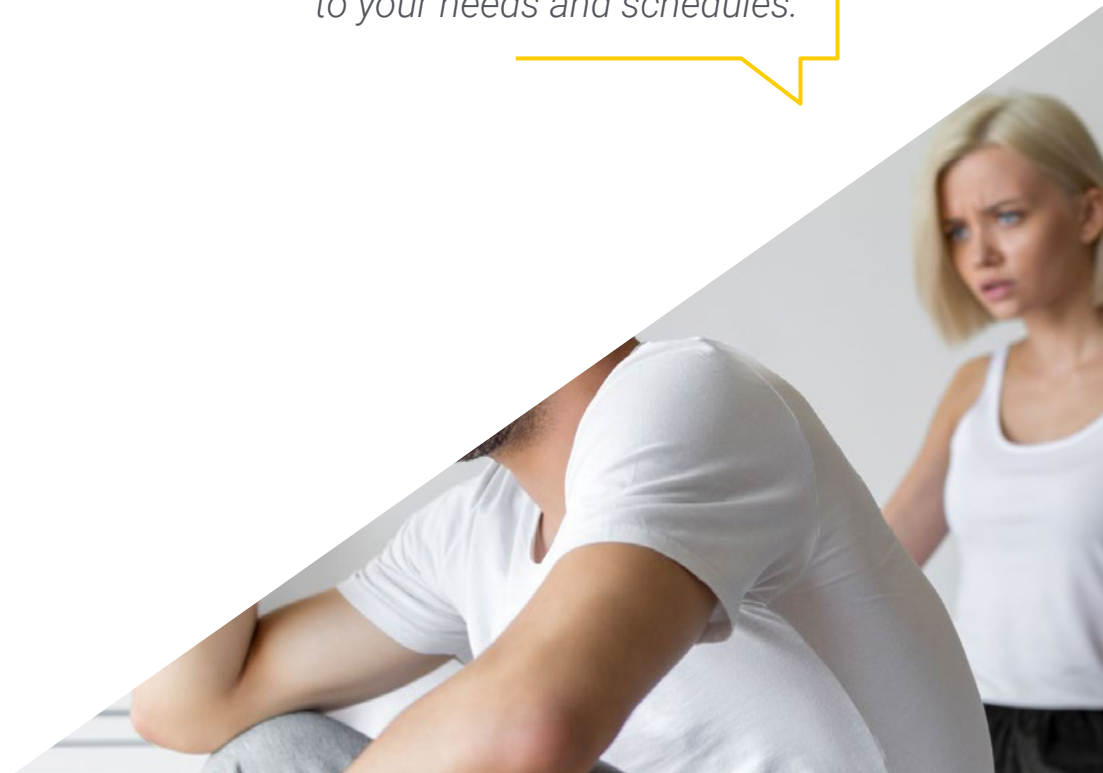
The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.

*Address the specific characteristics of couple and sex therapy, and how to approach them effectively.*

*Access a 100% online program, which will allow you to study from anywhere and at any time, adapting to your needs and schedules.*



# 02

## Objectives

Nowadays, sexuality has gained great importance in society and more and more people are seeking professional help to address sexual or couple problems that may be affecting their emotional and physical well-being. The main objective of the Postgraduate Certificate in Sexologist Consultation is to prepare professionals qualified in the counseling and treatment of sexual aspects. Through a pedagogical methodology based on Relearning, students will acquire the necessary knowledge to understand the biological, psychological and social aspects of sexuality, and will learn to apply this knowledge in daily practice.



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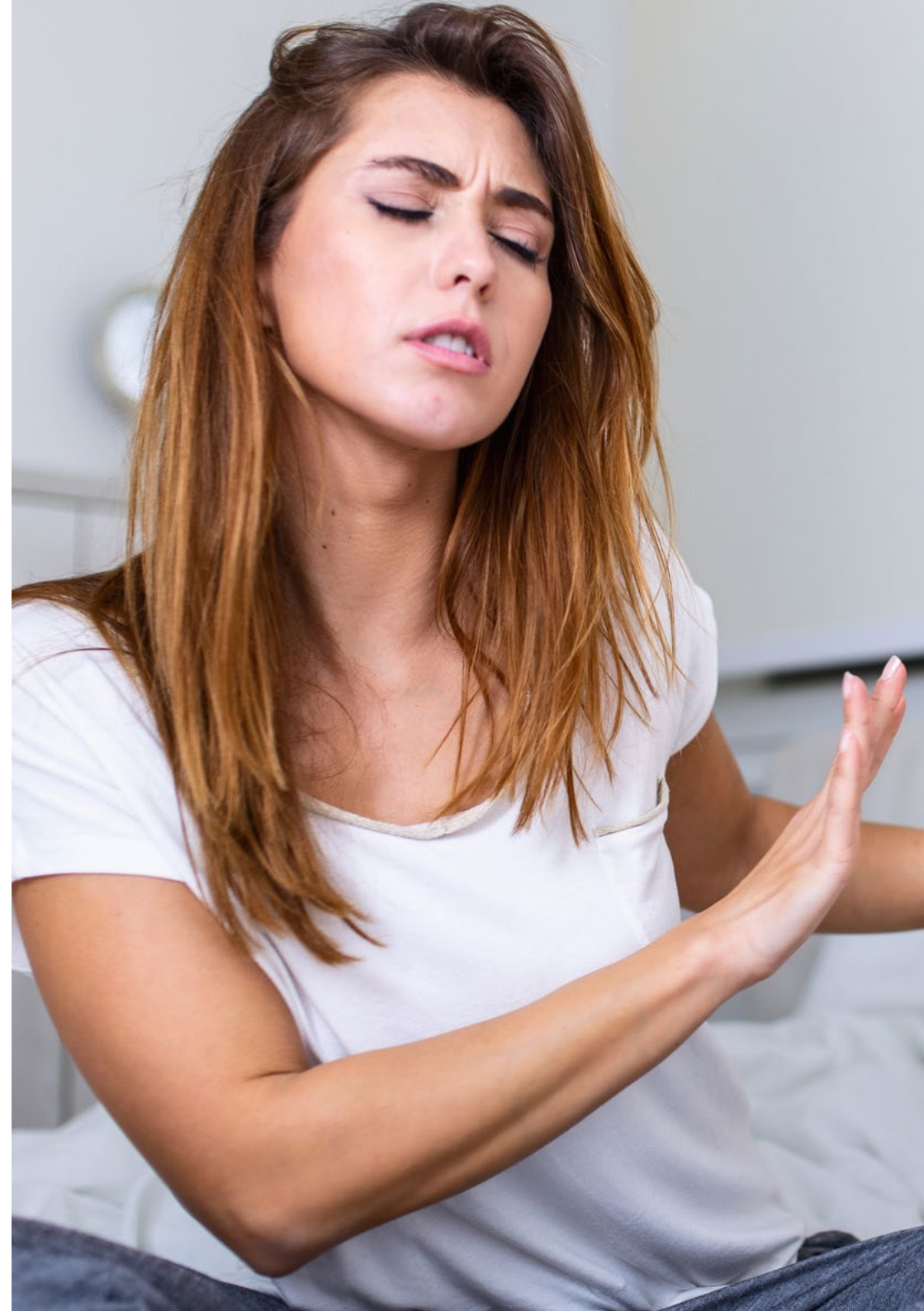
*Achieve your objectives and acquire skills  
for active listening and self-knowledge  
with this Postgraduate Certificate”*



## General Objectives

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- ♦ Acquire knowledge about sexuality, expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Obtain tools to be able to accompany cases related to difficulties related to sexuality
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Gain an in-depth knowledge of the deontology of sexuality and couple matters, as well as learn to carry out an exercise of introspection on those personal and professional aspects that could collide with their profession and that would undermine the therapeutic work





### Specific Objectives

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- ♦ Develop the therapist's skills necessary to address sexuality and couple issues
- ♦ Gain an in-depth knowledge of the legal and ethical aspects of the sexology professional



*Acquire the most up-to-date and practical vision on Sexologist Consultation in digital environments, to offer the best care to your patients online"*

03

# Course Management

In order to ensure the highest quality of learning, TECH has formed a prestigious teaching team for this program who, through a 100% online methodology that combines theoretical classes, analysis of real cases and video techniques, will provide all their knowledge related to the field of psychology, biology and sexology. In this way, students will be able to expand their knowledge and improve their skills in the field of Sexologist Consultation.

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*Learn from a highly qualified teaching staff with extensive experience in this growing sector”*

## Management



### **Ms. Ramos Escamilla, María**

- ♦ Psychologist, Sexologist, Couple Therapist and director of Destination Kink
- ♦ Sexologist, Couple Therapist and director of Destination Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University



# 04

## Structure and Content

The syllabus of the Postgraduate Certificate in Sexologist Consultation has been developed based on the most essential requirements in this sector. Structured in a single module, the syllabus focuses on laying the theoretical and methodological foundations necessary to perform an adequate Sexologist Consultation. Students will learn the basic assumptions of sex therapy, the deontological aspects to be taken into account, the characteristics of sexological counseling, the issues to be addressed in the consultation, and the optimal conditions for online consultation. With a 100% online methodology, the course participants will be able to keep their knowledge up to date in a dynamic and efficient way, making their work compatible with their professional activity.





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*Enroll now and get qualified in the approach of  
body perception, self-concept and self-esteem  
in the Sexologist Consultation”*

## Module 1. Sexologist Consultation

- 1.1. Basic Assumptions
  - 1.1.1. Objectives of Sex Therapy
  - 1.1.2. Therapeutic Setting
  - 1.1.3. General Phases of the Intervention
- 1.2. Deontological Aspects
  - 1.2.1. Basic Principles
  - 1.2.2. Deontology in Sexology
  - 1.2.3. Deontology Specific to Each Profession
- 1.3. Sexological Counseling
  - 1.3.1. Special Characteristics
  - 1.3.2. Frequently Asked Questions
- 1.4. Therapist Skills
  - 1.4.1. Skills
  - 1.4.2. Active Listening
  - 1.4.3. Self-Knowledge
  - 1.4.4. Good Practices
- 1.5. Therapist Self-Care
  - 1.5.1. Burn Out Risk
  - 1.5.2. Importance of the Therapist's Psychological Adjustment
  - 1.5.3. Taking Care of Energy
- 1.6. Therapeutic Alliance
  - 1.6.1. Importance
  - 1.6.2. Characteristics of the Therapeutic Relationship
  - 1.6.3. Different Approaches to the Therapeutic Alliance
- 1.7. Specific Characteristics of Couples Therapy and Sex Therapy
  - 1.7.1. Vivential Environment
  - 1.7.2. Habitual Resistance to Therapy





- 1.8. Characteristics for a Good Prognosis
  - 1.8.1. Safety Within the Therapeutic System
  - 1.8.2. Engagement in the Therapeutic Process
  - 1.8.3. Emotional Connection with the Therapist
- 1.9. Issues to be Addressed
  - 1.9.1. Perception of the Own Body
  - 1.9.2. Self-concept
  - 1.9.3. Self-esteem
- 1.10. Online Consultation
  - 1.10.1. Advantages and Disadvantages
  - 1.10.2. Demonstrated Efficacy
  - 1.10.3. Optimal Conditions for Online Consultation

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*You will have access to an intuitive and user-friendly digital platform, which will allow you to follow the pace of the course in a simple and effective way”*

05

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.





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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

“

*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

**The effectiveness of the method is justified by four fundamental achievements:**

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort  
and better performance, involving you more in  
your specialization, developing a critical mindset,  
defending arguments, and contrasting opinions:  
a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



#### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

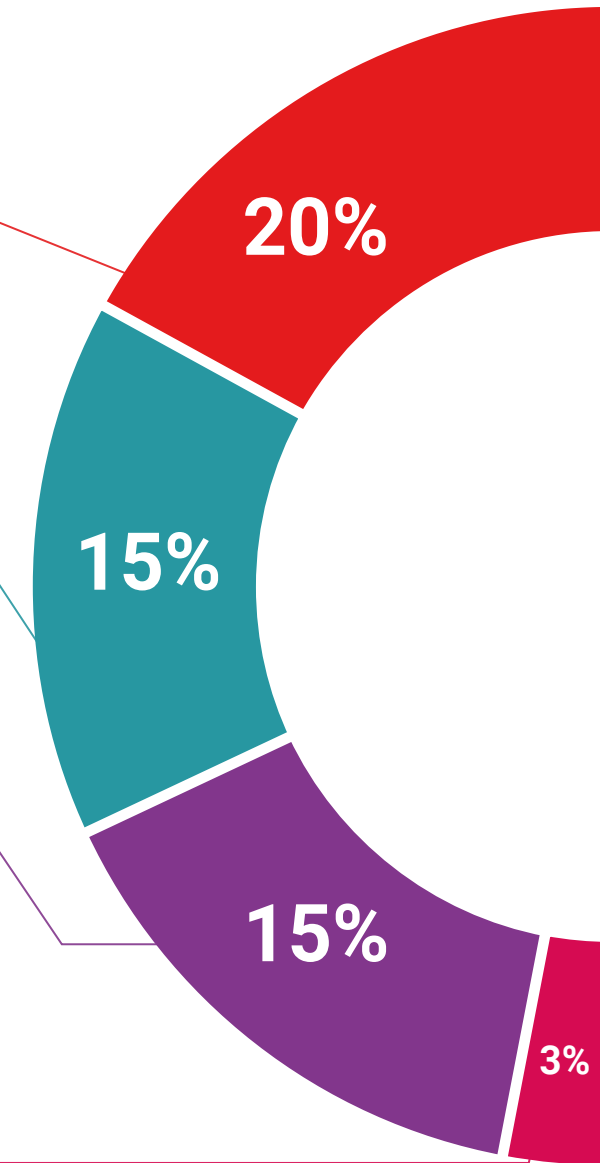
The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

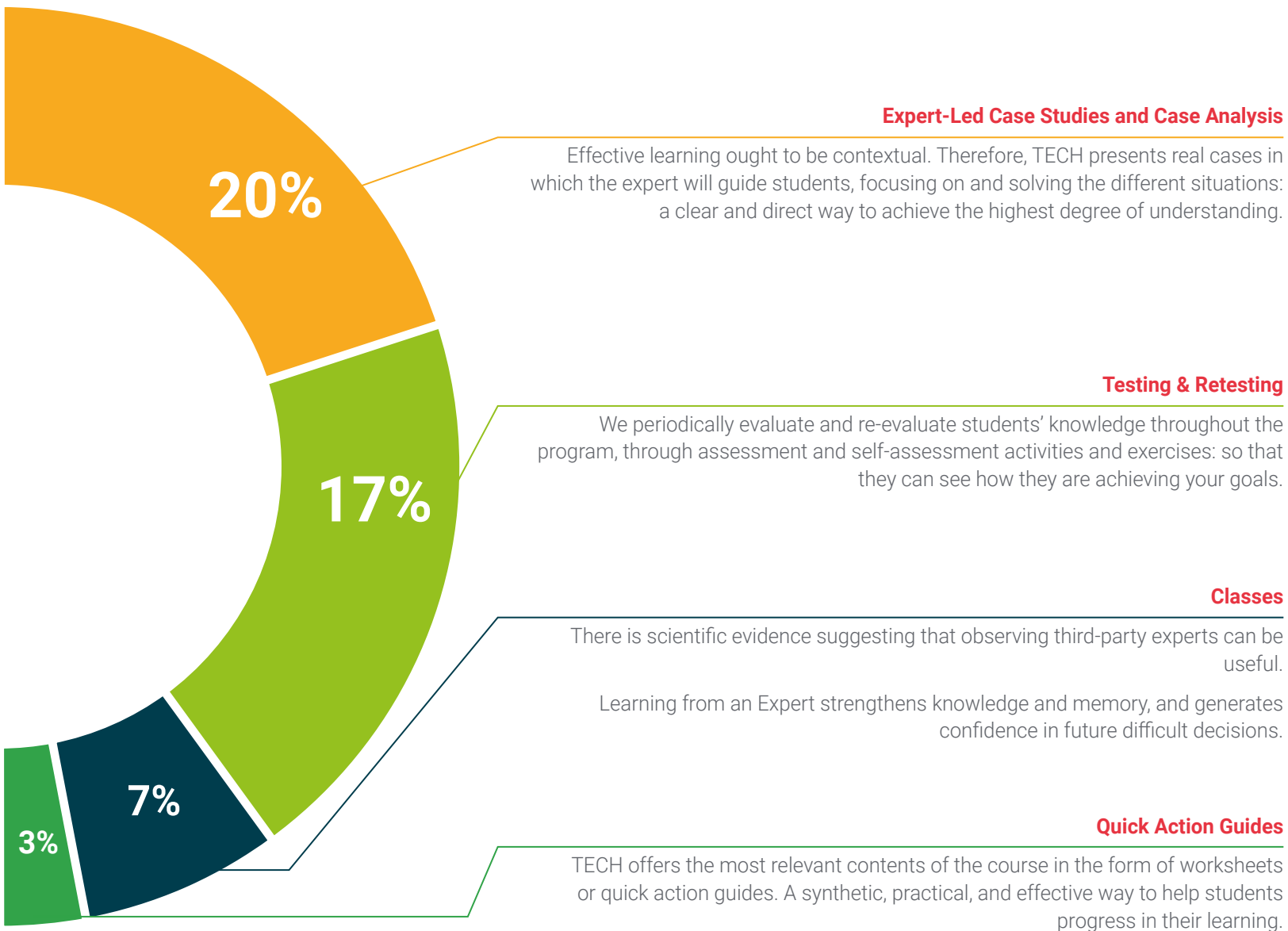
This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.





# 06 Certificate

The Postgraduate Certificate in Sexologist Consultation guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.



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*Successfully complete this program and  
receive your university qualification without  
having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Sexologist Consultation** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Sexologist Consultation**

Official N° of Hours: **150 h.**





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