

# Postgraduate Certificate Masculinity and Sexuality



## Postgraduate Certificate Masculinity and Sexuality

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtitute.com/pk/education/postgraduate-certificate/masculinity-sexuality](http://www.techtitute.com/pk/education/postgraduate-certificate/masculinity-sexuality)

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# 01

# Introduction

In a global context largely up-to-date and aware of gender concepts, traditional notions of masculinity have been challenged, giving way to new conceptualizations and more inclusive approaches. For this reason, TECH has prepared a comprehensive program that allows education professionals to address this crucial topic, exploring from hegemonic masculinity to plural and dissident identities. This 100% online program offers an innovative pedagogical methodology named Relearning which allows students to organize their academic resources in a flexible way and adapt to their personal and professional needs.



“

*Delve into male socialization, the box of masculinity and the risks associated with certain gender constructions through the Relearning methodology offered by TECH”*

With the rise of feminism and the growing awareness of gender diversity, it is essential to understand how constructions of masculinity affect our society. The Postgraduate Certificate in Masculinity and Sexuality provides an up-to-date and in-depth look at this topic, analyzing how constructions of masculinity affect our society and how they can be rethought.

This program focuses on key areas such as male socialization and its implications in the formation of hegemonic masculinity, patriarchy and complicit masculinities. It also addresses the "masculinity box" and its associated values, mandates and beliefs, as well as the risks it poses to men and society in terms of violence and mental health issues.

The Postgraduate Certificate also explores non-normative dissident masculinities, the importance of plural identities and how these relate to affective bonds and sexuality. It analyzes male eroticism in its various manifestations, from the influence of pornography on male ideology to intimacy, vulnerability and care in erotic relationships.

This program seeks to empower students to understand and promote new, more inclusive and healthy masculinities, which in turn can improve men's quality of life and interpersonal relationships. By addressing these issues and providing tools for reflection and self-awareness, the program has the potential to have a significant impact on society in general.

The syllabus is taught in a 100% online format, which provides the necessary flexibility to adapt to the personal and professional responsibilities of each student. The Relearning pedagogical methodology and the flexible organization of academic resources make this program an attractive option for those interested in expanding their knowledge on masculinities and sexuality.

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date educational program on the market. The most important features include:

- ♦ The development of case studies presented by experts in Psychology and Sexuality
- ♦ The graphic, schematic and eminently practical content of the system provides specialized and practical information on those disciplines that are essential for professional practice
- ♦ Practical exercises where self-assessment can be used to improve learning
- ♦ Its special emphasis on innovative methodologies
- ♦ Theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Contributes to social change by understanding and addressing constructions of masculinity and its impact on society"*

“

*Acquires an up-to-date and specialized perspective on masculinity and sexuality, through an inclusive and critical approach”*

*Study comfortably in a 100% online format, adapted to your personal and professional responsibilities.*

*Expand your professional horizons by specializing in an area of growing relevance in the study of gender and sexuality.*

The program's teaching staff includes professionals from sector who contribute their work experience to this educational program, as well as renowned specialists from leading societies and prestigious universities.

The multimedia content, developed with the latest educational technology, will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive education programmed to learn in real situations.

This program is designed around Problem-Based Learning, whereby the professional must try to solve the different professional practice situations that arise during the academic year. For this purpose, the student will be assisted by an innovative interactive video system created by renowned and experienced experts.





# 02

# Objectives

The design of the syllabus of this Postgraduate Certificate will allow the student to acquire the necessary competencies to be up-to-date in the profession after delving into the diverse constructions of masculinity and its impact on sexuality and affective relationships, as well as on society in general. The knowledge acquired in the development of the points of the syllabus will drive the professional from a global perspective, with full qualification for the achievement of the following objectives.





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*You will achieve your objectives thanks to an extensive library of teaching resources and with the support of the best professionals in the sector”*



## General Objectives

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- ♦ Acquire knowledge about sexuality by expanding the vision of sexuality from a biopsychosocial perspective
- ♦ Acquire skills to be able to share information about sexuality in a clear way
- ♦ Understand the aspects involved in the beginning and development of couple relationships (couple's life cycle: establishment and evolution)
- ♦ Achieve skills to face the multiple incidences and decisions that may arise in the exercise of their profession
- ♦ Perform research programs in sexuality







## Specific Objectives

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- ♦ Contextualize masculinity Its mandates, beliefs and the influence this has on the individual, society and the relational sphere
- ♦ Distinguish masculinity as an innate value and reflect on the importance of inhabiting less rigid and more diverse identities
- ♦ Create imaginaries of male eroticism away from normativity, with the intention of building new paradigms that aim to explore the peculiarities of each sexed subject, minimizing the impact of the identity experience from the socio/cultural expectations



*Develops skills to promote new, more inclusive and healthier masculinities, improving men's quality of life and their interpersonal relationships"*

# 03

# Course Management

TECH is known for its constant search for the development of knowledge and for this reason, it dedicates special attention to the quality of its educational programs. For this reason, it has assembled a prestigious teaching staff composed of experts in gender studies, sexuality and masculinities, who have collaborated to develop a solid and up-to-date academic content. Thanks to their experience in the field, students will be provided with the appropriate guidance to address the most relevant topics related to this Postgraduate Certificate.







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*Interact with an expert teaching team in Masculinity and Sexuality, who will guide you through the educational process”*

## Management



### Ms. Ramos Escamilla, María

- ♦ Psychologist, Sexologist, Couple Therapist and director of Destino Kink
- ♦ Sexologist, Couple Therapist and Director of Destino Kink
- ♦ Degree in Psychology from the Complutense University of Madrid
- ♦ Master's Degree in Sexology, Sex Education and Sexological Counseling from Camilo José Cela University

## Professors

### Mr. Lajud Alastrué, Iñaki

- ♦ Psychologist and Sexologist
- ♦ Co-founder of the Association Masculinities Beta
- ♦ Psychologist at the Me Digo Sí Center
- ♦ Professor of the Master's Degree in Gender Violence of the Official College of Psychologists of Madrid

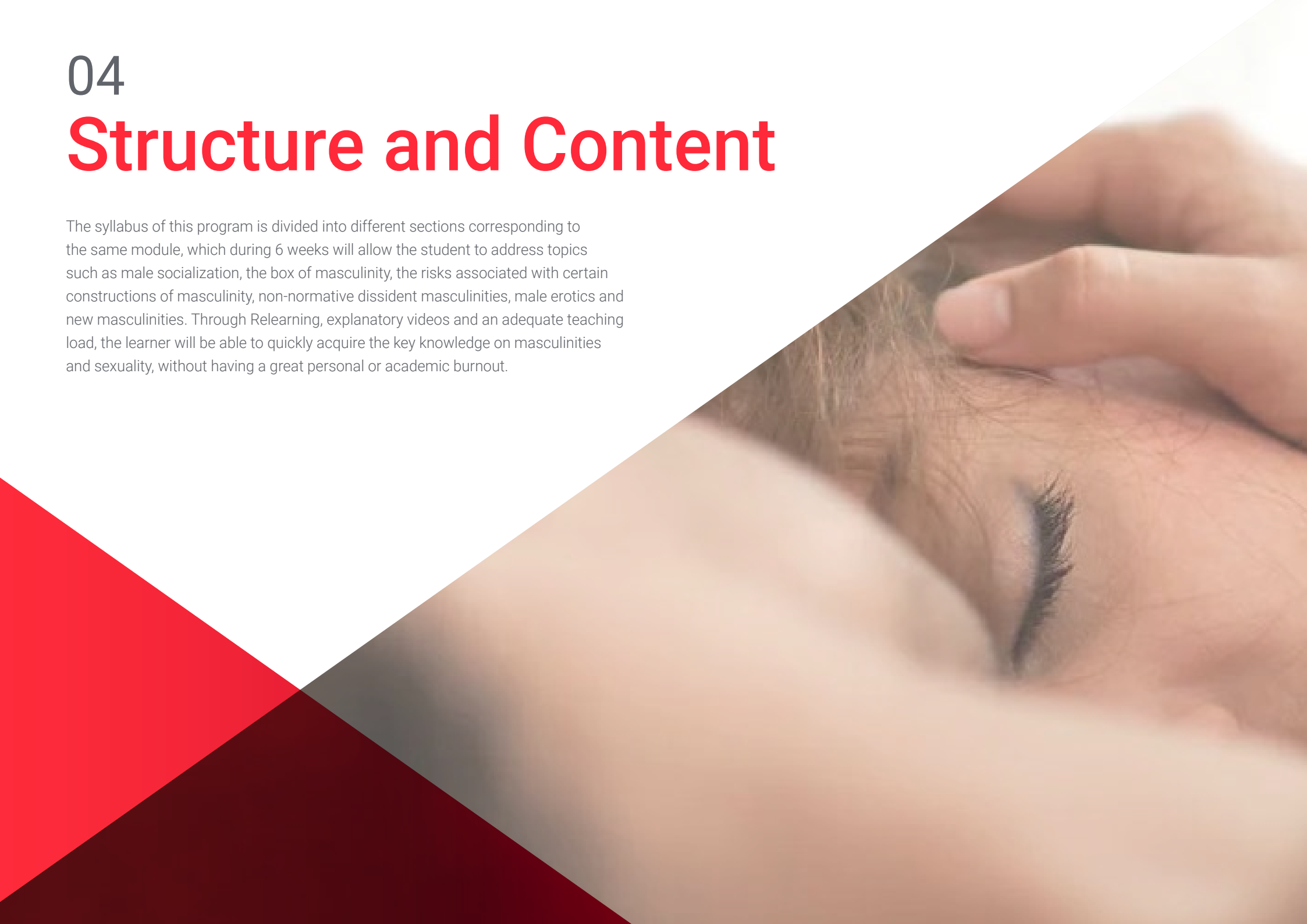




# 04

## Structure and Content

The syllabus of this program is divided into different sections corresponding to the same module, which during 6 weeks will allow the student to address topics such as male socialization, the box of masculinity, the risks associated with certain constructions of masculinity, non-normative dissident masculinities, male erotics and new masculinities. Through Relearning, explanatory videos and an adequate teaching load, the learner will be able to quickly acquire the key knowledge on masculinities and sexuality, without having a great personal or academic burnout.



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*Examines the concept of homosociability and how it influences the construction of masculinity and interpersonal relationships”*

## Module 1. Masculinity and Sexuality

- 1.1. Contextualization of Male Socialization
  - 1.1.1. Hegemonic Masculinity and Complicit Masculinities
  - 1.1.2. Masculinity and Patriarchy
- 1.2. Masculinity Box
  - 1.2.1. What Is It? Associated Values, Mandates, Beliefs
- 1.3. Risk of Masculinity
  - 1.3.1. Risks to Men Themselves
  - 1.3.2. Risks to Society. Violence
- 1.4. Non-normative Dissident Masculinities
  - 1.4.1. De-essentializing Masculinity
  - 1.4.2. Importance of Plural Identities
- 1.5. Masculinity in Affective and Sexual Attachments
  - 1.5.1. Homosociability
  - 1.5.2. Affective Relationship Skills
  - 1.5.3. Roles of Men in the Couple
- 1.6. Male Erotica (I)
  - 1.6.1. Influence of Pornography in the Male Ideology
  - 1.6.2. Fantasies and Autoerotica
- 1.7. Male Erotica (II)
  - 1.7.1. Desire, Pleasure and Genitality in Normative Relational Erotics
  - 1.7.2. Non-normative Erotic and Relational Imaginaries
- 1.8. Male Erotica (III)
  - 1.8.1. Intimacy, Vulnerability and Care
- 1.9. New Masculinities
  - 1.9.1. What are they?
  - 1.9.2. Collectivizing the Identity Review Process
- 1.10. Reflecting on Masculinity
  - 1.10.1. Strategies for Self-knowledge
  - 1.10.2. Who am I?





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*Take advantage of the 100% online methodology of this program and the flexible organization of the academic resources for learning adapted to your needs”*



05

# Methodology

This training program offers a different way of learning. Our methodology uses a cyclical learning approach: **Relearning**.

This teaching system is used, for example, in the most prestigious medical schools in the world, and major publications such as the **New England Journal of Medicine** have considered it to be one of the most effective.







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*Discover Relearning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization"*

## At TECH Education School we use the Case Method

In a given situation, what should a professional do? Throughout the program students will be presented with multiple simulated cases based on real situations, where they will have to investigate, establish hypotheses and, finally, resolve the situation. There is an abundance of scientific evidence on the effectiveness of the method.

*With TECH, educators can experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912, at Harvard, for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method”*

The effectiveness of the method is justified by four fundamental achievements:

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity, by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that allow educators to better integrate the knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Relearning Methodology

At TECH we enhance the case method with the best 100% online teaching methodology available: Relearning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Relearning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best online university (Columbia University).

With this methodology we have trained more than 85,000 educators with unprecedented success in all specialties. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Relearning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



This program offers the best educational material, prepared with professionals in mind:



### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

These contents are then applied to the audiovisual format, to create the TECH online working method. All this, with the latest techniques that offer high quality pieces in each and every one of the materials that are made available to the student.



### Educational Techniques and Procedures on Video

TECH introduces students to the latest techniques, with the latest educational advances, and to the forefront of Education. All this, first-hand, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



### Interactive Summaries

The TECH team presents the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This exclusive multimedia content presentation training Exclusive system was awarded by Microsoft as a "European Success Story".



### Additional Reading

Recent articles, consensus documents and international guidelines, among others. In TECH's virtual library, students will have access to everything they need to complete their course.







**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, TECH presents real cases in which the expert will guide students, focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Retesting**

We periodically evaluate and re-evaluate students' knowledge throughout the program, through assessment and self-assessment activities and exercises: so that they can see how they are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an Expert strengthens knowledge and memory, and generates confidence in future difficult decisions.



**Quick Action Guides**

TECH offers the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help students progress in their learning.



06

# Certificate

The Postgraduate Certificate in Masculinity and Sexuality guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Technological University.





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*Successfully complete this program and receive your university qualification without having to travel or fill out laborious paperwork”*

This **Postgraduate Certificate in Masculinity and Sexuality** contains the most complete and up-to-date program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH Technological University** via tracked delivery\*.

The certificate issued by **TECH Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations and professional career evaluation committees.

Title: **Postgraduate Certificate in Masculinity and Sexuality**

Official N° of Hours: **150 h.**



\*Apostille Convention. In the event that the student wishes to have their paper certificate issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom



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- › Modality: online
- › Duration: 6 weeks
- › Certificate: TECH Technological University
- › Dedication: 16h/week
- › Schedule: at your own pace
- › Exams: online



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