

# Postgraduate Certificate

## Functioning of Emotions for Teachers





## Postgraduate Certificate

### Functioning of Emotions for Teachers

Course Modality: **Online**

Duration: **2 months.**

Certificate: **TECH - Technological University**

**6 ECTS Credits**

Teaching Hours: **150 hours.**

Website: [www.techtitute.com/us/education/postgraduate-certificate/funtioning-emotions-teachers](http://www.techtitute.com/us/education/postgraduate-certificate/funtioning-emotions-teachers)

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01

# Introduction

Emotions are the fundamental axis of a large part of our lives, whether it is to make decisions related to the heart or even to buy any type of product or service. That's why advertising companies try to change our emotions by associating them with positive aspects.







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*This Postgraduate Certificate in Emotional Functioning for Teachers will generate a sense of security in the performance of your profession, which will help you grow personally and professionally"*

This Postgraduate Certificate offers a broad and complete vision of the complex world of Emotional Intelligence from the applied perspective, starting from the theoretical and biological bases, gathering the different practical approaches, so that any interested professional knows first, what is Emotional Intelligence, how to evaluate and interpret it and, above all, how to apply it to his or her job.

This gives the course an advantage over other eminently theoretical programs; or programs that exclusively cover one area of practice.

This vision allows a better understanding of the operation from different areas, so that the professional can have different options for its application in his/her job according to their interest.

This Postgraduate Certificate addresses the practice of Emotional Intelligence in the most demanded fields at present, in a way that exceeds the programs based on the practice of individual professionals.

That is why this Postgraduate Certificate has become a reference in socially relevant topics such as the application of Emotional Intelligence in the field of health, as well as oriented in practice to solve the main demands of parents, teachers or business leaders.

The students of this Postgraduate Certificate will have access to the latest developments related to Emotional Intelligence both at a theoretical level, in addition to learning how to apply it in their present or future profession, thus offering a qualitative advantage over other professionals in the sector.

It also facilitates the incorporation of professionals into the labor market or helping them to get a promotion in their current job in the field. The course provides extensive theoretical and practical knowledge that will improve the professional skills of the students in their jobs.

This **Postgraduate Certificate in Emotional Functioning for Teachers** contains the most complete and up-to-date educational program on the market. The most outstanding features of the University Course are:

- ♦ Development of more than 75 case studies presented by experts on how emotions work for teachers.
- ♦ The graphic, schematic, and eminently practical contents with which they are created provide scientific and practical information on the disciplines that are essential for professional practice.
- ♦ New developments in the functioning of emotions for teachers
- ♦ It contains practical exercises where the self-evaluation process can be carried out to improve learning
- ♦ With special emphasis on innovative methodologies in emotional functioning for teachers.
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Update your knowledge through this Postgraduate Certificate in Emotional Functioning for Teachers"*

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*This Postgraduate Certificate may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in the operation of emotions for teachers, you will obtain a Postgraduate Certificate issued by TECH - Technological University"*

It includes in its teaching staff professionals belonging to the field of the functioning of emotions for teachers, who pour into this training the experience of their work, in addition to recognized specialists belonging to reference societies and prestigious universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

The design of this program is based on problem-based learning, by means of which the educator must try to solve the different professional practice situations that arise throughout the Postgraduate Certificate To do so, the educator will be assisted by an innovative interactive video system developed by recognized experts in the field of how emotions work for teachers and with extensive teaching experience.

*Increase your decision-making confidence by updating your knowledge through this Postgraduate Certificate.*

*Take the opportunity to learn about the latest advances in the functioning of emotions for teachers and improve the training of your students.*





# 02

# Objectives

This Postgraduate Certificate in Emotional Functioning for Teachers is aimed at facilitating the performance of professionals dedicated to teaching and training children and adolescents.





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*This Postgraduate Certificate is designed for you to update your knowledge in the functioning of emotions for teachers with the use of the latest educational technology, to contribute with quality and security to the decision making and monitoring of these students"*



## General Objectives

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- ♦ Update the knowledge on emotional intelligence in its different fields of application, whether in the clinical, educational or labor area, in order to increase the quality of the professional's praxis in his performance.
- ♦ Introduce students to the vast world of emotional intelligence from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities.
- ♦ Knowledge of emotional intelligence tools
- ♦ Enable the development of skills and abilities by encouraging continuous training and research.





## Specific Objectives

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- ♦ Understand unitary intelligence.
- ♦ Identify multiple intelligence.
- ♦ Discover the relationship between intelligence and the life cycle.
- ♦ Unravel the information on inherited intelligence.
- ♦ Classify the direct assessment of intelligence.
- ♦ Determine what the direct assessment of intelligence is.
- ♦ Identify the Flynn Effect.
- ♦ Understand the QI Test and its relationship to gender.
- ♦ Discover the relationship between the QI Test and the life cycle.
- ♦ Clarify the relationship between the QI Test and race.
- ♦ Define the role of intelligence tagging.
- ♦ Know Gardner's Theory.
- ♦ Classify high abilities.
- ♦ Explore the field of giftedness.
- ♦ Understand intellectual disabilities.
- ♦ Clarify the meaning of borderline personality.
- ♦ Discover what The Papez Circuit is.
- ♦ Exploring the limbic brain
- ♦ Analyze the amygdala and positive emotion
- ♦ Understand the relationship between intelligence and emotion.
- ♦ Recognize emotional intelligence.
- ♦ Analyze the relationship between creativity and intelligence.
- ♦ Discover the role of self-awareness and intelligence.
- ♦ Define emotional intelligence.
- ♦ Understanding the Definition and Assessment of Psychological Well-Being
- ♦ Discovering the Health Influence of Psychological Well-Being
- ♦ Knowledge of the definition and evaluation of Happiness.
- ♦ Exploring the Health Influence of Happiness
- ♦ Elucidating the Definition and evaluation of Love
- ♦ Analyze the Influence of Love on Health
- ♦ Understanding the Definition and Assessment of Depression
- ♦ Identifying the Health Influence of Depression
- ♦ Discovering the Health Influence of Guilt
- ♦ Comprehension the emotional Control of control and emotional management.
- ♦ Discover the different types of relaxation techniques
- ♦ Deepen knowledge in the applied practice of relaxation.



*Take the opportunity and take the step to get up-to-date on the latest emotional functioning for teachers”*



03

# Course Management

The program's teaching staff includes leading experts in emotional functioning for teachers who contribute their vast work experience to this training program. In addition, other experts of renowned prestige participate in its design and planning completing the program in an interdisciplinary manner.







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*Learn from leading professionals, the latest advances in procedures in the field of emotional functioning for teachers”*

## Management



### Dr. De la Serna, Juan Moisés

- PhD in Psychology
- Master's Degree in Neurosciences and Behavioral Biology
- Director of the Open Chair of Psychology and Neurosciences and science communicator

## Co-Direction



### Dña. Jiménez Romero, Yolanda

- Educational psychologist
- Primary School Teacher with a specialization in English
- Educational psychologist
- Master's Degree in Neuropsychology of High Abilities
- Master's Degree in Emotional Intelligence
- Neurolinguistic Programming Practitioner

## Professors

### Dña. Martínez Zarza, Ana M<sup>a</sup>

- ♦ Educational Psychologist, Graduate in Personal Life Transformation Program, Postgraduate Diploma in Emotional Intelligence

### Dr. Salido Durán, Daniel

- ♦ Degree in Educational Sciences
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Master's Degree in Educational Coaching Transpersonal Therapist

### Dr. Visconti Ibarra, Martín

- ♦ PhD in Education and Behavioral Sciences with specialization in Emotional Intelligence.
- ♦ Degree in Primary Education
- ♦ Master's Degree in Learning Difficulties and Cognitive Processes



05

# Structure and Content

The structure of the contents has been designed by a team of professionals from the best education centers and universities in the country, who are aware of the relevance from up-to-date training to be able to intervene in the training and support of students in relation to emotional intelligence, and are committed to quality teaching through new educational technologies.







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*This Postgraduate Certificate in Emotional Functioning for Teachers contains the most complete and up-to-date scientific program on the market”*

## Module 1. Emotions

- 1.1. The Emotional Brain
- 1.2. Positive vs. Negative Emotions
- 1.3. Arousal vs. Valencia
- 1.4. Emotional Intelligence and the Education of Emotions According to the Mayer and Salovey Model
- 1.5. Other Models of Emotional Intelligence and Emotional Transformation
- 1.6. Socio-Emotional Skills and Creativity According to Level of Intelligence
- 1.7. Emotional Coefficient vs. Intelligence.
- 1.8. Alexithymia vs. HyperEmotivity.
- 1.9. Emotional Health
- 1.10. The Social Brain





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*A unique, key, and decisive  
Training experience to boost your  
professional development”*



05

# Methodology

This training provides you with a different way of learning. Our methodology uses a cyclical learning approach: *Re-learning*.

This teaching system is used in the most prestigious medical schools in the world, and major publications such as the *New England Journal of Medicine* have considered it to be one of the most effective.







*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## En TECH Education School empleamos el Método del caso

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated cases based on real situations, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method.

*With TECH, educators will experience a learning methodology that is shaking the foundations of traditional universities around the world.*



*It is a technique that develops critical skills and prepares educators to make decisions, defend their arguments, and contrast opinions.*

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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

**The effectiveness of the method is justified by four fundamental achievements:**

1. Educators who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process is solidly focused on practical skills that enable educators to better integrate knowledge into daily practice.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life teaching.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.





## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine case studies with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson; a real revolution with respect to simply studying and analyzing cases.



*Educators will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*

At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

Using this methodology, we have trained more than 85,000 educators with unprecedented success in all specialties. Our teaching methodology is developed in a highly demanding environment, where the students have a strong socio-economic profile, and their average age is 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.



In this program you will have access to the best educational material, prepared with you in mind:



#### Study Material

All teaching material is produced by the specialist educators who teach the course, specifically for the course, so that the teaching content is really specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Educational Techniques and Procedures on Video

We introduce you to the latest techniques, with the latest educational advances, and to the forefront of Education today. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.







**Expert-Led Case Studies and Case Analysis**

Effective learning ought to be contextual. Therefore, we will present you with real case developments in which the expert will guide you through focusing on and solving the different situations: a clear and direct way to achieve the highest degree of understanding.



**Testing & Re-testing**

We periodically evaluate and re-evaluate your knowledge throughout the program, through assessment and self-assessment activities and exercises: so that you can see how you are achieving your goals.



**Classes**

There is scientific evidence suggesting that observing third-party experts can be useful.

Learning from an expert strengthens knowledge and memory, and generates confidence in our future difficult decisions.



**Quick Action Guides**

We offer you the most relevant contents of the course in the form of worksheets or quick action guides. A synthetic, practical, and effective way to help you progress in your learning.



06

# Certificate

This Postgraduate Certificate in Emotional Functioning for Teachers guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by **TECH - Technological University**.



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*Successfully complete this training and receive your diploma without the hassle of travel or paperwork”*



This **Postgraduate Certificate in Functioning of Emotions for Teachers** contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments they will receive their corresponding **Postgraduate Certificate** issued by **TECH - Technological University** via **tracked delivery**.

The Postgraduate Certificate issued by **TECH Technological - University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professionals career evaluation committees..

Title: **Postgraduate Certificate in Functioning of Emotions for Teachers**

ECTS: **6**

Official Number of Hours: **150**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health confidence people future  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development languages  
virtual classroom



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Course Modality: Online

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Certificate: TECH - Technological University

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Teaching Hours: 150 hours.

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