

# Postgraduate Certificate

## Emotional Intelligence for High School Students





## Postgraduate Certificate

### Emotional Intelligence for High School Students

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/education/postgraduate-certificate/emotional-intelligence-high-school-students](http://www.techtute.com/us/education/postgraduate-certificate/emotional-intelligence-high-school-students)

# Index

01

Introduction

---

*p. 4*

02

Objectives

---

*p. 8*

03

Course Management

---

*p. 12*

04

Structure and Content

---

*p. 16*

05

Methodology

---

*p. 20*

06

Certificate

---

*p. 28*

# 01

# Introduction

Emotions are the fundamental axis of a large part of our lives, whether it is to make decisions related to the heart or even to buy any type of product or service. That's why advertising companies try to change our emotions by associating them with positive aspects.

*Learn about the latest advances in emotional intelligence for high school students.*





“

*This Postgraduate Certificate in Emotional Intelligence for High School Students will generate a sense of security in the performance of your profession, which will help you grow personally and professionally"*

This course offers a broad and complete vision of the complex world of Emotional Intelligence from the applied perspective, starting from the theoretical and biological bases, gathering the different practical approaches, so that any interested professional knows first, what is Emotional Intelligence, how to evaluate and interpret it and, above all, how to apply it to his or her job.

This gives the course an advantage over other eminently theoretical programs; or programs that exclusively cover one area of practice.

This vision allows a better understanding of the operation from different areas, so that the professional can have different options for its application in his/her job according to their interest.

This course addresses the practice of Emotional Intelligence in the most demanded fields today, in a way that surpasses the programs based on the practice of individual professionals.

That is why this course has become a reference for socially relevant topics such as the application of Emotional Intelligence in the field of health, as well as oriented in practice to solve the main demands of parents, teachers or business leaders.

The students of the Course will have access to the latest developments related to Emotional Intelligence both at a theoretical level, in addition to learning how to apply it in their present or future profession, thus offering a qualitative advantage over other professionals in the sector.

It also facilitates the incorporation of professionals into the labor market or helping them to get a promotion in their current job in the field. The course provides extensive theoretical and practical knowledge that will improve the professional skills of the students in their jobs.

This **Postgraduate Certificate in Emotional Intelligence for High School Students** contains the most complete and up-to-date educational program on the market.

The most important features of the program include:

- ♦ Development of more than 75 case studies presented by experts in Emotional Intelligence For Secondary School Students Its graphic, schematic and eminently practical contents, with which they are conceived, gather scientific and practical information on those disciplines that are essential for professional practice.
- ♦ New on Emotional Intelligence For High School Students It contains practical exercises where to carry out the process of self-evaluation to improve learning.
- ♦ With special emphasis on innovative methodologies in emotional intelligence for high school students, all of this will be complemented with theoretical lessons, questions to the expert, discussion forums on controversial topics and individual reflection papers.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection.



*Update your knowledge through the program "Postgraduate Certificate in Emotional Intelligence for High School Students"*

“

*This course may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge in Emotional Intelligence for High School Students, you will obtain a Postgraduate Certificate issued by TECH - Technological University"*

It includes in its teaching staff professionals belonging to the field of this Postgraduate Certificate in Emotional Intelligence for High School Students, who pour into this training the experience of their work, as well as recognized specialists belonging to reference societies and prestigious universities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

The program design is based on Problem-Based Learning, by means of which the educator must try to solve the different professional practice situations that arise throughout the course. To do so, the educator will be assisted by an innovative interactive video system developed by recognized experts in the field of emotional intelligence for high school students with extensive teaching experience.

*Increase your confidence in decision making by updating your knowledge through this course.*

*Take the opportunity to learn about the latest advances in emotional intelligence for high school students and improve your students' education.*



02

# Objectives

This Postgraduate Certificate in Emotional Intelligence for High School Students is oriented to facilitate the performance of the professional dedicated to teaching and training children and adolescents.





“

*This course is designed for you to update your knowledge in emotional intelligence for high school students with the use of the latest educational technology, to contribute with quality and security to the decision making and monitoring of these students"*



## General Objective

---

- ♦ Update knowledge on emotional intelligence in its different fields of application, whether in the clinical, educational or labor area, in order to increase the quality of the professional's practice in their performance.
- ♦ Introduce students to the vast world of emotional intelligence from a practical perspective, so that they learn about the different disciplines covered by emotions in relation to human behavior and its possibilities.
- ♦ Knowledge of emotional intelligence tools
- ♦ Enable the development of skills and abilities by encouraging continuous training and research.



## Specific Objectives

---

- ♦ Understand unitary intelligence.
- ♦ Identify multiple intelligence.
- ♦ Discover the relationship between intelligence and the life cycle.
- ♦ Unravel the information on inherited intelligence..
- ♦ Classify the direct assessment of intelligence.
- ♦ Determine what the direct assessment of intelligence is.
- ♦ Identify the Flynn Effect.
- ♦ Understand the QI Test and its relationship to gender.
- ♦ Discover the relationship between the QI Test and the life cycle.
- ♦ Clarify the relationship between the QI Test and race..
- ♦ Define the role of intelligence tagging.
- ♦ Know Gardner's Theory.
- ♦ Classify high abilities.
- ♦ Explore the field of giftedness.
- ♦ Understand intellectual disabilities.
- ♦ Clarify the meaning of borderline personality.
- ♦ Discover what The Papez Circuit is.
- ♦ Exploring the limbic brain.
- ♦ Analyze the amygdala and positive emotion.
- ♦ Understand the connection between intelligence and emotion.
- ♦ Recognize emotional intelligence.
- ♦ Analyze the connection between creativity and intelligence.
- ♦ Discover the role of Self-Awareness and Intelligence.



- ♦ Define emotional intelligence.
- ♦ Understanding the Definition and Assessment of Psychological Well-Being.
- ♦ Discovering the Health Influence of Psychological Well-Being.
- ♦ Knowledge of the definition and evaluation of Happiness.
- ♦ Exploring the Health Influence of Happiness.
- ♦ Elucidating the Definition and evaluation of Love.
- ♦ Analyze the Influence of Love on Health.
- ♦ Understanding the Definition and Assessment of Depression.
- ♦ Identifying the Health Influence of Depression.
- ♦ Discovering the Health Influence of Guilt.
- ♦ Comprehension the emotional Control of control and emotional management.
- ♦ Discover the different types of relaxation techniques.
- ♦ Deepen knowledge in the applied practice of relaxation.

“*Take the opportunity and take the step to get up to speed on the latest developments in emotional intelligence for high school students.*”

04

# Course Management

The program's teaching staff includes leading experts in emotional intelligence for Secondary school students who bring the experience of their work to this training. In addition, other experts of recognized prestige participate in its design and development, completing the program in an interdisciplinary manner.



“

*Learn from leading professionals, the latest advances in procedures in the field of emotional intelligence for high school students”.*

## Management



**Dr. De la Serna, Juan Moisés**

- PhD in Psychology
- Master's Degree in Neurosciences and Behavioral Biology
- Director of the Open Chair of Psychology and Neurosciences and science communicator



**Jiménez Romero, Yolanda**

- Territorial Director of the Extremeño-Castilla La Mancha Institute of High Abilities
- Degree in Elementary Education
- Master's Degree in Neuropsychology of High Abilities
- Master's Degree in Emotional Intelligence
- NLP Specialist.



## Professors

### Beltrán Carrete, Miguel

- ♦ Teacher specialized in early childhood and primary education Winner of an honorable mention in 2002 in a prestigious pedagogical essay award.
- ♦ Congressman and seminarian as an advocate of the pedagogy of joy
- ♦ Promoter of the School of Joy through websites, blogs and other media, director and manager of the Children's Emotional Education Project.

### Martínez Zarza, Ana M<sup>a</sup>

- ♦ Educational Psychologist, Graduate in Personal Life Transformation Program, Postgraduate Diploma in Emotional Intelligence

### Dr. Salido Durán, Daniel

- ♦ Degree in Educational Sciences
- ♦ Postgraduate Diploma in Emotional Intelligence
- ♦ Master in Emotional Intelligence for High School Students. Transpersonal Therapist

### Dr. Visconti, Martín

- ♦ PhD in Education and Behavioral Sciences with specialization in Emotional Intelligence.
- ♦ Degree in Primary Education
- ♦ Master's Degree in Learning Difficulties and Cognitive Processes

05

# Structure and Content

The structure of the contents has been designed by a team of professionals from the best education centers and universities in the country, who are aware of the relevance from up-to-date training to be able to intervene in the training and support of students in relation to emotional intelligence, and are committed to quality teaching through new educational technologies.





“

*This University Course in Emotional Intelligence for High School Students contains the most complete and up-to-date scientific program on the market"*

**Module 1.** Emotional Intelligence in Middle School and High School 12-16 Years Old

- 1.1. Characteristics of Middle School and High School.
- 1.2. Emotions in Middle School and High School.
- 1.3. The Role of Parents in Middle School and High School.
- 1.4. The Role of Others in Middle School and High School.
- 1.5. Development in Middle School and High School.
- 1.6. Emotional Disturbances in Middle School and High School.
- 1.7. Diagnosis in Middle School and High School.
- 1.8. Emotional Intelligence Intervention Tools in Middle School and High School.
- 1.9. Intervention with Emotional Intelligence in Middle School and High School.
- 1.10. Evaluation of the Efficiency of Emotional Intelligence in Middle School and High School.





“

*A unique, key, and decisive  
Training experience to boost your  
professional development”*

06

# Methodology

Our Postgraduate Certificate in Emotional Intelligence for for High School Students offers you an innovative method to strengthen your skills based on the study of clinical cases and contents in a cyclical way. This method has been the most widely used learning system by the most prestigious medical and psychology schools in the world and by relevant publications such as the New England Journal of Medicine.





“

*This type of teaching-learning encourages curiosity and skill development, as well as allowing the teachers to feel an active part of the process”*

In a given situation, what would you do? Throughout these months, the teacher will face multiple simulated cases based on real situations in which he/she will have to establish the best way to apply his/her teaching competence to finally solve the situation. This method makes teachers learn better as they accept more responsibility and get closer to the reality of their professional future.



*Did you know that this method was developed in 1912 for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*



*It is a technique that develops the critical spirit and prepares the teachers to make decisions, defend arguments and contrast opinions.*

According to Reynolds, there are four fundamental reasons that support the effectiveness of the method:

**01**

**Teachers develop their mental capacities better by evaluating real situations and applying concepts.**

---

**02**

**Teachers will be better prepared for the development of their professional activity.**

---

**03**

**Ideas and concepts are better assimilated when they are analyzed in situations that have arisen from reality.**

---

**04**

**Teachers voluntarily dedicate more time to work as they find it more interesting to work with cases.**

---



## Re-Learning Methodology



*The teaching professional will learn through real cases and the resolution of complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning”*

*...we enhance them with the best 100% online teaching method: Relearning...*

Our school is the first in the world to combine the study of practical cases with a **100% online** learning system based on repetition, which combines 8 different elements that represent an evolution with respect to the simple study and analysis of cases.





This methodology, at the forefront of world teaching, is called Re-learning. Our school is the first in Spanish-speaking countries licensed to employ this successful method, having achieved in 2015 to improve the overall satisfaction levels (teaching quality, quality of materials, course structure, objectives...) of education professionals who complete the courses with respect to the indicators of the best online university in Spanish-speaking countries.

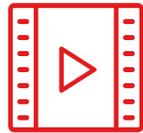
*The overall score obtained by our learning system is 8.01, according to the highest international standards.*

In our **Postgraduate Certificate in Emotional Intelligence for High School Students**, learning is not a linear process, but happens in a spiral (we learn-unlearn (forget) and relearn); that is why we combine each of these elements in a concentric way.

With this methodology, we have trained more than **40,000 teachers** with unprecedented success, in areas such as digital teaching, languages, management, etc. All this in a highly demanding environment, with a university student body with a high socioeconomic profile and an average age of 42.

*... and all this with the best learning materials at the forefront of technology and pedagogy.*

In this master's program you will have access to the best educational materials, prepared specifically for you:



#### Study Material

After a complex production process, we transform the best content into high-quality educational and audiovisual multimedia. We select the best syllabus and make it available to you. Everything you need to acquire in-depth knowledge of a discipline, from A to Z. Lessons written and chosen by specialists in each of the disciplines.



#### Educational Techniques and Procedures on Video

We bring you closer to the latest techniques, to the latest educational advances, to the forefront of educational news. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



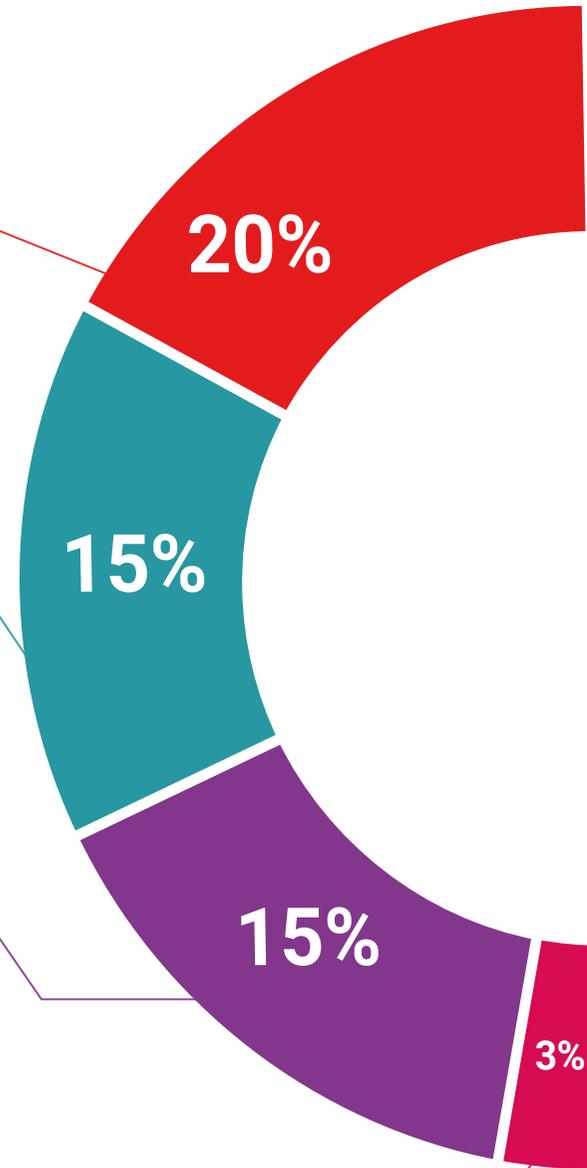
#### Interactive Summaries

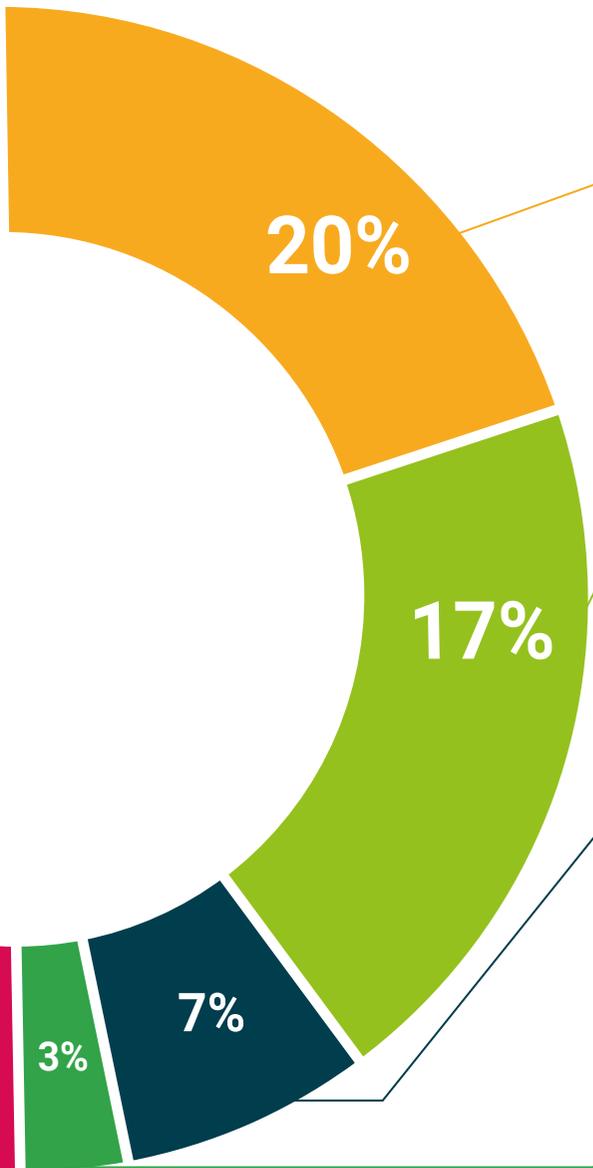
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge. This unique training system for presenting multimedia content was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides... in our virtual library you will have access to everything you need to complete your training.





#### Expert-Led Case Studies and Case Analysis

Through the narratives of expert professionals, it is possible to acquire a high degree of understanding of the most frequent problematic situations. The professional's healthcare practice is not alien to the context in which it takes place. If we want to train ourselves to improve our professional practice, this training must be situated within the context in which it takes place.



#### Testing & Re-testing

We periodically evaluate and re-evaluate your knowledge throughout this program through activities and evaluative exercises.



#### Classes

There is scientific evidence suggesting that observing third-party experts can be useful. Learning from an expert strengthens knowledge and recall, and generates confidence in our future difficult decisions.



#### Quick Action Guides

One of the most important functions of our team is to select those contents considered essential and present them in the form of worksheets or quick action guides to facilitate their understanding.



07

# Certificate

This Postgraduate Certificate in Emotional Intelligence for High School Students guarantees you, in addition to the most rigorous and up-to-date training, access to a Postgraduate Certificate issued by the first educational institution in Spain: TECH - Technological University.



“

*Successfully complete this training and receive your university degree without travel or laborious paperwork”.*

This Postgraduate Certificate in Emotional Intelligence for High School Students contains the most complete and up-to-date scientific program on the market.

After the student has passed the assessments, they will receive their corresponding **Postgraduate Certificate** issued by **TECH - Technological University** via **tracked delivery**.

The certificate issued by **TECH - Technological University** will reflect the qualification obtained in the Postgraduate Certificate, and meets the requirements commonly demanded by labor exchanges, competitive examinations, and professional career evaluation committees.

Title: **Postgraduate Certificate in Emotional Intelligence for High School Students**

ECTS: **6**

Official Number of Hours: **150**



\*Apostille Convention. In the event that the student wishes to have their paper diploma issued with an apostille, TECH EDUCATION will make the necessary arrangements to obtain it, at an additional cost.

health confidence people future  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
development language  
virtual classroom

**tech** technological  
university

## Postgraduate Certificate

### Emotional Intelligence for High School Students

- » Modality: online
- » Duration: 6 weeks
- » Certificate: TECH Technological University
- » Dedication: 16h/week
- » Schedule: at your own pace
- » Exams: online

# Postgraduate Certificate Emotional Intelligence for High School Students

