

# Internship Program

## Child and Adolescent Psychology



**Internship Program**  
Child and Adolescent Psychology

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# 01

## Introduction to the Program

Child and adolescent psychology plays a key role in the integral development of children and adolescents, directly influencing their emotional well-being and school performance. In the educational context, teachers are fundamental players in the early detection of emotional and behavioural difficulties, as well as in the implementation of strategies that favour a safe and inclusive learning environment. However, the lack of specific training in this area can limit their ability to respond adequately to the needs of the students. For this reason, TECH has created an innovative qualification where graduates will form part of a highly specialized Child and Adolescent Psychology team for 3 weeks to delve into the most sophisticated intervention techniques.

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*Thanks to this Internship Program, you will master the most sophisticated tools for the early identification of Emotional Difficulties and will design interventions to optimize the general well-being of students"*







A new study by the World Health Organization estimates that 3 out of every 7 children and adolescents, between the ages of 10 and 19, suffer from some form of Mental Disorder. Among the most common conditions are Anxiety, Depression and Learning Disorders, which directly affect their school performance and emotional well-being. Faced with this situation, professionals have the responsibility to develop advanced skills to handle tools that allow them to detect these difficulties early, adapt teaching strategies and provide a safe and emotionally healthy learning environment.

With this in mind, TECH has designed a program that consists of a 120-hour internship at a leading center in the field of Child and Adolescent Psychology. Therefore, over the course of 3 weeks, the graduate will become part of a team of world-class specialists, with whom they will actively work on the intervention of emotional, behavioral and learning difficulties. During this immersive experience, the teacher will gain practical experience in the application of strategies for emotional regulation, conflict mediation and teaching adaptation, always under the supervision of experts in the field.

In addition, graduates will have the support of an assistant tutor, who will ensure that all the requirements for which this Internship Program has been designed are met. On this basis, the specialist will work with total guarantee and safety in the application of psychological strategies within the educational environment, ensuring that each teacher acquires the necessary skills for the early detection and management of emotional conditions.

# 02

## Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it relies on an enormous faculty of more than 6,000 professors of the highest international renown.

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*TECH combines Relearning and the Case Method in all its university programs to guarantee excellent theoretical and practical learning, studying whenever and wherever you want”*





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*Study at the world's largest online university  
and guarantee your professional success.  
The future starts at TECH”*

### The world's best online university according to FORBES

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the world's best online university" This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method aimed at educating the professionals of the future"

### A world-class teaching staff

TECH's teaching staff is made up of more than 6,000 professors with the highest international recognition. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistumba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

### The world's largest online university

TECH is the world's largest online university. We are the largest educational institution, with the best and widest online educational catalog, one hundred percent online and covering the vast majority of areas of knowledge. We offer a large selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university degrees, in eleven different languages, make us the largest educational largest in the world.



### The most complete study plans on the university scene

TECH offers the most complete study plans on the university scene, with syllabuses that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously being updated to guarantee students the academic vanguard and the most in-demand professional skills. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

### A unique learning method

TECH is the first university to use *Relearning* in all its programs. It is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this disruptive educational model is complemented with the "Case Method", thereby setting up a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.



### The official online university of the NBA

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

### Leaders in employability

TECH has managed to become the leading university in employability. 99% of its students obtain jobs in the academic field they have studied, within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



### Google Premier Partner

The American technology giant has awarded to TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition as a Google Premier Partner not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



### The top-rated university by its students

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model. These ratings place TECH as the absolute international university reference.



# 03

## Teaching Objectives

Through this exclusive Internship Program, teachers will develop advanced skills in the identification, management and intervention of emotional, behavioral and learning difficulties, through a practical internship in a real educational environment. In this way, they will apply evidence-based strategies to improve school coexistence, optimize inclusive teaching and strengthen their ability to create safe and emotionally healthy learning environments.



### General Objectives

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- ♦ Analyze the changes in behavior during the life cycle
- ♦ Differentiate between the evolutionary adaptation and adaptability of human beings
- ♦ Explain the framing of the family system in a single-therapist, single-patient psychotherapy
- ♦ Master psychodiagnosis and assessment in the child and adolescent framework
- ♦ Control personality assessment at these ages
- ♦ Identify the role of the family in child and adolescent diagnosis
- ♦ Specify the intervention in clinical psychology at these age groups





### Specific Objectives

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- ♦ Understand the psychological and emotional development of children and adolescents, analyzing their stages and their impact on the learning process
- ♦ Identify warning signs of emotional, behavioral and learning difficulties
- ♦ Apply intervention strategies in the classroom, using evidence-based techniques to improve student well-being
- ♦ Implement tools for emotional regulation and social-emotional skills, fostering a positive learning environment
- ♦ Handle school conflicts with mediation and peaceful resolution techniques, promoting coexistence and a culture of respect
- ♦ Adapt teaching strategies for students with special educational needs, guaranteeing inclusion and equality in the classroom



*You will be able to mediate in school conflicts, promoting strategies for peaceful resolution and strengthening coexistence”*



# 04

## Internship

The Internship Program period of this Child and Adolescent Psychology program consists of a 3-week practical stay at a leading company, from Monday to Friday with shifts of 8 consecutive hours of practical training alongside an assistant specialist. During this internship, graduates will be able to observe, analyze and apply psychological strategies in real educational environments, strengthening their skills for the early detection of difficulties in teaching.

In turn, this practical experience will allow them to develop key skills in classroom management, intervention in school problems and the promotion of students' emotional well-being. In this way, they will improve their ability to create inclusive and emotionally safe learning environments.

Under the supervision of an assistant specialist, teachers will gain experience in the implementation of techniques of emotional regulation, conflict mediation and pedagogical adaptation for students with specific needs.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of teachers and other training colleagues that facilitate teamwork and multidisciplinary integration as transversal competencies for Child and Adolescent Psychopathology practice (learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the program, and their implementation will be subject to the center's own availability and workload, the proposed activities being the following:





Module	Practical Activity
Therapeutic Relationship with Students	Foster a climate of trust and safety in the classroom so that the student feels understood
	Identify changes in the individual's behavior or emotional state, such as isolation, aggressiveness, or persistent sadness
	Practice active listening and empathic communication, offering emotional support within their competencies
	Foster self-esteem and emotional development through positive reinforcement strategies
Intervention in Learning Difficulties	Detect early warning signs, such as persistent underachievement, demotivation, avoidance of academic tasks or frequent frustration
	Collect evidence of academic performance (work, exams, etc.) to provide detailed information to specialists
	Coordinate with the educational guidance and support team, reporting cases with objective evidence
	Inform families about the observations made, offering clear and respectful communication about the student's needs
Approach to Child and Adolescent Psychopathologies	Perceive difficulties in academic performance and socialization, evaluating if they are associated with psychological factors
	Apply adapted teaching strategies, adjusting the pace and methodology according to the needs of the individual
	Reduce stressors in the school environment, avoiding academic overload or situations that may increase the student's anxiety
	Ensure a safe and stigma-free learning environment, fostering empathy and inclusion
Behavioral Changes	Analyze the factors that trigger behavior, considering the context, the environment and interactions with peers or teachers
	Use token economy techniques, allowing students to accumulate rewards for positive behaviors
	Implement behavior modeling, showing appropriate behaviors that students can imitate
	Encourage peaceful conflict resolution, teaching communication and negotiation skills



# 05

## Internship Centers

In its commitment to offering quality education within the reach of the majority of people, TECH has decided to broaden its academic horizons so that this Internship Program can be offered in various institutions around the world. Without doubt, this is a unique opportunity that allows graduates to continue developing their career alongside the best specialists in the field of Child and Adolescent Psychology.

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*You will undertake an intensive internship in a renowned organization, where you will join a group of experts in Child and Adolescent Psychology”*







The student will be able to do this program at the following centers:



**anda CONMIGO Majadahonda**

Country	City
Spain	Madrid

Address: C. del Sacrificio, 8, 28220  
Majadahonda, Madrid

Child and adolescent therapy centers specialized in Early Care  
and Stimulation

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**Related internship programs:**  
- Educational Psychopedagogy

# 06

## General Conditions

### Civil Liability Insurance

The university's main concern is to guarantee the safety of the interns, other collaborating professionals involved in the internship process at the center. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, the university commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the course of the internship at the center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.





## General Conditions of the Internship Program

The general terms and conditions of the internship program agreement shall be as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.



# 07 Certificate

This private qualification will allow you to obtain a diploma for the **Internship Program in Child and Adolescent Psychology** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra (official bulletin). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Child and Adolescent Psychology**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Credits: **4 ECTS**



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present quality  
online training  
development languages  
virtual classroom



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