

# Internship Program

## Emotional Intelligence





**Internship Program**  
Emotional Intelligence



# Index

01

Introduction to the Program

p. 4

02

Why Study at TECH?

p. 6

03

Teaching Objectives

p. 10

04

Internship

p. 12

05

Internship Centers

p. 14

06

General Conditions

p. 16

07

Certificate

p. 18

01

## Introduction to the Program

The application of strategies based on Emotional Intelligence has become a fundamental pillar for improving coexistence and academic performance in classrooms. For this reason, teachers need to incorporate the most cutting-edge techniques of emotional regulation, assertive communication, and stress management methods into their daily practice, transforming the classroom into a safe and motivating space. As such, TECH has created this qualification, in which, over 3 weeks, specialists will join a team well versed in Emotional Intelligence to catch up on the latest trends in this field.

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*Through this innovative Internship Program, you will master the most modern Emotional Intelligence strategies to create inclusive, resilient, and motivating educational environments”*



Despite growing interest in Emotional Intelligence in education, there remains a gap between theory and its actual application in academic settings. This translates into difficulty in effectively implementing strategies for self-regulation, conflict resolution, and empathy building, which limits the full development of emotional competencies in students. To overcome these challenges, professionals need to stay at the forefront of the most advanced tools for promoting positive and resilient learning environments that foster the comprehensive development of students.

In this scenario, TECH has designed a program consisting of a 120-hour internship at a leading center in the field of Emotional Intelligence. Over the course of 3 weeks, graduates will become part of a team of top-level specialists, with whom they will actively work on the development and assessment of innovative projects that integrate self-regulation and conflict resolution techniques into curriculum planning. This experience will allow them to hone their ability to foster a positive and resilient learning environment, thereby strengthening their teaching profile and contributing to the overall improvement of school life.

During the practical placement, students will also have the support of an assistant tutor, who will ensure that all the requirements for which this Internship Program has been designed are met.

02

## Why Study at TECH?

TECH is the world's largest online university. With an impressive catalog of more than 14,000 university programs available in 11 languages, it is positioned as a leader in employability, with a 99% job placement rate. In addition, it relies on an enormous faculty of more than 6,000 professors of the highest international renown.

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*TECH combines Relearning and the Case Method in all its university programs to guarantee excellent theoretical and practical learning by studying when you want and from wherever you want”*

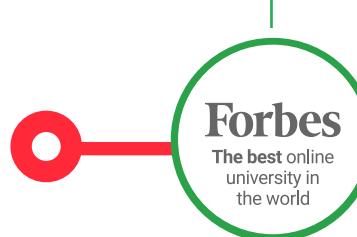


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*Study at the world's largest online university  
and guarantee your professional success.  
The future starts at TECH"*

**The world's best online university, according to FORBES**

The prestigious Forbes magazine, specialized in business and finance, has highlighted TECH as "the best online university in the world". This is what they have recently stated in an article in their digital edition in which they echo the success story of this institution, "thanks to the academic offer it provides, the selection of its teaching staff, and an innovative learning method oriented to form the professionals of the future".



**The most complete syllabuses on the university scene**

TECH offers the most complete syllabuses on the university scene, with programs that cover fundamental concepts and, at the same time, the main scientific advances in their specific scientific areas. In addition, these programs are continuously updated to guarantee students the academic vanguard and the most demanded professional skills. and the most in-demand professional competencies. In this way, the university's qualifications provide its graduates with a significant advantage to propel their careers to success.

**A unique learning method**

TECH is the first university to use Relearning in all its programs. This is the best online learning methodology, accredited with international teaching quality certifications, provided by prestigious educational agencies. In addition, this innovative academic model is complemented by the "Case Method", thereby configuring a unique online teaching strategy. Innovative teaching resources are also implemented, including detailed videos, infographics and interactive summaries.

**The best top international faculty**

TECH's faculty is made up of more than 6,000 professors of the highest international prestige. Professors, researchers and top executives of multinational companies, including Isaiah Covington, performance coach of the Boston Celtics; Magda Romanska, principal investigator at Harvard MetaLAB; Ignacio Wistuba, chairman of the department of translational molecular pathology at MD Anderson Cancer Center; and D.W. Pine, creative director of TIME magazine, among others.

**The world's largest online university**

TECH is the world's largest online university. We are the largest educational institution, with the best and widest digital educational catalog, one hundred percent online and covering most areas of knowledge. We offer the largest selection of our own degrees and accredited online undergraduate and postgraduate degrees. In total, more than 14,000 university programs, in ten different languages, making us the largest educational institution in the world.

#### **The official online university of the NBA**

TECH is the official online university of the NBA. Thanks to our agreement with the biggest league in basketball, we offer our students exclusive university programs, as well as a wide variety of educational resources focused on the business of the league and other areas of the sports industry. Each program is made up of a uniquely designed syllabus and features exceptional guest hosts: professionals with a distinguished sports background who will offer their expertise on the most relevant topics.

#### **Leaders in employability**

TECH has become the leading university in employability. Ninety-nine percent of its students obtain jobs in the academic field they have studied within one year of completing any of the university's programs. A similar number achieve immediate career enhancement. All this thanks to a study methodology that bases its effectiveness on the acquisition of practical skills, which are absolutely necessary for professional development.



#### **Google Premier Partner**

The American technology giant has awarded TECH the Google Premier Partner badge. This award, which is only available to 3% of the world's companies, highlights the efficient, flexible and tailored experience that this university provides to students. The recognition not only accredits the maximum rigor, performance and investment in TECH's digital infrastructures, but also places this university as one of the world's leading technology companies.



The Official  
Online University  
of the NBA

**4.9/5**  
★ ★ ★ ★ ★  
★ global score

**99%**  
maximum  
employability  
guaranteed

#### **The top-rated university by its students**

Students have positioned TECH as the world's top-rated university on the main review websites, with a highest rating of 4.9 out of 5, obtained from more than 1,000 reviews. These results consolidate TECH as the benchmark university institution at an international level, reflecting the excellence and positive impact of its educational model.

03

# Teaching Objectives

The main objective of this Internship Program in Emotional Intelligence for teachers is to strengthen emotional and social skills, promoting self-awareness, self-regulation, and empathy in the classroom. Through real-life experiences and the support of specialists, graduates will develop innovative strategies to integrate Emotional Education into the curriculum, improving the school climate and promoting the overall well-being of students.



## General Objectives

- Develop a deep understanding of Emotional Intelligence and its impact on personal and professional life
- Analyze the neurological and psychological processes that influence the perception, expression, and regulation of emotions
- Improve emotional skills in team management and leadership, promoting collaboration and group cohesion
- Apply specific techniques for emotional regulation, promoting personal and social well-being
- Foster emotional self-awareness to promote self-regulation, empathy, and self-confidence
- Develop skills for effectively managing emotional conflicts in various interpersonal and professional situations





## Specific Objectives

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- ♦ Recognize your own emotions and those of others in educational settings, strengthening teachers' emotional self-awareness
- ♦ Apply emotional self-regulation strategies in stressful or conflictive situations in the classroom
- ♦ Foster a positive emotional climate in the classroom through empathy, active listening, and assertive communication
- ♦ Develop skills to identify and manage emotions in students, especially in diverse and highly sensitive settings
- ♦ Implement educational dynamics and activities that promote students' social-emotional development
- ♦ Detect signs of emotional dysregulation or affective difficulties that interfere with student learning
- ♦ Establish healthy relationships with students and their families, based on respect, understanding, and emotional regulation
- ♦ Integrate emotional intelligence into lesson planning, with approaches adapted to different educational stages

# 04 Internship

The Internship Program period of this Emotional Intelligence program consists of a 3-week placement at a prestigious institution, from Monday through Friday with 8-hour consecutive shifts of practical training alongside a supervising specialist. This internship will allow you to see how emotional strategies are implemented in the educational environment, observing first-hand the application of self-regulation techniques, conflict resolution, and affective communication.

In this training proposal, each activity is designed to strengthen and refine the key competencies required for specialized practice in this field. In this way, the professional profile will be enhanced, driving a strong, efficient, and highly competitive performance.

This is an ideal opportunity to learn by working in an innovative center, where real-time management and monitoring of the emotional climate is the cornerstone of the educational culture. This new way of understanding and integrating emotional processes makes this institution the ideal teaching environment for this transformative experience in the improvement of the emotional and leadership skills of the 21st-century teaching team.

The practical part will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the support and guidance of teachers and other training colleagues who facilitate teamwork and multidisciplinary integration as cross-cutting skills for the practice of Emotional Intelligence (learning to be and learning to relate).

The procedures described below will be the basis of the practical part of the Internship Program, and its realization will be subject to the center's own availability and workload, being the proposed activities the following:





Module	Practical Activity
Emotional Regulation in the Pre-School Stage	Observe and identify children's emotional expressions to identify early emotional needs
	Design playful and sensory activities that encourage the identification and expression of basic emotions
	Encourage the development of emotional language by teaching children to name what they feel
	Provide emotional support during moments of conflict, helping to manage frustration or changes in routine
Social-emotional development in Pre-School teachers	Detect and manage professional stress in Pre-School teachers, promoting emotional self-regulation in the school environment
	Foster emotional awareness, helping teachers identify and name their emotions and those of their students
	Implement emotional training programs focused on self-control, empathy, and decision-making in the classroom
	Implement group emotional reflection sessions, where experiences, emotions, and challenges specific to working with young children are addressed
Pedagogical leadership	Mediate school conflicts from an emotionally intelligent approach, helping to resolve tensions between students, teachers, or families with emotional regulation strategies
	Implement emotional leadership methodologies in the management of school projects, pedagogical innovations, or coexistence plans
	Assess the emotional climate of the school, identifying areas for improvement to promote more humane, inclusive, and safe school environments
	Collaborate in the design of institutional improvement plans, integrating emotional and healthy leadership indicators
Educational Coaching Strategies	Design individual or group coaching sessions that promote reflection, decision-making, and emotional management in students
	Facilitate the development of social-emotional skills such as empathy, resilience, assertiveness, and active listening in the classroom
	Guide processes to improve the school climate through interventions focused on peaceful conflict resolution, affective communication, and collaborative work
	Develop self-awareness and emotional leadership dynamics with the aim of educating conscious, autonomous, and emotionally competent students

05

## Internship Centers

In its strong commitment to providing quality university programs that are accessible to most people, TECH has expanded its academic horizons so that this Internship Program can be carried out in various organizations, globally. This is undoubtedly an ideal opportunity that allows graduates to take a significant leap forward in their careers with the backing of authentic references in Emotional Intelligence.

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*You will complete a practical internship at a renowned institution that is highly specialized in Emotional Intelligence”*





The student will be able to do this program at the following centers:



**anda CONMIGO Villanueva del Pardillo**

Country  
Spain

City  
Madrid

Address: esquina, Av. de Madrid s/n, Av. del Guadarrama, 18, 28229 Villanueva del Pardillo, Madrid

Center specialized in Autism, Developmental Delay, and Early Intervention

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**Related internship programs:**

- Emotional Intelligence

# 06

# General Conditions

## Civil Liability Insurance

The university's main concern is to guarantee the safety of the interns, other collaborating professionals involved in the internship process at the center. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, the university commits to purchasing a civil liability insurance policy to cover any eventuality that may arise during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the Internship Program period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the student does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This private qualification will allow you to obtain a diploma for the **Internship Program in Emotional Intelligence** endorsed by TECH Global University, the world's largest online university.

**TECH Global University**, is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** private qualification, is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Emotional Intelligence**

Modality: **online**

Duration: **3 weeks**

Accreditation: **4 ECTS**



future  
confidence people  
**health** information tutors  
education  
guarantee accreditation **teaching**  
institutions **technology** learning  
**community** commitment  
personalized service **innovation**  
**knowledge** present quality  
development **online training**  
languages  
virtual classroom

**tech** global  
university  
Internship Program  
Emotional Intelligence

# Internship Program

## Emotional Intelligence

